

County of Los Angeles Department of Mental Health

Student Professional Development Program 2015-2016 Academic Year

Complete this form for each discipline to be placed at this agency:

Service
Area

4

- | | |
|--|--|
| <input type="checkbox"/> Psychology
○ Practicum
○ Externship
○ Internship
<input checked="" type="checkbox"/> Social Work
○ Specialization : <u>Mental Health</u>
○ Macro/Administrative | <input type="checkbox"/> Nursing
<input type="checkbox"/> Marriage Family Therapist
<input type="checkbox"/> Occupational Therapy
<input type="checkbox"/> Other (specify): _____ |
|--|--|

DMH Agency:	Downtown Mental Health Center- Prevention and Early Intervention Program
DMH Agency Address:	224 E 6 th St. Los Angeles, CA 90014
DMH Agency Liaison:	Nicole Gutman
New or Returning:	<input checked="" type="checkbox"/> New <input type="checkbox"/> Returning
Liaison Email Address:	ngutman@dmh.lacounty.gov
Liaison Phone Number:	213-680-6314
Liaison Fax Number:	213-895-6274
Agency ADA accessible	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "No" identify:

Student Requirements:

How many positions will you have?	1
Beginning and ending dates:	August- May

Student Schedule:

<i>Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.</i>	
Monday	8:00 a.m. — 4:30 p.m. _flexible per agreement between supervisor & student intern
Tuesday	8:00 a.m. — 4:30 p.m. _flexible per agreement between supervisor & student intern
Wednesday	9:00 a.m. — 5:30 p.m. _flexible per agreement between supervisor & student intern, SUP 3-5 pm
Thursday	8:00 a.m. — 4:30 p.m. _flexible per agreement between supervisor & student intern
Friday	8:00 a.m. — 4:30 p.m. _flexible per agreement between supervisor & student intern
Total hours expected to be worked per week:	20
Number of direct client hours per week anticipated:	13

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Expected average consumer caseload:	8-10
What cultural groups typically received services at your site?	Primarily African American (53%), Latino (23%), Caucasian (20%)
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Description of Site: *(Please describe the type of Agency setting and services offered)*

Downtown Mental Health Center is an outpatient mental health center in the Skid Row area of Downtown Los Angeles. The agency includes multiple programs across several sites, including Prevention and Early Intervention, Full-Service Partnership, Field Capable Clinical Services, CalWORKS, Crisis Recovery Services and Wellness.

The Prevention and Early Intervention Program works to reduce the psychosocial impact of trauma by reaching out to at-risk individuals and assist them in recovery and in building resiliency and strength to withstand future stressors. Services provided are individual and group therapy, psychiatric medication support, and case management.

Target population and types of services provided: *(please check all that apply)*

<input checked="" type="checkbox"/> Individuals	<input type="checkbox"/> Psychoeducational groups (e.g. Parenting)
<input checked="" type="checkbox"/> Groups	<input checked="" type="checkbox"/> Community Outreach
<input type="checkbox"/> Families	<input checked="" type="checkbox"/> Brief treatment to mid-term treatment
<input type="checkbox"/> Children & Adolescents	<input type="checkbox"/> Long term treatment
<input checked="" type="checkbox"/> Adults	<input checked="" type="checkbox"/> Crisis Intervention
<input type="checkbox"/> Older Adults	<input checked="" type="checkbox"/> Screening and Assessment
<input type="checkbox"/> Court/Probation referred	<input type="checkbox"/> Psych Testing (For psychology students only)
<input type="checkbox"/> Consultation/Liaison	<input type="checkbox"/> Other (specify):

What are the most frequent diagnostic categories of your client population?

Major Depressive Disorders, PTSD, Anxiety Disorders, Adjustment Disorders

What specific (perhaps unique) training opportunities do students have at your agency?

Training in Evidence Based Practices, such as CBT, Crisis Oriented Recovery Services, Interpersonal Psychotherapy, Seeking Safety, DBT, and Group CBT for Depression

What evidence based practices or theoretical orientations will students be exposed to at this site?

CBT, Crisis Oriented Recovery Services, Interpersonal Psychotherapy, Seeking Safety, and Group CBT for Depression

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

Yes

List locations where students will be providing services **other than agency?**

Possibly coordinating for referrals from community agencies in the area.

