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## MOTION BY MAYOR MICHAEL D. ANTONOVICH

**SEPTEMBER 20, 2011** 

Behavioral health is an essential part of health and one's overall wellness, and prevention works, treatment is effective, and people can and do recover from substance use and mental disorders. It is critical to educate our policymakers, friends and family members, health care providers, and businesses that substance use and mental disorders are treatable, and that people should seek assistance for these conditions, with the same urgency as they would any other health condition.

All Americans have the opportunity to access provisions within the Affordable Care Act and Mental Health Parity and Addictions Equity Act (MHPAEA), aimed to improve physical and emotional health while ensuring people will receive the care they need at a more reasonable cost. Substance use and mental disorders are serious public health problems. In 2009, 4.3 million people received treatment for a substance use disorder and 30.2 million people for a mental health problem, we must continue to reach the millions more who need help.

I, THEREFORE, MOVE that the Board of Supervisors: Proclaim the month of September as National Recovery Month and invite all residents of Los Angeles County to participate in local programs related to National Recovery Month: Prevention Works, Treatment is Effective, People Recover.

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MDA:ss

	<u>MOTION</u>
MOLINA _	
RIDLEY-THOMAS	
YAROSLAVSKY _	
KNABE _	
ANTONOVICH	