

Ninth Statewide Conference

Integrating Substance Use, Mental Health, and Primary Care Services— A Bridge to Health Reform



Sheraton Universal Hotel
333 Universal Hollywood Drive
Universal City, California 91608
November 7-8, 2012



Co-Sponsored by:

Los Angeles County Department of Mental Health
UCLA Integrated Substance Abuse Programs
The Pacific Southwest Addiction Technology Transfer Center
California Institute for Mental Health
The COD Conference Planning Committee



UCLA

Conference Goals

You are invited to the Ninth Statewide Conference in Universal City, California, at the Sheraton Universal Hotel from November 7-8, 2012. The conference will provide an important opportunity for key stakeholders (policymakers, service providers, administrators, educators, researchers, consumers, families, volunteers, and peers) to explore emerging best practices for providing integrated care to those with co-occurring disorders (COD).

This conference will focus on the transformation of systems to improve client care. This focus will be achieved by housing forums to expand collaboration among multiple systems of care, including mental health, alcohol and drug treatment, primary care/health, criminal justice, education, and child welfare.

The theme for this year's conference is: "Integrating Substance Use, Mental Health, and Primary Care Services: A Bridge to Health Reform." The conference will explore comprehensive screening, assessment, and treatment for individuals with co-occurring disorders, and will highlight local and national innovative approaches to integrated care. Conference participants will have the opportunity to engage in active dialogue with one another on the challenges of providing integrated treatment across systems of care.

The Conference Objectives are as follows:

- To identify successful models within existing systems as we move in the direction of service integration under health reform.
- To increase collaboration between Substance Use, Mental Health, and Primary Care agencies serving COD clients.
- To identify emerging best practices that address the complex needs of clients with co morbidities.

The plenary presentations, workshop sessions, and displays featured in the foyer will provide an opportunity for conference attendees to interact and network with colleagues and speakers. Conference attendees will be able to participate in both experiential and didactic learning workshop sessions.

The 2012 Statewide Conference is, again, a 'green event.' All planning and execution efforts have been done with mindfulness toward our environment and resource sustainability. Conference planning, marketing, publicity, invitations and registration were created paperless from the start, with this standard at the forefront. Attendees and Speakers are strongly encouraged to utilize electronic media for viewing hand-outs and materials. Presentations will be available to download prior to the conference on the conference website.

7:30 am—8:45 am Continental Breakfast/Registration

8:45 am—9:00 am Welcoming and Introductions

Roderick Shaner, MD, Los Angeles County, Department of Mental Health

Marvin Southard, DSW, Los Angeles County, Department of Mental Health

9:00 am—10:30am Plenary Session

Integrating Care Under Health Reform: Where Are We Headed?

Ron Manderscheid, PhD, National Association of County Behavioral Health and Developmental Disability Directors

10:30 am—10:45 am Break

10:45 am—12:15 pm Workshops: Session I

A. Seeking Safety Implementation: Experiences from the Field

Lisa Najavits, PhD, Seeking Safety Developer

Diana Griffis, MS, LMFT, County of Riverside, Department of Mental Health

Sermed Alkass, PsyD, Los Angeles County, Department of Mental Health

Elisa Leigan, BA, San Luis Obispo, Behavioral Health

B. AB 109: A Journey to Integration: From Incarceration to Community—A Collaborative Approach

Mary Marx, LCSW, Los Angeles County, Department of Mental Health

Holly McCravey, MA, RAS, Los Angeles County, Department of Public Health, SAPC

C. Awaken Internal Motivation for Change: Interventions for Individuals with COD

Steven Wilson, MD, Telecare Corporation

David Heffron, BA, NHA, Telecare Corporation - La Casa

D. A Case for Adolescent Mental Health & Substance Abuse Services Working Together: The Yin and Yang of Holistic Behavioral Health (Moderator: Irene Pine, MA, LMFT)

Theodore Reyes, MSW, Pacific Clinics

Keith Marshall, MA, CATC, Pacific Clinics

Rudy Tovar, CAS II, Pacific Clinics

Daeleigh Valentine, Psy D, Pacific Clinics

E. Mixology of Psychotropic and Addiction Medications In Treatment

Roderick Shaner, MD, Los Angeles County, Department of Mental Health

Stephanie Shaner, MD, Kaiser Permanente, Los Angeles Medical Center

F. Addressing Tobacco in Behavioral Health: Practical Strategies for Treatment Policy

Dior Hildebrand, RN, PHN, Los Angeles County, Department of Public Health

Catherine J. Saucedo, BA, University of California, San Francisco

Conference Agenda

November 7, 2012 (continued)

