



**COUNTY OF LOS ANGELES  
DEPARTMENT OF HUMAN RESOURCES**

HEADQUARTERS  
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BRANCH OFFICE  
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**MICHAEL J. HENRY**  
DIRECTOR OF PERSONNEL

August 20, 2007

To: Each Department Head

From: Michael J. Henry  
Director of Personnel

*Trans J. Henry  
for*

Subject: **WELLNESS FAIR – WEDNESDAY, SEPTEMBER 12, 2007,  
SHERIFF'S DEPARTMENT HEADQUARTERS**

The final Wellness Fair of 2007 will be held on **Wednesday, September 12, 2007, between the hours of 10:00 a.m. and 3:00 p.m., at the Sheriff's Department Headquarters, Sherman Block Building, located at 4700 Ramona Boulevard, Media Room, Monterey Park, CA 91754.** Wellness Fairs are sponsored by the joint Labor-Management Advisory Committee on Productivity Enhancement and promote health awareness and well-being. A flyer announcing the Fair is attached.

Wellness Fairs provide free health screenings for diabetes, blood pressure, body composition, skin conditions, and vision, as well as evaluations for ergonomics and grip strength. Massage therapy will also be available. Dental carriers will provide oral screenings. County-sponsored and County-approved medical and dental carriers including Blue Cross of California, Blue Shield, CIGNA, Kaiser Permanente, PacifiCare, Delta Dental, and SafeGuard will participate, demonstrating their ongoing commitment to healthier lifestyles for County employees.

We encourage all departments with offices in the area to allow employees to attend during work hours. Wellness Fairs support the County's Strategic Plan Goal #2, Workforce Excellence, by creating a positive work environment and encouraging employee well-being.

MJH:TJH  
MLH:hv

Attachment

c: Each Supervisor  
Chief Executive Office  
Departmental Human Resources Managers  
Wellness Coordinators

H:wellness2007 9-12 depthead ltr

*To Enrich Lives Through Effective and Caring Service*

# WELLNESS FAIR

OPEN TO ALL L.A. COUNTY EMPLOYEES

**Wednesday, September 12, 2007**  
**10:00 a.m. – 3:00 p.m.**

at the

**Sheriff's Department Headquarters**  
**Sherman Block Building**  
**4700 Ramona Boulevard**  
**Monterey Park, CA 91754**  
**Media Room**

***FREE HEALTH SCREENINGS:***

BLOOD PRESSURE \* BODY COMPOSITION \* DERMASCAN \* DIABETES  
VISION \* GRIP TESTING \* MASSAGE THERAPY \* ERGONOMICS  
AND MUCH MORE!



## **20 Door Prize Drawings Held Hourly!**

For more information contact your Department Wellness Coordinator  
or

Diana Fonseca/DHR (213) 738-2236 \* Theresa Lopez/ALADS (818) 678-0091  
Harold Sterker/SEIU Local 721 (213) 639-6425 \* Shawn Millner/CAPE (213) 484-0400

Sponsored by:  
The Joint Labor-Management Advisory Committee on Productivity Enhancement