

**COUNTY OF LOS ANGELES**

MARVIN J. SOUTHARD, D.S.W.  
Director  
ROBIN KAY, Ph.D.  
Chief Deputy Director  
RODERICK SHANER, M.D.  
Medical Director



BOARD OF SUPERVISORS  
GLORIA MOLINA  
MARK RIDLEY-THOMAS  
ZEV YAROSLAVSKY  
DON KNABE  
MICHAEL D. ANTONOVICH

**DEPARTMENT OF MENTAL HEALTH**

<http://dmh.lacounty.gov>

550 SOUTH VERMONT AVENUE, LOS ANGELES, CALIFORNIA 90020

Reply To: (213) 738-4601  
Fax: (213) 386-1297

February 02, 2010

The Honorable Board of Supervisors  
County of Los Angeles  
383 Kenneth Hahn Hall of Administration  
500 West Temple Street  
Los Angeles, California 90012

Dear Supervisors:

**ADOPTED**

BOARD OF SUPERVISORS  
COUNTY OF LOS ANGELES

19 February 2, 2010

*Sachi A. Hamai*  
SACHI A. HAMAI  
EXECUTIVE OFFICER

**APPROVAL OF A SOLE SOURCE AMENDMENT  
WITH PACIFIC CLINICS FOR SUICIDE PREVENTION PROGRAM SERVICES  
(SUPERVISORIAL DISTRICT 1)  
(3 VOTES)**

**SUBJECT**

Request approval of a sole source amendment with Pacific Clinics to implement the Mental Health Services Act-Prevention and Early Intervention Plan's Early Start Suicide Prevention Program.

**IT IS RECOMMENDED THAT YOUR BOARD:**

1. Approve and instruct the Director of Mental Health, or his designee, to prepare, sign, and execute a sole source amendment No. 7, substantially similar to Attachment I, with Pacific Clinics, Legal Entity Agreement No. MH120469 (Agreement), to implement the Suicide Prevention Program under the Mental Health Services Act (MHSA)-Prevention and Early Intervention (PEI) Plan's Early Start Program in the amount of \$281,250 for Fiscal Year (FY) 2009-10 and \$375,000 for FY 2010-11, effective upon Board approval, and fully funded with MHSA PEI Early Start Program funding.
2. Delegate authority to the Director of Mental Health, or his designee, to prepare, sign, and execute future amendments to the Agreement and establish as a new Maximum Contract Amount (MCA) the aggregate of the original Agreement and all amendments through and including this Amendment with Pacific Clinics, provided that: 1) the County's total payments under this Agreement for the applicable fiscal years do not exceed an increase of 20 percent from the applicable revised Board approved MCA; 2) any such increase is used to provide additional services or to reflect program changes; 3) your Board has appropriated sufficient funds for all increases; 4) approval of the Chief

Executive Officer (CEO) and County Counsel, or their designees, is obtained prior to any such amendment; 5) the parties may by written amendment mutually agree to reduce programs or services, without reference to the 20 percent limitation; and 6) the Director of Mental Health provides written notification to your Board within 30 days after the execution of each amendment.

### **PURPOSE/JUSTIFICATION OF RECOMMENDED ACTION**

Board approval is required for DMH to implement the MHSA PEI Plan Early Start Suicide Prevention Program through a sole source amendment with Pacific Clinics. The Early Start Programs funded by the MHSA PEI were originally planned to be administered and contracted by the State Department of Mental Health (SDMH). However, the State determined that selected local county departments of mental health, including Los Angeles County Department of Mental Health (LACDMH), would efficiently expedite the administration and implementation of the plans.

Suicide is a significant mental health issue within Los Angeles County. The California Department of Public Health reported that 4,361 residents of Los Angeles County were hospitalized for attempted suicide. The 2006 data on suicide attempts reported that the highest rate of attempts occurred among the 15- to- 19-year-old age group. Additionally, the Los Angeles County data for 2003 reported that the greatest rate of suicide occurred in Service Area (SA) 7, among the 16- to- 25-year-old age group. Moreover, Latino youth and their families are populations that typically underutilize traditional mental health services due in part to cultural or communication barriers. The recommended actions will expand services to Latino youth and their families, which is a population that is unserved and underserved in SA 7.

Pacific Clinics' Latina Youth Program is located in Santa Fe Springs, SA 7. This program has a record of successfully outreaching to the Latino community. The selection of Pacific Clinics' Latina Youth Program is consistent with the guidelines provided by the SDMH and Mental Health Oversight and Accountability Commission to consider only those projects that can be readily and quickly implemented and that enhance ongoing suicide prevention efforts.

