

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE MEETING

February 20, 2009 695 S. Vermont Avenue 15th Floor Conference Room

AGENDA

I.	Welcome and Introductions	9:30-9:35
II.	Review Minutes from February 9 th Meeting	9:35-9:40
III.	Review Agenda and Meeting Materials	9:40-9:45
IV.	Review Action Plans	9:45-10:30
V.	Budget Discussion	10:30-11:25
VI.	Next Meeting	11:25-11:30

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

February 20, 2009 Meeting Minutes

Stella March	Bruce Saltzer	Hector Garcia
Angelita Diaz-Akahori	Melinda Bradshaw	Juan Mata
Dennis Murata	John Oliver	Mariko Kahn
Karen Gunn	Richard Van Horn	Cora Fullmore
Carmen Diaz	Susan Moser	Jonee Shady
Karl Burgoyne	Karen Morris	Elaine Powell

TASK / ISSUE	DISCUSSION	FOLLOW UP / STATUS	CONTACT
I. Welcome/Introductions	Committee members were welcomed and introduced themselves.		Karen Gunn
II. Review Minutes from February 9 th Meeting	A draft of the minutes from the February 9 th meeting were distributed and discussed prior to their acceptance.	 The following three corrections in the minutes are to be made as agreed by the committee: Page 1, on the list of those present, corrected "Deborah Hill" to "Deborah Tull" Page 1, Section III, replaced "Answer was "No". The regional" with "Answer is "Don't Know." Will look into it." Page 3, Section V, Action Plan #14, replaced "Should this action plan be modified? With the current" with "Should this action plan be modified? No consensus reached, further discussion will be needed." 	Juan Mata
III. Review Agenda and Meeting Materials	The following documents were distributed: Agenda, Draft Minutes from February 9 th Meeting, WET Design Principles, Draft Proposed Budget Allocation Worksheet, Draft Blank Budget Allocation Worksheet, Draft Expenditure Projections for WET Action Plans and blank index cards (for specific questions that time constraints do not allow to be asked).		Karen Gunn
IV. Review Action Plans	Dennis and Angelita presented a brief overview of all action plans that encompass the WET Plan. Budget discussion was followed after each action plan item.		Dennis Murata Angelita Diaz-Akahori

COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE February 20, 2009 - Meeting Minutes

TASK / ISSUE	DISCUSSION	FOLLOW UP / STATUS	CONTACT
V. Budget Discussion	After a brief description of each action plan, the group decided to recommend proposed budget with noted revisions:		Dennis Murata Angelita Diaz-Akahori
	Action Plan: # 5 – Group stated this amount is "way under-funded"	Annual amount was increased from \$52,000 to \$100,000	
	# 6 – More discussion is needed since interpreters can not bill for their services.	Annual amount was increased from \$70,000 to \$100,000	
	# 7 – Need to be clear that this service can be family to family. Allocated amount too small.	Annual amount was increased from \$100,000 to \$225,000, and extended until FY 12-13. Stella to resend cost figures for the Family to Family program.	
	#9 – Need additional discussion. LA public mental health system can not absorb all proposed trained peers. Concerns were raised that this plan does not improve the chances of a Parent Advocate getting hired with the County. Mariko raised the question on an index card: "What about consumers who want to work but not as an advocate but prefer administrative duties?	Amount unchanged and further discussion needed.	
	# 11 – Stella inquired whether this allocation also included the NAMI folks.		
	# 12 – Discussion was held as to who the "benefactors" of this plan would be? The clients prior or during employment? Bruce commented that it was a positive sign to allocate this amount of money to assist clients. Carmen expressed her concerns that this plan needs to be looked at more closely to avoid the Mental Health Careers Advisors from becoming a "union" for clients.	Further discussion will be held.	
	# 13 – Richard expressed that the change currently taking place in the educational system such as larger classrooms and less funding makes this plan a challenge to implement. Bruce agreed that the allocated funds were too little.	Further discussion will be held.	

2

COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE February 20, 2009 - Meeting Minutes

TASK / ISSUE	DISCUSSION	FOLLOW UP / STATUS	CONTACT
	# 14 – Mariko submitted a written statement (index card): "There has to be consideration for marketing foreign schools and markets for bilingual clinicians."	Further discussion will be held.	
	# 16 – Committee agreed the allocated funds where too much. Allocation will be reduced by roughly \$1 million.	Annual amount was decreased from \$1,664,000,000 to \$542,065.	
	# 17 – Karl asked if the word "Kern County" can be removed from this plan.		
	# 18 – Amounts will remain and reviewed later.		
	# 19 – Question: If a tuition reimbursement recipient, employed by the contractor, leaves work early to attend school, how will the recipient's time be compensated for?	Further review will be done on plan specifics. Annual allocation increased from \$812,650 to \$1,058,445.	
	# 20 – Members mentioned that the number of proposed slots will not cover the contractors' needs.	Increased funding from \$987,883 to \$1,481,824.	
	# 21 – The group stated that stipends need to be opened up to other classifications. Currently the stipend programs assist MFTs and MSWs. Additional stipends are needed for Psychiatric Nurse Practitioners, and Psychologists. Other funding streams should be considered. Ethnic and language factors must be considered.	The annual amounts, \$2,518,000, will remain unchanged, and be "redistributed" to include other classifications.	
	# 22 – Recipients of this action plan need to be prioritized to ensure maximum benefits. "Double dipping" will not be allowed, if the applicant is or has already received assistance from other loan repayment State programs. Additional funding streams should be considered to fund this plan.	Annual amount was increased from \$1,117,000 to \$1,228,700.	
	The Committee approved the proposed recommended allocations for FY 2009-2010 thru FY 2012-2013, which will draws down the available L.A. County WET funding. However, additional discussion is needed to address implementation, maximize outcomes and ensure cultural competence be a part of all action plans.		

COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE February 20, 2009 - Meeting Minutes

TASK / ISSUE	DISCUSSION	FOLLOW UP / STATUS	CONTACT
VI. Next Meeting	March 20 th , 2009 9:30am – 11:30 am 550 S. Vermont Avenue, 10 th Floor Conference Room Los Angeles, CA 90020		Juan Mata

MENTAL HEALTH SERVICES ACT WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

Design Principles

- 1. Provide training to workforce providing Mental Health services.
- 2. Provide training to participants in public Mental Health system (consumers, family members, et al).
- 3. Provide training consistent with MHSA fundamental concepts.
- 4. Develop expertise in delivering services, training and working in diverse communities.
- 5. Develop positive outcomes and lasting impact from previous trainings.
- 6. Create individual professional development plans to ensure that training **transform** work habits and effectiveness rather than merely **inform** participants.
- 7. Develop awareness of constraints to learning experienced by certain groups and address there needs in program development
- 8. Contribute to community capacity building via training and development.
- 9. Provide extended access to learning tools and programs (CBT¹, IBT¹, DVDs, etc.)
- 10. Develop reasonable cost/benefit and cost/participant structure.

¹Computer-based training; Internet-based training

COUNTY OF LOS ANGELES - DEPARTMENT OF MENTAL HEALTH PROGRAM SUPPORT BUREAU MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITEE - RECOMMENDED ALLOCATION WORKSHEET

		MENTAL HEALTH SERVICES ACT (MHSA) WET PLANS	FY	07-08		FY 08-09		FY 09-10		FY 10-11	F	Y 11-12		FY 12-13		Y 13-14	FY 1	4-15		TOTAL
Α.	WO	RKFORCE STAFFING AND SUPPORT																		
	1	Workforce Education and Training Coordination	\$ 2	450,147	\$	559,969	\$	763,831	\$	763,831	\$	763,831	\$	763,831					\$	6,065,439
	2	WET County of Los Angeles Oversight Committee																		-
		Subtotal	\$ 2	450,147	\$	559,969	\$	763,831	\$	763,831	\$	763,831	\$	763,831	\$	-	\$	-	\$	6,065,439
		Percentage of Annual Allocation	• =	,,				,		,		,		,						
В.	TRA	INING AND TECHNICAL ASSISTANCE																		
		Transformation Academy Without Walls																		
		a. Public Mental Health Workforce Immersion to MHSA			\$	225,000	\$	225,000	\$	225,000	\$	225,000	\$	225,000					\$	1,125,000
		b. Licensure Workshops				,		92,025		92,025		92,025		92,025						368,100
	4	Learning Management System - The Learning Net						150,000		25,000		25,000		25,000						225,000
		Recovery Oriented Supervision Trainings						52,000		52,000		52,000		52,000						208,000
	6	Interpreter Training Program				70,000		70,000		70,000		70,000								280,000
	7	Training for Community Partners				100,000		100,000												200,000
		Subtotal			\$	395,000	\$	689,025	\$	464,025	\$	464,025	\$	394,025	\$	-	\$	-	\$	2,406,100
		Percentage of Annual Allocation				8.8%		5.1%		3.8%		3.9%		3.3%						4.4%
C.	CAF	REER PATHWAYS																		
	8	Intensive Mental Health Recovery Specialist Training Program			\$	1,086,750	\$	1,086,750	\$	1,086,750	\$	1,086,750	\$	1,086,750					\$	5,433,750
		Expanded Employment and Professional Advancement				, ,		, ,						<i></i>						. , ,
		Opportunities for Consumers in the Public Mental Health System																		
		(Peer Training)				180,000		841,607		841,607		841,607		841,607						3,546,428
	10	Expanded Employment and Professional Advancement																		
		Opportunities for Parent Advocates, Child Advocates and																		
		Caregivers in the Public Mental Health System						1,523,520		566,820		566,820		566,820						3,223,980
	11	Expanded Employment and Professional Advancement																		
		Opportunities for Family Members Advocates in the Public Mental																		
		Health System						567,047		567,047		567,047		567,047						2,268,188
	12	Mental Health Career Advisors						1,150,813		1,150,813		1,150,813		1,150,813						4,603,252
		High School Through University Mental Health Pathways						175,000		150,000		150,000		150,000						625,000
	14	Market Research and Advertising Strategies for Recruitment and																		
		Professionals in the Public Mental Health System				200,000		200,000												400,000
	15	Partnership with Educational Institutions to Increase the Number																		
		of Professionals in the Public Mental Health System (Immersion																		
		of Faculty-MFT, MSW, etc)				100,000		100,000		100,000		100,000		100,000						500,000
		Subtotal			\$	1,566,750	\$	5,644,737	\$	4,463,037	\$	4,463,037	\$	4,463,037	\$	-	\$	-	\$	20,600,598
		Percentage of Annual Allocation				35.0%		41.6%		36.8%		37.1%		37.3%						38.0%
D.		SIDENCY AND INTERNSHIP PROGRAMS																		
		Recovery Oriented Internship Development					\$		\$	1,664,000	\$	1,664,000	\$	1,664,000					\$	6,656,000
		Psychiatric Residency Program						31,331												31,331
	18	Training Pursuant to the Mental Health Services Act for Student																		
		Psychologists, MSWs, MFTs, Psychiatric Nurse Practitioners, and																		
		Psychiatric Technicians Certificate Program					\$	100,000		100,000										200,000
		Subtotal			\$	-	\$	1,795,331	\$	1,764,000	\$		\$	1,664,000	\$	-	\$	-	\$	6,887,331
		Percentage of Annual Allocation				0.0%		13.2%		14.5%		13.8%		13.9%						12.7%
Ε.		ANCIAL INCENTIVE																		
		Tuition Reimbursement Program					\$	812,650	\$	812,650	\$	812,650	\$	812,650					\$	3,250,600
		Associate and Bachelor Degree - 20/20 and/or 10/30 Program						987,883		987,883		987,883		987,883			L			3,951,532
	21	Stipend Program for Psychologist, MSWs, MFTs, Psychiatric																		
		Nurse Practitioners and Psychiatric Technicians			\$	2,518,000		2,518,000		2,518,000		2,518,000		2,518,000			ļ			12,590,000
	22	Loan Forgiveness Programs					Ļ	1,117,000		1,117,000		1,117,000		1,117,000					_	4,468,000
	_	Subtotal			\$	2,518,000		, ,	\$	5,435,533	\$	5,435,533	\$	5,435,533	\$	-	\$	-	\$	24,260,132
		Percentage of Annual Allocation				56.2%		40.1%		44.8%		45.2%		45.5%						44.8%
		Program Sub-Total			\$	4 479 750	\$	13 564 626	\$	12,126,595	\$_1	2 026 595	\$	11 956 595	\$		\$	-	\$	54,154,161
		Administrative Overhead	2	.450,147	Ψ	4,479,730 559,969	Ψ	763,831	Ψ	763,831	ΨΙ	763,831	Ψ	763,831	Ψ		Ψ		Ψ	6.065.439
					¢		¢		¢		¢ 4		¢		¢		¢		¢	
		Grand Total	\$2	,450,147	Þ	5,039,719	Э	14,328,457	ф	12,890,426	\$ 1	12,790,426	Э	12,720,426	Ð	-	\$		¢	60,219,600

