



## Saving Children: From the Inner City to the Ocean

If you live in Southern California, chances are you have been to the beach. But did you know that there are hundreds of children living less than 20 miles away that have never even seen the ocean? As unbelievable as this may seem, this is a reality for many children who live in the inner city of Los Angeles. In an effort to make a difference, recurrent Ocean Lifeguard Greg Bonnan and screenwriter Tai Collins co-founded the non-profit organization, *A Chance for Children*, whose mission is to empower at-risk youth by providing them with opportunities to set goals and tools to achieve them. LACoFD’s Lifeguard Division has been a proud partner of the organization since 1992.



In the early 90s, Bonnan brought international acclaim to the lifeguarding profession as the creator and executive producer of the hit television series “Baywatch.” Wanting to find a way to give back to the community, he came up with the idea of creating a “Baywatch” theme camp that focused on water safety and teaching kids how to swim. Collins, a freelance writer on the show, loved the concept of such a camp but wanted to shift the focus to creating a camp for children who really needed something positive in their lives. Collins’ idea was to create a camp for homeless and inner city youth to help them find alternatives to the violence and gang influence that surrounded them. With the help of many supporters, including Lifeguard Chief Mike Frazer, retired Assistant Lifeguard Chief Phil Topar, and countless lifeguards, *A Chance for Children* came to life.

Originally named Baywatch Camp, *A Chance for Children* began as a weeklong overnight summer camp at Pepperdine University but soon evolved into much more. Bonnan realized that while the summer camp was great, it just wasn’t enough. He said, “The kids love the camp; for many of them it is the first time they have slept in a bed and had three

meals a day. When we took the kids home after camp, we found out that many of them couldn’t read and most of them went to school hungry.” With that, the organization expanded to include a reading program, after-school activities, field trips all over the country, holiday programs and more.

One of their great accomplishments is the Tai Collins Field of Dreams University Little League. A destroyed baseball field in south central Los Angeles had been left abandoned due to gang activity in the vicinity. Recruiting off-duty police officers to help, Collins and her “crew” began surrounding the field everyday so that the kids could play ball there safely. The gangs in the area soon discovered it was a lost cause and left the field alone. When the field was officially re-opened, it was renamed in her honor.

This is just one of the many remarkable things that *A Chance for Children*, with Collins leading the way, has achieved. *A Chance for Children* has helped hundreds of kids over the years, and many of them are still part of the organization today.

If you would like to find out how to help this organization, please visit their website [www.achanceforchildren.org](http://www.achanceforchildren.org).

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## CALENDAR OF EVENTS

### Center Theatre Group

[www.centertheatregroup.org](http://www.centertheatregroup.org)

### Ahmanson Theatre

Through July 29 – War Horse

### Mark Taper Forum

Through July 1 – Los Otros

### Natural History Museum

900 Exposition Boulevard, Los Angeles 90007

(213) 763-DINO

[www.nhm.org](http://www.nhm.org)

Now open – New Dinosaur Hall and Fin Whale Passage  
Through September 3 – Butterfly Pavilion

### LACMA

5905 Wilshire Boulevard, Los Angeles 90036

(323) 857-6010

[www.lacma.org](http://www.lacma.org)

### Jazz

June 22 – John B. Williams

June 29 – Judy Wexler

### Latin Sounds

June 23 – Opa Opa

June 30 – Cesar Castro

Visit <http://hr.lacounty.gov>  
for information on employment  
opportunities with the  
County of Los Angeles



### Members of the Board

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**Martina Abgaryan**

Creative Director

## LACMA's New Hours of Operation

Effective July 1, 2012, the Los Angeles County Museum of Art will have new hours of operation, as follows:

Monday, Tuesday and Thursday - 11 a.m. to 5 p.m.

Wednesday - Closed

Friday - 11 a.m. to 8 p.m.

Saturday and Sunday - 10 a.m. to 7 p.m.

After 3 p.m. on Monday, Tuesday, Thursday, and Friday, general admission is free to Los Angeles County residents with proof of residency.

*Levitated Mas*, which opens to the public on June 24, will be open and free into the evening hours, including Chris Burden's *Urban Light*.

Additionally, the popular restaurant Ray's and Stark Bar and the BP Grand Entrance will continue to remain open late, serving as a popular outdoor gathering place.

We encourage all Los Angeles County residents to visit the museum and take advantage of the free admission after 3 p.m.



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Submissions to the DIGEST may be edited or otherwise altered for clarity.

Check out the DIGEST at

<http://dhrdcap.co.la.ca.us/jic/digest/>

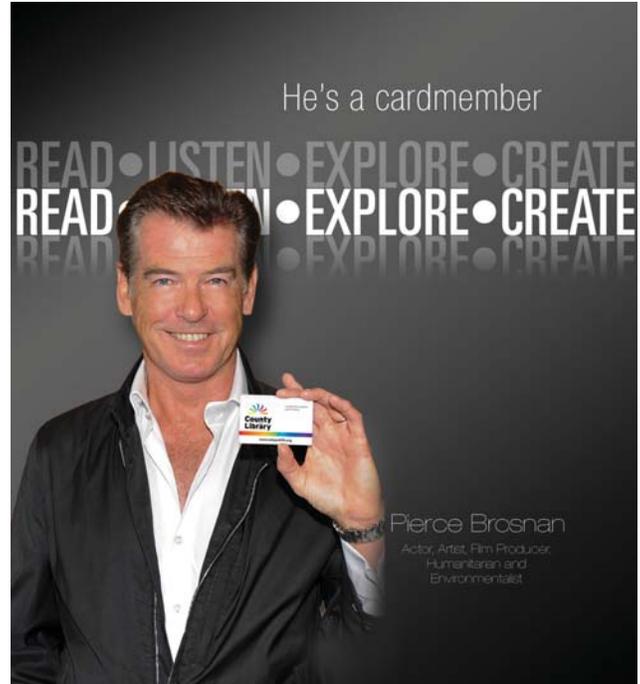
## “Own the Night”

*Teen Summer Reading 2012*

When school lets out and teens are looking for cool things to do while they are on vacation, they can join the Teen Summer Reading Program...and check out the summer reading activities at their County Public Library.