Without this sole source Amendment, the benefits of MHSA PEI Plan Early Start Suicide Prevention services will be unduly delayed to one of the most vulnerable populations in Los Angeles County.

### **Implementation of Strategic Plan Goals**

The recommended Board action is consistent with County Strategic Plan Goal 2, Children, Family and Adult Well-Being and Goal 4, Health and Mental Health.

### **FISCAL IMPACT/FINANCING**

The total amount of \$656,250 for both FY 2009-10 and FY 2010-11 is fully funded by the State MHSA PEI Plan's Early Start Program. This amount includes \$281,250 for FY 2009-10 and \$375,000 for FY 2010-11 to be used for the expansion and enhancement of services. The revised FY 2009-10 MCA of \$70,302,645 is included in the Department's FY 2009-10 Final Adopted Budget. The \$375,000 funding for FY 2010-11 will be included in the annual budget process.

There is no increase in net County cost.

Continuation of this program in subsequent fiscal years will be contingent upon the availability of future MHSA PEI funding.

### **FACTS AND PROVISIONS/LEGAL REQUIREMENTS**

DMH has selected Pacific Clinics to implement the Early Start Suicide Prevention Program under the MHSA PEI Plan. Pacific Clinics' Latina Youth Program provides outreach and engagement, mental health services, case management, and medication services to Latina youth at risk for suicide. The Latina Youth Program is located in Santa Fe Springs in SA 7, where the rate of suicide has been reported to be high among Latino youth. The agency has the necessary personnel, facilities and services to facilitate the implementation through expansion of the Latina Youth Program, which will be enhanced by the use of Cognitive Behavior Therapy and the Columbia Teen Screen. Additionally, the Latina Youth Program received a Demonstration Project Award from the Substance Abuse and Mental Health Services Administration.

To implement the MHSA PEI Early Start Suicide Prevention Program, Pacific Clinics will transform services by using evidence-based practices, which include the use of the Columbia Teen Screen with the urban Latino population. The Columbia Teen Screen is a rapid self-report screening questionnaire that helps identify youth who are at-risk for suicide and potentially suffering from mental illness, thus allowing the youth to receive a complete mental health evaluation and early intervention. Additionally, the use of this questionnaire will provide data for SA 7 on the mental health risks encountered among the Latino population. Pacific Clinics will expand services which include education and support groups in the community on warning signs and risk factors for suicide among youth.

The attached amendment has been approved as to form by County Counsel. CEO has approved the attached Sole Source Contract Checklist and recommendations. DMH will monitor the contractor's performance to ensure its adherence to and compliance with the MHSA PEI Plan's Early Start Suicide Prevention Program requirements and quality management.

### **CONTRACTING PROCESS**

This is a sole source amendment with Pacific Clinics. The sole source selection is based on historical evidence that Pacific Clinics has established suicide prevention services that provide a ready foundation to implement the MHSA PEI Plan's Early Start Suicide Prevention Program. The amendment requires Pacific Clinics to transform and expand its current services in accordance with the service exhibit describing service elements, service goals, and performance-based criteria (Attachment 1-A).

Attached is the required Sole Source Contract Checklist (Attachment II), identifying and justifying the need for the sole source amendment with Pacific Clinics. A notification of intent to award a sole source contract was previously submitted to your Board on August 24, 2009.

### **IMPACT ON CURRENT SERVICES (OR PROJECTS)**

The Amendment will augment critical prevention and early intervention services currently provided by Pacific Clinics' Latina Youth Program. The implementation will enable Los Angeles County to strengthen and build upon existing community resources and create a more comprehensive safety net to prevent suicide.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Mg Southard". The signature is written in a cursive, flowing style.

MARVIN J. SOUTHARD, D.S.W.  
Director

MJS:OC:RK

Enclosures

c: Chief Executive Officer  
Acting County Counsel  
Executive Officer, Board of Supervisors  
Chairperson, Mental Health Commission

**ATTACHMENT 1**

CONTRACT NO. MH120469

AMENDMENT NO. 7

THIS AMENDMENT is made and entered into this 2nd day of February, 2010, by and between the COUNTY OF LOS ANGELES (hereafter "County") and Pacific Clinics (hereafter "Contractor").