Cells highlighted in yellow reflect proposed allocations.

COUNTY OF LOS ANGELES - DEPARTMENT OF MENTAL HEALTH PROGRAM SUPPORT BUREAU MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITEE - RECOMMENDED ALLOCATION WORKSHEET

	MENTAL HEALTH SERVICES ACT (MHSA) WET PLANS FY 07-08 FY 08-09 FY 09-10 FY 10-11 FY 11-12 FY 12-13 FY 13-14 FY 14-15 TOTAL											
		REFORCE STAFFING AND SUPPORT	FT 07-06		00-09	FT 09-10		FT 11-12	FT 12-13	FT 13-14	FT 14-13	TOTAL
			\$ 2,450,147	\$	559,969							
		e e e e e e e e e e e e e e e e e e e	ə 2,450,14 <i>1</i>	φ	559,909							
\vdash	2	WET County of Los Angeles Oversight Committee	· · · · · · · · · · · · · · · · · · ·	¢	550.000							
		Subtotal	\$ 2,450,147	\$	559,969							
		Percentage of Annual Allocation										
		NING AND TECHNICAL ASSISTANCE										
	3	Transformation Academy Without Walls										
		a. Public Mental Health Workforce Immersion to MHSA		\$	225,000							
		b. Licensure Workshops										
		Learning Management System - The Learning Net										
		Recovery Oriented Supervision Trainings										
		Interpreter Training Program			70,000							
	7	Training for Community Partners			100,000							
		Subtotal		\$	395,000							
		Percentage of Annual Allocation			8.8%							
C. C	CAR	EER PATHWAYS										
		Intensive Mental Health Recovery Specialist Training Program		\$ 1	1,086,750							
		Expanded Employment and Professional Advancement			. , . ,							
		Opportunities for Consumers in the Public Mental Health System										
		(Peer Training)			180,000							
	10	Expanded Employment and Professional Advancement			/							
		Opportunities for Parent Advocates, Child Advocates and										
		Caregivers in the Public Mental Health System										
	11	Expanded Employment and Professional Advancement										
		Opportunities for Family Members Advocates in the Public Mental										
		Health System										
	12	Mental Health Career Advisors							-	-		
		High School Through University Mental Health Pathways										
	1/	Market Research and Advertising Strategies for Recruitment and										
	· - 1	Professionals in the Public Mental Health System			200,000							
	15	Partnership with Educational Institutions to Increase the Number			200,000							
		of Professionals in the Public Mental Health System (Immersion										
		of Faculty-MFT, MSW, etc)			100,000							
				¢ 4	1,566,750							
\vdash		Subtotal Percentage of Annual Allocation		Ψ	35.0%							
					33.0%							
		DENCY AND INTERNSHIP PROGRAMS										
		Recovery Oriented Internship Development										
		Psychiatric Residency Program		<u> </u>								
	18	Training Pursuant to the Mental Health Services Act for Student										
		Psychologists, MSWs, MFTs, Psychiatric Nurse Practitioners, and										
\vdash		Psychiatric Technicians Certificate Program										
\vdash		Subtotal		\$	-							
		Percentage of Annual Allocation			0.0%							
		NCIAL INCENTIVE										
	19	Tuition Reimbursement Program										
	20	Associate and Bachelor Degree - 20/20 and/or 10/30 Program										
	21	Stipend Program for Psychologist, MSWs, MFTs, Psychiatric										
		Nurse Practitioners and Psychiatric Technicians		\$ 2	2,518,000							
	22	Loan Forgiveness Programs										
		Subtotal		\$ 2	2,518,000							
		Percentage of Annual Allocation			56.2%							
L		Program Sub-Total		\$ 4	4,479,750							
L		Administrative Overhead	2,450,147		559,969							
L		Grand Total	\$ 2,450,147	\$ 5	5,039,719							

