



Directory
to Wellness/Client-Run Centers
in Los Angeles County

Service Area 1

**(WC) Antelope Valley
Mental Health Center (MHC)**
251 East Avenue K-6,
Lancaster, 93535
(661) 223-7800

**(CRC) National Mental
Health Association**
1609-G E. Palmdale Blvd.,
Palmdale 93550
(661) 947-1595

(WC) Palmdale MHC
1529 E. Palmdale Blvd.,
Ste. 150, Palmdale 93550
(661) 575-1800

Service Area 2

(WC) Hillview MHC
12450 Van Nuys Blvd., Pacoima 91331
(818) 896-1161 ext. 271

(WC) San Fernando MHC
10605 Balboa Blvd.,
Granada Hills, 91344
(818) 832-6161

(CRC) San Fernando Valley CMHC
14411 Vanowen St., Van Nuys 91405
(818) 989-7475

(WC) West Valley MHC
7621 Canoga Ave., Canoga Park 91304
(818) 598-6937

Service Area 3

(WC) Arcadia MHC
330 E. Live Oak Ave., Arcadia 91006
(626) 821-5880

**Bill Compton, Jr. Wellness Center
Pacific Clinics**
66 Hulbert, Pasadena 91105
(626) 441-4221 ext. 319

(WC) Social Model Recovery System
510 S. Second St., Covina 91723
(626) 332-3145 ext. 241

Service Area 4

(WC) Hollywood MHC
1224 Vine St., Los Angeles 90038
(323) 769-6100

(WC) Northeast MHC
5321 Via Marisol, Los Angeles 90042
(323) 478-6200

(CRC) Special Services for Groups
2120 W. 8th St., # 210,
Los Angeles 90057
(213) 368-1888 ext. 12

Service Area 5

**(WC) Edmund D. Edelman
Westside MHC**
1900 Westwood Blvd., Los Angeles 90025
(310) 966-6500

(CRC) Step Up on Second
1328 Second St., Santa Monica 90405
(310) 394-6889 Ext. 53

Service Area 6

(WC) Compton MHC
921 E. Compton Blvd., Compton 90221
(310) 668-6878

(WC) Exodus Recovery
8401 S. Vermont Ave., Los Angeles 90044
(323) 789-6492

(WC) Portals
3881 S. Western Ave., Los Angeles 90062
(626) 254-5003

(WC) West Central MHC
3751 Stocker St., Los Angeles 90008
(323) 298-3680

Service Area 7

(CRC) California Hispanic Commission
10012 Norwalk Blvd., Santa Fe Springs 90670
(562) 941-2537

(CRC) Pacific Clinics
11731 Telegraph Rd., Santa Fe Springs 90670
(626) 441-4221 ext. 319

(WC) Rio Hondo MHC
17707 S. Studebaker Rd., Cerritos 90703
(562) 402-0688

Service Area 8

**(WC) Harbor-UCLA Medical Center
(Children & Adolescents)**
1000 W. Carson St., Torrance 90509
(310) 222-2085

**The Wellness Center
National Mental Health Association**
1078 Atlantic Ave., Long Beach 90813
(562) 285-0149

(WC) San Pedro Mental Health Center
150 W. 7th St., San Pedro 90731
(310) 519-6100

(WC) South Bay Mental Health Center
2311 W. El Segundo Blvd., Hawthorne 90250
(323) 241-6730

KEY:

WC—Wellness Center
CRC—Client-Run Center

County of Los Angeles
Board of Supervisors



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Second District

Zev Yaroslavsky
Third District

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Chief Executive Officer

Los Angeles County Department of Mental Health
550 South Vermont Avenue, 12th Floor
Los Angeles, CA 90020

Mental Health: Hope, Wellness, and Recovery

KKONDA/MP/WH/CR/03/08

Los Angeles
County
Department
of Mental Health



Mental Health
Services Act

Wellness &
Client-Run Centers

Director
Marvin J. Southard, D.S.W.

Acting Deputy Director
Debbie Innes-Gomberg, Ph.D.

“Promoting Community Integration,
Client Empowerment, Social, Emotional,
and Physical Well-Being”

<http://dmh.lacounty.gov>

What is the Mental Health Services Act (MHSA)?

California's voters passed Proposition 63 in the November 2004 General Election. On January 19, 2005, Proposition 63 was signed into law and renamed the Mental Health Services Act (MHSA).

What does the MHSA fund?

Each county in California has or are in the process of developing local plans for new kinds of mental health services. The first of these plans is the Community Services and Supports Plan (CSS). The objective of the CSS Plan is to provide an array of 24-hour/7 days a week services to children, transitional age youth, adults and older adults who needs are not currently met through other funding sources.

What is a Wellness/Client-Run Center?

Wellness/Client-Run Centers provide two new options for adult clients to assist them on the road to recovery from their mental illness.

This brochure will also assist clients in answering questions about the types of activities and services being offered, in addition to how to contact a Wellness/Client-Run Center nearest to them.

Wellness/Client-Run Center Activities and Services	Wellness	Client-Run
Psychiatric Services; medication support services & prescription management	X	
Case Management; support client goals for recovery, plan & coordinate services	X	X
Health Screenings; body mass index, blood pressure, diabetes, cholesterol, etc.	X	
Healthy Living Activities, including recreation, health education, and referral to primary healthcare services	X	X
Peer led Self-help Groups	X	X
Peer Support Services	X	X
Supports for clients with co-occurring disorders	X	X
Linkages and Referrals	X	X
Outreach, Collaboration, and Connection with the Community	X	X

Frequently Asked Questions

Q: Who does a Wellness Center serve?

A: Clients who are stable in treatment and looking to further progress their recovery goals.

Q: Who does a Client-Run Center serve?

A: Any client seeking additional support provided from peers, like support groups.

Q: What are Peer Support services?

A: Peer support can include self-help groups or one-on-one services like mentoring. Through peer support, clients with similar experiences can relate to each other and offer advice, suggestions, and strategies for managing their lives in recovery.

Q: How is a Wellness or Client Run Center different than a Mental Health Clinic?

A: Clients in recovery have an important decision-making role in the management of the Centers. All staff at Client-Run centers and at least 50% of staff at Wellness Centers are consumers in recovery.