WHEREAS, County and Contractor have entered into a written Agreement, dated June 9, 2009, identified as County Agreement No. MH120469, (hereafter collectively "Agreement"); and

WHEREAS, for Fiscal Years (FYs) 2009-10 and 2010-11, County and Contractor intend to amend Agreement only as described hereunder; and

WHEREAS, effective February 2, 2010, County and Contractor intend to amend Agreement to enable Contractor to transform and expand the services of its Latina Youth Program under the Mental Health Services Action (MHSA) Prevention and Early Intervention (PEI) Plan's Early Start - Suicide Prevention program (Program). The MHSA PEI Program has allowed Los Angeles County to go forward with plans to develop programs and services in an effort to conduct outreach to critical populations including those who are contemplating, threatening or at risk of attempting suicide; and

WHEREAS, Contractor will transform and expand suicide prevention services by using MHSA PEI funds; and

WHEREAS, for FYs 2009-10 and 2010-11, County and Contractor intend to amend Agreement to **add** MHSA PEI Early Start funds in the amount of \$656,250; and

WHEREAS, for FY 2009-10 only, Contractor will provide MHSA PEI Program services as identified in a MHSA PEI Suicide Prevention Service Exhibit; and

WHEREAS, for FYs 2009-10 and 2010-11, the Maximum Contract Amount (MCA) will be increased by \$281,250 and \$375,000 respectively with a revised MCA of \$ 70,302,645 and \$70,580,595, respectively.

NOW, THEREFORE, County and Contractor agree that Agreement shall be amended only as follows:

1. Financial Exhibit A (FINANCIAL PROVISIONS), Attachment II, Paragraph C (Reimbursement For Initial Period) shall be deleted in its entirety and the following substituted therefor:

"C. REIMBURSEMENT FOR INITIAL PERIOD: (1) The Maximum Contract Amount for the Initial Period of this Agreement as described in Paragraph 1 (TERM) of the Legal Entity Agreement shall not exceed SEVENTY MILLION THREE HUNDRED TWO THOUSAND SIX HUNDRED FOURTY FIVE DOLLARS (\$70,302,645) and shall consist of Funded Programs as shown on the Financial Summary."

(2) Reimbursement For Second Automatic Renewal Period: The Maximum Contract Amount for the Second Automatic Renewal Period of this Agreement as described in Paragraph 1 (TERM) of the DMH Legal Entity Agreement shall not exceed SEVENTY MILLION FIVE HUNDRED EIGHTY THOUSAND FIVE HUNDRED NINETY FIVE DOLLARS (\$70,580,595) and shall consist of Funded Programs as shown on the Financial Summary."

2. The Financial Summaries, Attachment III, attached hereto and incorporated herein by reference, shall supersede and replace the previously effective Financial Summaries, Attachment III, to the Agreement.
3. Attachment V, Service Exhibits (Listing Codes), shall be deleted in their entirety and replaced with the revised Attachment V, Service Exhibits – 7 (Listing Codes).
4. A new Service Exhibit, **Attachment 1-A**, for “Suicide Prevention Services” shall be added to this Agreement.
5. Contractor shall provide services in accordance with the Contractor’s Fiscal Year 2009-10 Negotiation Package for this Agreement and any addenda thereto approved in writing by Director.
6. Except as provided in this Amendment, all other terms and conditions of the Agreement shall remain in full force and effect.

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IN WITNESS WHEREOF, the Board of Supervisors of the County of Los Angeles has caused this Amendment to be subscribed by County's Director of Mental Health or his designee, and Contractor has caused this Amendment to be subscribed in its behalf by its duly authorized officer, the day, month, and year first above written.

COUNTY OF LOS ANGELES

By \_\_\_\_\_  
MARVIN J. SOUTHARD, D.S.W.  
Director of Mental Health

\_\_\_\_\_  
Pacific Clinics  
CONTRACTOR

By \_\_\_\_\_

Name \_\_\_\_\_

Title \_\_\_\_\_  
(AFFIX CORPORATE SEAL HERE)

APPROVED AS TO FORM:  
OFFICE OF THE COUNTY COUNSEL

APPROVED AS TO CONTRACT  
ADMINISTRATION:

DEPARTMENT OF MENTAL HEALTH

By \_\_\_\_\_  
Chief, Contracts Development  
and Administration Division



Contractor Name: Pacific Clinics  
 Legal Entity Number: 00203  
 Agreement Period: July 1, 2009 through June 30, 2012  
 Fiscal Year: 2009-10

DMH Legal Entity Agreement  
 Attachment III  
 The Financial Summary  
 Amendment No. 6