12:15 pm—1:15 pm Lunch

1:15 pm—2:45 pm Plenary Panel Discussion

Health Reform and its Effect on Service Delivery and Integration: Systemwide Updates

Moderator: Sandra Naylor Goodwin, PhD, *California Institute for Mental Health*

Panel: Marvin Southard, DSW, *Los Angeles County, Department of Mental Health*

Christina R. Ghaly, MD, *Los Angeles County, Department of Health Services*

Jonathan E. Fielding, MD, MPH, *Los Angeles County, Department of Public Health*

2:45 pm—3:00 pm Break

3:00 pm—4:30 pm Workshops: Session II

G. TEAMcare: An Integrated Care Team-Based Approach for Treating Individuals with Comorbid Mental and Medical Conditions

Paul Ciechanowski, MD, *University of Washington*

H. Strategies for Effectively Integrating Motivational Interviewing and SBIRT into Mental Health Evidence Based Practices

Tom Freese, PhD, *UCLA Integrated Substance Abuse Programs*

Sherry Larkins, PhD, *UCLA Integrated Substance Abuse Programs*

I. Providing Integrated Care to a Forensic Population: Assessment and treatment of Co-Occurring Offenders

Victoria Simon, PhD, MFT, *Project 180*

J. Mobilizing Latinas: Culturally Effective Approaches to Outreach, Empower and Break the Silence Around the Issues of Mental Health, HIV, Violence, and Substance Abuse

Barbara Kappos, MSW, LCSW, *East Los Angeles Women's Center (ELAWC)*

Martha Cristo, PhD, *Cristo Research, Evaluation & Treatment*

K. Service Members and Veterans: A Panel on the Integration of Substance Use, Trauma Services, Mental Health, and Primary Care

Carl McKnight, PsyD, *Los Angeles County, Department of Mental Health*

MAJ Dana Timmermans, LMFT, MA, *California National Guard*

L. Integrated Care for At-Risk Youth

Coreena Hendrickson, LCSW, *Children's Hospital, Los Angeles*

Erin Casey, LCSW, *My Friends Place*

7:30 am—8:45 am Continental Breakfast/Registration

8:45 am—10:30 am Plenary Session

Integrating Medical and Behavioral Health Care for Rough Sleepers in Boston: Lessons From the Past Decade

James O'Connell, MD, *Boston Healthcare for the Homeless*

10:30 am—10:45 am Break

10:45 am—12:15 pm Workshops: Session III

M. The Deadly Triangle: The Relationship Among Depression, Substance Abuse, Suicide among Older Adults

Patrick Arbore, EdD, *Center for Elderly Suicide Prevention and Grief Related Stress*

N. Bringing Integrated Health Services to the Street

James O'Connell, MD, *Boston Healthcare for the Homeless*

O. Meeting the Challenge: Integrating Culturally and Linguistically Appropriate Services into our Continuum of Care

Tamu Nolfo, PhD, *ONTRACK Program Resources*

P. MHSA Innovation: Models of Integration in Action

Debbie Innes-Gomberg, PhD, *Los Angeles County, Department of Mental Health*

Lezlie Murch, MA, *Exodus Recovery, Inc.*

Trang Hoang, LCSW, PhD, *SSG API MH Alliance*

Paul Gore, PhD, *Saban Free Clinic*

Lucila Sloninsky, MD, *Saban Free Clinic*

Q. Using Health Information Technologies and Health Information Exchange to Support Integrated Health Care

Tom Trabin, PhD, MSM, *Alameda County, Behavioral Health Care Services*

Crystal Eubanks, *Lifelong Medical Care*

Jim Featherstone, LCSW, *Napa County Health and Human Services*

Christian Zoppel, MSW, LCSW, *Community Health Clinic Ole*

R. Collaboration to Impact Systems Change and Facilitate Linkage to Services for Families

Donna Fernandez, LCSW, *Los Angeles County, Department of Children and Family Services*

Holly McCravey, MA, RAS, *LA County, Department of Public Health, SAPC*

Sandy Song, MA, *LA County, Department of Public Health, SAPC*

Funding for this conference was made possible by the Department of Mental Health - UCLA Contract #MH010054, supported through MHSA Innovation Training Funds. This conference was also supported by cooperative agreement 5UD1TIO13594 from the Substance Abuse and Mental Health Services Administration. The conference contents are solely the responsibility of LA County, Department of Mental Health, UCLA ISAP, the Pacific Southwest ATTC, and the COD Conference Planning Committee and do not necessarily represent the official views of SAMHSA

