Thirteenth Statewide Conference INTEGRATING SUBSTANCE USE, MENTAL HEALTH, AND PRIMARY CARE SERVICES: COURAGEOUS AND COMPASSIONATE CARE



Hilton Universal City Hotel at Universal City

555 Universal Hollywood Drive Universal City, California 91608

October 19-20, 2016



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In collaboration with:























Conference Overview

Conference Goals

The 13th Annual Statewide Integrated Care Conference will be held in Universal City, California, at the Hilton Universal Hotel on October 19-20, 2016. This year's conference theme is "Integrating Substance Use, Mental Health, and Primary Care Services: Courageous and Compassionate Care."

The neighborhoods we live in influence our behaviors and affect our health in profound ways. Social and economic factors in our communities are linked to mortality, chronic conditions, health behaviors, mental health status, and substance use. Through the conference, we hope to bring together physical health, mental health, and substance use disorder treatment providers to strengthen partnerships and inform innovative services across our diverse communities.

For our opening plenary, we are honored to welcome the CEO of HealthRIGHT 360, Dr. Vitka Eisen, who transformed her life after recovering from a heroin addiction and now runs the very organization that once provided her treatment. Other plenary sessions will explore integrated behavioral health, cultural considerations in evidence-based practices, and the current state of homelessness policies in Los Angeles County.

This year, we have created thematic tracks that recognize the importance of addressing the needs of specific populations and of system transformation. Attendees may follow tracks (including LGBT issues, primary healthcare, children and transition-age youth, and criminal justice, among others) through the breakout sessions, or mix and match content to meet their own needs. All workshop presenters will address how their specific topic area relates to the theme of integration from the ground up.

Meeting the needs of our communities means providing safe, effective, well-coordinated services that address the unique needs, values and cultures of those served. In this 13th Statewide Conference, we seek to further this goal within the context of the enormous transformation in health care delivery taking place statewide, and nationally, as we implement the Affordable Care Act. We seek to help providers to improve access to and coordination of care among mental health, substance use, health, criminal justice, education, child welfare, and other providers.

To this end, the conference goals are as follows:

- To facilitate attendees' ability to coordinate services to improve healthcare integration and collaboration for mental health, primary care, and substance use disorder services.
- To help attendees identify the characteristics of services and providers that best support health, wellness, and recovery.
- To assist attendees in identifying emerging best practices for treating the complex needs of those with co-morbidities and strategies for implementation.
- To provide attendees with valuable "take-home" skills that can be implemented immediately.

The 2016 Statewide Conference is, again, a 'green event.' All planning and execution efforts have been done with mindfulness toward our environment and resource sustainability. Conference planning, marketing, publicity, invitations and registration were created with this standard at the forefront. Attendees and Speakers are strongly encouraged to utilize electronic media for viewing hand-outs and materials.

Conference Day 1

Conference Agenda October 19, 2016

7:30 am—8:30 am Continental Breakfast/Registration

8:30 am—9:00 am Welcoming and Introductions

Karen Baylor, PhD, LMFT, California Department of Health Care Services;

Marlies Perez, California Department of Health Care Services

9:00 am—10:30 am Plenary Session

Vitka Eisen, PhD, HealthRIGHT 360

11:00 am—12:30 pm Workshops: Session I

A. Medi-Connect

Clayton Chau, MD, PhD, LA Care Health Plan

- B. Providing Culturally Responsive Services for Lesbian, Gay, Bisexual and Transgender Clients Thomas E. Freese, PhD, UCLA Integrated Substance Abuse Programs
- **C.** Diversion Programs

Tracey Whitney, JD, LA County District Attorney's Office **Kristin Ochoa MD, MPH,** Los Angeles County Office of Diversion and Reentry **Peter Espinoza, JD,** Los Angeles County Office of Diversion and Reentry

D. Addiction Services Transformation at the Greater Los Angeles VA
Larissa Mooney, MD, Greater Los Angeles VA
Shané Teram, Greater Los Angeles VA

E. Opioid Use Policy in Marin County and Los Angeles County
Matt Willis, MD, Marin County Department of Public Health
Gary Tsai, MD, Los Angeles County Department of Public Health, Substance Abuse Prevention and Control

F. FASD and Birth to Five

Margaret Lynn Yonekura, MD, Dignity Health, California Hospital Medical Center Darlene Walker, MA, CATC, Harbor-UCLA
Sharlene Gozalians, PhD, MPH, Los Angeles Best Babies Network

G. Homeless Youth

TBD

H. Smoking Cessation in Mental Health and Primary Care Practice

Steven Schroeder, MD, University of California, San Francisco **Brian Hurley, MD, MBA, DFASAM**, University of California, Los Angeles

