



USC Division of Occupational Science and Occupational Therapy  
*Occupational Therapy Faculty Practice*



## MHSA – Workforce Education and Training Plan

### **MENTAL HEALTH CAREER ADVISORS PROGRAM**

*presents*

# **Career Advancement Counseling**

*Take advantage of a new, unique opportunity  
to explore professional goals and  
take steps towards furthering your career!*

**DMH & Contractor Employees Only  
Free of charge\***

#### Eligibility:

- Must be in good standing with current employer; no disciplinary action within the last year.
- Must be in current position for at least 2 years.
- Currently working in non-clinical positions with a Bachelor's degree or less (i.e. Clerical, Admin, Financial Workers, Peer Advocates, Parent Advocates, Family Advocates, Case Workers, Rehab Specialists, etc.) within the County of Los Angeles public mental health system (DMH or contracted mental health agencies).

*\*All consultation sessions to be taken on your own time outside of your work commitment.*

**Professional career guidance  
from USC occupational therapists.**

**Call 323-442-3340 to set up an appointment.**

# Frequently Asked Questions

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**Who can participate?** All employees, contractors, and volunteers who have been in their current position for at least 2 years. Slots are limited and will be available on a first-come, first-served basis. Employees and volunteers who hold a Master’s degree or higher are NOT eligible.

**What is the cost and benefit?** This service is fully funded by the Mental Health Service Act – Workforce Education & Training Plan. Free career advancement counseling is provided; no financial or promotional incentives offered for participation in this program.

**What will we do?** We will work on identifying your strengths and interests, developing career goals, problem-solving barriers, and creating an action plan. Individual and/or group sessions, up to a total of 20 hours, of career advisement available to each participant. The sessions may include individual assessment, ‘self-discovery tapestry’, resume development, interview and presentation preparation, and navigating career transitions.

**Who are we and how will we help you?** We are occupational therapists who offer a unique and holistic approach to guide you towards advancing your career. Such career advisement is tailored to individual needs knowing *“One size does not fit all.”*

**Where do I get services?** Come to one of USC’s Occupational Therapy Faculty Practice offices:

- 2250 Alcazar St, Suite 133, Los Angeles, CA 90089
- 1031 Jefferson Blvd., Suite 452, Los Angeles, CA 90007

**How do I sign up?**

Contact **Cecily Roberts, OTD**  
at **323-442-3340** or  
email [otfp@osot.usc.edu](mailto:otfp@osot.usc.edu)