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	A. WORKFORCE STAFFING AND SUPPORT
ACTION PLAN	1. Workforce Education and Training Coordination
OBJECTIVE(S)	 To coordinate, monitor and evaluate the implementation of the WET Plan. To ensure meaningful inclusion of consumers, family members, and parent advocates in the implementation process. To continue to support stakeholder involvement at all levels of the implementation process. To develop and evaluate a data collection plan that meets State guidelines. To ensure the WET planning process meets DMH State requirements. To consolidate stakeholder input into the implementation of the WET Plan. To continue to promote MHSA principles and values and ensure they are incorporated during the implementation phase.
PROJECTED COST	Plan Coordinator1.0\$159,356Administrative Support Staff1.0173,234Training Coordinators1.0227,379\$559,969
ACTION PLAN DURATION	Every year WET programs are operational.

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	B. TRAINING AND TECHNICAL ASSISTANCE
ACTION PLAN	2. County of Los Angeles Oversight Committee
OBJECTIVE(S)	 To provide oversight and direction to the County of Los Angeles' WET Plan. To track the County's workforce implementation and outcomes goals. To ensure the County's compliance with WET protocols and review how the ethnic minority and linguistic staffing needs of the County are being met. To monitor trends and adjust accordingly to meet the needs of the system's workforce capacity. To monitor the County's WET budget. To advocate at the County, State and Federal levels on behalf of the County's workforce needs. To explore ways in which other funds could be leveraged with the goal of maximizing WET funds.
ACTION PLAN DURATION	

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	B. TRAINING AND TECHNICAL ASSISTANCE					
ACTION PLAN	3. Transformation Academy Without Walls (a. Public Mental Health Workforce Immersion to MHSA)					
OBJECTIVE(S)	 To establish a Transformation Academy Without Walls that will set standards and specific training curricula targeting the integration of services in a context of hope, recovery/resilience and wellness. To provide programs recognized for recovery focus such as Immersions. To introduce new and current staff to recognized leaders in the field of recovery/resilience and wellness, including consumers, family members and parent leaders through multi-media consultations and guided discussions of their methods and approaches. To support the retention and re-training of existing staff. To perform Recovery Assessments with follow up onsite coaching and training for staff at various agencies and programs, particularly with non-traditional staff that come from diverse cultures and provide unique contributions to the work place. 					
ESTIMATED COST	Administration \$ 40,500					
	Design of Program 54,250 Delivery of Training Services					
	Didactics 77,500 Experiential 43,750					
	Duplication of Materials 9,000 Total \$ 225,000					
ACTION PLAN DURATION	4 - 3 Day Trainings					
TOTAL PARTICIPANTS	121					
COST PER PARTICIPANT	\$ 1,859.50					
FOLLOW UP	and 12 months after completion of sessions to survey participants regarding their use of practices learned during the training.					
OUTCOME EXPECTATION	75% of participants will use the trained practices on a daily basis.					

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	B. TRAINING AND TECHNICAL ASSISTANCE								
ACTION PLAN	3. Transformation Academy Without Walls (b. Licensure Workshops)								
OBJECTIVE(S)	 To establish a Transformation Academy Without Walls that will set standards and specific training curricula targeting the integration of services in a context of hope, recovery/resilience and wellness. To provide programs recognized for recovery focus such as Immersions. To introduce new and current staff to recognized leaders in the field of recovery/resilience and wellness, including consumers, family members and parent leaders through multi-media consultations and guided discussions of their methods and approaches. To support the retention and re-training of existing staff. To perform Recovery Assessments with follow up onsite coaching and training for staff at various agencies and programs, particularly with non-traditional staff that come from diverse cultures and provide unique contributions to the work place. 								
PLAN	Hire 3 consultants, a specialist per licensure type, to provide counseling in preparation for board licensure exam.								
ESTIMATED COST	Administration MSWs MFTs Psy.D.s Total Administration \$ 2,725 \$ 4,825 \$ 1,675 \$ 9,225 Design of Program \$ 5,000 \$ 5,000 \$ 5,000 \$ 15,000 Delivery of Training Services No. of 4 Hour Sessions 16 32 8 56 Cost Per Session \$ 1,000 \$ 1,000 \$ 1,000 \$ 56,000 Subtotal \$ 16,000 \$ 32,000 \$ 8,000 \$ 56,000 Follow-up \$ 3,000 \$ 3,000 \$ 3,000 \$ 2,800 Duplication of Materials \$ 27,525 \$ 46,425 \$ 18,075 \$ 92,025								
ACTION PLAN DURATION	56 Sessions (8 for Psychologists, 16 for MSWs, and 32 for MFTs)								
TOTAL PARTICIPANTS	840 (240 MSWs, 480 MFTs, and 120 Psy.D.s) - 15 participants per session								
COST PER PARTICIPANT	\$ 109.55								
FOLLOW UP	Perform survey 1 month, 6 months and 1 year post-workshop to gauge the rate of participants who have earned their license								
EXPECTED OUTCOMES	70% of participants will earn their license within one year								

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	B. TRAINING AND TECHNICAL ASSISTANCE
ACTION PLAN	4. Learning Management System - The Learning Net
OBJECTIVE(S)	 To provide a comprehensive web-based tracking system of training of the mental health workforce. To monitor employee training and compliance. To access employee training records for various authorized levels. To implement a web-based system that will interface with other local, State and national training networks.
PLAN	All agencies involved in the public mental health system in Los Angeles County will have access to the LMS.
ESTIMATED COST	Development and Implementation (One Time) \$ 250,000
	Ongoing Maintenance \$ 50,000
ACTION PLAN DURATION	
TOTAL PARTICIPANTS	
COST PER PARTICIPANT	
FOLLOW UP	
OUTCOME EXPECTATION	All agencies involved in the public mental health system in Los Angeles County will have access to the LMS.

