

LACDMH CLINICIAN TO APPEAR WEEKLY ON KOREAN RADIO MH SEGMENT
By Karen Zarsadiaz-Ige, LACDMH Public Information Officer



Every Wednesday from 10AM-11AM, Young Ahn, LCSW, will be participating in a Korean-language radio show, talking about mental health. Called the “Healing Garden”, the live talk show is broadcast on Radio Korea 1540 AM. The show’s mental health segment officially started on Wednesday, May 13, 2015.

“I do hope it creates a welcoming, supportive, safe and non-judgmental environment to address mental health issues, to increase mental health awareness, and make a huge difference in people’s lives as well as in the community,” Ahn said about her participation on the radio show.

Young Ahn is a Mental Health Services Coordinator for the Los Angeles County Department of Mental Health (LACDMH), SA 4 Administration Outreach and Engagement Team. During the weekly show, Ahn takes live, pre-screened phone calls from listeners and answers their questions about mental health. Every week will be a different topic. Topics to be discussed will include individual and family issues, communication issues, coping skills, stress management, mental health resources and more.