



Joint Area Plan Summary of the Draft FY 2026-2027 Update



The purpose of this document is to provide the public with the goals, proposed services and strategies for the FY 2026-2027 Area Plan updates. The delivery of programs and services in FY 2026-2027 is contingent upon the availability of funds from all sources (Federal, State and County). The California Department of Aging has not released funding estimates for FY 2026-2027. As these amounts are unknown, adjustments will be made to the services to be provided next fiscal year.

This document is considered the summary of the draft which is a snapshot of proposed services to be provided. A more formal and longer plan will be submitted to the Board of Supervisors for approval in April 2026.

WHO ARE WE?

The Los Angeles County Aging and Disabilities Department (AD) and City of Los Angeles Department of Aging (LADOA) are the principal agencies that address issues that relate to older adults, people with disabilities, and their caregivers. In addition to providing several direct programs, we also develop, enhance and maintain community-based systems of care that provide services, which support independence and protect the quality of life of older persons and persons with functional impairments. We also promote citizen involvement in the planning and delivery of services for Los Angeles County's older population, people with disabilities, and their caregivers. We accomplish these objectives through a network of education, advocacy, problem-solving, program planning, public hearings and service delivery, and by utilizing a variety of funding sources.

The Los Angeles County Aging and Disabilities Department is governed by the Los Angeles County Board of Supervisors. They set the policy, determine funding, oversee the operations and approve the strategic plan and its submission to the California Department of Aging. We also have a 25-member Commission on Aging that determines programming, funding priorities, advocacy efforts and makes recommendations to the Board of Supervisors. The Commission on Aging is comprised of representatives from each of the five (5) supervisorial districts.

The City of Los Angeles Department of Aging is governed by the City Council and the Mayor. The Council is the governing body of the City and is responsible for ordering elections, levying taxes, authorizing public improvement, approving contracts, and adopting traffic regulations. All of the Council's actions are subject to the approval of the Mayor. The LADOA serves as the Area Agency on Aging (AAA) administrator over programs and services to serve older adults and their family caregivers in the City in its function as an AAA. LADOA also has an advisory board, referred to as the Council on Aging, consisting of older adults throughout the City that provide updates and feedback to the department.

Annually, we submit a joint plan to the California Department of Aging outlining our regional approach to providing comprehensive services to older adults, people with disabilities and caregivers.

WHOM DO WE SERVE?

We provide services to:

- Older adults 60 years of age and older
- Persons with disabilities
- Unpaid caregivers

Services provided are dependent upon the funding requirements as well as program eligibility.

Our goal is to target our services to those in need and to ensure that our program participants mirror the composition of the community we serve. According to the California Department of Aging, the current total population of people over the age of 60 in Los Angeles County is 2,255,603 which is less than a .23% decrease from 2024. The steady population level emphasizes the importance of improving and maintaining the services rendered to older adults.

Of these 2,255,603 individuals:

- 163,325 are non-English speakers
- 1,354,834 are minorities
- 362,805 have incomes below the federal poverty level
- 736,007 are Medi-Cal eligible
- 21,857 are geographically isolated
- 205,109 are aged 65 or older and SSI/SSP eligible
- 724,129 are older than 75
- 381,295 live alone
- 66,500 are LGBTQIA+
- 110,000 are Veterans over the age of 65
- 778,000 are immigrants that are 60+

Our demographics align with the state averages but reflect a more diverse population.

Priority Categories	Los Angeles N=2,255,603	State of California N=8,948,621
Minority 60+	60%	51%
Low-income 60+	16%	14%
Medi-Cal eligible 60+	32%	26%
Geographic isolation 60+	1%	7%
SSI/SSP 65+	9%	6%
Population 75+	32%	32%
Lives alone 60+	17%	18%
Non-English-speaking 60+	7%	5%