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	B. TRAINING AND TECHNICAL ASSISTANCE
ACTION PLAN	5. Recovery-Oriented Supervision Trainings
OBJECTIVE(S)	 To promote the core values of the MHSA philosophies and the shift of embracing the recovery, resilience and wellness philosophies through supervision and to incorporate cultural competency in the process. To support and assist in the integration of consumers, family members and parent advocates in the mental health workforce. To increase skills for effective supervision of staff-including individuals in recovery and/or family members who perform jobs other than advocate in order to effectively support them in delivering services congruent with the principles of the MHSA Recovery Model to multicultural mental health clients and families. To create a network of recovery oriented supervisors.
PLAN	Hire a consultant to perform Service Area based trainings in recovery-oriented supervision. 2 trainings per Service Area.
ESTIMATED COST	Delivery of Trainings (2 trainings per Service Area @ \$2,000 each) Consultation Follow-up Training Materials $ \begin{array}{c} & 32,000 \\ & 16,000 \\ & 4,000 \\ & 52,000 \end{array} $ (16 hours consultationx \$125 per hour X 8 Service Areas)
ACTION PLAN DURATION	2 day training for 6 hours each
TOTAL PARTICIPANTS	320
COST PER PARTICIPANT	\$ 162.50
FOLLOW UP	
EXPECTED OUTCOMES	

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	B. TRAINING AND TECHNICAL ASSISTANCE
ACTION PLAN	6. Interpreter Training Program
OBJECTIVE(S)	 To define interpreter role within the therapeutic relationship including dual relationships (e.g., when the interpreter may also be a staff member providing support or case management services). To develop techniques for managing the therapeutic triad among interpreter, client and professional staff. To identify cultural differences including the variant beliefs concerning mental illness in various cultures, especially in areas related to treatment and family participation. To teach ways of interpreting objectively, especially when dealing with taboo subjects (e.g. incest, child abuse or when topics are uncomfortable to the interpreter). To discuss the importance of briefing and de-briefing with the interpreter. To determine legal and ethical implications of problematic communication. To facilitate communication of ideas, concerns, and rationales beyond the translation of words (e.g., body language).
PLAN	 Phase I - 4 trainings, each 3 to 5 days, with 50 participants each training Phase II - 4 to 6 trainings with monolingual mental health providers Phase III - Technical assistance and follow up consultation with participants as needed
ESTIMATED COST	\$ 70,000
ACTION PLAN DURATION	
TOTAL PARTICIPANTS	200
COST PER PARTICIPANT	\$ 350.00
FOLLOW UP	Technical assistance and follow up consultation with participants as needed.
EXPECTED OUTCOMES	90% of participants will have the skills necessary to effectively translate between clinicians and mono-lingual clients.

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	B. TRAINING AND TECHNICAL ASSISTANCE
ACTION PLAN	7. Training for Community Partners
OBJECTIVE(S)	 To introduce principles of hope, recovery/resilience and wellness through examples from presenters' experiences and teach staff from community partner agencies to explore the application of these principles in their own work. To train community partners to recognize the signs of mental illness and how to access care for the individual in a culturally appropriate manner. To train people who work in community partner agencies about new developments in the public mental health system, including consumer support programs and Wellness/Client-Run Centers and how individuals could be linked to such services. To increase the knowledge of how staff at these agencies can utilize public mental health services, specifically in communities where these innovative services are now becoming available through MHSA. To identify issues of concern to community partners and develop training specific to these concerns through systematic outreach.
PLAN	Funds are to be allocated for the development and implementation of the training. Such training would incorporate relevant cultural and linguistic issues specific to local communities and 8 service areas for the staff, consumers, family members, and parent advocates who would provide outreach services to community agencies and other County Departments.
ESTIMATED COST	Design of Training\$ 15,000Delivery of Training80,000Duplication of Materials5,000Total\$ 100,000
ACTION PLAN DURATION	Up to 10 trainings with 40 participants each
TOTAL PARTICIPANTS	400
COST PER PARTICIPANT	\$ 250.00
FOLLOW UP	
EXPECTED OUTCOMES	

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	C. CAREER PATHWAYS
ACTION PLAN	8. Intensive Mental Health Recovery Specialist Training Program
OBJECTIVE(S)	1. To increase training programs for individuals with Bachelor degrees to support their efforts to enter into the mental health field.
	 2. To recruit and attract ethnically and linguistically diverse individuals to be trained in MHSA philosophies and practices. 3. To train through a combination of classroom lectures, activities and field placements, individuals to be able to fill the demand for entry level staff in the public mental health system in Los Angeles County. 4. To match trainees with ideal field placements and support them in their placements to increase the likelihood of acquiring jobs in the public mental health system.
PLAN	People with an interest in working in the mental health field and belonging to one of the following categories: clients; family members; parent advocates; people with/without human services B.A.s; and people involved in the CSS planning), can participate in the Mental Health Rehabilitation Specialist Trainings to prepare them for possible placement in the mental health field.
ESTIMATED COST	Administration\$157,296Design of Program123,711Delivery of Training ServicesDidactics368,357Experiential419,584Duplication of Materials17,802Total\$1,086,750
ACTION PLAN DURATION	3 - 15 week training sessions.
TOTAL PARTICIPANTS	220
COST PER PARTICIPANT	\$ 4,939.77
FOLLOW UP	Perform survey 1 year post-trainings to gauge the rate of participants who have gained employment in the mental health system.
EXPECTED OUTCOMES	90% will complete the training. 75% will be employed in the mental health field.

