ENDS AND TRENDS WITH KIM AND KAREN

Kim's Tip: Control Static in Hair

With the changes in temperatures, it's natural that you want to bundle up with scarves, hats and sweaters to keep warm. Fabrics like wool may cause a static build-up in not only your clothing but your hair too, causing "flyaway hair."

There are a few simple tricks to help prevent flyaway hair:

- Make sure that your winter hats have a satin or silk lining.

- Keep your hair moisturized. Using leave-in conditioners and products with heat protectants also help prevent your hair from being dry.

- Spray a small amount of hairspray on a natural-bristle brush and brushing from roots to ends will help control static.

- Keep a few dryer sheets handy. Rub over your flyaway hair to instantly remove the static build-up.