

**Save the Date**

Los Angeles County Department of Mental Health

12th Annual Conference on Mental Health & Spirituality

# **“ The Breakthrough ”**

**Thursday, June 6, 2013**

**7:30 am - 5:00 pm**

**Cathedral of Our Lady of the Angels**

**555 W. Temple Street, Los Angeles, CA 90012**

**For more information or to be added to the mailing list,  
please contact: (213) 639-6396; [dwalker@dmh.lacounty.gov](mailto:dwalker@dmh.lacounty.gov)**

**“ Continental Breakfast, Remarkable Keynote Speakers, Lunch,  
Morning/Afternoon Workshops, Free Parking and much more!”**

**Please NO Pre-registration**

**Registration Forms will be Mailed Out in April**

**2013 Conference on Mental Health & Spirituality**  
**“ The Breakthrough”**

**Conference at A Glance**  
Include (partial listing):

**Opening Ceremony:** Tzu Chi Drumming/Signed Singing - Tzu Chi Foundation  
**Invocation:** Dr. Beverly “Bam” Crawford, Pastor -  
Bible Enrichment Fellowship International Church

**Morning Keynote:**  
Dr. Marvin J. Southard, Director - Los Angeles County Department of Mental Health;  
Mr. John Viernes, Director - Substance Abuse Prevention and Control (SAPC)  
Los Angeles County Department of Public Health  
Message: “Visions on Integration of Mental Health & Substance Abuse”

**Concurrent Workshops**

1. Tibetan Tradition of Meditation: The Shamata Approach - Venerable Lama Thubten Nima; Spiritual Healing - Tom McElroy
2. Spirituality in 12 Steps - Herb Kaighan, Outreach Coordinator, Intensive Outpatient Program of Torrance Memorial Medical Center
3. B-Rich Resiliency Class - Bowen Chung, Et al.
4. Clergy Advisory Committee Presentation
5. Muslim - Dr. Faisal Qasi, President, Medical Network Devoted to Service (MiNDS) and Dr. Taif Kaissi, Vice-President, Medical Network Devoted to Service (MiNDS)
6. Northeast Wellness Center Panel
7. CiMH Spirituality Trainings
8. Undocumented Youth - Panel Presentation Headed by Betsy Estudillo

**Lunch Entertainment:**

Cantor Steve Puzarne, Founder and Executive Director of Breeyah

**Afternoon Keynote:**

Rabbi David Wolpe - Sinai Temple, Los Angeles; and Imam Jihad Turk, Director - Religious Affairs for the Islamic Center of Southern California (ICSU); Fr. Luke Dysinger

**Closing Ceremony:** Benjamin Hale, Navajo Tribal Spiritual Leader  
- American Indian Healing Center and Rodney Harvey, Hoop Dance - Maricopa Tribe

**Benediction:** Pastor Edgar Urbina, Director of Chaplaincy Services  
- White Memorial Medical Center



**Los Angeles County Department of Mental Health**  
**Office of the Director/Governmental Relations**  
**550 S. Vermont Ave., 12th Floor**  
**Los Angeles, CA 90020**  
**Attn: Destiny Walker**