

EMPLOYMENT & EDUCATION RESOURCES SERVICE AREA 7

WORKSOURCE CENTERS

Provide job seekers with assistance including resumes, access to computer/phone/fax.

Los Angeles City Worksource Centers

www.lacity.org/wib

Los Angeles County Worksource Centers

www.worksourcecalifornia.com

Southeast Los Angeles County

Workforce Investment Board (SELACO)

10900 E. 183rd St., Ste 350

Cerritos, CA 90703

Disability Navigator: Franklin Moore at (562) 402-9336 ext. 1220

Hub Cities WorkSource Center

2677 Zoe Ave. 2nd floor

Huntington Park, Ca. 90255

Disability Coordinator: Rita Rodriguez (323) 586-4722

Website: www.hubcities.org

East LA Employment & Business Center

5301 Whittier Blvd.,

Los Angeles, Ca. 90022

Disability Coordinator: Mercedes Gil (323) 832-1205

www.arboret.com

SASSFA Paramount Employment/Training Center

15538 Colorado Blvd.,

Paramount, Ca. 90723

Disability Coordinator: Jenifer Capp (562) 633-9511

www.sassfa.org

Chicana Service Action Center

3601 East 1st St.

Los Angeles, Ca. 90063

Disability Coordinator: Fredy Mata (323) 264-5627

www.lacsac.com

Adult Education

ABC Adult School

12254 Cuesta Drive Cerritos, Ca. 90703
Phone: (562) 926-6734

Contact Person: Dr. Pao-Ling Guo
Web: www.abcadultschool.com

Downey Adult School

12340 Woodruff Ave., Downey, Ca. 90241
Phone: (562) 940-6200

Web: www.das.edu

Paramount Adult School

14507 Paramount Ave., Paramount, Ca. 90723
Phone: (562) 602-8080

Web: www.paramount.k12.ca.us/?rn=203498

Bellflower Adult School

9242 E. Laurel St., Bellflower, Ca. 90706
Phone: (562) 461-2218

Web: www.busd.k12.ca.us/adult-ed.htm

Norwalk/La Mirada Adult School

15711 Pioneer Blvd., Norwalk, Ca. 90650
Phone: (562) 868-9858

Web: www.nlm.as.org

Montebello Adult School

149 N. 21st St., Montebello, Ca. 90640
Phone: (323) 887-7844

Web: www.sca.montebello.k12.ca.us/mtb.htm

El Rancho Adult School

9515 Haney St., Pico Rivera, Ca. 90660
Phone: (562) 801-5009

Web: www.elranchoadultschool.com

Whittier Adult School

9401 Painter Ave., Whittier, Ca. 90605
Phone: (562) 698-8121 ext.1300

Web: www.whittieradultschool.edu

El Monte Rosemead Adult School

10807 Ramona Blvd., El Monte, Ca. 91731
Phone: (626) 258-5800

Web: www.emras.edu/index.php

East Los Angeles Occupational Center

2100 Marengo St., Los Angeles, Ca. 90033
Phone: (323) 223-1283

Web: www.lausd.k12.ca.us/East_LA_OC/

Los Angeles County Regional Occupational Center

9300 Imperial Highway, Downey, Ca. 90242
Phone: (562) 922-8863

Web: www.lacorop.org/aboutus.htm

Tri-Cities Regional Occupational Center

12519 E. Washington Blvd., Whittier, Ca. 90602
Phone: (562) 698-9571

Web: www.tcrop.k12.ca.us/tcrop/site/default.asp

COMMUNITY COLLEGES

Office of Disabled Students Programs & Services (DSPS)

DSPS provides support services, specialized instruction, and educational accommodations to students with disabilities so that they can participate as fully and benefit as equitably from the college experience as their non-disabled peers.

Services may include assessment for learning disabilities, specialized counseling, interpreter services for hearing-impaired or deaf students, mobility assistance, note taker services, reader services, speech services, transcription services, transportation, specialized tutoring, access to adaptive equipment, job development/placement, registration assistance, special parking and specialized instruction.

Rio Hondo Community College

3600 Workman Mill Road
Whittier, Ca. 90601
(562) 692-0921
Office for Students w/Disabilities: (562) 908-3420
www.riohondo.edu

Cerritos Community College

11110 Alondra Blvd.
Norwalk, Ca. 90650
(562) 860-2451
Office for Students w/Disabilities: Extension 2333
www.cerritos.edu

Whittier College

13408 E. Philadelphia St.
Whittier, Ca. 90808
(562) 907-4200
Office for Students w/Disabilities: (562) 907-4825
Contact Rosalba Rios (562) 907-4840
www.whittier.edu

Mt. San Antonio College

1100 N. Grand Ave.,
Walnut, Ca. 91789
(909) 594-5611
Office for Students w/Disabilities: Ext. 4290
www.mtsac.edu

Volunteer Resources

Volunteer Opportunity Search Sites (Various Locations)

1 800 Volunteer	www.1-800-volunteer.org
Los Angeles County Library	www.colapublib.org/libs
Los Angeles Public Library (City)	www.lapb.org
Make a Wish Foundation	http://donate.wish.org/volunteer
United Way of Greater Los Angeles	www.unitedwayla.org
Volunteer Match	www.volunteermatch.org
Volunteer Center LA	www.vcla.net/home.htm
Volunteers of America Greater Los Angeles	www.voala.org

Volunteer Opportunities (Specific Location)

Downey City Library 11121 Brookshire Ave. Downey, Ca. 90241 (562) 904-7360	www.downeylibrary.org/friends/#volunteer
City of Norwalk (562) 929-5702	www.ci.norwalk.ca.us/volunteerservices.asp
Bellflower Volunteer Center 16614 S. Clark Ave., Bellflower, Ca. 90706 (562) 925-9003	www.bellflower.org/home/index.asp?page=355
City of La Mirada Volunteer in Action Program (562) 902-3155	www.cityoflamirada.org/index.aspx?page=137
Cerritos Library Teen Zone Get Involved! Program (562) 916-1344	http://menu.ci.cerritos.ca.us/teens/volunteens.html
YMCA Los Cerritos Branch YMCA Downey Family YMCA Montebello Family YMCA Uptown Whittier YMCA	www.lbymca.org www.ymcala.org/downey www.ymcala.org/montebello www.ymcawhittier.org

Transportation

Dial-A-Ride Downey (562) 904-7215

Montebello Bus Line (323) 887-4545

Dial-A-Taxi Montebello (323) 887-4600

Cerritos on Wheels (562) 928-4269

Access Services, Inc. (LA County) (800) 827-0829 www.asila.org

MTA (800) 266-6883 www.mta.net

Norwalk Transit (562) 929-5550 www.ci.norwalk.ca.us/transportation.asp

Metrolink (800) 371-5465 www.metrolinktrains.com

Bellflower Bus (562) 865-7433 www.bellflower.org

Dial-A-Ride Whittier (562) 698-2131

Foothill Transit (800) 743-3463

Dial-A-Ride La Mirada (562) 943-6776

Santa Fe Springs (562) 868-0511