

Register Now!

2015 AFRICAN-AMERICAN MENTAL HEALTH CONFERENCE

Holistic Wellness for African-American Families and Communities

June 18, 2015

Registration Deadline: June 2, 2015



Art by Larry Poncho Brown

Keynote Speakers

Robert Ross, M.D.

President & CEO of California Endowment

Cheryl Grills, Ph.D.

Founder and Director of Imoyase
Community Support Services

Los Angeles Airport Marriott Hotel

5855 W. Century Blvd.
Los Angeles, CA. 90045

Designed by LACDMH PIO



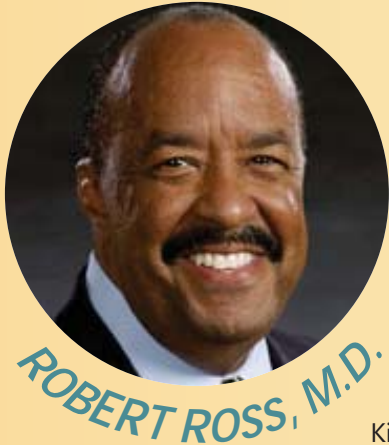
**LAC
DMH**
LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH



WELLNESS • RECOVERY • RESILIENCE

2015 AFRICAN-AMERICAN MENTAL HEALTH CONFERENCE

Holistic Wellness for African-American Families and Communities **Keynote Speakers**



Robert K. Ross, M.D., is President and Chief Executive Officer for The California Endowment. Prior to his appointment in July 2000, Dr. Ross served as Director of the Health and Human Services Agency for the County of San Diego from 1993 to 2000, and Commissioner of Public Health for the City of Philadelphia from 1990 to 1993.

Dr. Ross has an extensive background in health philanthropy, as a public health executive, and as a clinician. His service includes: Medical Director for LINK School-Based Clinic Program, Camden, New Jersey; Instructor of clinical medicine, Children's Hospital of Philadelphia; and faculty member at San Diego State University's School of Public Health. He is a Diplomat of the American Academy of Pediatrics, served on the President's Summit for America's Future and as Chairman of the National Boost for Kids Initiative.

Dr. Ross has been actively involved in community and professional activities at both the regional and national levels. He serves as a member of the President's Advisory Commission on Educational Excellence for African-Americans, Co-Chair, Diversity in Philanthropy Coalition; board member, USC Center on Philanthropy and Public Policy; and has served as a board member of the California Health Benefit Exchange Board, Rockefeller Philanthropy Advisors; Grantmakers in Health, National Vaccine Advisory Committee, the National Marrow Donor Program, San Diego United Way and Jackie Robinson YMCA.

Dr. Grills is a clinical psychologist with a current emphasis in Community Psychology. She is a professor of psychology at Loyola Marymount University, the immediate past President of the Association of Black Psychologists, and Founder and Director of Imoyase Community Support Services. Dr. Grills also serves as a Los Angeles County Commissioner appointed by the Los Angeles County Board of Supervisors to the Sybil Brand Commission for Institutional Inspections, which focuses on conditions and practices within county jails, probation, correctional facilities, and group homes for children. She also served as Co-Executive Director of the Los Angeles County Blue Ribbon Commission on Child Protection.

Her research interests, publications, and projects include African-centered models of treatment engagement with African-Americans; substance abuse prevention and treatment; community psychology; community mental health, prevention, and action research; and program evaluation with community based organizations engaged in social action, community change and prevention on a host of issues. Her current work in the area of obesity focuses on evaluating environmental change strategies to address obesity in communities of color. She is principal investigator on several social justice projects related to education reform, mentoring African-American youth (mostly in the child welfare system), homelessness, and substance abuse prevention. Dr. Grills consults nationally on a number of issues, particularly regarding matters of cultural and social competence, multiculturalism, and Africentric interventions.



Conference Workshops

SESSION A: 10:30 AM TO 12:00 PM

Ethnopsychopharmacology in African-Americans

Curley Bonds, M.D., D.F.A.P.A. / Sarah Gelberd, M.D. / O.C. White III, M.D.