LGBTQIA + older adults ¹	10%	5%
Veterans ²	5%	9%
Immigrants ³	34%	29%

OUR GOALS ARE SIMPLE

1. Promote Safe, Sustainable, Accessible Outdoor Spaces & Buildings
2. Promote Accessible and Affordable Transportation Options for Older Adults and Adults with Disabilities
3. Address Issues of Homelessness and Promoting Affordable Housing
4. Promote Social Participation of Older Adults
5. Encourage Civic Participation & Employment
6. Provide Communication & Information Services
7. Promote Community & Health Services
8. Promote Emergency Preparedness & Resilience Efforts

We plan to accomplish these measurable goals in 2026 and beyond through providing direct services in addition to contracting with other community-based organizations. Our goals contain strategies to include opportunities for collaboration and capacity building as well as identifying and addressing emerging needs and issues of the population we serve. The projected start date for all activities is July 1, 2026, which will run through June 30, 2027. No services being provided are funded by Title III-B Program Development and Coordination dollars.

OUR PRIORITIES

1. We support older adults in maintaining their independence and ability to live at home by promoting dignity and self-determination while ensuring all services are accessible and equitable across cultures, languages, abilities, and income levels.
2. We protect older adults in long-term care facilities by safeguarding their well-being and quality of life and ensuring every resident receives fair, respectful, and high quality care regardless of background or circumstance.
3. We provide home-delivered meals to reduce hunger and support health while offering culturally appropriate, nutritionally balanced options that meet the diverse needs of all older adults.
4. We offer health insurance information, system navigation, and unbiased counseling to empower older adults in making informed decisions, ensuring that guidance is equitable, culturally responsive, and free of barriers.
5. We deliver evidence-based fall prevention classes to promote mobility and safety while ensuring equitable access for underserved communities and individuals with limited preventive care options.
6. We provide congregate meals and social opportunities to reduce isolation and strengthen community bonds while creating welcoming, inclusive environments for older adults of every

¹ Source: Williams Institute, UCLA (2024), California Department of Aging (2024).

² Sources: USAFacts (2022), LA Almanac (2023), EDD Labor Market Info (2024).

³ Sources: Migration Policy Institute (2016), LA County Immigrant Population Report (2025), City of LA AdvantAGE Report (2024), Public Policy Institute of California (2025).

background.

7. We prevent abuse and protect the rights of older adults by ensuring safety and justice, offering equitable case management and advocacy for individuals who may be marginalized or underserved.
8. We provide accessible transportation to support mobility and independence while prioritizing equitable service for communities with the greatest transportation barriers and diverse physical or financial needs.
9. We support family caregivers with information and assistance to reduce burden and strengthen care networks while ensuring equitable access to culturally relevant and inclusive resources.
10. We communicate clearly about our services and resources to build awareness and trust while using inclusive, multilingual strategies that ensure all communities receive the information they need.
11. We advocate and uplift all communities by advancing social justice, promoting wellbeing, and reducing disparities so that every older adult has the opportunity to thrive.
12. We support older adults and caregivers during emergencies by using flexible funding to meet immediate needs by providing emergency kits, shelf-stable meals, and temporary housing support, to help maintain safety.

This means that although all the objectives listed below are important, as are the additional strategies and activities to be undertaken to meet these goals, additional efforts that may include staff time and resources will be focused on these priorities.

Goal 1: Promote Safe, Sustainable, Accessible Outdoor Spaces & Buildings

Rationale: The LA Region is committed to creating and maintaining streets, facilities, and open spaces that are environmentally friendly, accessible, and available to all residents including special accommodation for older adults and adults with disabilities. To meet this objective, the LA Region will partner with museums, stadiums, studios, convention centers and other tourist attractions in the Los Angeles Region to enhance age-friendly building features and generate awareness of and attention around tourist facilities that have taken steps to become age-friendly.

	Projected Start and End Dates	Type of Activity and Funding Source	Update Status
No Older Americans Act funds are being used to support this goal.			
Strategies to support the goal and objectives under this category:			
<ol style="list-style-type: none"> 1. In collaboration with the LA County Commission on Older Adults, Commission on Disabilities and the LA City Advisory Council on Aging, and the LA City Disabilities Commission to collaborate with County and City parks, beaches, marinas, and other public spaces to assist in incorporating age-friendly, accessible, and culturally relevant approaches and expand programming for older adults and adults with disabilities through 6/30/28. 			

