June 6, 2012

## COUNTYWIDE SIDEWALK CARDIOPULMONARY RESUSCITATION (CPR) DAY

In honor of National Cardiopulmonary Resuscitation (CPR) Week, the

Department of Health Services' Emergency Medical Services Agency is collaborating
with the American Heart Association to coordinate Countywide Sidewalk CPR trainings
on June 7, 2012. Emergency healthcare agencies, such as fire departments,
ambulance companies, hospitals and nursing programs will be teaching community
members how to save a life utilizing "Hands-Only" CPR (which is different from
conventional "Mouth-to-Mouth" CPR) at approximately 80 different sites. The trainings
are free to the public with the goal of increasing the number of lifesavers throughout the
County.

When an adult has a sudden cardiac arrest, his or her survival depends greatly on immediately receiving CPR. Unfortunately, less than 1/3 of those people who experience a cardiac arrest at home, work, or in a public location receive that type of help. Most bystanders are worried that they might do something wrong or make things worse. On the other hand, effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival.

	<u>MOTION</u>	
MOLINA		_
RIDLEY-THOMAS		
KNABE		_
ANTONOVICH		
YAROSLAVSKY		

Anyone can learn "Hands-Only" CPR and the American Heart Association believes that everyone should. Approximately 80% of cardiac arrests happen at home. Put very simply: The person you save with CPR is most likely to be someone you love.

For a list of sites participating in the Countywide Sidewalk CPR Day, please visit: http://ems.dhs.lacounty.gov .

## **I, THEREFORE, MOVE** that the Board of Supervisors:

- 1. Proclaim June 7, 2012 as Countywide Sidewalk CPR Day, and;
- 2. Encourage members of the public to learn this life-saving technique by participating in Countywide Sidewalk CPR Day.

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