	Funded Program	Max. Program Amount — Non-Medi-Cal/ Indigent	Max. Program Amount — Medi-Cal/ Healthy Families	Combined Max. Program Amount
1	Family Preservation Program	167,400		\$ 167,400
2	Child Abuse Prevention Intervention and Treatment (AB2994)	260,000		\$ 260,000
3	Special Education Pupil (SEP)	1,350,000		\$ 1,350,000
4	Specialized Foster Care	157,160	1,318,140	\$ 1,475,300
5	Comprehensive SOC Prog (SAMHSA, CFDA #93.958)	80,000		\$ 80,000
6	Child MH Initiative-Project ABC (SAMHSA, CFDA #93.104)	-		\$ -
7	Juvenile Justice Program (STOP)	72,100		\$ 72,100
8	Juvenile Justice Program (JJCPA)	75,000		\$ 75,000
9	Co-occurring Disorder	50,000		\$ 50,000
10	Path McKinney, CFDA #93.150	25,000		\$ 25,000
11	Homeless Services (NCC)	-		\$ -
12	Family Functional Therapy Program		-	\$ -
13	CalWORKs	2,260,200		\$ 2,260,200
14	Homeless - Family Project	290,000		\$ 290,000
15	GROW	-		\$ -
16	Inpatient/Residential Services			\$ -
17	Other Mental Health Services for clients under the age of 21 years	721,750	29,454,400	\$ 38,163,987
18	Other Mental Health Services for clients 21 years of age or older		7,987,837	
<b>MHSA:</b>				
19	Full Service Partnership (FSP) - Child	875,000	3,211,000	\$ 4,086,000
20	FSP - TAY	1,678,900	1,792,000	\$ 3,470,900
21	FSP - Adult	4,215,600	3,466,900	\$ 7,682,500
22	FSP - Older Adult	540,000	960,000	\$ 1,500,000
23	Field Capable Clinical Services (FCCS)	1,179,660	5,444,948	\$ 6,624,608
24	Probation Camps	-		\$ -
25	Urgent Care Centers/Crisis Resolution Services	-	-	\$ -
26	Wellness/Client-Run Centers	1,688,400	700,000	\$ 2,388,400
27	Institutions for Mental Disease (IMD) Step Down	-	-	\$ -
28	Enriched Residential Services	-		\$ -
29	Jail Transition and Linkage Services	-		\$ -
30	POE (Outreach & Engagement)	-	-	\$ -
31	PEI Early Start	281,250		\$ 281,250
<b>Unique/Other:</b>				
32	MAA		-	\$ -
33	<b>Maximum Contract Amount</b>			<b>\$ 70,302,645</b>

Contractor Name: Pacific Clinics  
 Legal Entity Number: 00203  
 Agreement Period: July 1, 2009 through June 30, 2012  
 Fiscal Year: 2010-11

DMH Legal Entity Agreement  
 Attachment III  
 The Financial Summary  
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4	Specialized Foster Care	157,160	1,318,140	\$ 1,475,300
5	Comprehensive SOC Prog (SAMHSA, CFDA #93.958)	80,000		\$ 80,000
6	Child MH Initiative-Project ABC (SAMHSA, CFDA #93.104)	-		\$ -
7	Juvenile Justice Program (STOP)	72,100		\$ 72,100
8	Juvenile Justice Program (JJCPA)	75,000		\$ 75,000
9	Co-occurring Disorder	50,000		\$ 50,000
10	Path McKinney, CFDA #93.150	25,000		\$ 25,000
11	Homeless Services (NCC)	-		\$ -
12	Family Functional Therapy Program		-	\$ -
13	CalWORKs	2,444,400		\$ 2,444,400
14	Homeless - Family Project	290,000		\$ 290,000
15	GROW	-		\$ -
16	Inpatient/Residential Services			\$ -
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23	Field Capable Clinical Services (FCCS)	1,179,660	5,444,948	\$ 6,624,608
24	Probation Camps	-		\$ -
25	Urgent Care Centers/Crisis Resolution Services	-	-	\$ -
26	Wellness/Client-Run Centers	1,688,400	700,000	\$ 2,388,400
27	Institutions for Mental Disease (IMD) Step Down	-	-	\$ -
28	Enriched Residential Services	-		\$ -
29	Jail Transition and Linkage Services	-		\$ -
30	POE (Outreach & Engagement)	-	-	\$ -
31	PEI Early Start	375,000		\$ 375,000
<b>Unique/Other:</b>				
32	MAA		-	\$ -
33	<b>Maximum Contract Amount</b>			<b>\$ 70,580,595</b>

**DMH LEGAL ENTITY AGREEMENT  
ATTACHMENT V  
AMENDMENT NO 7**

**SERVICE EXHIBITS**

A duplicate original of the Service Exhibit(s) will be on file in the Department of Mental Health's Contracts Development and Administration Division and is deemed incorporated herein by reference as though fully set forth, and will be made available to interested persons upon request.