From June through August, the County of Los Angeles Public Library will introduce teens to reading opportunities at 85 County Public Library.

Participating teens can track their summer reading by recording all the books they read using our online Teen Summer Reading Program or by picking up one of our nifty Teen Summer Reading Program cards at the library. Thanks to the generosity of our sponsor, Clear Channel Communications, the summer will end with a Kindle Fire drawing for teens who read at least five books this summer and submit a drawing entry ticket. Additionally, teens can enjoy the many fun and exciting activities planned for them at their local County Public Library!



Reading is a great way to use free time and your local library is ready to help your teen make the most of their vacation. Art activities, Book Clubs, special programs, as well as books, magazines, CDs, and DVDs are offered by your local County Public Library and will provide hours of enjoyment for your teen.

For more information about how to get involved in your library’s Summer Reading Program, call your local County Public Library. Find out more about books and vacation reading fun when you visit our website at <http://colapublib.org> or contact your local County Public Library.

## 26<sup>th</sup> Annual PQA Program Underway

“Investing in a Quality Future” is the theme of the 26<sup>th</sup> annual Productivity and Quality Awards (PQA) program, which recognizes County employees and departments for their achievements in improving quality and productivity in the County, generating savings, improving processes and establishing beneficial collaborations.

The program, a major initiative of the Quality and Productivity Commission (QPC), underscores the County’s commitment to operational effectiveness, fiscal sustainability and integrated service delivery.

Original and signed award applications must be submitted by Friday, July 6, 2012, by 5 p.m. to the Quality and Productivity Commission Office, 500 W. Temple Street, Room 565, Los Angeles, CA 90012. Application forms and guidelines are available on the QPC website at <http://qpc.co.la.ca.us>.

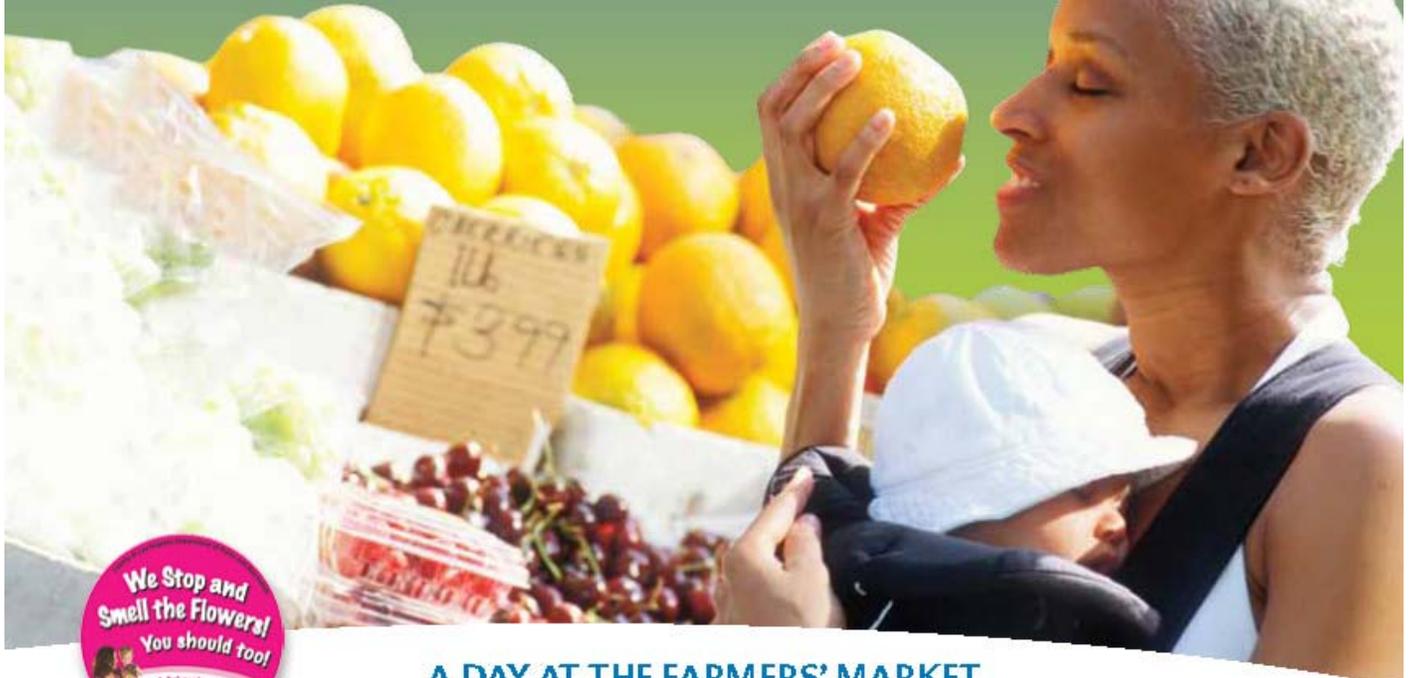
The awards ceremony and luncheon will be held in the Grand Hall of the Dorothy Chandler Pavilion, Music Center, on Wednesday, October 17, 2012 at 11:30 a.m. Top award winners will be recognized by the Board of Supervisors at the meeting on Tuesday, October 23, 2012.