This workshop will include a survey of issues related to how African-American children, Transition-Age Youth (TAY), adults and older adults metabolize and respond to psychotropic medication therapy. Specific attention will be given to cultural and physiological elements that are unique to the African-American population served. Panelists will identify genetic variations affecting individual responses to drugs to inform development of safer prescribing criteria and more effective drugs. Finally, the course will describe how racial and ethnic groups respond to psychiatric medications.

Successful Diversion Models for AB 109 Participants

Emily Bell, L.C.S.W., M.I.A. / Peggy Edwards, M.P.A.

The aim of this workshop is to present successful AB 109 models that support and foster the transition of re-entry of formerly incarcerated individuals back into the community. A range of supportive mental health and other ancillary services that promote positive outcomes for sustained well-being will be addressed, including strategies for engagement and effective clinical interventions.

Working with African-American Older Adults from a Strengths-Based Perspective

Karen Lincoln, Ph.D., M.S.W., M.A.

This course examines relevant historical and cultural information as it relates to providing culturally competent care to African-American older adults. Key historical, political, social and economic influences will be discussed. Particular techniques will be described that help bridge the cross-cultural clinical communication gaps that are created by client's mistrust, lack of cultural understanding, differing paradigms for illness, and health illiteracy. (CME)

Colorism in the African-American Community

Cheryl Grills, Ph.D.

Colorism in the African-American Community is a manifestation of multigenerational internalized racism. The dynamics and processes involved, particularly as they relate to African-American females, will be examined. Implications for therapeutic interventions with African-Americans will also be discussed.

Mental Health from the "Shared Reality" Perspective: The Importance of a Culturally Specific Preventive Approach

Boyd James, Ph.D. / Orland Bishop / Senait Admassu, M.S.W. / Brenda Ingram Ed.D., L.C.S.W.

This workshop will address the challenges, resistance, and strengths of Africans and West Indians in Los Angeles in their effort to access and utilize mental health services. An innovative model to address strategies for building community capacity that promotes mental health awareness as a means for improving community wellness and reducing mental health stigma in African communities will be explored.

The Commercial Sexual Exploitation of Children

Nola Brantley

This workshop will explore what mental health workers need to know and understand about child sex trafficking. Participants will develop a greater understanding of CSEC (Commercial Sexual Exploitation of Children), and the current efforts underway in Los Angeles County to prevent and respond to human trafficking.

Strategies for Improving Black Male/Female Relationships: A Culturally Responsive Approach

Gloria Morrow, Ph.D.

One of the most complex and pressing issues for mental health and the struggle for Black survival is centered in and grows out of the relationship between Black men and women. This workshop will explore the relationship between Black men and women, review changes in the Black family structure, and examine how the socioeconomic climate impacts Black male and female relationships.

Integrated Health and Mental Health in the African / African-American Community

Jennifer Schott, L.C.S.W. / Kendra Wilkins / LaShaun Lawson, M.F.T.I. / Lawanda Parker, L.V.N. / Jackie Jones / Donte Woods

The Los Angeles County Department of Mental Health and its local mental health providers partnered with primary care clinics to implement integrated and coordinated service models. These models are designed to address chronic conditions such as diabetes, hypertension, and obesity, as well as mental health disorders including substance use that prevent residents from reaching their full functional potential.

Emotional CPR: Building Healthy Communities through Connecting, Empowering, and Revitalizing (eCPR)

Maria Ostheimer / Reba Stevens / Lois Brooks

Emotional CPR (eCPR) is a public health education program designed to help people move through a crisis and into meaningful lives in their communities. eCPR teaches the simple skills of one person assisting and supporting another. The eCPR approach is holistic, heart-to-heart, and embedded in a hopeful belief that by using our interior experience we can help another person recover from an emotional crisis.

