

County of Los Angeles – Department of Mental Health
OFFICE OF THE MENTAL HEALTH COMMISSION

Thursday, July 26, 2012

~ **Approved Minutes** ~

**Please note the minutes are a brief summary and
not a word for word transcription of events at this meeting.**

Larry Gasco, Chairman, Presiding

I. Call to Order – Larry Gasco

- The meeting was called to order by Larry Gasco
- Chair asked for a moment of silence for the passing of Ms. Ana Caballero, Mother of Commissioner George Caballero
- Roll Call by Canetana Hurd, Commission Staff
Attendance recorded as follows:
Absent excused: Greg Thompson, Ilean Rabens, George Caballero, and Phillip Chen
- Approval of Minutes – Larry Gasco
June 2012 minutes were approved.
MSC – Cooperberg/Huffman

II. Chairman's Report – Larry Gasco

- **Executive Committee Report** – Commissioner Huffman made announcements and summarized discussion points at the Executive Committee meeting held July 12, 2012. Primarily the Commission approved the MHSA Annual Plan update at the public hearing on June 28, 2012. The next step is to forward the plan to the Board of Supervisors.
- **MHC/SAAC Chairs Report** – The meeting was held July 10, 2012. Chairman Gasco would like to see SAAC involvement in the statewide Anti-Stigma Campaign. There are several campaigns available to take part in; CalMESA, Anti-Stigma, Violence in School, Suicide Prevention. Dr. Sam Chan facilitated the most recent anti-stigma meeting for mental health. Dr. Gasco invited Dr. Chan to attend a future SAAC Chair's meeting to inform the group.
- **LPS Reform (Lanterman-Petris-Short Act)** – The Commission has accepted a leadership role to review the 14 recommendations made by the LPS Task Force that the most severely disabled receive treatment in a system that recognizes wellness and recovery.
- **MHC Budget** – Terry Lewis reported the budget for fiscal year 2012-2013 submitted for the Commission is modest; approval is pending.

III. DMH Report – Marvin J. Southard, Director DMH

- **Health Reform** – The Department submitted a white paper on how to approach health and mental health integration. Dr. Southard will provide an update at the Commission meeting in September on “Integration on Health Reform.”

MHSA Annual Plan Review Update – Dr. Southard announced changes to the plan are closed. Any objectives stakeholders may have should be addressed to the Commission.

Question: Will the public comments continue to be forwarded to Sacramento?

Answer: In the future, public comments will be addressed in the subsequent year’s plan.

Dr. Southard discussed the challenges and positive issues identified by DMH facilitating the MHSA review process:

- Adjustments of ongoing commitments
- If growth occurs how to allocate surplus based on conditions
- What is the best way to utilize one-time funding so it will cause less risk in sustainability?
- Should we use prudent reserve to balance gaps
- MHSA cannot pay long term hospitalization because of rate increases in state hospital stays, inpatient and IMD beds.

Legislative Update – Susan Rajlal, DMH Legislative Analyst

Ms. Rajlal handed out a document listing bills pending the governor’s signature. The document highlighted the ones that impact health and mental health care.

IV. Commissioners’ Reports

Howard Askins – Attended the Clinical Policy meeting in July. He commented on the following:

- LPS issues and California Hospital Association recommendations
- He reminded the Commission why the Clinical Snapshot is 1 month lag. It takes a considerable amount of time to gather data and search trends.

Delores Huffman – Attended the Empowerment Congress Mental Health Committee Dialogue “*Solutions to Bridge Mental Health Disparities*” July 14 sponsored by the Second District. The workshop addressed, how to access mental health resources was emphasized; learning what to do and how to implement it. TAY and housing issues were also emphasized.

Arnold Gilberg – Asked Commissioner Askins if he could be involved in LPS task force to review the California Hospital Association recommendations submitted to reform the act.

Herman DeBose – Attended the Empowerment Congress Mental Health Committee event on July 14, 2012. He will write up his findings and share them with Commission later.

Commissioner DeBose handed out the DMH list of legal entity mental health agreements from DMH Contracts Development and Administration Division to renew for fiscal years 12-13, 13-14, 14-15. He reported the information listed did not include a breakdown of the specific site locations where services are provided and contract amounts within the 5 districts.

Dr. Southard stated he would provide the breakdown information requested by Commissioner DeBose.

ACTION – Dr. Southard provide the specific information by site location with contract amount by SPA to Commissioner DeBose.

December Meeting in Lancaster – Terry Lewis opened a discussion for agenda items for the December meeting in Lancaster. She recommended networking with Service Area 1 stakeholders involved in the LPS roundtable and the SAACs. Then subsequently convene the Commission meeting and include a tour of the Mental Health America LA facility.

V. **SAAC/Community Reports/LACCC**

SAAC Reports – None

Community Report

Alcohol and Drug Administration – Wayne Sugita, Chief Deputy Director Substance abuse issues are finally being recognized in projects and Medi-Cal. LAC/USC, DMH and other impacted departments alleviate the emergency room traffic forwarding cases to service and treatment.