<u>DESCRIPTION</u>	<u>CODES</u>
Targeted Case Management Services (Rehab. Option)	104-A    1
Short-Term Crisis Residential Services (Forensic)	201
Crisis Stabilization Services (Rehab. Option)	202-A
Vocational Services	304-A
Day Rehabilitation Services (Adult) (Rehab. Option)	308-B    2
Day Rehabilitation Services (Children/Adolescents) (Rehab. Option)	309-B
Day Treatment Intensive Services (Adult) (Rehab. Option)	310-B
Day Treatment Intensive Services (Children/Adolescents) (Rehab. Option)	311-B    3
Mental Health Services (Rehab. Option)	402    4
Medication Support Services (Rehab. Option)	403    5
Crisis Intervention Services (Rehab. Option)	404-A    6
Mental Health Service Treatment Patch (La Casa)	405
Therapeutic Behavioral Services	406-A    7
Outreach Services	501-A    8
Outreach Services (Suicide Prevention Services)	502-A
Intensive Skilled Nursing Facility Services	601
Mental Health Rehabilitation Centers (La Casa Mental Health Rehabilitation Center)	602
Intensive Skilled Nursing Facility Services (La Paz)	603
Intensive Skilled Nursing Facility Services Forensic Treatment	604
Skilled Nursing Facilities (Psychiatric Services)	605
Skilled Nursing Facility – Special Treatment Program Services (SNF-STP/Psychiatric Services)	608
Intensive Skilled Nursing Facility Services – Enhanced Treatment Program (ETP)	609
Socialization Services	701-A    9
Life Support Services	801
Case Management Support Services	802-A
Case Management Support Services (Forensic)	803-A
Case Management Support Services (Children & Youth)	804-A
Life Support Services (Forensic)	805

**DMH LEGAL ENTITY AGREEMENT  
ATTACHMENT V  
AMENDMENT NO 7**

1	<u>Independent Living Services</u>	<u>901</u>	<u>      </u>
2	<u>Local Hospital Services</u>	<u>902</u>	<u>      </u>
3	<u>Semi-Supervised Living Services</u>	<u>904</u>	<u>      </u>
4	<u>Adult Residential Treatment Services (Transitional) (MSHA)</u>	<u>912</u>	<u>      </u>
5	<u>Adult Residential Treatment Services (Long Term)</u>	<u>913</u>	<u>      </u>
6	<u>Non-Hospital Acute Inpatient Services (La Casa PHF)</u>	<u>914</u>	<u>      </u>
7	<u>Comprehensive Adult Residential Treatment Services (Bio-Psycho-Social Services)</u>	<u>915</u>	<u>      </u>
8	<u>Assertive Community Treatment Program (ACT)</u>	<u>921</u>	<u>  10</u>
9	<u>Psychiatric Inpatient Hospital Services</u>	<u>930</u>	<u>      </u>
10	<u>Primary Linkage and Coordination Program</u>	<u>1001</u>	<u>      </u>
11	<u>Service Provisions (Organizational Provider Only)</u>	<u>1003</u>	<u>      </u>
12	<u>Consumer Run/Employment Program</u>	<u>1005</u>	<u>      </u>
13	<u>Client Supportive Services (<i>Includes Attachment A Reimbursement Procedures</i></u>		
14	<u><i>and Attachment B Monthly Claim for Cost Reimbursement</i>)</u>	<u>1010-A</u>	<u>      </u>
15	<u>Mental Health 24-Hour Services Interim Placement Funding for Basic Care Services</u>	<u>1011</u>	<u>      </u>
16	<u>Mental Health 24-Hour Services Children Under Age 18 Basic Services</u>	<u>1012</u>	<u>      </u>
17	<u>Supportive Services – Residential Programs (<i>Includes Attachment A</i></u>		
18	<u><i>Reimbursement Procedures and Attachment B- Monthly Claim for</i></u>		
19	<u><i>Cost Reimbursement</i>)</u>	<u>1013</u>	<u>      </u>
20	<u>Client Supportive Services-Mental Health Services Act Programs (<i>Includes</i></u>		
21	<u><i>Attachment A - Reimbursement Procedures and Attachment B - Monthly</i></u>		
22	<u><i>Claim for Cost Reimbursement</i>)</u>	<u>1014-A</u>	<u>  11</u>
23	<u>Full Service Partnership (FSP)</u>	<u>1015</u>	<u>  12</u>
24	<u>Supportive Services – Intensive Residential Program (<i>Includes Attachment A-</i></u>		
25	<u><i>Reimbursement Procedures and Attachment B - (Monthly Claim for</i></u>		
26	<u><i>Cost Reimbursement</i>)</u>	<u>1016</u>	<u>      </u>
27	<u>One-Time Expenses Associated with Starting a new MHSA Program (<i>Includes</i></u>		
28	<u><i>Attachment A-Reimbursement Procedures and Attachment B – Monthly</i></u>		
29	<u><i>Claim for Cost Reimbursement</i>)</u>	<u>1017</u>	<u>      </u>
30	<u>Client Supportive Services (New Directions) (<i>Includes Attachment A</i></u>		
31	<u><i>Reimbursement Procedures and Attachment B Monthly Claim for Cost</i></u>		
32	<u><i>Reimbursement</i>)</u>	<u>1018</u>	<u>      </u>
33	<u>Family Support Services</u>	<u>1019</u>	<u>  13</u>
34	<u>Service Extender Stipend Program Mental Health Services Act Programs</u>		
35	<u><i>(Includes Attachment A Reimbursement Procedures and Attachment B</i></u>		