Confronting Homelessness: Strategies to End Homelessness in Our Communities

Maria Funk, Ph.D. / Peter Lynn / Michele Wildy, LCSW-C / Mark Wilson / Christine Margiotta

This panel discussion will present countywide efforts to end homelessness and successful strategies for addressing the housing needs of vulnerable populations and its impact on mental health. The panel will provide a collaborative approach between public and private partners, special needs housing developers and service providers to successfully address individuals that are homeless and have a mental illness.

Hosted Lunch

12:00PM TO 1:15 PM

Conference Workshops

SESSION B: 2:30 PM TO 4:00 PM

CONSUMER PANEL PRESENTATION: 4:15 PM TO 4:45 PM

The Interplay of African-American Children & Families Involved in Multiple Systems-Strategies to Promote Well-Being Angelle Hill-Seetal, Ph.D. / Mike Jackson, Ph.D. / Onston Placide, M.A., L.M.F.T. / Desiree Yoro Yoo, L.C.S.W. / Vincent Holmes, B.A. / Regina Goree, M.S.W.

This breakout session will explore the plight of African-American children and youth involved in multiple systems, and best practice and intervention models to improve mental health, health and other outcomes. This session will include a panel presentation and discussion by a representative from each department and their collaboration efforts. (DCFS, Schools, Mental Health and Probation).

The Intersection of Faith and Mental Health

Pastor Melvin Ashley / Kenneth Polite, Ph.D. / Delores Price-Jones, D.D. / Beverly "Bam" Crawford, D.D. / Belanie Brown, B.A., B.MIN.

This workshop will highlight the effectiveness of integrating spiritual counseling and mental health services in faith-based communities. Models for reducing the stigma related to accessing mental health care by persons of faith and strategies to incorporate faith-based interventions to treatment will be addressed.

Transition Age Youth (TAY): Making the Transition from Childhood to Adulthood Harold Turner

This workshop is offered for parents, professionals, and caregivers seeking an opportunity to learn about Transitional Age Youth and begin planning for the transition to adulthood. Another goal is to provide participants with information, resources, support and education available through NAMI support groups.

Emotional Emancipation: Overturning the Legacy of Historical Trauma and the Lie of Black Inferiority among Persons of African Ancestry Chante DeLoach, Psy.D. / Daryl Rowe, Ph.D.

The Emotional Emancipation (EE) Circle is a self-help group developed by the Association of Black Psychologists (ABPs) and Community Healing Network (CHN) to help African-Americans heal and achieve wellness. The workshop will focus on the underlying principles of the EE Circle that can assist and improve conditions in the African-American community and promote personal and community healing and transformation. The EE Circle offers an opportunity for African-Americans to revitalize themselves and learn about the impact of historical forces on their emotional lives.

Overcoming Barriers: Consumer Panel Presentation

Sharon Lyle / Jim "The Hat" Whitener / Jacques Alexander / Reba Stevens

A consumer panel will discuss overcoming barriers in their individual lives. Each member will share their thoughts and experiences as mental health "Change Agents" in their communities.

The Marriage of Fiction and Narrative Therapy

Cynthia Bond / La Tina Jackson, L.C.S.W.

New York Times Best-Selling Author Cynthia Bond and Clinical Director La Tina Jackson discuss how Cynthia's novel RUBY, an Oprah Book Club 2.0 selection, was a ten year exercise in Narrative Therapy, via the use of storytelling as a nexus to healing the wounds of abuse on a micro and macro level. There is a growing body of research dedicated to the use of writing as a means to recover and heal from trauma. Trauma survivor Cynthia Bond will discuss the restorative role that writing can serve in a therapeutic setting for the story teller and listener. La Tina Jackson will provide practical clinical skill development via conceptualization of Ruby's history and recovery, from the theoretical perspective of Narrative Therapy.

The VALOR Program - Collaboration between the LACDMH, West Los Angeles Veterans Affairs Medical Center, and Veteran Service Organizations Carl McKnight, Ph.D.

The effects of multiple and extended deployments on veterans and their families are profound. This workshop will focus on the unique collaboration between the Los Angeles County Department of Mental Health, the West LA Veterans Affairs Medical Center, and Veteran Service Providers. Collaboration regarding outreach and engagement to homeless veterans in Los Angeles County will be highlighted, including cross-training of outreach workers, combined outreach teams, co-location of staff, and an innovative Assertive Community Treatment-Housing First team.

