EMPLOYMENT & EDUCATION RESOURCES SERVICE AREA 8

WORKSOURCE CENTERS

Provide job seekers with assistance including resumes, access to computer/phone/fax Los Angeles City Worksource Centers Los Angeles County Worksource Centers

South Bay One-Stop Business & Career Center Beach Cities

320 Knob Hill Suite #4, Redondo Beach, Ca. 90277 (310) 318-0645 Disability Navigator: Christina Hagins at <u>chagins@sbwib.org</u>

South Bay One-Stop Business & Career Center Inglewood www.sbwib.org

110 S. La Brea Ave., Inglewood, Ca. 90301 (310) 680-3700 Disability Navigator: Rebecca Aguirre in the office Monday through Thursday EDD office is on 5th floor when calling dial the main number and ask for the unemployment office

South Bay One-Stop Business & Career Center Gardena

16801 S. Western Ave., Suite A, Gardena, Ca. 90247 (310) 217-9579 EDD representative is on site Mondays and Wednesdays 8:30AM to 3:30PM DOR representative is on site Wednesdays and Thursdays 9AM to 12PM (310) 217-6153

South Bay One-Stop Business & Career Center Carson

1 Civic Plaza Drive, Suite 500, Carson, Ca. 90745 (310) 233-4888

Harbor WorkSource Center www.pacificgatewayforce.com

Pacific Gateway WIN 1851 N. Gaffey St., #F, San Pedro, Ca. 90731 (310) 732-5700

Torrance One Stop www.longbeach.gov/cd/workforce/default.asp

1220 Engracia Ave., Torrance, Ca. 90501 (310) 782-2101 EDD office on site.

Harbor WorkSource Center/Pacific Gateway Center

3447 Atlantic Ave., Long Beach, Ca. 90807 (562) 570-WORK Disability Navigator: Maritza Torres (562) 570-4711 EDD representative on site 8AM-10:30AM.

ADDITIONAL EMPLOYMENT SERVICES

Enrichment Through Employment www.ete-torrance.org Provides employment services for persons with mental illness. There is a \$16 an hour charge for services provided. 1860 W. 220th St., Suite 425, Torrance, Ca. 90501 (310) 328-0706

Adult Education Resources

<u>Community Adult Schools</u> generally offer High School Diploma, GED preparation, English as a Second Language (ESL) and some computer courses.

<u>Occupational and Skills Centers</u> generally offer the same courses as Community Adult Schools in addition to vocational skills training (e.g. nursing, graphic design, clerical.)

Disabled Student Services assists clients with accommodations and fee waivers when applicable.

Centinela Valley Union High School District <u>www.centinela.k12.ca.us</u>

Centinela Valley Union Adult School 4932 Marine Ave., Lawndale, Ca. 90260 (310) 263-3165

Inglewood Unified School District

 Inglewood Community Adult School 106 E. Manchester Blvd., Inglewood, Ca. 90301 (310) 330-5266 http://iusd.net/schools-list/adult-schools/inglewood-community-adult-school/

Los Angeles Unified School District <u>www.adultinstruction.org</u>

- Gardena-Carson Adult School: (2 sites) <u>http://gardenacas.adultinstruction.org/index.html</u>
 - 1. Gardena High School Campus: 18120 S. Normandie Ave., Gardena, Ca. 90248 (310) 354-4900
 - 2. Carson High School Campus: 22328 S. Mail St., Carson, Ca. 90745 (310) 847-6091
- Harbor Community Adult School 950 W. Santa Cruz St., San Pedro, Ca. 90731 (310) 547-4425
- Harbor Occupational Center (3 sites) <u>www.lausd.net/Harbor_OC/</u>
 - 1. Main Site 740 N. Pacific Ave., San Pedro, Ca. 90731 (310) 547-5551
 - 2. San Pedro Skills Center 920 W. 36th St., San Pedro, Ca. 90731 (310) 221-4651
 - 3. Wilmington Skills Center 217 Island Ave., Wilmington, Ca. 90744 (310) 549-9831

Long Beach Unified School District

- Long Beach School for Adults: (2 sites) <u>www.lbusd.k12.ca.us/lbsa/Programs.htm</u>
 - 1. Willow Campus 3701 W. Willow Street, Long Beach, Ca. 90803 (562) 595-8893
 - 2. Cedar Campus 1794 Cedar Avenue, Long Beach, Ca. 90813 (562) 218-0493

Torrance Unified School District

- Torrance Adult School: (2 sites) <u>www.torranceadultschool.com</u>
 - 1. Hamilton Location 2606 W. 182nd Street, Torrance, Ca. 90504 (310) 533-4459
 - 2. Griffith Location 2291 Washington Avenue, Torrance, Ca. 90501 (310) 533-4454

Redondo Beach Unified School District & Manhattan Beach Unified School District

• South Bay Adult School <u>www.southbayadult.org/index.html</u> 3401 Inglewood Ave., Redondo Beach, Ca. 90278 (310) 937-3345

Palos Verdes Peninsula Unified School District

• Palos Verdes School District Adult School <u>www.pvpusd.com/adult_gi.htm</u> 38 Crest Road West, Rolling Hills, Ca. 90274 (310) 541-7626

Southern California Regional Occupational Center <u>www.socalroc.com</u>

2300 Crenshaw Blvd., Torrance, Ca. 90501 (310) 224-4200 Fees for classes range from \$100 to \$1800. Students receiving public assistance and have income of \$15,000 or less a year qualify for up to 60% discount on their classes.

