SLT COMMITTEE MEETING

INTERGENERATION SMALL GROUP DISCUSSION HANDOUT

A. What are the 'root causes' of trauma for your age group and/or focal population?
   a. Family division and separation
   b. Family members being boxed in to separate age group boxes
   c. Family not being treated as a unit
   d. Stress from role reversals
   e. Stress from displacement of family roles
   f. Stress from role confusion
   g. Stress from developmental transitions
   h. Comparing itself to different times and different frame of reference
   i. Historical trauma
   j. Economic trauma
   k. Technical trauma (technology)
   l. Cross Generational trauma
   m. Need to acculturate
   n. Different acculturation levels and speeds
   o. Lack of cultural competent, sensitive, appropriate, relevant view and treatment from society

B. What 'strategy/model(s)' do you want to use to address the root cause(s)?
   a. Treat the family as a unit through Family Wellness/Drop-In Centers
      i. Stop boxing people in
      ii. Stop dividing/separating family members
      iii. Stop compartmentalize
      iv. Promote/encourage integration
      v. Decrease social isolation/separation
      vi. Increase social connection
      vii. Increase resilience
   b. Treat family as a whole through Family Wellness/Drop-In Centers
      i. Provide cultural competent, sensitive, appropriate, relevant services
      ii. Increase natural community support and resources
      iii. Decrease stigma

C. What are the specific questions you want to answer through the implementation of this model/strategy?

August 20, 2014

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    a. What is preventing us from working with the family as a unit?

    b. How do we work with the family unit?

    c. How do we collaborate/partner with the different age group services to work as one with the family unit?

    d. How do we collaborate/partner with already existing natural community support systems and organizations to increase community support and social connections?

    e. How do we treat the family as a unit?

    f. Who defines the family unit?

    g. How do we define the family unit?

    h. How to identify and address risk factors and possible future problems/challenges?

    i. How do we identify, adjust, and strengthen the coping mechanisms of the family unit?

    j. How do we work with and treat the family unit in culturally competent, sensitive, appropriate, relevant ways and services?

D. What is the knowledge we will gain and how will it help improve the mental health system's capacity to address trauma to achieve positive mental health?

    a. How to define the family unit

    b. What needs to change to allow us to work the family unit

    c. How to work with the family unit

    d. How to treat the family unit

    e. How different age group services can collaborate/partner to work as one with the family unit

    f. How to identify and address risk factors and possible future problems/challenges

    g. How to identify, adjust, and strengthen the coping mechanisms of the family unit

    h. How to work with and treat the family unit in culturally competent, sensitive, appropriate, relevant ways and services

    i. How to collaborate/partner with already existing natural community support systems and organizations to increase community support and social connections

    j. How to be more proactive