COUNTY OF LOS ANGELES
DEPARTMENT OF HUMAN RESOURCES

579 KENNETH HAHN HALL OF ADMINISTRATION • LOS ANGELES, CALIFORNIA 90012
(213) 974-2406 FAX (213) 621-0387

To enrich lives through effective and caring service

MICHAEL J. HENRY
DIRECTOR OF PERSONNEL

April 6, 2004

To: All Department Heads

From: Michael J. Henry
Director of Personnel

Subject: **WELLNESS FAIR – WEDNESDAY, APRIL 28, 2004**
REGISTRAR-RECORDER/COUNTY CLERK

The first Wellness Fair of the year will be held on **Wednesday, April 28, 2004, between the hours of 10:00 a.m. and 3:00 p.m., in the outside quad at the Registrar-Recorder/County Clerk, located at 12400 Imperial Highway, Norwalk, CA 90651**. Wellness Fairs are sponsored by the joint Labor-Management Advisory Committee on Productivity Enhancement and promote health awareness and well-being. A flyer announcing the Fair is attached.

The Wellness Fair will provide free health screenings for diabetes, blood pressure, body composition, and skin conditions, as well as evaluations for ergonomics and grip strength. Massage therapy and an educational kiosk will also be available. Dental carriers and representatives from the County's Employee Assistance Program will be available to answer questions and distribute informational materials. County-sponsored and County-approved medical and dental carriers including Blue Cross of California, Blue Shield, CIGNA, Kaiser, PacifiCare, Delta Dental, and Safeguard will participate, demonstrating their ongoing commitment to healthier lifestyles for County employees.

We encourage all departments with offices in the area to allow employees to attend during work hours. Wellness Fairs support the County's Strategic Plan Goal #2, Workforce Excellence, by creating a positive work environment and encouraging employee well-being.

MJH:TJH
MH:to

Attachment
c: Each Supervisor
Personnel Officers
Wellness Coordinators

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WELLNESS FAIR

OPEN TO ALL L.A. COUNTY EMPLOYEES

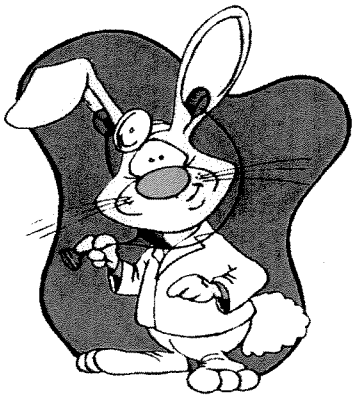
Wednesday, April 28, 2004
10:00 a.m. – 3:00 p.m.

at

Registrar-Recorder/County Clerk
12400 E. Imperial Highway
Norwalk, CA 90651
Outside quad (facing Volunteer Street)

FREE HEALTH SCREENINGS:
BLOOD PRESSURE * BODY COMPOSITION * DERMASCAN * DIABETES * GRIP TESTING

ERGONOMICS AND MUCH MORE!



For more information contact your Department Wellness Coordinator
or
Tami Omoto/**DHR** (213) 738-2266 * Maria Alvarez/**ALADS** (818) 678-0026
Ramon Rubalcava/**SEIU Local 660** (213) 368-8606 * Andrea Porter/**CAPE** (213) 484-0400

Sponsored by:
The Labor-Management Advisory Committee on Productivity Enhancement