Community Colleges and Universities

Office of Disabled Students Programs & Services (DSPS) provides support services, specialized instruction, and educational accommodations to students with disabilities so that they can participate as fully and benefit as equitably from the college experience as their non-disabled peers.

Services may include assessment for learning disabilities, specialized counseling, interpreter services for hearing-impaired or deaf students, mobility assistance, note taker services, reader services, speech services, transcription services, transportation, specialized tutoring, access to adaptive equipment, job development/placement, registration assistance, special parking and specialized instruction.

Long Beach City College (2 campuses)

www.lbcc.edu

1. Liberal Arts Campus 4901 E. Carson Street, Long Beach, Ca. 90808 (562) 938-4558

2. Pacific Coast Campus 1305 E. PCH, Long Beach, Ca. 90806 (562) 938-3921 Disabled Students Programs and Services: <u>www.dsps.lbcc.edu</u>

El Camino College

www.elcamino.edu 16007 Crenshaw Blvd., Torrance, Ca. 90508 (310) 532-3670 Special Resource Center (310) 660-3295 www.elcamino.edu/academics/src

Los Angeles Harbor College

www.lahc.edu 1111 Figueroa Place, Wilmington, Ca. 90744 (310) 233-4000 Special Program and Services (310) 233-4629 www.lahc.edu/studentservices/sps/index.html

California State University, Long Beach

www.csulb.edu 1250 Bellflower Blvd., Long Beach, Ca. 90840 (562) 985-4111 Disabled Student Services: (562) 985-5401 www.csulb.edu/divisions/students/dss

California State University, Dominguez Hills

www.csudh.edu

1000 E. Victoria Street, Carson, Ca. 90747 (310) 243-3696 Disabled Student Services Office: (310) 243-3660 at Welch Hall Room 250 Mark Smith – Counselor & William Hoanzl – Learning Disability Specialist www.csudh.edu/studentaffairs/disabledstudentservices/default.shtml

Volunteer Opportunities

Volunteer Match

United Way Los Angeles

Volunteer Los Angeles

Volunteers of America Greater Los Angles

Los Angeles County Library

www.volunteermatch.org

www.unitedwayla.org

www.volunteerlosangeles.com

www.voala.org

http://colapublib.org/libs/

Additional Ideas for Volunteer Sites

The Volunteer Center (2 sites)

1. 1230 Cravens Ave., Torrance, Ca. 90501 Sherry Saacke (310) 212-5009 **2.** 1407 E. 4th St. Long Beach, Ca. 90802 (562) 590-8844 <u>www.volctr-sobay.org/overview.htm</u>

Farmers Market Manhattan Beach

Tuesdays on the corner of 13th St. and Morningside drive <u>http://mbfarmersmarket.com/volunteer.cfm</u>

LA's Prom Closet

P.O. Box 545, Hawthorne, Ca. 90251 (866) 475-0082 E mail: volunteerlapc@yahoo.com www.laspromcloset.com/volunteer.html

City of Long Beach Department of Parks, Recreation & Marine

Volunteer opportunities include local parks, youth camps/teens, after school sites, seniors, El Dorado Nature Center, special events, etc. Volunteer Department (562) 570-1743 www.longbeach.gov/park/recreation/volunteer_opportunities.asp

Heal the Bay

1444 9th Street, Santa Monica, Ca. 90401 (310) 451-1500 and (800) HEAL BAY Volunteer opportunities include: beach cleanups at any LA County beach. www.healthebay.org/volunteer

Torrance Memorial Hospital

3330 Lomita Blvd., Torrance, Ca. 90505 (310) 325-9110 Volunteer Department (310) 517-4752 Unique opportunities include working with pet visitation program, participating in the clown program, taking new baby pictures, completing sewing projects, etc. Volunteers are asked to make a commitment. www.torrancememorial.org/Ways to Give/Volunteer Services.aspx

Cabrillo Marine Aquarium

3720 Stephan M. White Drive, San Pedro, Ca. 90731 Contact Floyd Anderson (310) 548-7562 www.cabrillomarineaquarium.org/get-involved/volunteer-programs.asp