For more information, contact your departmental Productivity Manager or contact the QPC office at (213) 974-1361, (213) 974-1390 or (213) 893-0322.

**WeTip**  
**WELFARE FRAUD**  
**1 (800) 87-FRAUD**



# COUNTYWIDE FITNESS CHALLENGE 2012



A DAY AT THE FARMERS' MARKET

# STOP AND SMELL THE FLOWERS!

Join us at the Farmers' Market for healthy foods, scavenger hunts, and power walks.

EVENT SPONSOR

**KAISER PERMANENTE.**

- CERTIFIED NUTRITIONIST
- JUICING DEMONSTRATIONS
- FITNESS POWER WALKS
- SCAVENGER HUNT
- FREE GIVEAWAYS
- DRAWING PRIZES
- SOFTBALL SCRIMMAGE\*
- \*July 28 only

## Cerritos Farmers' Market

18074 Park Plaza Drive  
Cerritos, CA 90703  
4th Supervisorial District

**Saturday  
July 14, 2012  
8:00 a.m. – Noon**

## Victory Park, Pasadena Farmers' Market

2575 Paloma Street  
Pasadena, CA 91107  
5th Supervisorial District

**Saturday  
July 28, 2012  
8:00 a.m. – Noon**

RSVP to secure your giveaway at <http://dhr.lacounty.info>



## Active Arts® at the Music Center

Go Metro and Win a Free Monthly TAP Card

Let go of your inhibitions and find yourself at the Music Center this summer! Active Arts® at the Music Center is a series of low or no-cost events for the artist in everyone. Participants in these programs are invited to come together as a community and *Be Active* by dancing, singing, playing music and telling stories at the Music Center.



### Date - Be Active Event

- June 22 - Friday Night Sing Alongs—**Disney Favorites**
- June 29 - Dance Downtown—**Bollywood & Bhangra**
- July 7 - Drum Downtown—**A Taste of Latin Rhythms**
- July 13 - Dance Downtown—**Cumbia**
- July 20 - Friday Night Sing Alongs—**Motown Sounds**
- July 27 - Dance Downtown: **Disco**
- July 28 - Biggest Dance Ever: **Celebrate National Dance Day**
- August 4 - Drum Downtown: **A Sampling of Afro Beats**
- August 10 - Dance Downtown: **60s Night**
- August 17 - Friday Night Sing Alongs: **Celebrate Broadway!**
- August 24 - Dance Downtown: **Ondo/Bon Dance**
- September 1 - Drum Downtown: **Pitches + Percussion**
- September 7 - Dance Downtown: **Samba**

**Metro Discount:** Show your valid Metro pass or Metro Rail ticket at any Active Arts® at the Music Center event and receive a raffle ticket for a chance to win a free TAP card. Winners will be announced following the final event in mid-September.

**Go Metro:** The Music Center is located at 135 North Grand Avenue, walking distance from the Red Line Civic Center Station. Plan your route using the [Trip Planner](#).

**More Info:** Visit [musiccenter.org/activearts](http://musiccenter.org/activearts) or call (213) 972-3660. Like the Music Center on [Facebook](#) or follow them on [Twitter](#)

*Programming content and dates subject to change.*



## Children Drown Without a Sound

Drowning is the number one cause of death in children under five years old, and the second leading cause of unintentional injury-related death for children between the ages of one and 14. The Los Angeles County Fire Department urges everyone to stay safe whenever using a swimming pool, especially young children. It only takes a FEW SECONDS for a child to drown.

### The Basics of Pool Safety

- **Adult Supervision:** Assign an adult to supervise children in the pool. If you must leave the area unsupervised, require all children to exit the pool.
- **Barriers:** Pools should be isolated by several layers of protection, including proper fencing, pool covers, alarms, locks and latches.
- **Classes:** All children should take swimming lessons. All family members including grandparents and babysitters should know how to swim.
- **Emergency Preparedness:** Learn CPR (cardiopulmonary resuscitation). Install a working phone outside near the pool area in case of a 9-1-1 emergency.
- **Life-Saving Devices:** Children should wear life jackets. Floaties or other inflatable devices do not provide life-saving capabilities.

**MICHAEL D. ANTONOVICH**  
**Los Angeles County Supervisor**  
&  
**The Department of Children and Family Services**  
*present*

The 17<sup>th</sup> Annual Awards Dinner and Fundraiser

**“ALL FOR THE LOVE OF KIDS”**



Special Guest Stars and Honorees include:

- ❖ **TIA CARRERE**, Grammy Award-Winning Artist, Actress
- ❖ **ANTWONE FISHER**, Film Writer/Director
- ❖ **CHRIS SCHAUBLE**, Event Emcee: Co-Anchor, KTLA 5

Plus surprise celebrity guests, special performances and a silent auction to benefit the  
**Children's Trust Fund**

**Thursday, August 2, 2012**

5:30 p.m. - 7:30 p.m.

Kenneth Hahn Hall of Administration

500 West Temple Street, Los Angeles 90012

**Adults \$45 ♦ County Employees \$35 ♦ Children under 12 FREE**

*For information: Maria Melton, Manager, Children's Trust Fund - 213-736-6202*

*For tickets and or donations: Martha Delgado [delgamb@dcfs.lacounty.gov](mailto:delgamb@dcfs.lacounty.gov)*

The Children's Trust Fund was founded in 1968 by a select group of social workers who saw the necessity to fund the special needs of children not provided by government sources. 100% of the donations received benefit our youth. Over the years, the Trust Fund has supplied thousands of children with financial assistance, and has maintained its commitment to provide services that improve the lives of children served by our Department.

