LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH CHILDREN'S SYSTEM OF CARE FIRST 5 LA PARENT-CHILD INTERACTION THERAPY (PCIT) CLAIMING GUIDELINES

CLAIMING TO FIRST 5 LA PCIT

When claiming to the First_5_LA Plan, there are special requirements regarding the use of *EBP codes. *** **Plan is listed as First_5_LA in the DMH Electronic System** ***

A. Evidence Based Practice and Service Strategy Codes

LAC-DMH implemented the use of EBP and SS codes in November 2006. Reporting the use of EBP and SS interventions are a State and Federal requirement, regardless of the funding source.

• <u>EBP codes</u> reflect services that are provided as part of an Evidence-Based Practice when the program using the EBP meets the fidelity and criteria of the EBP model. In addition, in order to use an EBP code for a service, the client must meet the criteria identified by the EBP model and ensure that the treatment approach is appropriate to the mental health needs and treatment plan of the client.

*EBPs include Evidence-Based Practices as well as Community-Defined Evidence Practices (CDE) and Promising/Pilot Practices (PP).

• <u>SS codes</u> are used to describe the intervention strategies reflected by the service provided. Unlike EBP codes, there are no fidelity or criteria measurements in order to use SS codes. Any program, regardless of funding source, may use SS codes if the program/staff person believes the service meets the definition of the SS.

B. Using EBP codes when claiming to First 5 LA

When claiming to the First_5_LA Funding Plan, there are special requirements regarding the use of EBP codes.

- 1. All services for clients being claimed to First_5_LA Plan <u>MUST</u> have the approved EBP code selected for the claim:
 - a. When claiming services to the First_5_LA plan, an EBP code must ALWAYS be selected. Code 2R. PCIT - Parent-Child Interaction Therapy.

- b. Only one EBP can be identified on a claim.
- c. "No EBP/SS" (Code 00) **cannot** be selected for claims under the First_ 5_LA Plan.
- d. This field **cannot** be left blank under the First_5_LA Plan.
- e. Select First_5_LA and no more than two Service Strategies (if Service Strategies are applicable) and the procedure code which corresponds to the service claimed.

Service Strategies

CODE	CODE ABBREV.	SERVICE STRATEGIES
50	SS Peer &/or Fam	Peer and/or Family Delivered Services
51	SS Psy/Edu	Psychoeducation
52	SS Psy/Edu	Family Support
53	SS Fam/Sup	Supportive Education
54	SS Ptnr LawEnf	Delivered in Partnership with Law Enforcement (Includes Courts, Probation, Etc.,)
55	SS Ptnr HlthCare	Delivered in Partnership with Health Care
56	SS Ptnr SocSvcs	Delivered in Partnership with Social Services
57	SS Ptnr SubAbuse	Delivered in Partnership with Substance Abuse Services
58	SS Integ Aging	Integrated Services in Mental Health and Aging
59	SS Integrated DD	Integrated Services for Mental Health and Developmental Disabilities
60	SS Eth-Spc.	Ethnic-Specific Service Strategy
61	SS Age-Spc.	Age-Specific Service Strategy

2. Rendering Providers MUST be trained in the EBP in order to claim services under the First_5_LA Plan.

C. Special Additional Criteria for the use of First 5 LA PCIT

- 1. The First_5_LA DMH Electronic System Plan is age-specific.
 - a. Client **MUST** be aged 2-5 years on the date service begins.
 - b. Claiming can continue for a client who turns 6 years of age as long as she/he was 5 when services originally began.

2. There are two options to claim PCIT to First_5_LA in the DMH Electronic System:

- a. First 5 LA non Medi-Cal
- b. First 5 LA Medi-Cal
- 3. In addition to the instructions noted above for claims under the FIRST_5_LA Plan, the Rendering Provider of the service **MUST** also be trained in the use of the PCIT model by either the UC Davis Training Center or by a provider clinician trained in Advanced PCIT.

D. Procedure Codes for First 5 LA PCIT EBP

1. Procedure codes are determined by the service provided. Procedure codes are listed below.

CORE INTERVENTION	PROCEDURE CODE
Assessment	90791
Collateral	90887
Family Psychotherapy	90847

First 5 LA PCIT Core Interventions

- First 5 LA PCIT "Core" Interventions and "Non-Core" Services utilize the same procedure codes as all other services – DMH Procedure Codes Manual.
- 3. First 5 LA Services are identified by the FIRST_5_LA DMH Electronic System Plan and potentially, the EBP selected.

E. COS Claiming for First 5 LA PCIT

COS Form: http://lacdmh.lacounty.gov/hipaa/cp_ISForms_Clinical.htm

COS Manual: http://file.lacounty.gov/dmh/cms1_159836.pdf

1. Providers will be compensated for DMH-approved COS only in the amount billed NOT TO EXCEED the allocation included in the First 5 Maximum Contract Allowance for the contract FY.

2. Providers will not be reimbursed for staff travel time, meal times, parking fees, meal costs, and other miscellaneous expenses staff may incur while providing community outreach activities.

IMPORTANT REMINDERS:

- Clients currently enrolled in PCIT under PEI funding may not be transferred to PCIT First 5 LA funding source even if they meet all of the criteria. The FIRST_5_LA DMH Electronic System Plan is for clients who are newly enrolled into PCIT.
- You can deliver an EBP under any funding source; however, to claim to the First 5 LA grant you **MUST** deliver PCIT under the FIRST_5_LA Plan.
- Reporting the use of EBP and SS interventions are a State and Federal requirement, regardless of the funding source.

OVERVIEW OF DOCUMENTING AND CLAIMING FIRST 5 LA PCIT SERVICES

- 1. Complete the ICARE Initial Assessment for birth to 5 (IFMH Form: MH645) or Child/Adolescent Initial Assessment (MH533).
 - a. Determine if client meets medical necessity. If yes, is First 5 LA PCIT the most effective for the client?
 - b. Determine if client meets First 5 LA target population.
 - c. Staff must be trained in the model to provide "Core" services.
 - d. Administer appropriate screening tool / initial outcome measures.
 - 1. Eyeberg Child Behavior Inventory (ECBI)
 - 2. Sutter Eyeberg Child Behavior Inventory (SESBI)
 - 3. Parenting Stress Index Short Form (PSI-4-SF)
 - 4. Trauma Symptom Checklist for Young Children (TSCYC)
- 2. Complete the Client Care Plan. In the area that states "other," write the name of the EBP (e.g., Other: PCIT).
- 3. Complete a Client Coordination Plan (if client is open to more than one provider).

- 4. Maintain fidelity to EBP model by ensuring the majority of services provided to the client are 'core' interventions of the EBP in which the client is receiving services.
- 5. Complete Progress Note (document intervention, location of service, staff's time and procedure code).
- 6. Select the appropriate EBP/SS (PCIT) from the drop-down menu.
- 7. Select the appropriate Plan Summary (First_5_LA) (based on client being between 2-5 years of age on date initial service was begun).