

## SIMPLE CHICKEN SALAD SANDWICHES

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### **Ingredients:**

- 4 cups of diced grilled or roasted chicken breast
  - 1 hard boiled egg, peeled and diced
    - 1 cup of mayonnaise
    - ½ cup of spicy mustard
  - 1 scallion, trimmed and thinly sliced
  - Salt and black pepper, to taste
    - Sliced whole wheat bread
  - Tomato, lettuce and pickle (optional)

### **Directions:**

- In a small bowl, mix together mayonnaise, mustard, salt and pepper to taste.
- Add chicken and scallions. Mix gently until combined and refrigerate until ready to serve.
- Serve on sliced whole wheat bread with sliced tomatoes, lettuce and pickle.
  - Pair with you favorite chips and enjoy!!!