DMH LEGAL ENTITY AGREEMENT  
ATTACHMENT V  
AMENDMENT NO 7

1	<u><b>Monthly Claim for Cost Reimbursement)</b></u>	1020	
2	Client Supportive Services Field Capable Clinical Services (FCCS) Mental Health		
3	Services Act Programs <i>(Includes Attachment A Reimbursement Procedures</i>		
4	<u><b>and Attachment B Monthly Claim for Cost Reimbursement)</b></u>	1021	14
5	Intensive In-Home Mental Health Services	1022	15
6	One-Time Expenses Associated with Starting a new Mental Health Services Act		
7	Program for Probation Camp Services <i>(Includes Attachment A Reimbursement</i>		
8	<u><b>Procedures and Attachment B Monthly Claim Cost Reimbursement)</b></u>	1023	
9	One-Time Expenses Associated with Starting a new MHSA Program for		
10	Transitional Living Centers for L.A. County, Inc. <i>(Includes Attachment A</i>		
11	<u><b>-Reimbursement Procedures and Attachment B Monthly Claim Cost</b></u>		
12	<u><b>Reimbursement)</b></u>	1024	
13	Intensive Treatment Foster Care	1025	
14	One-Time Expenses Associated with Program Development for Intensive		
15	In-Home Evidence Based Practices <i>(Includes Attachment A Reimbursement</i>		
16	<u><b>Procedures and Attachment B Monthly Claim Cost Reimbursement)</b></u>	1026	
17	Outreach and Engagement Services (MHSA Only)	1027	
18	Enriched Residential Services (Alternative Crisis) (Adults)	1028	
19	IMD Step-Down Programs (Adults)	1029	
20	Urgent Care Centers (Alternative Crisis) (Adults)	1030	
21	Client Supportive Services Homeless CalWORKs Families Project <i>(Includes</i>		
22	<u><b>Attachment A Reimbursement Procedures and Attachment B Monthly</b></u>		
23	<u><b>Claim for Cost Reimbursement)</b></u>	1031	16
24	Star View-PHF-Supplemental Financial Support	1032	
25	Star View-CTF-Supplemental Financial Support	1033	
26	One-Time Expenses Associated with Program/Program Development for Intensive		
27	In-Home Evidence Based Practices Non-MHSA <i>(Includes Attachment</i>		
28	<u><b>A Reimbursement Procedures and Attachment B Monthly Claim for Cost</b></u>		
29	<u><b>Reimbursement)</b></u>	1034	
30	Field Capable Clinical Services (FCCS)	1035	
31	Suicide Prevention Program Mental Health Services Act (MHSA) Prevention and		
32	Early Intervention (PEI) Plan	1036	17
33	One-Time Expenses Associated with Starting a new MHSA Program for PEI Early		
34	Start Suicide Prevention Program <i>(Includes Attachment A-Reimbursement</i>		
35	<u><b>Procedures and Attachment B Monthly Claim Cost Reimbursement)</b></u>	1037	

**SERVICE EXHIBIT 17**

**SUICIDE PREVENTION SERVICES**

**Provided under the  
Mental Health Services Act (MHSA)  
Prevention and Early Intervention Plan (PEI)**

**(MODE OF SERVICE 45)**

1. **GENERAL.** Suicide Prevention Services under the MHSA PEI Plan include outreach services that are delivered in the community-at-large to individuals who are contemplating, threatening, or attempting suicide, as well as concerned friends or family members. These services include the provision of emergency and informational counseling services and include mental health consultation services and mental health information and education services.

2. **PERSONS TO BE SERVED.** Contractor shall provide suicide prevention services to a target population that includes individuals who are contemplating, threatening, or attempting suicide, as well as concerned friends or family members who reside primarily within Los Angeles County.

3. **SERVICE DELIVERY SITE(S):** Contractor's facility(ies) where services are to be provided hereunder is (are) located at: Site(s) as identified on the Service Delivery Site Exhibit and in the Contractor's Negotiation Package/Addenda. Contractor shall obtain the prior written consent of Director at least seventy days before terminating services at such location(s) and/or before commencing such services at any other location(s).

