TRAUMA FOCUSED – COGNITIVE BEHAVIORAL THERAPY

Implementation and Planning Guide

Slides on TF-CBT model courtesy of
Laura Murray, Ph.D.
Anthony P. Mannarino, Ph.D.
Judith A. Cohen, M.D.
Esther Deblinger, Ph.D.
California Institute of Mental Health
Todd Sosna, PhD

Implementation Plans

- Youth and families
- Integration into service system
- Staffing
- Supervision
- Assuring fidelity and program performance evaluation
- Administrative oversight

Youth & Families

 Who will be responsible for coordinating/insuring referrals?

 Who will be referred? Will there be inclusion or exclusion criteria?

Where will TF-CBT fit into your service system?

Staffing

- Who will be the practitioners? How will they be selected? Will they have a choice?
- What educational background and clinical experience will be required?
- Will they have time to learn the practice? What other duties will they have?
- What will their TF-CBT caseload involve?

Supervision

- Who will supervise the TF-CBT practitioners? How will they be selected?
- What educational background and clinical experience will be required?
- Will they carry a small caseload? If yes, what size?
- Will they be responsible for supervising other programs?
 If yes, which programs?

Fidelity and Evaluation

 Who will be responsible for insuring collection of program performance measures?

 Who will be responsible for data collection and submittal?

Administrative Oversight

- Who at the administrative level participated in implementation planning?
- Who at the administrative level is committed to making sure that everything happens as planned?
- Who at the administrative level will review fidelity and outcome reports and oversee any needed corrections?
- How will staff attrition be managed?

Contact Information

PEI TF-CBT Implementation

Todd Sosna, PhD

California Institute for Mental Health

Email: tmq@verizon.net Phone: (916) 549-5506 Website: www.cimh.org

Lillian Bando, JD, MSW

District Chief, MHSA PEI Administration

Email: lbando@dmh.lacounty.gov Phone: (213) 738-2322

Robert Byrd, Psy.D.

Clinical Psychologist II, MHSA PEI Administration

Email: rbyrd@dmh.lacounty.gov Phone: (213) 738 - 2304

Fax: (213) 351-2026