I. Payment Structures

Jim O'Connell, Social Model Recovery Systems

Conference Day 1

Conference Agenda October 19, 2016 (continued)

12:30 pm—1:30 pm Lunch

1:45 pm—3:15 pm Plenary Panel Discussion:

Panel Discussion—Homelessness Policies and Services in Los Angeles County

Moderator: Phil Ansell, Los Angeles County Department of Public Social Services

3:30 pm—5:00 pm Workshops: Session II

- J. Primary Care and Substance Use Treatment Integration for High Utilizers

 Rebecca Trotzky-Sirr, MD, Los Angeles County + University of Southern California
- K. A Panel Discussion with LGBT Youth
 Moderator: Jennifer Alquijay, PhD, United American Indian Involvement, Inc.;
 Panelists to be determined
- L. The Community Transition Center: An Innovative Approach to Offender Reentry Karna Lau, MPA, San Diego County Probation Department; Michelle Romero, LMFT, Optum
- M. Suicide Prevention in the Veteran Population

Sanjai Rao, MD, San Diego Veterans Affairs; **Urmi Patel, PsyD,** Los Angeles County Department of Mental Health

N. Medication-Assisted Treatment

Gary Tsai, MD, Los Angeles County Department of Public Health, Substance Abuse Prevention and Control; **Thomas Freese, PhD**, UCLA Integrated Substance Abuse Programs; **Candy Cargill-Fuller**, Behavioral Health Services, Inc.

- O. Transition Clinic—Guiding Children into the Adult System of Care Diane Tanaka, MD, Children's Hospital Los Angeles
- P. Sobering Centers

Cheri Todoroff, MPH, Los Angeles County Department of Health Services

Q. SAPC Systems Change for Integration

Michelle Gibson, MPH, Los Angeles County Department of Public Health, Substance Abuse Prevention and Control; **John Connolly, PhD**, Los Angeles County Department of Public Health, Substance Abuse Prevention and Control

R. Domestic Violence
Susan Holt, PsyD, LA LGBT Center

Funding for this conference was made possible by the Department of Mental Health - UCLA Contract #MH010106, supported through MHSA Innovation Training Funds. This conference was also supported by cooperative agreement 1 UR1 TI024242-05 from the Substance Abuse and Mental Health Services Administration. The conference contents are solely the responsibility of LA County Department of Mental Health, UCLA ISAP, the Pacific Southwest ATTC, and the ICC Planning Committee and do not necessarily represent the official views of SAMHSA.

Conference Day 2

Conference Agenda
October 20, 2016

7:30 am—8:15 am Continental Breakfast/Registration

8:15 am—8:30 am Opening Remarks

8:30 am—10:00 am Plenary Session:

Integrated Behavioral Health

Elizabeth Morrison, LCSW, Family First Medical Care

10:45 am—12:15 pm Workshops: Session III

- S. eConsult: Utilizing Technology to Bridge the Integration Gap
 Christopher Benitez, MD, Los Angeles County Department of Health Services; Clayton Chau,
 MD, PhD, L.A. Care Health Plan; Paul Giboney, MD, Los Angeles County Department of
 Health Services; Ricardo Mendoza, MD, Los Angeles County Department of Mental Health; and
 Gary Tsai, MD, Los Angeles County Department of Public Health, Substance Abuse Prevention
 and Control
- T. Transgender and Gender Non-conforming Youth: Innovative Approaches to Care in 2016 Johanna Olson-Kennedy, MD, Children's Hospital Los Angeles; Aydin Olson-Kennedy, MSW, Los Angeles Gender Center
- **U.** Juvenile Justice

Hanumantha Damerla, MD, Los Angeles County Department of Mental Health; Aron Steward, PhD, State of Vermont Department of Children and Families, Woodside Juvenile Rehabilitation Center

V. Military Cultural Competency
Nathan Graeser, MDiv, MSW, University of Southern California, School of Social Work

W. Naloxone for Overdose Prevention

Margaret Mendez, PharmD, Greater Los Angeles VA

X. Connecting Hard to Reach Populations on the Streets

Moderator: Chris Tower, Los Angeles County Department of Mental Health, VALOR Program Panelists: Eric Barrera, Los Angeles County Department of Mental Health, VALOR Program; Alexandria Britton, Los Angeles County Department of Mental Health, SB 82 Outreach Program; Mark Meeker, Los Angeles County Department of Mental Health, VALOR Program; Madison Rae, Friends Community Centern

Y. Self-Care and Burnout
Elizabeth Morrison, LCSW, Family First Medical Care

Z. Cultural Considerations in Evidence-Based Practices

Cheryl Grills, PhD, Loyola Marymount University

AA. TBD

TBD

Conference Information

Conference Planning Committee

Sermed Alkass, Los Angeles County DMH

Francesca Anello, Los Angeles County DMH

Michele Archambeault, Los Angeles County DMH

Ken Bachrach, Tarzana Treatment Centers

Karen Bernstein, Los Angeles County DHS

Verda Bradley, Los Angeles County DMH Ret.