Conference Information

Conference Planning Committee

Neal Adams , California Institute for Mental Health	Suzanne Holland , Los Angeles County DMH
Sermed Alkass , Los Angeles County DMH	Sherry Larkins , UCLA ISAP
Francesca Anello , Los Angeles County DMH	Christine Li , LA County DPH Tobacco Control & Prevention Prog.
Ken Bachrach , Tarzana Treatment Centers	Tiffany Liu , Los Angeles County DMH
James Barger , Los Angeles County, DPH, SACP	Ingrid Marchus , Los Angeles County DMH
Paula Bjelajac , PROTOTYPES	Sandeep Mital , CCALAC
Treva Blackwell , Los Angeles County DMH	Jim O'Connell , Social Model Recovery Systems, Inc.
Angela Boger , Los Angeles County Public Health	Urmi Patel , Los Angeles County DMH
Verda Bradley , Los Angeles County, DPH, SACP	Nancy Richards-Chand , Los Angeles County Public Defender's Office
Dwayne Clements , Los Angeles County, DPH, SACP	Bianca Rodriguez , Penny Lane Centers
David Cantu , Los Angeles County DMH	Janell Ross , DHSP
Sandra Dalton , LA Centers for Alcohol and Drug Abuse	Joanne Rotstein , Los Angeles County Public Defender's Office
Darien De Lu , Dept. of Alcohol and Drug Programs	Lise Ruiz , Los Angeles County DMH
Carol Falender , Pepperdine University	Beth Rutkowski , UCLA ISAP
Elena Fernandez , SJWCFC	Stan Sharma , El Dorado Community Service Center
Thomas Freese , UCLA ISAP	John Sheehe , Los Angeles County DMH
Adrienne Gee , Los Angeles County DMH	Lisa Steele , La Casa MHRC - Telecare Corporation
Kalena Gilbert , Los Angeles County DMH	Rachel Tyree , LA County DPH Tobacco Control & Prevention Prog.
Thomas Granucci , U.S. Probation Office	Joycelyn Whiten , Los Angeles County, DPH, SACP
Jose Gutierrez , UCLA ISAP	Brenda Wiewel , LA Centers for Alcohol and Drug Abuse

Continuing Education Information

Psychologists*: UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. Up to 9.0 CE credits will be offered.

Registered Nurses* Provider approved by the California Board of Registered Nursing, Provider #15455, for up to 9.0 contact hours.

MFTs & LCSWs: UCLA Integrated Substance Abuse Programs is approved by the California Board of Behavioral Sciences to offer up to 9.0 CE credits/contact hours to MFTs and LCSWs (PCE# 2001).

Drug & Alcohol Counselors: UCLA Integrated Substance Abuse Programs is an approved provider of CE credits/contact hours for C.A.D.C.s (CFAAP/CAADAC, # 2N-00-445-1113), C.A.T.C.s (CAADE, CP 20 903 C 0613), C.A.S.s (BCAS/CAARR, 5033), and R.A.S.s (Breining Institute, CEP0604111449-ULA-HE). Up to 9.0 CE credits/contact hours will be offered.

Physicians & Nurse Practitioners*: Los Angeles County Department of Mental Health (LAC-DMH) is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide medical education for physicians and nurse practitioners. LAC-DMH takes responsibility for the content, quality and scientific integrity of this activity. LAC-DMH designates this educational activity for a maximum of 9.0 hours *AMA PRA Category 1 Credit (s)*[™]. Physicians and nurse practitioners should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CME Certification in Continuing Medical Education.



Continuing Education

*A listing of the specific sessions eligible for continuing education for psychologists, registered nurses, physicians, and nurse practitioners will be indicated in the final conference program.

Registration by credit card Online
at: www.uclaisap.org/cod

Conference Registration Form

Please print clearly

Name: _____
(First) (Middle) (Last)

Degree (s): _____ Title: _____

Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____ E-mail: _____

Please Specify type of continuing education credits you will be receiving (check all that apply):

Psychologist _____ Registered Nurse _____ MFT/LCSW _____ C.A.D.C. _____

C.A.T.C. _____ C.A.S. _____ R.A.S. _____ Physician/Nurse Practitioner _____

License/Certification # _____

Please specify the workshop you plan to attend for each session by writing in the letter next to the workshop title:

Day 1, Session I: _____ Day 1, Session II: _____ Day 2, Session III: _____

Alternate: _____

Special Requirements (e.g., vegetarian, American Sign Language Interpreter, ADA accessibility, etc.): _____

Standard Registration Fee: **\$ 95**

Los Angeles County Department of Mental Health Employees: **\$ 45**

(verified by the 6-digit LACDMH employee number):

DMH Employee Number: _____ Program/Unit: _____

Supervisor's Name _____ Supervisor's Signature _____

Note to LACDMH employees: Discounted Registration fee is only available until the October 24, 2012 deadline. Walk-ins will be charged a full conference fee (\$95). Conference registration will only be confirmed (via email) once UCLA ISAP has received your payment. For additional questions, please feel free to email Katrin Harrison, MSW, CME Coordinator, at KHarrison@dmh.lacounty.gov

Continuing Education Credit:

CE credit will be offered at no additional cost for Psychologists, LCSW's, MFT's, Registered Nurses, Certified Alcohol & Drug Abuse Counselors, Physicians, and Nurse Practitioners (see CE section for more information).

Exhibit Tables: **\$250**

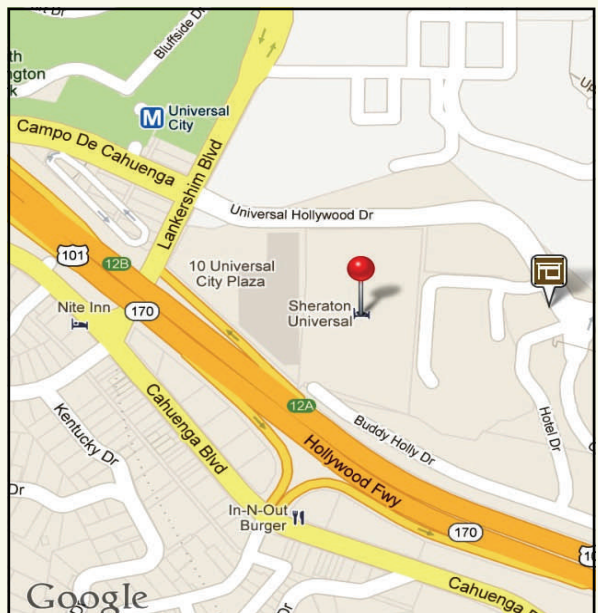
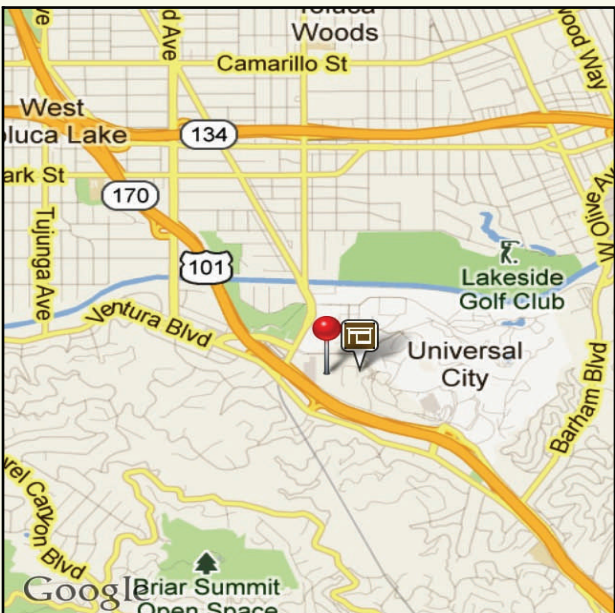
Space for exhibit tables is available (and includes one registration). We encourage agencies to share information about their programs and advertise job openings.

TOTAL ENCLOSED: **\$**

Make checks payable to UC Regents

Mail this form and payment for receipt **NO LATER than October 24, 2012 (refunds will not be processed after this date)** to: **UCLA ISAP**, 11075 Santa Monica Blvd, Suite 100, Los Angeles, CA 90025 Attn: Charlotte Bullen at (310) 267-5408. Fax this form to (310) 312-0538. For questions: charlottebullen@ucla.edu

Ninth Statewide Conference November 7—8, 2012



The Sheraton Universal Hotel is located at: 333 Universal Hollywood Dr, Universal City, CA. 91608, Phone: 1-818-509-2753
The hotel is located at the entrance of Universal Studios on the corner of Universal Hollywood Drive and Hotel Drive.

Discounted guest rooms are available for out of town attendees; information to follow upon registration.
There is a discounted daily self parking rate of \$6.00 per day.