[childrenstrustfund.net](http://childrenstrustfund.net)

## Healthy Eating Habits

The 2012 Biggest Loser & Mix It Up campaigns are well under way! Over 2,100 employees are participating in the Biggest Loser weight loss challenge! Plus, over 1,100 employees have joined the Mix It Up nutrition program! Are you part of this major movement to better health? Whether you are or not, setting healthy eating goals and weight management should be near the top of your list.

Eating more vegetables and fruits is a key component to successful weight management. They're high in natural complex carbs, your body's preferred source of fuel. They're packed with vitamins and minerals, which help you burn calories and maintain your metabolism. And they fill you up so you don't overeat, while keeping your fat intake down so you don't fill out.

### Fast Food Without Fat

Fast food is a mixed bag for many. It's easy and convenient, but often high in fat and calories. Yet, it doesn't have to be that way.

Fast food can be healthy. Ditch the high fat snacks in the pantry and fridge for healthier choices. It's a matter of selection. Opt for the salad or baked potato instead of the burger; just watch out for high-fat dressings and toppings. Even better, create your own fast food using bananas, apples, oranges, dried fruit, nuts, baby carrots, celery sticks, or sliced cucumbers and bell peppers with hummus. If there are only good snacks, you will choose wisely.

### Portion Distortion

Most people underestimate how much they eat because they don't understand portion sizes. Did you know that a bagel is really two servings of bread? Not only that, most restaurant meals contain double servings — a 6-ounce cut of meat is actually two servings, and a plate of pasta can amount to two or three servings. That's how overeating begins. Continue to watch how you prepare your foods. Bake a potato instead of frying or steam your veggies instead of sautéing in butter.

### Cook at Home More

When you cook at home, you have control over the ingredients and portion sizes at your table, which is key to maintaining a healthy weight. It can also reduce your risk of lifelong health problems, such as diabetes and heart disease. Cooking at home saves money, too. (Make extra for leftovers for another meal and to make your money go even further.)

Start by planning one healthy meal at home each week. You don't have to stop eating out or change your regular cooking routine all at once — every small step adds up to greater overall health.

**EATING HABITS**  
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## The Summer Beach Bus is back!

*Book Your Seat on the Summer Beach Bus to Santa Monica*

Now through Labor Day, Los Angeles County residents can beat the summer heat at one of Southern California's premiere beach destinations, Santa Monica State Beach, while traveling round trip in the comfort of an air-conditioned, wheelchair-accessible bus.

The popular bus service fills up quickly, so residents should make reservations early. To reserve a trip, visit [www.LAGoBus.info](http://www.LAGoBus.info) or call (888) 769-1122 up to a week in advance but no later than 24-hours prior to departure. Round trip fares begin as low as \$1. Children under 12 years of age must be accompanied by an adult.

The Summer Beach Bus Program, operated by the Los Angeles County Department of Public Works, provides service to Santa Monica State Beach from the cities of Palmdale, Lancaster, La Cañada Flintridge and Duarte, as well as the communities of Castaic, West Ranch, Charter Oak, La Crescenta and Altadena.



## Rideshare L.A. County!

Let's say you want to save some money. It's as easy as riding a bus.

A Metro pass is \$75 a month and compared to rising gas prices, is a welcome alternative to gassing up every two weeks. If you commute just 15 miles (calculated as a 30 mile roundtrip), then your estimated monthly cost to drive to work alone is \$496.53.

Find the cost of your commute at Metro's Commute Cost Calculator at <http://www.commutessmart.info/commute-cost-calculator.asp>.

Proudly Sponsored by **FoundAnimals**

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Limited time only!



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City of Los Angeles  
[www.laanimalservices.com](http://www.laanimalservices.com)

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**SOUTH LOS ANGELES**

3621 11th Ave., Los Angeles CA 90018

**WEST LOS ANGELES**

11361 West Pico Blvd., Los Angeles CA 90064

**EAST VALLEY**

14409 Vanowen St., Van Nuys CA 91405

**WEST VALLEY**

20655 Plummer St., Chatsworth CA 91311

**HARBOR**

957 Gaffey St., San Pedro CA 90731

County of Los Angeles  
[www.animalcare.lacounty.gov](http://www.animalcare.lacounty.gov)

**AGOURA**

29525 Agoura Rd., Agoura CA 91301

**BALDWIN PARK**

4275 N. Elton St., Baldwin Park CA 91706

**CARSON**

216 W. Victoria St., Gardena CA 90248

**CASTAIC**

31044 N. Charlie Canyon Rd., Castaic CA 91384

**DOWNEY**

11258 S. Garfield Ave., Downey CA 90242

**LANCASTER**

5210 W. Ave. I, Lancaster CA 93536

**ADOPT & SHOP**

353 Lakewood Center Mall, Lakewood CA 90712

**SEAACA / CAT ADOPTION CENTER**

9777 SEAACA St., Downey CA 90241

For more information:  
[www.foundanimals.org/9Lives](http://www.foundanimals.org/9Lives)



# IBM and Intel “Wow” County Leaders with Insights into the Workplace

More than 200 County Commissioners, department heads and managers listened as IBM’s Moidin Mohiuddin, Ph.D. and Intel’s Ulmont Smith delivered insightful presentations on the Workplace in 2020 at the 10<sup>th</sup> Annual Commissioners’ Leadership Conference.



