County of Los Angeles
Department of Parks and Recreation

Safe Summer Fun Pool Safety Tips

- Children, always ask your parents or guardians permission before entering the pool.
- Always ask a lifeguard or an adult before entering the deep end.
- Always use the buddy system and never, never swim alone.
- Do not run, engage in rough play or push in and around the pool.
- Be sure to check the depth markers of the pool so you know where the shallow end of the pool is and be aware of where the deep end starts.
- Know where the stairs are located to get out of the pool.
- Before diving into the pool, be sure to check that there are no objects or people in your way. Be sure to dive only in the deep end where the water level is safe for diving.
- Don't rely on water wings or other inflatable toys. Always stay within arm's reach if your child cannot swim.
- Never sit or play near the drains or suction fittings.
- Remember to stay hydrated by drinking lots of water.
- Be sure to always wear sunscreen.
- Children should always be accompanied and supervised by an adult while in the water.
- Never leave children unattended. When watching children who are in the pool, do not read, sleep or listen to an audio headset, etc.
- Swim only during posted hours and only where lifeguards are present.
- Take swimming lessons and learn to swim.
- Teach children to tread water, float and get out of the pool.
- Learn CPR and basic first aid.