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	C. CAREER PATHWAYS
ACTION PLAN	9. Expand Employment and Professional Advancement Opportunities for Consumers in the Public Mental Health System
OBJECTIVE(S)	 To identify models that train consumers in the delivery of mental health services, with particular emphasis on increasing employment of consumers from underserved communities representing the 13 threshold languages.
	 To provide training in the specific models which assist in the delivery of direct and indirect mental health services in the public mental health field. To monitor consumers who successfully complete the identified training programs and acquired employment in the public mental health field. To create a career pathway for consumers in the public mental health system and address issues which may negatively impact consumers' movement along this career pathway. To educate contract agencies and County operated programs as to the benefits of hiring and advancing consumers. To ensure appropriate County HR classifications for consumer hiring and work to significantly speed up the hiring process.
PLAN	Trainings to teach participants: Recovery Philosophy and Process; Peer Supporter Role; Advocacy (Self and Client) Role; Community Resources and others.
ESTIMATED COST	FTE Total Training Coordinator, MH 1.0 \$ 125,325 MH Services Coordinator II 1.0 114,122 Training for 60 Peers * 480,000 Trainee Support 122,160 Total \$ 841,607 * \$8,000 per each participant. 2 trainings with 30 participants each.
ACTION PLAN DURATION	2 - 12 week training sessions with 30 participants each (192 total hours: 96 hours of didactics and 96 hours of internship)
TOTAL PARTICIPANTS	60
COST PER PARTICIPANT	\$ 14,027
FOLLOW UP	
EXPECTED OUTCOMES	

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	C. CAREER PATHWAYS
ACTION PLAN	10. Expanded Employment and Professional Advancement Opportunities for Parent Advocates, Child Advocated and Caregivers in the Public Mental Health System
OBJECTIVE(S)	 To identify models that train parent advocates, child advocates and caregivers in the delivery of mental health services and support the MHSA principles of resilience and wellness. To provide training in the delivery of services in the public mental health field. To monitor parent advocates, child advocates and caregivers who successfully complete the identified training programs and apply for acquired employment in the public mental health field. To assist in accessing entry for parent advocates, child advocates and caregivers in the public mental health system with particular emphasis on increasing the number of parent advocates, child advocates and caregivers from underserved ethnic communities representing the 13 threshold languages.
PLAN	
ESTIMATED COST	Step I Step II Step III (One-Time) (One-Time) (On-going)
	Number of Participants 90 144
	Delivery of Training \$ 225,000 \$ 589,500 \$ 566,820 \$ 1,381,320 Travel/Lodging 28,800 \$ 28,800 \$ 28,800 \$ 28,800 Materials 113,400 \$ 113,400 \$ 113,400 Grand Total \$ 253,800 \$ 702,900 \$ 566,820 \$1,523,520
ACTION PLAN DURATION	
TOTAL PARTICIPANTS	144
COST PER PARTICIPANT	\$ 10,580 -First Year Cost \$ 3,936.25 -On-going Cost
FOLLOW UP	
EXPECTED OUTCOMES	

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	C. CAREER PATHWAYS
ACTION PLAN	11. Expand Employment and Professional Advancement Opportunities for Family Member Advocates in the Public Mental Health System
OBJECTIVE(S)	 To identify models that train family member advocates in the delivery of mental health services. To provide training in the delivery of services in the public mental health field. To monitor family member advocates who successfully complete the identified training programs and apply for employment in the public mental health field. To assist family member advocates to access employment in the public mental health system with particular emphasis on increasing advocates to serve currently unserved and underserved communities representing the 13 threshold languages.
PLAN	Trainings to teach participants: Family Advocate Training; Recovery Philosophy and Process; Family Advocate Role; Advocacy (Family) Role; Community Resources and others.
ESTIMATED COST	FTE Total
	Training Coordinator, MH 1.0 \$ 125,325 MH Services Coordinator II 1.0 114,122 Training for 60 Peers * 240,000 Trainee Support 87,600 \$ 567,047
	* \$4,000 per each participant. 2 trainings with 30 participants each.
ACTION PLAN DURATION	2 training sessions each for 120 hours, with 30 participants each (80 hours of didactics and 40 hours of internship)
TOTAL PARTICIPANTS	60
COST PER PARTICIPANT	\$ 9,451
FOLLOW UP	
EXPECTED OUTCOMES	

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	C. CAREER PATHWAYS
ACTION PLAN	12. Mental Health Career Advisors
OBJECTIVE(S)	 To increase the rate of retention of existing mental health staff through skill development in current positions and advancement into higher level positions. To assist participants in accessing MHSA funded workforce development programs/efforts. To extend the reach of MHSA funded workforce education and training efforts by assisting participants in accessing non-MHSA funded scholarships, stipends, and other means of financial assistance.
PLAN	Hire staff to assist in employment search and development of consumer employment opportunities.
ESTIMATED COST	FTE TOTAL Mental Health Analyst I 4.0 \$ 469,608 Training Coordinator, MH 1.0 125,325 Community Worker II 8.0 555,880 Total \$1,150,813
ACTION PLAN DURATION	
TOTAL PARTICIPANTS	
COST PER PARTICIPANT	
FOLLOW UP	
EXPECTED OUTCOMES	