Supervisor Zev Yaroslavsky, Chairman, and Supervisor Michael D. Antonovich addressed the audience and presented scrolls to the speakers. Lisa M. Garrett, Director of Personnel, and Rich Sanchez, Chief Information Officer, spoke on “Workplace 2020” and “Innovation and Transformation,” respectively.

Sponsored by the Board of Supervisors, the Chief Executive Office and the Quality and Productivity Commission, the conference was held at the Dorothy Chandler Pavilion, Music Center, in downtown Los Angeles.

“Work in the Digital Age will be outcome based with a flat structure instead of following the 20<sup>th</sup> century model of salary for (a specific) amount of time with stable hierarchies,” said Dr. Mohiuddin, whose presentation focused on “The Future of Work and Workforce.”

## T-Shaped Workers

“As skills, knowledge, creativity and innovation grow in importance, demand for higher quality workers is increasing,” he said. “T-shaped professionals will be in demand. These are workers who are ready for lifelong learning, teamwork and to help build a smarter planet,” said Mohiuddin.

In discussing workforce analytics, the Associate Director of IBM’s Almaden Research Center said, “the ability to have the right people, with the right skills at the right place in the right time is the key behind successful organizations.”

“The Future of Computing” was the title of Smith’s presentation. He is Vice President and General Manager of Intel’s Advanced Technical Sales. After providing a brief history on Intel’s CPU heritage, Smith talked about the rapid growth of computer technology and electronic devices.

“We’re entering the era of pervasive computing, cloud computing,” he said.

“By 2015, there will be 1 billion additional users and 15 billion connected devices,” said Smith. This growth will require “a cloud-ready infrastructure, including unified networking, scale-out storage, trusted server pools and policy-based power management.”



## Cybercrime & The Cloud

Smith noted that “big data presents big security challenges. Cybercrime has become big business, where people profit from stolen data. In 2011, there were 75.1 million unique pieces of malware.”

Intel recently purchased McAfee, an anti-virus software company, and also offers other cloud security programs.

The conference audience really reacted when Smith, in his closing remarks, said, “the growth of cloud-based applications will feature applications that write themselves based on observing your behavior, eliminate language barriers, enable more electronic payments and facilitate self-driving cars.

“By 2050, there will be brain implants. You’ll literally be plugged-in to the cloud so your brain will have access to all the information on the Internet. You’ll never again forget a name or miss a meeting,” said Smith. “You won’t have to get a routine check-up because your gadgets will monitor your vital signs and test your blood for you,” he added.



## Leading the Way to Fit and Fabulous

**D**ebra S. Horan, Public Library, admitted that when she heard about Active for Life, she did not give it much thought until her colleagues Arlene Schwartz and Forstine Woolens asked her to join their team. After careful consideration of how much exercise to which she would commit, Ms. Horan still raised doubts that she could commit to walking 30 minutes every day. So as not to disappoint them, she joined her colleagues every time they asked her to.

Once she started her routine, she told her family about it. Her daughter encouraged and joined her for an hour walk after work and for exercise on the Nintendo Wii.

Later on, it became a family affair with Ms. Horan's husband, son and girlfriend joining them. Among the three of them—father, mother and daughter, they lost a combined total of 104 pounds.

Her weight loss also yielded another positive outcome—allowing her to donate blood which she had not done so in a year due to high blood pressure. Her doctor, whom she had not seen in months, was surprised and delighted with her weight loss.

Being part of Active for Life has been a positive lifestyle change for Ms. Horan and her family.

**E**llen F. Sandt, Chief Executive Office, had already decided that it was time to lose weight and the “Biggest Loser” program sounded like a fun way to get “peer group” support. It also helped motivate her to stick to her diet. Besides, she wanted her team to win.

Finding the right diet is the secret to her success. She wanted to find one that could become a permanent lifestyle change in what she ate. She tried numerous diets, but usually felt hungry or deprived. A County friend suggested that she try a low-carb diet which had worked for him. It turned out to be exactly what she needed.

“The Countywide Fitness Challenge is great,” she said. “I love that it’s a comprehensive approach to fitness—eating, exercising and enjoying fun, healthy activities with others.

She lauds the County for offering this kind of program to its employees.

Ms. Sandt is pleased to announce that she has had a significant weight loss.

“I started at 226 pounds in April 2011 and am now 172 pounds as of June 2012 and still inching downward.”



### EATING HABITS

*continued from page 7*

#### Update Your Recipes

Turn your favorite recipes into smart meals by making one or more of these simple swaps.

#### **If the recipe calls for:**

**Cream (heavy)**

**Frying in oil**

**Mayonnaise**

**Salt**

**Sour cream**

**Whipped cream**

**Whole egg**

#### **Substitute it with:**

evaporated non-fat milk in soups and casseroles; half and half in baking

sautéing in small amount of oil, broth, wine, or nonstick cooking spray

light or non-fat mayonnaise

use half the amount of salt in soups, stews, etc. and add extra herbs and spices

low-fat Greek or plain yogurt or non-fat sour cream

well-chilled evaporated non-fat milk or whipped or light whipped topping

egg white or egg substitute

## Summer Heat Wave Safety Tips

The Los Angeles County Fire Department would like to help residents during the hot summer months by providing them with safety tips to help avoid summer heat related emergencies. Heat related injuries can range from minor heat cramps to more serious conditions, such as heat exhaustion or heat stroke, which can potentially be life-threatening.