4. **PROGRAM ELEMENTS AND SERVICES.** Contractor shall provide suicide prevention services that includes Community Outreach Services to the community and/or individual patients/clients in accordance with Contractor's Negotiation Package and any addenda thereto, as approved in writing by the Director, for the term of this Agreement.

Services shall be directed toward (1) assisting individuals and/or families at risk of suicide for whom no case record can be opened to achieve a more adaptive level of functioning through single contact or occasional contact, and (2) enhancing or expanding the knowledge and skills of Contractor's staff in meeting the needs of mental health patients/clients in crisis. Services shall include, but are not limited to:

A. Twenty-four hours a day, seven days a week (24/7), emergency and informational, telephone counseling services available to persons contemplating, threatening, or attempting to commit suicide, or to persons concerned about others who are contemplating, threatening, or attempting to commit suicide. Services will be provided by bilingual/bicultural staff. Telephone counseling services shall include referrals to appropriate mental health agencies, including Contractor's own program;

B. Professional consultation and education to teachers, and school personnel regarding suicide risk factors among 15- to 19-year-old, and making appropriate mental health referrals. Also, education to parents and families regarding these risk factors, and when to seek mental health treatment;

C. Apprising residents of Los Angeles County, through various public media, of the availability of Contractor's counseling and education services.

## 5. SERVICE GOALS

As a result of the transformation and expansion of suicide prevention services, prevention and early intervention services will be offered. "Prevention" is defined as reducing risk factors or stressors, building protective factors and skills, and increasing support. Prevention promotes positive cognitive, social, and emotional development and encourages a state of well-being that allows the individual to function well in the face of changing and sometimes challenging circumstances. "Universal prevention" targets the general public or a whole population group that has not been identified on the basis of individuals risks. "Selective prevention" targets individuals or a subgroup whose risk of developing mental illness is significantly higher than average.

"Early intervention" is defined as **intervention** directed toward individuals and families for whom a short duration (usually less than one year) of relatively low-intensity intervention is appropriate to measurably improve a mental health problem or concern very early in its manifestation, thereby avoiding the need for more extensive mental health treatment or services or to prevent a mental health problem from getting worse.

It is expected that:

- There will be an increased capacity of the Pacific Clinics Latina Youth Program to serve additional Latino families in a natural environment by bilingual and bicultural staff.
- Contractor will use the Columbia Teen Screen, an evidence based practice tool, and assess its effectiveness with an urban Latino population.



- Teachers, school personnel, and other youth agency representatives will receive training and consultation regarding suicide risk factors among Latino youth.

Service	FY 09/10 Prevention Goal	FY 09/10 Early Intervention Goal
Community-based mental health services	Individual: 25	Individual: 25
	Family: 25	Family: 25
Training of school personnel	Individual: 50	Individual: 50
Outreach to parents and teachers	Individual: 25	Individual: 25
	Family: 50	Family: 50

## **7. PERFORMANCE BASED CRITERIA**

DMH shall evaluate Contractor on three (3) Performance-Based Criteria that shall measure the performance related to program and operational measure and are indicative of quality mental health services. These criteria are consistent with the MHSA PEI Plan. These measures will assess the agency's ability to provide the mandated services as well as Contractor's ability to monitor the quality of services.

Contractor shall provide a process for systematically defining and measuring quality indicators at the program and community levels. Should there be a change in federal, State, and/or County policies/regulations, DMH, at its sole discretion, will advise Contractor of the revised Performance-Based Criteria within 30 days.

**The Performance-based Criteria are as follows:**

<b>Community-based mental health services</b>	<b>Maintenance of records of clients seen in community settings</b>	<b>Expectation of providing services in the community to 25 individuals and 25 families</b>
Training of school personnel	Maintain records of members attending suicide awareness events and presentations	Expectation that 50 school personnel will receive training on the risk factors and warning signs of suicide among youth.
Education and training of parents regarding suicide risk factors	Maintain records of parents attending suicide awareness events and presentations	Expectation that 25 families and 50 individuals will receive training and warning signs of suicide among youth.