Goal 2: Promote Accessible and Affordable Transportation Options for Older Adults and Adults with Disabilities

Rationale: Reliable and affordable public transportation in conjunction with both private transportation services is essential to ensure that many older adults maintain their independence and quality of life.

	Projected Start and End Dates	Type of Activity and Funding Source	Update Status
Objective 2.1 The LA Region will ensure that current and new public transportation systems reflect the needs of a growing older adult population (including individuals with physical and cognitive needs). Provide transportation to ensure older adults and adults with disabilities have access through accessible transportation to fully participate in the community.	7/1/24-6/30/28	Other (non-OAA)	Ongoing
Strategies to support the goal and objectives under this category:			
1. In partnership with LA METRO, the LA Region will work with "On the Move Riders" program to provide outreach to older adults regarding available transportation options and training to older adults in using public transportation. The LA Region aims to provide at least two of the following activities within the 5 Supervisory Districts: one-on-one and/or group travel training, informational transit tours, or safety education presentations at Pop-Up events, Transportation Expo, and/or Raised on Records Concert by 6/30/2027.			

Goal 3: Address Issues of Homelessness and Promoting Affordable Housing

Rationale: Los Angeles Region is one of the most unaffordable housing markets in the nation, directly contributing to homelessness among older adults. The older adult population is the fastest growing demographic of the homeless population. The LA Region has declared emergency declarations given the crisis in unhoused persons in the community. Of particular concern is that an estimated half of all new unhoused adults are over the age of 50.

	Projected Start and End Dates	Type of Activity and Funding Source	Update Status
Objective 3.1 Provide referral services to older adults and/or caregivers who are at risk of homelessness or are homeless through collaborations with various organizations and/or departments that deal	7/01/24-6/30/28	Title IIIB & IIIE	Ongoing

with the issue of homelessness.			
Objective 3.2 Seek assistance from the Legal Services Provider for issues that relate to tenant rights.	7/01/24-6/30/28	Title IIIB & IIIE	Ongoing
Strategies to support the goal and objectives under this category:			
<ol style="list-style-type: none"> 1. Explore the feasibility of creating a homeless prevention unit and early intervention unit within PSA 19 to serve all county/city residents by 6/30/2028. 2. Explore leveraging county funding to assist individuals experiencing temporary homelessness. 3. Explore benefits of alternate housing including collaborative/shared housing. 4. Explore United to House (ULA) funding from the City of Los Angeles Housing Department as a sustainable funding stream for affordable housing production and homelessness prevention. 			

Goal 4: Promote Social Participation of Older Adults

Rationale: Recent data and studies have shown that social isolation is associated with health risks such as smoking, obesity, depression, and mortality. Programs that encourage social participation improve health outcomes and quality of life.

	Projected Start and End Dates	Type of Activity and Funding Source	Update Status
Objective 4.1 Promote social participation through congregate/community meals.	7/01/24-6/30/28	Title III-C1	Ongoing
Objective 4.2 Promote social interaction, including multi-generational ones, through various social events and activities (games, dance, sports, etc.) in the multipurpose centers as well as offsite for special events.	7/01/24-6/30/28	Title IIID Other	Ongoing

Strategies to support the goal and objectives under this category:

1. Continue providing opportunities for socialization through the congregate meals program and various activities that are offered at the parks, and community and senior centers. Community gardens are currently at Adventure Park, Mayberry Park and Norwalk. Community gardens give older adults the ability to share expertise, learn and collaborate with others.
2. Explore the expansion of participatory arts and cultural programs for older adults led by professional artists to increase quality of life, address social isolation, increase mastery and positive effects on cognitive and physical health (ex: Music Mends Minds/ art classes)
3. Explore the feasibility of bringing the Los Angeles Social Isolation Impact Coalition to Aging and Disabilities.

Goal 5: Encourage Civic Participation & Employment

Rationale: Volunteerism and civic participation enhance the wellbeing and quality of life of older adults and contribute to the community. The LA Region will establish opportunities for engagement of community leaders and external partners.

