

AI COUNSELING CENTER CELEBRATES MENTAL HEALTH AWARENESS MONTH By Karen Zarsadiaz-Ige, LACDMH Public Information Officer



On Wednesday, May 13, 2015, the Los Angeles County Department of Mental Health's American Indian Counseling Center in Cerritos held its Mental Health Month Celebration, "Journey to Wellness". About 80 people attended the event that was also served as a graduation for FSP clients.



Photos courtesy of Lina Vielma, MH Clinician, American Indian Counseling Center

The event was hosted by Ava Imotichey, LCSW. Charlotte Lujan, MSW, gave a blessing at the start of the program. It was followed by a drumming performance from Changing Spirits. Opening comments were then made by Melanie J. Cain, PhD. Later, success stories, hoop dancing and outreach presentations closed out the event.



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Attendees had a chance to visit resource tables and outreach booths from NAMI, Red Circle Project, Changing Spirits, UAII, Tribal TANF, American Indian Families Partnership and Micunay.