**DMH Amendment Summary**

LEGAL ENTITY NAME: Pacific Clinics

Contract No.: MH120469

Legal Entity No.: 00203

Amendment No. 7

**LIST OF FUNDING SOURCES, PLANS, AND/OR SERVICES**

(Please check all applicable funding sources, plans, and/or services for Amendment only)

1	Family Preservation Program	
2	Child Abuse Prevention Intervention and Treatment (AB2994)	
3	Special Education Pupil (SEP)	
4	Specialized Foster Care	
5	Children's Comprehensive SOC Prog (SAMHSA, CFDA #93.958)	
6	Child MH Initiative-Project ABC (SAMHSA, CFDA #93.104)	
7	Juvenile Justice Program (STOP)	
8	Juvenile Justice Program (JJCPA)	
9	Co-occurring Disorder	
10	Path McKinney, CFDA #93.150	
11	Homeless Services (NCC)	
12	Family Functional Therapy Program	
13	CalWORKs	
14	Homeless – Family Project	
15	GROW	
16	Inpatient/Residential Services	
17	Non-Medi-Cal/Indigent	
18	Other Mental Health Services for clients under the age of 21 years	
19	Other Mental Health Services for clients 21 years of age or older	
20	MHSA – Full Service Partnership (FSP) - Child	
21	MHSA – FSP – TAY	

22	MHSA – FSP – Adult	
23	MHSA – FSP – Older Adult	
24	MHSA – Field Capable Clinical Services (FCCS)	
25	MHSA – Probation Camps	
26	MHSA – Urgent Care Centers	
27	MHSA – Wellness/Client-Run Centers	
28	MHSA – Institutions for Mental Disease (IMD) Step Down	
29	MHSA – Enriched Residential Services	
30	MHSA – Jail Transition and Linkage Services	
31	MHSA – POE (Outreach & Engagement)	
32	MHSA – PEI Early Start	X
33	DCFS Star View	
34	DHS LAMP	
35	DHS Social Model	
36	DCFS Hillview Transitional Independent Living	
37	DHS/ADPA Dual Diagnosis	
38	DCFS THP	
39	DCFS Medical Hub	
40	MAA	
41	Tri-City	
42	Medi-Cal: NON-EPSTD, EPSTD/Healthy Families/MAA/Tri-City	

<b>FUNDING SOURCE(S)</b> (Select from Funding Sources listed above for Amendment.)
(32). \$281,250
(32). \$375,000

AMOUNT Increase/Decrease	FISCAL YEAR	MCA
\$281,250	2009-10	\$70,302,645
\$375,000	2010-11	\$70,580,595

(See Financial Summary(ies) for funding details to MCA)

**AMENDMENT ACTION(S):** \_\_\_\_\_ **BOARD ADOPTED DATE:** \_\_\_\_\_ **EFFECTIVE DATE:** 2-2-10

For FY 2009-10 and 2010-11, this amendment will amend agreement to transform and expand Suicide Prevention services with Pacific Clinic's Latina Youth Program under the Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) Early Start; MHSA PEI Early Start funds in the amount of \$281,250 for FY 2009-10 and \$375,000 for FY 2010-11 will be added to the MCA. The MCA for FY 2009-10 will be \$70,302,645 and \$70,580,595 for FY 2010-11.

New Headquarters' (HQ) Address: \_\_\_\_\_ HQ Sup. District: \_\_\_\_\_  
 \_\_\_\_\_ Service Area(s): \_\_\_\_\_


ADD OR DELETE SERVICE SITE(S):

Name	Address	Sup. Dist.	Svc. Area(s)	Prov. No.

Deputy Director: Olivia Celis-Karim

Lead Manager: Alfredo Larios

**SOLE SOURCE CHECKLIST  
PACIFIC CLINICS MENTAL HEALTH SERVICES ACT PREVENTION  
AND EARLY INTERVENTION EARLY START PROGRAM  
SUICIDE PREVENTION SERVICES**

Check (✓)	JUSTIFICATION FOR SOLE SOURCE CONTRACTS
	<i>Identify applicable justification and provide documentation for each checked item.</i>
	➤ Only one bona fide source for the service exists; performance and price competition are not available.
	➤ Quick action is required (emergency situation).
	➤ Proposals have been solicited but no satisfactory proposals were received.
	➤ Additional services are needed to complete an ongoing task and it would be prohibitively costly in time and money to seek a new service provider.
	➤ Maintenance service agreements exist on equipment which must be serviced by the authorized manufacturer's service representatives.
	➤ It is more cost-effective to obtain services by exercising an option under an existing contract.
<b>X</b>	<p>➤ It is in the best interest of the County, e.g., administrative cost savings, excessive learning curve for a new service provider, etc.</p> <p>The Mental Health Services Act Oversight and Accountability Commission requested that projects be funded which are able to be readily and quickly implemented to enhance suicide prevention efforts. Pacific Clinics already has the staff and community contacts required in order to quickly and readily implement the transformation and enhancement of suicide prevention and intervention efforts.</p>
	➤ Other reason. Please explain:
<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;">  <p><b>Sheila A. Shima</b> Deputy Chief Executive Officer, CEO</p> </div> <div style="width: 45%; text-align: right;"> <p>1/3/2010</p> <p><b>Date</b></p> </div> </div>	