

MOTION BY SUPERVISOR ZEV YAROSLAVSKY

September 1, 2009

The prevalence of undiagnosed and untreated chronic disease such as diabetes and hypertension, particularly within the uninsured population in Los Angeles County, needlessly burdens hospital emergency departments and increases health care costs. Potentially, the formation of community-based, chronic disease screening and management programs can significantly reduce this burden. For instance, *Walking in Community*, an innovative, community-based, chronic disease management project of Community Partners, aims to form community walking groups within ten low-income neighborhoods in the San Fernando Valley. The local residents and neighbors comprising each walking group will be encouraged to meet in public venues such as public schools or parks and to walk together on a weekly basis; thus, promoting exercise and weight reduction. The groups will be led by trained individuals who will lead participants in exercises, ask them to complete a brief health status questionnaire, and monitor participants' attendance. In addition, participants in these ten community walking groups will be able to access low-cost health services such as chronic disease screening, medical treatment, peer support and health education twice a month at a mobile van clinic provided by the organizer of *Walking in Community* with the assistance of Providence Health System. Together these complementary, community- based

MOTION

MOLINA _____

RIDLEY-THOMAS _____

YAROSLAVSKY _____

ANTONOVICH _____

KNABE _____

projects aim to help meet the chronic care needs of approximately 1,000 uninsured patients and 2,000-4,000 community walking group participants.

By offering mobile van clinic services in tandem with community exercise groups, the *Walking in Community* project's low-cost holistic approach may provide significant improvement in chronic disease management at a significant cost savings. Innovative health projects like this may prove that meaningful improvements in health status can be achieved with only modest investments.

I, THEREFORE, MOVE that the Board of Supervisors instruct the Chief Executive Officer (CEO) to execute a funding agreement with Community Partners in the amount of \$25,000 for program costs of the *Walking in Community* project in the San Fernando Valley.

I FURTHER MOVE that the CEO approve an appropriation adjustment to transfer \$25,000 from the Third District Provisional Financing Unit (PFU) to the Project and Facility Development (PFD) Budget to allow transfer of the funds to Community Partners.

CK S:\Motions\Diabetes Walking Group-Dr. Lopez, PFU

COUNTY OF LOS ANGELES

REQUEST FOR APPROPRIATION ADJUSTMENT

DEPARTMENT OF **Chief Executive Officer**DEPT'S.
NO. 060

SEPT 24, 2009

AUDITOR-CONTROLLER.

THE FOLLOWING APPROPRIATION ADJUSTMENT IS DEEMED NECESSARY BY THIS DEPARTMENT. WILL YOU PLEASE REPORT AS TO ACCOUNTING AND AVAILABLE BALANCES AND FORWARD TO THE CHIEF EXECUTIVE OFFICER FOR HIS RECOMMENDATION OR ACTION.

ADJUSTMENT REQUESTED AND REASONS THEREFOR

FY 2009-10

3 - VOTES

SOURCES

PROVISIONAL FINANCING USES -VARIOUS

Services and Supplies

A01-CB-13749-13670-2000

\$25,000 13760

APPROPRIATION DECREASE

USES

PROJECT AND FACILITY DEVELOPMENT

Other Charges

A01-PF-10190-5500

\$25,000

APPROPRIATION INCREASE

JUSTIFICATION

Transfer \$25,000 from the Provisional Financing Uses budget unit to the Project and Facility Development budget as approved by the Board of Supervisors on September 1, 2009, Agenda Item 14.

ADOPTED
BOARD OF SUPERVISORS
COUNTY OF LOS ANGELES

Ed Corser
Ed Corser, Manager CEO

CHIEF EXECUTIVE OFFICER'S REPORT

■ 14 ■

SEP 01 2009

Sachi A. Hamai
SACHI A. HAMAI
EXECUTIVE OFFICER

REFERRED TO THE CHIEF
EXECUTIVE OFFICER FOR --

ACTION

APPROVED AS REQUESTED

AS REVISED

✓ RECOMMENDATION

SEPT. 28, 2009

J. Kibkaway
CHIEF EXECUTIVE OFFICER

AUDITOR-CONTROLLER

BY

Karin Shikama

APPROVED (AS REVISED):
BOARD OF SUPERVISORS

20

NO. 026

Sept 25 2009

BY

DEPUTY COUNTY CLERK

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