	Projected Start and End Dates	Type of Activity and Funding Source	Update Status
Objective 5.1 The Senior Community Service Employment Program (SCSEP) provides an opportunity for unemployed seniors to return to the competitive job market through work experience and job training programs. SCSEP provides subsidized, temporary, part-time, community service work-based training for low-income persons age 55 or older who are unemployed and trying to re-enter the job market. Through this program, older workers have access to on-the-job training and employment assistance available through local WorkSource Centers.	7/01/24-6/30/28	Title V (OAA)	Ongoing
Strategies to support the goal and objectives under this category:			
1. Explore incorporating recruitment strategies for older adults who volunteer through the County Volunteer Program, Mayor's Volunteer Corps, and other existing City and County volunteer programs; explore a partnership with the Federal Senior Corps to host Senior Corps members at County and City Departments by 6/30/2028.			

Goal 6: Communication & Information

Rationale: Increasing awareness of programs and needs that support older adults, people with disabilities and caregivers living in Los Angeles County. Older adults and adults with disabilities are the most vulnerable populations and most difficult to reach, thereby needing an effective outreach and communications system.

	Projected Start and End Dates	Type of Activity and Funding Source	Update Status
Objective 6.1: Information and Resources provide easy, uniform and streamlined access to a broad array of services, support and advocacy for older adults, adults with disabilities and caregivers as well as focused populations of older adults that are veterans, immigrants, identify as LBGTQIA, and/or are HIV positive. Provide information, assistance and referrals including follow-up	7/01/24-6/30/28	Title IIIB Title IIIE ADRC	Ongoing

<ul style="list-style-type: none"> Provide outreach – one on one contact and/or virtual contact to connect people to services Provide Medicare enrollment assistance including assistance with Medicare part D comparisons through the Health Insurance Counseling and Advocacy Program (HICAP) 	7/01/24-6/30/28 7/01/24-6/30/28	Title IIIB Title IIIE ADRC HICAP MIPAA	Ongoing Ongoing
Strategies to support the goal and objectives under this category:			
<ol style="list-style-type: none"> Promote the use of the Aging and Adult Information and Assistance Hotline (800) 510- 2020. Strengthen the awareness of AAA programs and services by distributing outreach materials at senior centers, health fairs and various community events. Collaborate with other departments to provide comprehensive information. Create a countywide no-wrong door network, by making Aging and Disability Resource Connection (ADRC) available throughout the County, building on the foundation of the existing Central and Southern ADRC providers, five Independent Living Centers and 211 LA. Provide at least one community education event at each of the County & City designated Community and Senior Centers to expand access to Medicare through HICAP & MIPPA, ensuring effective guidance is available to those navigating Medicare and health insurance options by 6/30/2028. Establish technology hubs at each of the County's 13 senior/community Centers and at the City's 15 Multipurpose Senior Centers to support the increasing digital demand for access by older adults and others in the community. Technology hubs will serve older adults on how to use their device in at least two senior centers, one in PSA 19 and one in PSA 25 by 6/30/2028. Work with providers such as County of LA Military Veterans Affairs, LGBT Center, and LA County Office of Immigrant Affairs to link those that are Veterans, LGBTQIA, immigrants and/or HIV positive to home and community based services. 			

Goal 7: Promote Community & Health Services

Rationale: Providing access to health and community support services that promote wellness and active aging enhances the quality of life for older adults and family caregivers. Poor health outcomes go hand in hand with poverty and food insecurity. One of the LA Region's priorities is to reduce food insecurity and improve health outcomes by partnering with healthcare plans and other providers by leading contracting efforts to maximize opportunities for CalAIM, Veterans Directed care Home Program, etc.