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	C. CAREER PATHWAYS
ACTION PLAN	13. High School through University Mental Health Pathways
OBJECTIVE(S)	1. To establish partnerships with interested school districts, community colleges, and universities in the County of Los Angeles to establish an academic pathway for individuals to ultimately become employed within the mental health system.
	2. To align curriculum that reflects helping skills and essential concepts related to mental health services with core academic curriculum.
	3. To identify and support a minimum of 1 mentor per academic institution to assist students with applying for financial aid and transitioning into higher education in mental health programs and to provide on-going guidance to keep students focused on a career pathway in the mental health field.
	4. To identify and support a minimum of 1 field placement specialist/ job developer per academic institution to increase the effectiveness of the field placement experience and increase the number of graduates who become employed in the mental health system.
	 To increase graduation rates for students enrolled in the pipeline programs. To create replicable curriculum and consult with potential and existing academic programs to improve the overall system.
PLAN	Begin interested student on an educational pathway to become a part of the public mental health system.
ESTIMATED COST	Startup Cost (One Time) \$ 25,000 Support to 2 High Schools <u>150,000</u> Total \$ 175,000
ACTION PLAN DURATION	
TOTAL PARTICIPANTS	200
COST PER PARTICIPANT	\$ 875.00
FOLLOW UP	Perform survey 6 months and 1 year post-trainings to gauge the rate of graduation from Academic Program.
EXPECTED OUTCOMES	

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	C. CAREER PATHWAYS
ACTION PLAN	14. Markey Research and Advertising Strategy for Recruitment of Professionals in the Public Mental Health System
OBJECTIVE(S)	 To collaborate with an academic institution, research institute or think tank to conduct market research and then formulate advertising strategies based on that research to attract more mental health professionals. To implement advertising strategies countywide with the outcome of increasing the public mental health workforce. To identify strategies to target bilingual staff and staff serving ethnic minority communities.
PLAN	Fund a search to determine strategic ways of attracting new professionals from ethnic minority communities into the mental health field. Additionally, funds would be used to implement the recommended strategies which could include advertisements, job fairs, and other forms of media outreach (i.e., language specific newspapers, internet, etc). All-inclusive cost includes search and development strategies as well as implementation of advertisement strategies.
ESTIMATED COST	Markey Research and Development Implementation of Advertisement Total \$ 200,000
ACTION PLAN DURATION	
TOTAL PARTICIPANTS	
COST PER PARTICIPANT	
FOLLOW UP	
EXPECTED OUTCOMES	

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	C. CAREER PATHWAYS
ACTION PLAN	15. Partnership with Educational Institutions to Increase the Number of Mental Health Professional in the Public Mental Health System
OBJECTIVE(S)	 To establish partnerships with interested educational institutions to expand the current number of mental health professionals they produce. To establish partnerships with new, potentially interested, educational institutions to expand the number of mental health professionals produced. To target the following disciplines: Psychiatrists, Psychiatric Nurse Practitioners, MSWs, MFTs, LVNs, RNs, and OTs.
PLAN	Implement immersion trainings to university and community college level faculty and administrators. Such educational entities recruit, train and produce Los Angeles County's public mental workforce. By increasing the understanding of recovery principles and practice, the acquired information can then be incorporated into respective professional course curricula. The expectation then is to graduate professionals who can effectively practice recovery oriented, evidenced based treatment. 4 – 2 day trainings with 30 participants in each training (faculty and administrators from education, gerontology, nursing, occupational therapy, psychiatry, psychology, rehabilitation or other counseling, social work, and other specializations fields).
ESTIMATED COST	Administration\$ 18,403Design of Training Program34,394Delivery of Training ServicesJidacticDidactic37,303Experiential6,150Duplication of Materials3,750Total\$ 100,000
ACTION PLAN DURATION	4 – 2 days trainings
TOTAL PARTICIPANTS	120
COST PER PARTICIPANT	\$ 833.33
FOLLOW UP	At 6 and 12 months after completion of the immersion, the Training Coordinator will contact all immersion participants to survey whether they have implemented in their own courses the recovery practices learned and philosophy learned in the training.
EXPECTED OUTCOMES	

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	D. RESIDENCY AND INTERNSHIP PROGRAMS	
ACTION PLAN	16. Recovery Oriented Internship Development	
OBJECTIVE(S)	 To increase the connection between the recovery oriented lessons learned in the classroom and the recovery oriented skills learned in the field. 	
	 To increase the number of recovery centered placements for interns at the BA and Masters levels. To increase the number of recovery oriented supervisors in existing and new internship/field placements. To provide interns with a more cohesive experience based in recovery principles and practice. 	
PLAN	To train field placement advisors and supervisors in the field placements on recovery, resilience and wellness.	
ESTIMATED COST	\$ 1,664,000	
ACTION PLAN DURATION		
TOTAL PARTICIPANTS		
COST PER PARTICIPANT		
FOLLOW UP		
EXPECTED OUTCOMES		

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	D. RESIDENCY AND INTERNSHIP PROGRAMS	
ACTION PLAN	17. Psychiatric Residency Program	
OBJECTIVE(S)	 To investigate the psychiatric residency program developed in Kern County and other locations to expand the number of psychiatrists. 	
	 To determine if the development of such a residency program is feasible in Los Angeles County. If feasible, develop an implementation plan to duplicate a similar program in Los Angeles County 	
PLAN	Reassign 25% of a Mental Health Services Coordinator II's time to perform this investigation.	
ESTIMATED COST	Mental Health Services Coordinator II (0.25 FTE) \$ 31,331	
ACTION PLAN DURATION	4 Months	
TOTAL PARTICIPANTS		
COST PER PARTICIPANT		
FOLLOW UP		
EXPECTED OUTCOMES		