During high temperatures, strenuous outdoor activities such as yard work or sports should be reduced or eliminated or rescheduled to a cooler time of day.

Persons most at risk are the very young and the elderly. They should stay in the coolest place available, out of the sun or in an air-conditioned room.

Remember to drink plenty of water and avoid alcohol and caffeinated beverages.

### Heat Cramps

Heat cramps are muscle pains or spasms usually associated with strenuous activity. If you suffer signs and symptoms of heat cramps, you should:

- Rest in a cool place
- Drink water
- Stop activity
- Seek medical attention if heat cramps do not subside within one hour

### Heat Exhaustion

Heat exhaustion can develop after several days of exposure to high temperatures.

#### Heat Exhaustion Warning Signs

- Heavy Sweating
- Paleness
- Muscle Cramps
- Tiredness
- Weakness
- Dizziness
- Headache
- Nausea or Vomiting
- Fainting

#### Heat Exhaustion Treatment

- Drink cool beverages
- Rest
- Take a cool shower or bath
- Rest in an air-conditioned environment
- Wear lightweight clothing
- Seek medical attention if your condition has not improved

### Heat Stroke

Heat stroke happens when your body's sweating mechanism fails after extreme heat exposure, and your body temperature may rise to 106 degrees or higher within 10-15 minutes. Heat stroke can cause death or permanent disability.

- Never leave children and pets in vehicles. Cars can heat up to dangerous temperatures resulting in serious heat-related illnesses or even death.
- Remember to play it cool in the hot summer months.
- Drink plenty of water.
- Dress in light loose clothing.
- Use protective sunscreen.
- Limit sun exposure during mid-day hours.
- Do not leave infants, children, or pets in a parked car.
- Provide plenty of fresh water for your pets.

**Have a safe and happy summer!**



## LACERA Elections

General Members are encouraged to vote in the upcoming LACERA elections for the Third Member of the Board of Investments and the Third Member of the Board of Retirement. The elections will be held on Tuesday, July 31, 2012.

Ballots must be received by the Registrar-Recorder/County Clerk by 5:00 p.m. on Tuesday, July 31, 2012. The Board of Supervisors will certify the election results at its meeting on Tuesday, September 11, 2012.

For more information or to read the Candidate's Statements of Qualifications, you may visit the Board of Supervisors' LACERA Election Information web page at

<http://bos.lacounty.gov/Services/ConflictofInterestLobbyist/LACERAelection.aspx>

or you may contact your Department Election Coordinator.

**WANT TO HAVE FUN? WANT TO GET FIT? WANT A UNIQUE EXPERIENCE?**

*Form a team of 10 PADDLERS in your community or at your company*

*to paddle at the*

# L.A. Dragonboat Festival



**Date: Saturday, August 18, 2012**

**Location: Legg Lake Park,**

**Whittier Narrows Recreation Area in South El Monte**



**More information about the event at:**

<http://www.ladragonboat.com/>

General Information:

Dr. Howard Chen

626-288-2888

[drchen@ladragonboat.com](mailto:drchen@ladragonboat.com)



**CO-SPONSORED BY**

**Los Angeles County**

● **Supervisor Gloria Molina**

● **Department of Parks and Recreation**



*No experience needed. Instruction and equipment provided.*

# Retirees

*Congratulations to the following employees who are joining the ranks of the retired after their many years of service to Los Angeles County:*

## 45+ Years

**CHILDREN & FAMILY SERVICES:** Louis C. Bethley  
**HEALTH SERVICES:** Barbara S. Oliver, Maurine L. Stubblefield

## 40+ Years

**HEALTH SERVICES:** Rosalyn E. Barnes, Barbara C. Chen, Girshriela Ingram, Gloria A. Lozano, Patricia M. Reed-Cunning, Silas P. Tolliver, Jr., Ora M. Wilson  
**INTERNAL SERVICES:** Philip M. Yonai  
**MENTAL HEALTH:** Rosalie Esquibel  
**PARKS AND RECREATION:** Kenneth F. Hopper  
**PROBATION:** Ismael Gonzales  
**PUBLIC SOCIAL SERVICES:** Alonzo T. Cephus, Betty J. Smith, Lavern Washington

## 30+ Years

**CHILDREN & FAMILY SERVICES:** Phyllis M. Hernandez, Guadalupe M. Nevarez, Athena Vaughns  
**DISTRICT ATTORNEY:** Elvira R. Harrill, Olivia Shelmon  
**FIRE:** Joan G. Larsen, Arturo C. Vidal, Mark D. Warr  
**HEALTH SERVICES:** Bubpa Boonsong, Patrick Callahan, Agustina T. Camodag, Lydia M. Canizal, Irene Cruz, Helen Deering, Susan G. Foster, Margaret L. Hester, Luz Ledesma, Maria Lizarraga, Sandra F. Mattice, Patricia C. Moreno, Altagracia Morillo, Anoot Pisuthipan, Blanche M. Randall, Mackey M. Sais, Minnie L. Seay, Patricia Walker, Sheldon D. Warren, Johnnie L. Wilson  
**INTERNAL SERVICES:** James E. Chillous, Reyna D. Guzman  
**MENTAL HEALTH:** Lola F. Brown, Eleanor M. Mondorf, Deborah Y. Smith  
**PROBATION:** Rollin Moulton  
**PUBLIC DEFENDER:** Robert J. La Bau  
**PUBLIC HEALTH:** Callie S. Ball, Bonnie J. Beasley  
**PUBLIC SOCIAL SERVICES:** Sherry E. Carrington, Dorothy F. Cheatham, Huyen S. Nguyen  
**PUBLIC WORKS:** Margaret L. Khin, Thomas M. Mc Neil, David M. Soria  
**SHERIFF:** Kent L. Anderson, Catherine I. Aragon, Steve R. Eastman, Reynaldo O. Ibay, Jorose I. Langston, Christina Olivas, Marilyn J. Vannoy, Curlene Walker, Boyd R. Zumwalt III  
**SUPERIOR COURT:** Theresa Hudson, Candace Lutz