	Projected Start and End Dates	Type of Activity and Funding Source	Update Status
Objective 7.1: Provide evidence- based Disease Prevention and Health Promotion (DPHP) classes to promote health and prevent falls. <ul style="list-style-type: none"> At least 4 of the following classes will be offered: Chronic Disease Self- 	7/1/24-6/30/28	Title IIID	Ongoing

<p>Management Program and/or Tomando Control de Su Salud; A Matter of Balance; Arthritis Foundation Walk with Ease; Arthritis Foundation Exercise Program; Diabetes Self-Management Program and/or Programa de Manejo Personal de la Diabetes; Chronic Pain Self-Management Program</p>			
<p>Objective 7.2: Provide programs and services to assist unpaid, informal caregivers, including older adults (such as grandparents) aged 55 and older raising children aged 18 and younger (such as children)</p> <ul style="list-style-type: none"> • Access: information and assistance and caregiver outreach (contacts) • Info services: public information activities and community education (events) • Support services: caregiver assessment, case management, support groups, training and counseling (hours) • Respite services: in-home supervision and out-of-home day care (hours) • Supplemental services: caregiver adaptations and assistive devices (occurrences) 	7/1/24-6/30/28	Title IIIE	Ongoing
<p>Objective 7.3: Provide meals, nutrition counseling and education to ensure that older adults have access to nutritional meals, fresh fruits, and vegetables; as well as information to make healthy choices.</p> <ul style="list-style-type: none"> • Congregate Meals • Home Delivered Meals • Nutrition Counseling • Nutrition Education • Emergency Food pantry (non OAA funded) • Provide education and promote physical activity 	7/1/24-6/30/28	Title IIIC Other	Ongoing

<p>Objective 7.4: Socialization and the Prevention of loneliness and isolation – providing services to reduce isolation and provide a human connection for older adults with few or no connections in the community, to alleviate depression and health concerns of those living alone and to provide a check in on older adults at- risk of losing their independence</p> <ul style="list-style-type: none"> • Congregate Meal Approach • Telephone reassurance 	7/1/24-6/30/28	Title IIIB	Ongoing
<p>Objective 7.5: Prevention of Abuse and Protection of Rights of Older Adults – provide programs and services that protect the rights and property of older adults and protect them from abuse.</p> <ul style="list-style-type: none"> • Legal assistance regarding public benefits, landlord-tenant disputes, housing rights, elder abuse, powers of attorney, consumer finance, and creditor harassment, and consumer fraud and warranties • Community education on older adult rights and benefits • Ombudsman Program will work to ensure the rights and well-being of individuals residing in long-term care facilities (skilled nursing facilities and board and care facilities) in Los Angeles County. <p>Adult Protective Services will connect individuals in need of long term case management and services with service providers</p>	7/1/24-6/30/28	Title IIIB APS Other	Ongoing

<p>Objective 7.6: Maintaining Independence – Providing access to programs and services that foster independence and help older adults remain at home:</p> <ul style="list-style-type: none"> • Case management • Personal care • Homemaker • Chore • Adult Day Care • Subsidized employment training through the Senior Community Services Employment Program • Options Counseling Transitions Counseling 	7/1/24-6/30/28	Title IIIB ADRC Title V Other	Ongoing
<p><u>Strategies to support the goal and objectives under this category:</u></p> <ol style="list-style-type: none"> 1. Continue the quarterly service providers meetings. 2. AD will explore creating a hub for aging and disability services to maximize other funding streams. 3. Support dementia-focused community engagement, programs, and policies by modernizing LA Found. 4. Evaluate the feasibility of implementing a CalSWEC intern program with APS. 5. Align county data systems via the Master Data Management agreement in coordination with County Counsel and the CIOs office by developing & implementing strategies for effective data management and sharing within various County departments. The vision would be data storage, analysis, and governance to drive insights and support data decision making. 			

Goal 8: Promoting Emergency Preparedness & Resilience Efforts

Rationale: The Los Angeles Region is susceptible to natural and man-made disasters. The development and implementation of emergency training and education will ensure the safety, wellness, and resilience of older adults in emergency situations. In collaboration with the OEM, the City EMD and County and City First Responder agencies, the LA Region will develop and implement emergency preparedness strategies that engage older adults and others with functional/ access needs, in preparing and responding to community emergencies.

