COUNTY OF LOS ANGELES
DEPARTMENT OF HUMAN RESOURCES

HEADQUARTERS
579 KENNETH HAHN HALL OF ADMINISTRATION • LOS ANGELES, CALIFORNIA 90012
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BRANCH OFFICE
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MICHAEL J. HENRY
DIRECTOR OF PERSONNEL

July 1, 2005

To: All Department Heads

From: Michael J. Henry
Director of Personnel

Travis Howland for

Subject: **WELLNESS FAIR – WEDNESDAY, JULY 27, 2005**
SHERIFF'S DEPARTMENT – HEADQUARTERS

The third Wellness Fair of 2005 will be held on **Wednesday, July 27, between the hours of 10:00 a.m. and 3:00 p.m., at the Sheriff's Department in the Sherman Block Building, Media Room, 4700 Ramona Boulevard, Monterey Park, CA 91754.** Wellness Fairs are sponsored by the joint Labor-Management Advisory Committee on Productivity Enhancement to promote health awareness and well-being. A flyer announcing the Fair is attached.

Wellness Fairs provide free health screenings for diabetes, blood pressure, body composition, skin conditions, and vision, as well as evaluations for ergonomics and grip strength. Massage therapy will also be available. Dental carriers will display interactive materials. Representatives from the County's Employee Assistance Program (EAP) will be available to answer questions and provide information. County-sponsored and County-approved medical and dental carriers including Blue Cross of California, Blue Shield, CIGNA, Kaiser, PacifiCare, Delta Dental, and Safeguard will participate, demonstrating their ongoing commitment to healthier lifestyles for County employees.

We encourage all departments with offices in the area to allow employees to attend during work hours. Wellness Fairs support the County's Strategic Plan Goal #2, Workforce Excellence, by creating a positive work environment and encouraging employee well-being.

MJH:TJH
MH:TO

Attachment

c: Each Supervisor
Personnel Officers
Wellness Coordinators

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WELLNESS FAIR

OPEN TO ALL L.A. COUNTY EMPLOYEES

Wednesday, July 27, 2005
10:00 a.m. – 3:00 p.m.

at the

Sheriff's Department
Sherman Block Building
4700 Ramona Boulevard
Monterey Park, CA 91754
Media Room

FREE HEALTH SCREENINGS:
BLOOD PRESSURE * BODY COMPOSITION * DERMASCAN * DIABETES
GRIP TESTING * VISION * MASSAGE THERAPY
ERGONOMICS AND MUCH MORE!

For more information contact your Department Wellness Coordinator
or
Tami Omoto/**DHR** (213) 738-2266 * Maria Alvarez-Jacome/**ALADS** (818) 678-0026
Harold Sterker/**SEIU Local 660** (213) 368-8698 * Shawn Millner/**CAPE** (213) 484-0400

Sponsored by:
The Labor-Management Advisory Committee on Productivity Enhancement