## 25+ Years

**CHILD SUPPORT SERVICES:** Teresita C. Hao  
**CHILDREN & FAMILY SERVICES:** Pamela J. Walker  
**FIRE:** William L. Gaskill, William M. Offerman  
**HEALTH SERVICES:** Barbara Cecena, Paul Dobrovodsky, Mariamma T. Joseph, Harry A. Lumasag, Wai Y. Ma, John McGuire, Carlos Mendez, Ofelia Montano, Ofelia Moreno, Linda A. Stevenson, Felicia N. Udoh  
**MENTAL HEALTH:** Anthony G. Cooksie, Cynthia B. Luellen, Enrique Sanchez  
**PROBATION:** Terry M. Cardenas  
**PUBLIC HEALTH:** Juan M. Soliz  
**PUBLIC SOCIAL SERVICES:** Richmond P. Khuon  
**SHERIFF:** Salvador Garcia, Kim M. Hess, Joe M. Romero  
**SUPERIOR COURT:** Marianna Cushnie



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<http://m.hr.lacounty.gov>

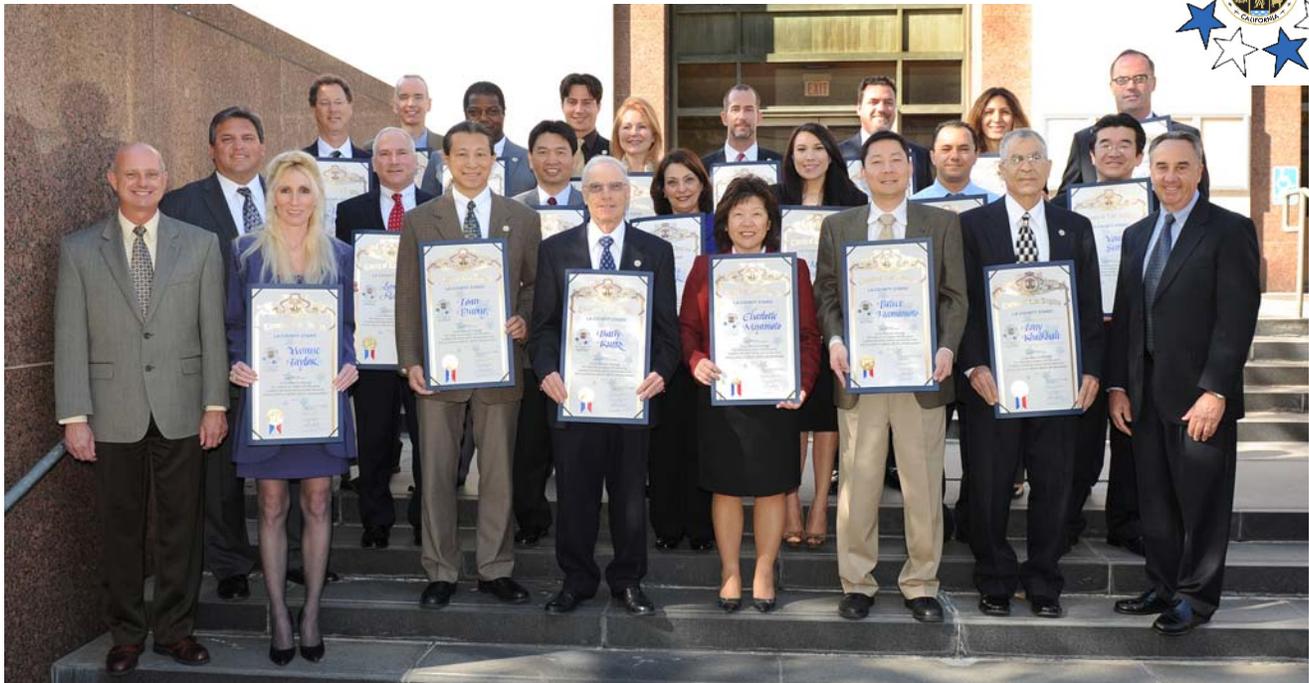
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# All About Us

Employees of the County of Los Angeles

**LA COUNTY STARS!**

**April 2012**



**Team Marina Service Excellence and Organizational Effectiveness**

Steve Burger ♦ Samuel Dea ♦ Toan Duong ♦ Thomas Faughnan ♦ Anita Gutierrez ♦ Lawrence Hafetz  
 Bruce Hamamoto ♦ Gary Jones ♦ Tony Khalkhali ♦ Kathline King ♦ Barry Kurtz ♦ Aracely Lasso  
 Suen Fei Lau ♦ Ismael Lopez ♦ Charlotte Miyamoto ♦ Andy Narag ♦ Gina Natoli ♦ Steve Penn ♦ Jeff Pletyak  
 Sam Richards ♦ Christopher Sellers ♦ Guita Sheik ♦ Youn Sim ♦ Maged Soliman ♦ Josh Svensson  
 Maral Tashjian ♦ Yvonne Taylor ♦ Jules Trefler ♦ Michael Tripp ♦ Frank Wu

Departments of Beaches and Harbors, Public Works, Regional Planning, and the Office of County Counsel

Due to their dynamic strategic-planning and tireless outreach efforts, the team attained the California Coastal Commission’s near unanimous approval of both the Master Waterside Coastal Development Permit and the Marina del Rey Local Coastal Plan major amendment at its November 2011 meeting, bringing the County one major step closer to achieving second generation redevelopment in Marina del Rey and restoring the polish to the County’s “Crown Jewel.”