Beth Briscoe, Los Angeles County DMH

Emi Bojan, Los Angeles County DMH

Valerie Curtis, Los Angeles County DMH

Darien De Lu, Dept. of Health Care Services

Carol Falender, Pepperdine University

Thomas Freese, UCLA ISAP

Adrienne Gee, Los Angeles County DMH

Albert Hasson, UCLA ISAP

Suzanne Holland, Los Angeles County DMH

Grant Hovik, UCLA ISAP

Brian Hurley, David Geffen SOM, UCLA

Erynne Jones, California Primary Care Association

Diane Kubrin, Los Angeles LGBT Center

Alex Li, Los Angeles County DHS

Matthew Moyer, CCALAC

Christine Oh, Los Angeles County DPH, SAPC

Urmi Patel, Los Angeles County DMH

Mike Rizzo, Los Angeles LGBT Center

Kimberly Ronan, Los Angeles County DMH

Beth Rutkowski, UCLA ISAP

Sarah Savage, Los Angeles County DMH

John Sheehe, Los Angeles County DMH

Jessica Sinks, UCLA ISAP

Cynthia Song-Mayeda, Los Angeles County DPH, Tobacco

Control and Prevention Program

Joycelyn Whiten, Los Angeles County DPH, SAPC Ret.

Continuing Education Information

Corrections Personnel: The 13th Statewide Conference qualifies as work-related education (WRE) through the Board of State and Community Corrections' Standards and Training for Corrections (STC) Program. Interested individuals can apply for training credit through their respective training units.

Drug & Alcohol Counselors: UCLA Integrated Substance Abuse Programs is an approved provider of CE credits/contact hours for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, 2N-00-445-1117), CATCs (ACCBC/CAADE, CP 20 903 C 0816), and CAODCs (CADTP, #151). Up to 9.0 CE credits/contact hours will be offered.

LMFTs, LPCCs, LEPs, & LCSWs: UCLA Integrated Substance Abuse Programs is approved by the California Board of Behavioral Sciences to offer up to 9.0 CE credits/contact hours to LMFTs, LPCCs, LEPs, and LCSWs (PCE# 2001).

Psychologists*: UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. Up to 9.0 CE credits will be offered.

Physicians, Physician Assistants, and Nurse Practitioners*: This activity has been planned and implemented in accordance with the accreditation requirements and policies of IMQ/CMA Institute for Medical Quality, a subsidiary of the California Medical Association, through the joint providership of L.A. Care Health Plan and UCLA ISAP. L.A. Care Health Plan is accredited by the IMQ/CMA to provide continuing medical education for physicians.

Registered Nurses* Provider approved by the California Board of Registered Nursing, Provider #15455, for up to 9.0 contact hours.

*A listing of the specific sessions eligible for continuing education for psychologists, registered nurses, physicians, physician assistants, and nurse practitioners will be indicated in the final conference program.



2016 Statewide Integrated Care Conference Mail-In Registration Form

Please print clearly

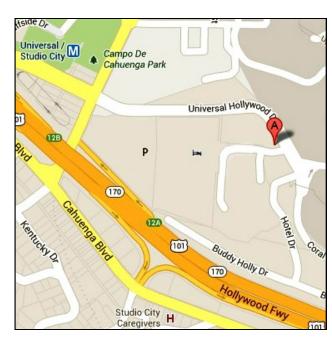
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Mail this form and payment to: **UCLA ISAP**, 11075 Santa Monica Blvd, Suite 200, Los Angeles, CA 90025 Attn: Shannon Bertea. Or fax this form to (310) 312-0538. For questions: sbertea@mednet.ucla.edu, or call (310) 267-5398

- * * Registration fees are the same for one or both days. Registration includes continental breakfast and lunch.
- * * Notice of cancellation must be made by <u>5:00 PM PDT October 5, 2016</u> in order to receive a partial refund registration fee minus a \$25 administrative processing fee). Otherwise all fees are nonrefundable.



The Hilton Universal City Hotel is located at: 555 Universal Hollywood Dr, Universal City, CA. 91608, Phone: 1-818-506-2500 The hotel is located at the entrance of Universal Studios on the corner of Universal Hollywood Drive and Hotel Drive.

Discounted guest rooms are available for out of town attendees; information to follow upon registration.

There is a discounted daily self parking rate of \$12.00 per day.