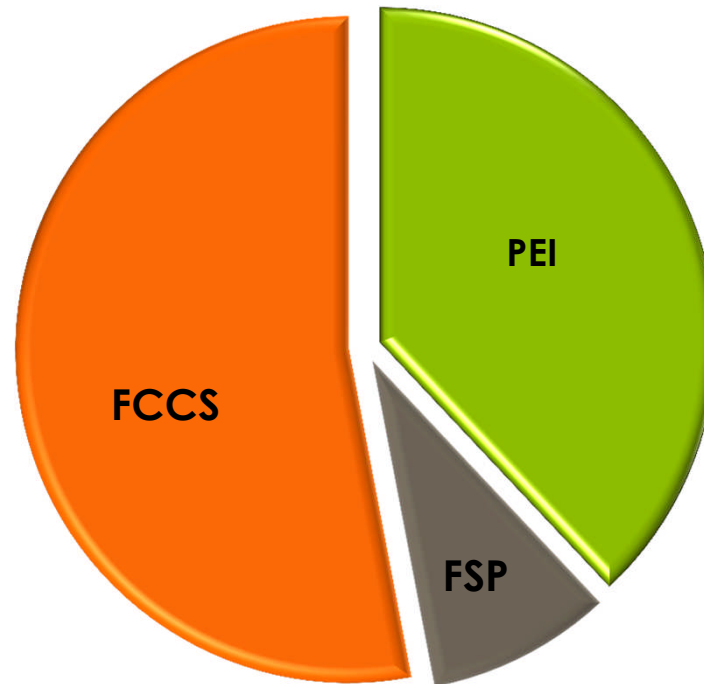




# Proposal for the Family Wellness Work Plan

Children's System of Care  
Administration

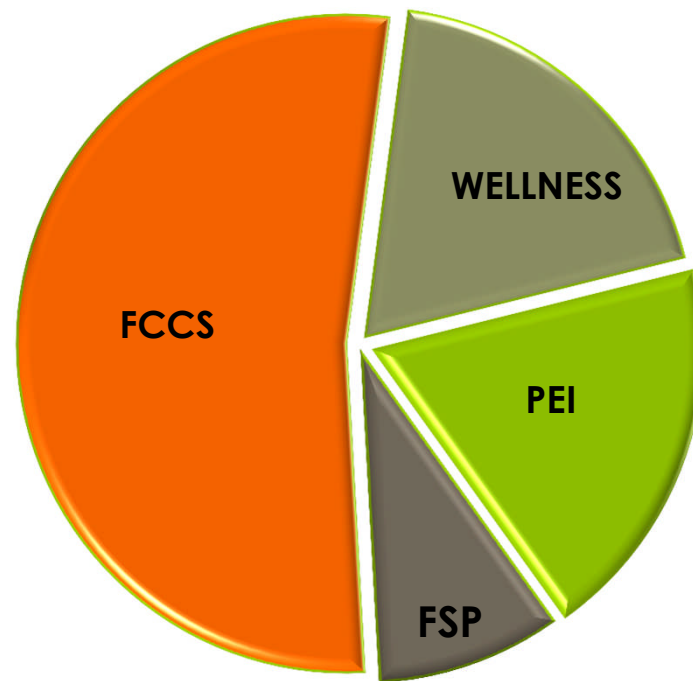
## Mental Health Service Act: Children's Levels of Care



# Wellness for Children and Families

Children's System of Care Administration  
is requesting support from the System  
Leadership Team to create a  
**FAMILY WELLNESS WORK PLAN**

# Proposed Children's Levels of Care



How can this be executed?



# Work Group Participants

- ACHSA
- DMH Parent Advocates
- DMH Directly Operated Clinics
- Contract Providers
- LAUSD
- Latino Coalition

# Focus of Work Groups

- Program Goals/Core Services
- Staffing
- Partnerships
- Services
- Recommendations
- Program Outcomes

# Program Goals

- Family focused center that provides services to children and families who require minimal support and resources to maintain stability
- Transition to independence, empowerment and resiliency based
- To serve those in need of ongoing support, but not ongoing services to maintain gains
- Provide services to children coming out of foster care
- Provide information and resources to families in the community who do not yet have any system involvement (e.g. mental health, DCFS, Probation)



# Proposed Staffing

- Parent and peer advocates/partners
- Licensed and licensed eligible clinicians
- Psychiatrist and/or nurse practitioner
- Substance abuse counselor
- Public health nurse
- Vocational specialist
- Telehealth
- Educational advocates

# Partnerships

- Local schools/Head Start
- Regional Center
- Department of Public Health
- Department of Public Social Services
- American Heart Association
- Local health clinics
- DCFS (Family Preservation)
- Probation
- LGBTQI2S Centers
- Higher education support programs
- Transportation (Access, MTA)
- Family Resource Centers

# Services

- Clinical Assessment
- Client and family driven treatment planning
- As needed medication support
- Perinatal/infant health
- Child and respite care
- Suicide prevention
- Linkage to resources
- Gang prevention
- Healthy living/nutrition/cooking classes
- Support groups (parents/caregivers and youth)
- Substance abuse services
- Employment assistance

# Recommendations

- Open during evening hours
- Accessible to anyone/everyone in the community
- Create a system where data can be shared based on one consent
- Incorporate protective factors as care components of the program

# Outcomes

- Improved access to services
- Enhanced community partnerships and supportive services
- Reduced stigma associated with mental health
- Improved family functioning
- Improved grades/school performance/attendance
- Reduce recidivism
- Increased parent educational levels
- Proposed Outcome Tool: Youth Outcome Questionnaire (YOQ)

Los Angeles County Department of Mental Health, Children's System of Care remains dedicated to enriching the lives of children and their families who are experiencing mental health challenges by providing a wide range of client-centered, family-focused services.

The goals are to:

- *Provide quality, strength based mental health services to children*
- *Help children achieve success at school and in the community*
- *Strengthen and empower family relationships by fostering hope, wellness and resiliency*



Thank you!!

