RMD Bulletin

Knowledge is power...

Parent-Child Interaction Therapy



for Children 2 - 5 years of age

As of October 1, 2012, the Department of Mental Health entered into a five year strategic partnership with First 5 LA to implement the expansion of Parent-Child Interaction Therapy (PCIT) for the focal population of children two through five years of age throughout Los Angeles County. Trainings will be delivered by the University of California, Davis PCIT Training Center.

The target population for the First 5 LA PCIT grant is clients 2 to 5 years of age and their caregivers/families. In order to participate in First 5 LA PCIT, the client must meet the following eligibility requirements:

- Medical necessity.
- Exhibit externalizing behaviors that would make First 5 LA PCIT the most effective treatment.

Clients who are undocumented may be eligible for First 5 LA PCIT services. Additionally, clients who enter into the First 5 LA PCIT program at the age of 5, but who turn 6 years of age may continue to be enrolled until their treatment is completed. Special consideration will be given to transitional age youth who are parents with children age 2 to 5 who are either in or at risk of being served by the child welfare system.

Who is not eligible?

- Clients already enrolled in a Prevention and Early Intervention (PEI) PCIT program.
- Clients who are older than 5 years of age upon enrollment of First 5 LA PCIT.

Attached to this Bulletin is a comprehensive document containing program guidelines including core interventions, a documentation overview, information on the First_5_LA Funding Plan, and instructions on the Evidence-Based Practice (EBP) and Service Strategies codes to be used with the plan.

If you have any questions or require further information, please contact Kim T. Nguyen Pierce, Ph.D. at knguyenpierce@dmh.lacounty.gov.

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