

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
LONG BEACH MENTAL HEALTH CENTER**

Presents its annual *May is Mental Health Month* celebration:

“It’s a Good Day to Be Well”

**Wednesday May 20th
10:00 am to 1:30 pm**

Singing

Music

*Personal
Stories of
Wellness*

*Certificates of
achievements*

Presentations

Featuring

“Blue”

“Paco”

“Violinist”

And others

Come and join the festivities!



Long Beach Mental Health Center
1975 Long Beach Blvd., Room 135
Long Beach, CA 90806

Questions? Please contact John Lewis at (562) 218-4032.