Applying For CalFresh Benefits

Just Got Even Easier

During these tough economic times, many of us could use help putting food on the table and now applying for CalFresh benefits just got easier...

The Department of Public Social Services is changing the way you can apply for CalFresh benefits. NO MORE waiting in long lines at District Offices, NO MORE excessive trips to return documents...You can now be interviewed over the telephone!

I never thought we would have to choose between food and prescriptions.

Now we don't have to.

When I lost my job it became a struggle to feed my family.

I found the help we needed.

I used to fear my daughter would go to bed hungry.

Now I know she never will.

Frequently Asked Questions

Question:
How will I know if I can participate in the telephone interview?

Answer:
Most CalFresh applicants are eligible for the telephone interview. There are a few exceptions, such as if you apply for CalFresh benefits and also apply for cash aid, such as CalWORKs, General Relief, CAPI, or if you requested Expedited Services. If so, you will still be required to complete a face-to-face interview in the District Office.

Question:
When will I be called for my interview?

Answer:
We will call you on the date and time entered on your appointment letter, at the telephone number that you provided on your application.

Question:
What if I need a different time or want to use a different telephone number?

Answer:
When you receive your appointment letter, a telephone number will be provided for you to call if you wish to change the appointment date, time or telephone number where you want to be reached.

Question:
What if I miss the call?

Answer:
We will attempt to call you three additional times. We will call every ten minutes. You will need to contact your worker to schedule a new appointment if we are unable to reach you.

Question:
What if I need to send in new documents like pay stubs or a birth certificate?

Answer:
You will be asked to mail any necessary documents to your Eligibility Worker. You may also drop them off in the District Office lobby drop-box.

For more information, call the Health and Nutrition Hot-Line at 1-(877) 597-4777

FOOD for LA
Los Angeles County
CalFresh Nutrition Program

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Los Angeles County Department of Public Social Services