Los Angeles County Client Coalition – Pam Inaba

- Working on a 6th month report
- Plan to organize another conference
- Continue outreach to agencies and wellness centers
- Developing a website
- Planning another community college tour
- Selected 2012 "Outstanding Consumer" for Mental Health Commission's 13th Annual Profiles of Hope Volunteer and Program Recognition Awards

VI. Public Comments –

Dennis Miller – Lack of care after getting out of the hospital that was provided to me. Concern over how to take care of a pace maker or medication use. Discussed this for future return at the senior committee meeting on July 16, 2012, 550 S. Vermont at 10:30 – 12 pm.

Joseph DeGuerre – Better advocacy for clients.

Barbara Wilson – Today I am going to pick up the belongings of my son. He was living downtown under DMH care. At the same time I had a missing persons report filed with LA County Sheriffs Office. Last October 2011, I came before the Commission and requested that DMH establish some sort of clearinghouse so that family members could at least get information that their loved one is/is not in the system.

Sawako Nitao – Announced an event taking place July 28.

Sharonda Capers – If there is a adult teen and they don't have any income can the parent throw them out of the house and off disability?

Archie Souder – When head of household dies, the family is put out even when they are on the lease through housing authority or Section 8. When will these residents be able to take over the head of household?

Maria Tan –

1. Announcement--public speaking class service extender meetings
2. Comment on consumption tax as suggestion

Sharon Lyle – Shared the following:

- Statewide Reducing Disparities Project (CRDP) Initiative
- Community Introduction Presentation Workshop

MC Harris - Is there career pathways and student loan WET funding for college for DMH employee such as Peer Advocate, Community Workers, and Substance Abuse Aid/Counselors, and Community Services Counselors?

Luis L. Bryant – About alcohol and drug programs, need the speech from a well documented person that can explain clearly the difference between use and abuse. Whereas, for drugs like cocaine, heroin and others there is no use but abuse. While alcohol involves use or abuse, the speech should be supported by strong explanation of intrinsic and moral principles. I'm willing to participate in that speech. Should be included the habit of smoking.

Mark Karmatz – Suggested having in similar locations to conferences such as alternatives conference. Have the meeting after conference that way we can bring information from the conference to the SAACs and other meetings.

Jolly Glover – Executive Director, Fly Like An Eagle Outreach, Inc. Spoke about her non profit organization that provides services to disadvantaged communities to promote positive and progressive change.

VII. MHSA WET (Workforce Education and Training) Presentation Angelita Diaz-Akahori, PsyD, Division Chief

Presented an overview of the MHSA WET plan components:

- WET supports the other MHSA plans with a future and current workforces coming into the system for contract and directly

operated programs in the areas of competency and training.
WET addresses workforce shortages, training and development.

WET Funding Approved

- In 2009, WET received \$60.2 million one-time funding.
- 17 programs remain after consolidation and elimination of some programs
- Expenditures for fiscal year 2011-2012 total \$20 million
- \$40 million need to be spent by 2017
- \$20 million spent for program remainder needs to be spent by 2017

WET Programs will continue in FY 2012-2013 in 3 categories

1. Training and Technical Assistance Category; a) 3-day immersion on core principles of MHSA, b) prepare unlicensed clinical staff to pass State-mandated examinations, c) train peer advocates to support consumers navigate the physical health system, d) train, consult and follow up on supervisors in the public health system, e) interpreter training, f) community partner training, g) community college collaboration, and h) interfaith based roundtables in Service Area 6 and 7 to promote dialogue between faith based organizations and mental health.
2. Career Pathway Category; a) Mental Health Rehabilitation Specialist, b) train peer advocates, c) didactic training for parent and advocate partners, d) consult faculty to incorporate core tenets of MHSA into the curriculum.
3. Financial Incentives Category; a) stipend program for (MSW/MFT/Psychiatric NP), b) Post doctoral specialized training at Harbor/UCLA for 6 post fellows.

Programs projected for fiscal year 2012-2013; a) Community Partners 0 – 5 roundtable initiative, b) High School Career Pathways, and c) Mental Health Career Advisors

FY 2012-2013 and beyond trainings

- Peer Specialist Training Institute RFS
- Intensive Mental Health Rehabilitation Specialists RFS
- MHSA Immersion Trainings: Public Mental Health and College Faculty
- Financial Incentive Program
- Parent Advocates/Parent Partners Training Program
- Family Member Advocates Training Program
- Recovery Oriented Internship Development

VIII. Meeting adjourned/AUGUST MEETING DARK/NEXT MEETING

Thursday, September 27, 2012

11 am – 1:30

Kenneth Hahn Hall of Administration

Room 739

500 West Temple Street

Los Angeles, CA 90012

Please contact the Commission office at (213) 738 4772 if you need more information

Minutes prepared by Canetana Hurd