

LA County Lakes - Regional Competition 2022

Hello JG families going to JG Regionals this FRIDAY!!

Please check to see what events your JG has been placed into. Not All events signed up for will be able due to the limited space per event.

This is the link to that sheet:

<https://docs.google.com/spreadsheets/d/13baimfU9FtHFQT3ib2o8Qhw5AB-q58ii1SqB83uE2X4/edit?usp=sharing>

We will have changes day of the Race. Relays are still open if we can get the number needed.

BELOW are the steps below that will help you sign up to become a member, register for the event, know where to go for the event, know when to be there and much more.

[United States Lifesaving Association \(usla.org\)](https://usla.org)

You must be a Jr. USLA Member. You will be promoted to become a member before you can register for the event.

1st *become a Junior Lifeguard Member \$10*

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Junior Lifeguard Member— (\$10) Available to boys and girls 9-17 years old who are registered in a USLA-affiliated junior lifeguard program.

JG Program Coordinators: For information on how to sign up all your Juniors Guards through bulk group registration please contact the USLA Membership Chair at membership@usla.org.

PLEASE NOTE: The USLA membership year begins on July 1st each year and expires on the following June 30th, regardless of the date on which you initially join. The annual membership fee is NOT pro-rated when signing up throughout the year, but we do have a 90 day grace period in advance of each membership year. This means that if you sign-up anytime after April 1st in a given year, you will be enrolled in the UPCOMING membership year.

For questions or more information, please contact the USLA Membership Chair at membership@usla.org.

- ☐ Professional Member
- ☐ Perpetual
- ☐ Alumnus Member
- ☒ Junior Lifeguard Member
- ☐ Associate Member

CONTINUE »

Los Angeles County Lakes CA: South West

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SELECT USERNAME AND PASSWORD

Please create a username for your account and enter your first name and last name. Once you are registered, you can enjoy all of the member-only areas of the site.

Note: All fields are required. Please ensure your username contains only letters and/or numbers with no special characters or spaces. You may also enter a valid email address. Example: 'smith123' or 'smith123@yourdomain.com'

Chapters are normally composed of lifeguards working for an individual lifeguard agency, or for several lifeguard agencies within counties or other geographic areas. If you find no chapter in our list that you believe represents you, you may select one of the "UNAFFILIATED" member types at the bottom.

Registration Information

Username	<input type="text"/>
First Name	<input type="text"/>
Last Name	<input type="text"/>
Chapter	<input type="text" value="Chapter: Los Angeles County Lakes, CA: Southwest"/> ▼

CONTINUE

2nd you will then sign up for the:

***2022 California Surf Lifesaving Junior
Lifeguard Championships \$20***

- You will be given a Competitor #

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3rd

- Once you have registered please email me to confirm your JG

COMP # EMAIL

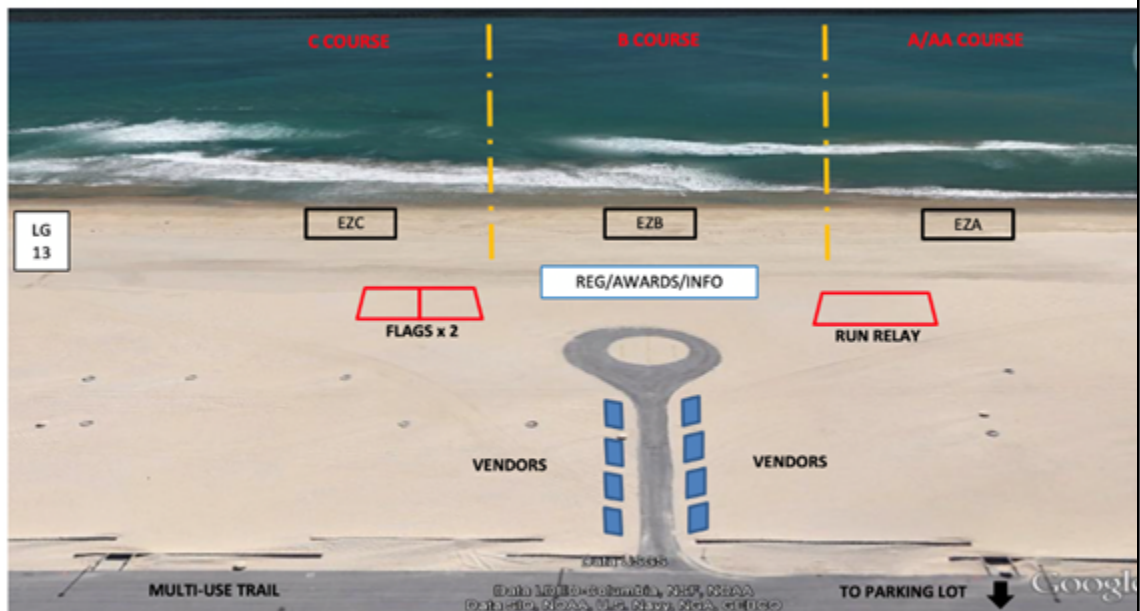
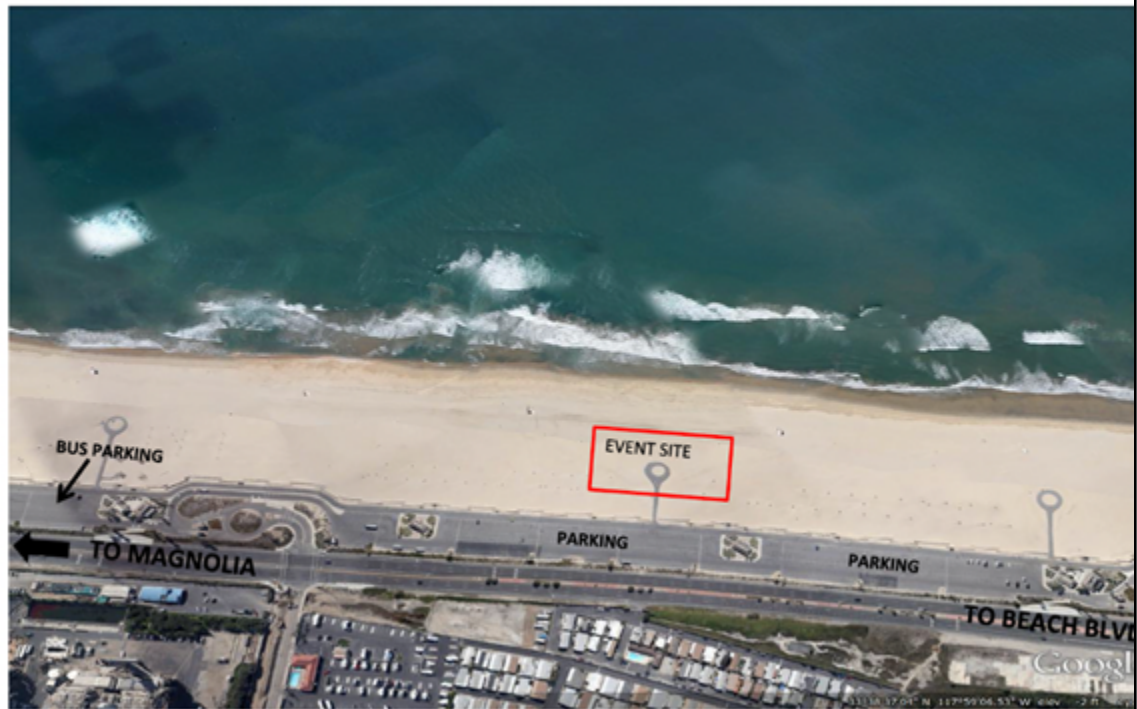
- Link to the [Lake Events Google Sheet](#). This is just for our Lakes to see what events we are signed up for. You will not sign up for events on the USLA Website.

Directions:

- The competition will be in the area of Towers 13 and 14 at Huntington State Beach.
- There are possibly 3 entrances that can serve as access to the parking lot. Beach BLVD, Magnolia, and Newland (8am-4pm) can all be used as entrances to parking lot and you can drive to event site using all these entrances. Parking fee for the day is \$15.
- Easiest access for those coming via the 405 north or 405 south would be driving straight down Beach Blvd.
- There are no specific accommodations for the event but there are several options on PCH, up Beach Blvd, or Costa Mesa.

- <https://goo.gl/maps/SJLd3rVJrnLmv44v7>
- Link to Google Maps Driving Directions

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SITE MAP

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4th

Please check in for the Long run by 8:00am. See everyone on

Friday.

- All other events please check in 1 hour before your event. (this might change after our Staff meeting tonight for the event)
- Please check in with us before your event to get your Race Cap. We will have JG Instructor LGs for each division. There will be a Big Blue 10x15ft Canopy with our logo LA County Lakes on it were our area will be



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	U-19	TIMES A,B,C	A DIV	B DIV	C DIV
0900 AM	DISTANCE RUN	900	DISTANCE RUN	DISTANCE RUN	DISTANCE RUN
TBD	SURF SKI	940	RUN-SWIM-RUN	DISTANCE SWIM	PADDLE RELAY
TBD	DISTANCE SWIM	1030	DISTANCE BOARD	RUN RELAY	DISTANCE SWIM
TBD	IRONMAN	1120	DISTANCE SWIM	RESCUE RELAY	BEACH FLAGS
TBD	BEACH FLAGS	1220	PADDLE RELAY	DISTANCE BOARD	SURF TEAMS RELAY
TBD	RUN-SWIM- RUN	110	BEACH FLAGS	SURF TEAMS RELAY	DISTANCE BOARD
TBD	DISTANCE BOARD	200	SURF TEAMS RELAY	BEACH FLAGS	RUN RELAY
TBD	SURF TEAMS	250	RUN RELAY	PADDLE RELAY	RUN-SWIM-RUN
TBD	BOARD RESCUE	340	RESCUE RELAY	RUN-SWIM-RUN	RESCUE RELAY
TBD	RESCUE RACE				
TBD	BEACH SPRINT				

- Attached is the updated with the U-19 Division (16,17,18)