	Projected Start and End Dates	Type of Activity and Funding Source	Update Status
No Older Americans Act funds are being used to support this goal.			
Strategies to support the goal and objectives under this category:			
<ol style="list-style-type: none"> 1. Establish a regional emergency preparedness and response working group to address the unique needs of older adults, adults with disabilities, and family caregivers. 2. Explore and attend national, statewide, and local emergency preparedness training opportunities to further enhance skills and to learn best practices across other agencies. 3. Implement outreach programs to increase awareness of first responders focusing on the unique emergency-related needs and challenges of older adults and adults with disabilities, ensuring a more informed and sensitive response in such situations. 4. Ensure that service providers' emergency preparedness plans are relevant and current. 5. Create and disseminate essential emergency preparedness resources within the aging network and to service providers, ensuring easy access and comprehensive coverage for those in need. 6. Expand emergency preparedness training for AAA staff, contractors, and community partners to ensure consistent, coordinated, and culturally responsive responses during disasters. 7. Strengthen resident preparedness by offering accessible training, resources, and guidance that help older adults and adults with disabilities understand how to prepare for emergencies, respond safely during an event, and access available supports. This includes promoting personal emergency plans, distributing preparedness materials, and integrating preparedness education into outreach, I&A, ADRC activities, and community workshops. 8. Expand the City's award-winning program "Go-Kit" bags to the wider LA County region. PSA 19 will secure funding for 1,000 "Go-Kit" bags by 6/30/2028. 9. Expand outreach to underserved communities by collaborating with local tribal organizations and other organizations that serve the underserved. 			

Goal 9: Strengthen Quality, Accountability and Effectiveness Across all Funded Programs

Rationale: As the Aging & Disabilities system continues to expand its portfolio of contracted and directly delivered services, it is critical to ensure that public funds are used efficiently, equitably, and in ways that demonstrably improve outcomes for older adults and people with disabilities. A structured approach to accountability, grounded in data, performance metrics, and consumer feedback—supports continuous quality improvement, promotes transparency, and ensures programs are responsive to the diverse needs of the communities we serve. Strengthening the quality and accountability framework also positions the Agency to meet state and federal requirements, maximize return on investment, and increase public trust.

	Projected Start and End Dates	Type of Activity and Funding Source	Update Status
<p>Objective 9.1 - Develop and Implement a Comprehensive Program Effectiveness Review Framework</p> <ul style="list-style-type: none"> Develop and apply standardized metrics to assess program outcomes, service quality, and alignment with Older Americans Act (OAA), MPA, and Board priorities. Analyze program performance using quantitative data (e.g., units of service, timeliness, demographic reach, cost-per-unit, equity indicators) and qualitative inputs (consumer satisfaction, provider surveys, case studies). Conduct annual performance reviews of all contracted providers, including recommendations for improvement and targeted technical assistance. <p>Objective 9.2 - Strengthen Data Collection, Reporting, and Analytics</p> <ul style="list-style-type: none"> Expand the use of data dashboards to regularly track service utilization, demographic trends, and equity gaps. Integrate evidence-based indicators to measure impact (e.g., reductions in food insecurity, improved caregiver strain scores, increased enrollment in benefits). Enhance internal capacity for data validation and quality assurance to ensure accurate reporting to state and federal partners <p>Objective 9.3 - Establish a Continuous Customer Feedback Loop</p> <ul style="list-style-type: none"> Create a standardized process for collecting consumer feedback across all programs, including surveys, focus groups, complaint resolution data, and community listening sessions. Incorporate consumer voice into program planning, contract monitoring, and quality improvement cycles. 	07/01/2025	AP Admin/other	New
<p>Strategies to support the goal and objectives under this category:</p> <p>None at this time.</p>			

HOW TO PROVIDE FEEDBACK

We are interested in your feedback, questions, concerns, and suggestions. This plan is dynamic and reflects the changing needs of our growing older adult population. If you feel we are missing something, please let us know.

Please send your comments to aaaprogram@ad.lacounty.gov by January 20, 2026.