Community-Partnered Approach to Reducing Mental Health Disparities Loretta Jones, M.A. / Kenneth Wells, M.D., M.P.H. / Bowen Chung, M.D.

Under-resourced communities of color have less access to evidence-based depression care and tend to have poorer outcomes of services, especially in primary care. This workshop will examine approaches using community engagement as a strategy to develop a "mindful community" involving clinics, community-based social service agencies, and faith-based programs as a model for depression care. (CME)

GHETTOSIDE: Strategies for Addressing Violence among and between Black Men Jill Leovy / Bryan Nichols, Ph.D. / Bruce Wheatly, B.S. / Harry Taylor, Ph.D.

New York Times best-selling author Jill Leovy shares her research and observations regarding violence among and between black males in South Los Angeles. After the problem is defined, experts present model programs and clinical interventions to employ in breaking the cycle of violence.

Holistic Wellness for African-American Families and Communities ***Registration Form (Deadline June 2, 2015)***

PLEASE PRINT

Name: _____ Organization: _____

Address: _____
Street City State Zip

Phone: _____ Email: _____

PLEASE SELECT

- DMH Staff: \$55.00* Non-DMH Staff: \$85.00** DMH Consumer Scholarship***
 LCSW/MFT LPT MD PhD/PsyD RN Other: _____ License# _____
 Special Accessibility/Accommodation: _____

Please check the appropriate box if interpretation is needed****: American Sign Language Spanish

* If DMH staff, please provide the following: Employee Number _____

Supervisor's Name (Print) _____ Supervisor's Signature _____

** \$65 for early registration by May 22, 2015, \$85 thereafter.

*** Scholarships are limited. First come, first served.

**** Language interpretation may only be available in the above languages.

Lunch option:

- Regular Vegetarian

PHOTO AND VIDEO DISCLOSURE:

Los Angeles County Department of Mental Health may use/disclose photographs and audio-video recordings of attendees. They may be used in motion picture, still photography in any form, future brochures/programs, editorial, or any and all other lawful purposes.

Name: _____ Signature: _____ Date: _____

PAYMENT INFORMATION:

- Check Money Order Check/Money Order # _____

(There will be a \$30.00 fee charged on checks returned by the bank due to insufficient funds.)

Please make payable to Los Angeles County Department of Mental Health.

Mail payment and registration form to:

LAC Department of Mental Health-Program Support Bureau
Attn: Angel Baker
550 S. Vermont Ave., 12th Fl., Room #1202
Los Angeles, CA 90020

Your registration will be confirmed upon processed payment.

Conference at a Glance

07:30 AM – 08:30 AM	REGISTRATION AND CONTINENTAL BREAKFAST	01:15 PM – 02:15 PM	AFTERNOON KEYNOTE ADDRESS
08:30 AM – 09:15 AM	WELCOME & OPENING REMARKS	02:15 PM – 02:30 PM	BREAK
09:15 AM – 10:15 AM	MORNING KEYNOTE ADDRESS	02:30 PM – 04:00 PM	SESSION B: CONCURRENT WORKSHOPS
10:15 AM – 10:30 AM	BREAK	04:00 PM – 04:15 PM	BREAK
10:30 AM – 12:00 PM	SESSION A: CONCURRENT WORKSHOPS	04:15 PM – 04:45 PM	CONSUMER PANEL PRESENTATION
12:00 PM – 01:15 PM	HOSTED LUNCH & CULTURAL PERFORMANCE	04:45 PM – 05:00 PM	CLOSING REMARKS

Please prioritize the workshops that you would like to attend by indicating your first and second choice for each session.

SESSION A

- Ethnopsychopharmacology in African-Americans
- Successful Diversion Models for AB 109 Participants
- Working with African-American Older Adults from a Strengths-Based Perspective
- The Commercial Sexual Exploitation of Children
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