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	D. RESIDENCY AND INTERNSHIP PROGRAMS	
ACTION PLAN	18. Trainings Pursuant to the Mental Health Services Act for Student Psychologists, MSWs, MFTs, Psychiatric Nurse Practitioners, and Psychiatric Technicians Certificate Program	
OBJECTIVE(S)	 To promote MHSA philosophies and values to students through trainings. To utilize existing partnerships among the universities, field placement faculty and internship training site personnel to reinforce existing MHSA recovery-based training. To develop new partnerships to reinforce MHSA recovery-based training, as needed. To capitalize on existing expertise among university faculty and internship training site personnel to number and content of curricula on recovery, resilience and wellness for delivery to students as necessary. To assure that trainings for student incorporate consumer/family members/parent advocates experiences. To prepare students for the public mental health workforce. 	
PLAN		
ESTIMATED COST	\$ 100,000	
ACTION PLAN DURATION		
TOTAL PARTICIPANTS		
COST PER PARTICIPANT		
FOLLOW UP		
EXPECTED OUTCOMES		

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	E. FINANCIAL INCENTIVE PROGRAMS	
ACTION PLAN	19. Tuition Reimbursement Program	
OBJECTIVE(S)	 To fund TBD slots per year with priority given to bilingual persons and/or persons committed to work with unserved and underserved communities in the County. To target 50% of the slots to consumers, family members and parent advocates interested in increasing mental health skills. Upon successful graduation the individuals will be given priority/placed in hiring band I for positions in directly operated and contract agencies. 50% of the slots will be allocated to directly operated program and 50% to contracted agencies. Priority will be given to students in Recovery Based Mental Health academic programs. 	
PLAN	Provide tuition reimbursement to existing workforce.	
ESTIMATED COST	Alcohol & Drug Counseling MH Worker/MH WorkerPsychiatricMH WorkerOffice OccupationNumber of Slots5050505050300Allocation Per Slot\$ 9,819\$ 3,044\$ 1,304\$ 986\$ 550\$ 550Total\$ 490,950\$ 152,200\$ 65,200\$ 49,300\$ 27,500\$ 812,650	
ACTION PLAN DURATION		
TOTAL PARTICIPANTS	300	
COST PER PARTICIPANT	\$ 2,709	
FOLLOW UP		
EXPECTED OUTCOMES		

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	E. FINANCIAL INCENTIVE PROGRAMS	
ACTION PLAN	20. Associate and Bachelor Degree 20/20 and/or 10/30 Programs	
OBJECTIVE(S)	 To fund TBD slots per year with priority given to bilingual staff and/or staff willing to work with underrepresented communities in the County. To allocate 50% of the slots to directly operated program and 50% to contracted agencies. Upon successful graduation, individuals will be eligible to apply for such positions in directly operated and contract agencies. 	
PLAN	Create opportunities for workforce to enhance their skills.	
ESTIMATED COST	20/20 10/30 Total Number of Slots 20 20 Allocation Per Slot \$ 32,929 \$ 16,465 Total \$ 658,590 \$ 329,293	
ACTION PLAN DURATION		
TOTAL PARTICIPANTS	20	
COST PER PARTICIPANT	\$ 32,929	
FOLLOW UP		
EXPECTED OUTCOMES		

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	E. FINANCIAL INCENTIVE PROGRAMS		
ACTION PLAN	21. Stipend Programs for Psychologists, MSWs, MFTs, Psychia	iatric Nurse Practitioners and Psychiatric Technicians	
OBJECTIVE(S)	 To fund stipends for Psychologists. To fund stipends for MSWs. To fund stipends for MFTs. To fund stipends for Psychiatric Nurse Practitioners. To fund stipends for Psychiatric Technicians. Once graduated the stipend students would be eligible to apply f It is expected that 50% of the stipend students will be providing students will be providing students will be provided studentstudes students will be provided student	for employment in directly operated and/or contract agencies. services to communities with bilingual and/or bicultural special needs.	
PLAN	For FY 2008-09 funded stipends for MSW and MFT students committed after graduation to work in hard to fill positions (Forensic Adult and Juvenile Programs) and geographic areas (Service Area 1-Antelope Valley, Service Area 6-South Los Angeles) in unserved and underserved ethnically diverse communities.		
ESTIMATED COST		Slots Slot Total	
	MSW - 2nd Year	52 \$ 18,500 \$ 962,000	
	MFT - 2nd Year	72 18,500 1,332,000 124 \$ 2,294,000	
ACTION PLAN DURATION			
TOTAL PARTICIPANTS			
COST PER PARTICIPANT			
FOLLOW UP			
EXPECTED OUTCOMES			

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING (WET) ADVISORY COMMITTEE

FUNDING CATEGORY	E. FINANCIAL INCENTIVE PROGRAMS	
ACTION PLAN	22. Loan Forgiveness Program	
	 To increase retention and recruitment of needed mental health workers in the Public Mental Health System. To explore the need and efficacy of loan forgiveness programs supported with Los Angeles County funds. To meet the need for a linguistically and culturally competent workforce. 	
PLAN		
ESTIMATED COST	Number of Slots 100 Average Allocation Per Slot <u>\$ 11,170</u> Total \$ 1,117,000	
ACTION PLAN DURATION		
TOTAL PARTICIPANTS	100	
COST PER PARTICIPANT	\$ 11,170	
FOLLOW UP		
EXPECTED OUTCOMES		