**LA COUNTY STARS!** serves to recognize employee performance reflective of the County’s mission statement and values. Under **LA COUNTY STARS!**, Board staff, management and non-management employees, individuals, and teams may be recognized. Board Chiefs of Staff, Deputy Chief Executive Officers, Department Heads, and Chief Deputies are not eligible to be nominated.

For more information, please contact the Department of Human Resources at (213) 893-7810 or visit the Web site at <http://stars.lacounty.gov/>.

## 2011 LA COUNTY SUPERSTARS!

The annual award bestowed to the brightest and best employees of the County.



**David Kilgore**, Deputy Director, Child Support Services Department. Mr. Kilgore is the 2011 individual winner in the category of **Service Excellence and Organizational Effectiveness**. Mr. Kilgore designed the Case Management Tool, a software application that organizes cases by division, team and caseworker. This tool permits the users to identify, analyze and take timely action on cases. As a direct result, the Child Support Services Department's annual performance in 2009/2010 not only met but exceeded goals established by the State of California. The Case Management Tool has been adopted for use statewide and is being used in almost every county in the state.



The **Call Center Financial Institution Data Match Project Team** from the Child Support Services Department is the 2011 team winner in the category of **Service Excellence and Organizational Effectiveness**. This team has been responsible for establishing and enforcing child support obligations for more than 350,000 cases in Los Angeles County. The team members are expert negotiators. In one year's period, they answered over 33,000 calls about bank levies. The amount of unpaid support that they successfully collected from these accounts exceeded \$6 million.

Marlene Acevedo-Chavez ♦ Maria Aguirre ♦ Elsa Aguilar ♦ Sherri Arnold ♦ Jeanette Azcue ♦ Emmy Car  
Nayelis Cardenas ♦ Linda Carmona ♦ Christina Chavez ♦ Jessica Diaz ♦ Rosita Felix ♦ Rocio Garcia  
Angela Gonzalez ♦ Candice Harrington ♦ Cheryl Jimenez ♦ Nelli Karapetian ♦ Kimberly Knowlton  
Keisha Meighan ♦ Esperance Nally ♦ Jeffrey Naranjo ♦ Adriana Payan ♦ Mireya Perez ♦ Olga Quintero  
Chen-Cheng Thong ♦ Claudia Tobar ♦ Emy Tzimoulis ♦ Sophia L. Woodard ♦ Catherine Wright

# SHARE IT

## Children Admitted FREE to Ford Amphitheatre Big!World!Fun! Family Series

The Ford Amphitheatre's 2012 Big!World!Fun! family series opens July 7 at 10 a.m. with "A Gaelic Gathering," a celebration of Irish dance, music and song.

The Gaelic Gathering is the first of eight Big!World!Fun! family events on Saturday mornings from July through Labor Day weekend. These hour-long performances in the shaded outdoor amphitheatre are designed for the enjoyment of children ages four to 10, parents and grandparents. The series is presented by the Ford Theatre Foundation.

Admission to all Big!World!Fun! events is FREE for children and \$5 for adults. Parking is \$1 per vehicle. To reserve/purchase tickets, call the Ford box office at (323) 461-3673 or visit [www.FordTheatres.org](http://www.FordTheatres.org).

Stirring melodies, intricate footwork and the rhythmic step and *Ceili* (group) dances make Gaelic Gathering a feast of exuberant Irish tunes and dances. Fiddles and flutes accompany hard shoe jigs and hornpipes, soft shoe reels and slipjigs. Led by dancer/choreographer **Máire Clerkin**, this rousing event



features fiddle player and dancer **Kira Ott** and champion stepdancer **Jonathan Presley**, with **Frank Simpson** on flutes and whistles, **Patrick D'Arcy** on ancient instruments such as *uilleann* pipes (elbow bagpipes) and *bodhran* (drum) and renowned vocalist **Alice Ryan**, who sings haunting songs and plays accordion. Together, they guide the audience on an exploration of Ireland's rich cultural heritage.

Big!World!Fun! continues with **CONTRA-TIEMPO** urban dance theatre teaching call and response and performing their own blend of salsa, Afro-Cuban and contemporary movement (July 14); the myths of India brought to life by **Shakti Dance Company** (July 28);

tales of gods and the Hawaiian people told through hula and chant by **Kilohana Performing Arts Company** (August 4); **La Santa Cecilia**, the band that is a fiesta all by itself combining up-tempo South American rhythms with tango, Afro-Cuban percussion and Mexican *norteño* (August 11); a tour of Korean, Japanese and Chinese culture with **Jung Im Lee Korean Dance Academy**, **Hikari Taiko** and **Yen Yen Dance Group** (August 18); a knockout mix of bluegrass, gospel, jug band, swamp blues and hot swing from **The Dustbowl Revival** (August 25); and a journey to the heart of Afro-Brazilian culture with stories of Yoruba spiritual deities from the dancers and musicians of **Viver Brasil** (September 1).

For more information on the programs, visit <http://fordtheatres.org/en/events/category/id/36> (English) or <http://fordtheatres.org/es/events/category/id/36> (Spanish).

