Consortium on Asian American Mental Health Training
Presents:
Bipolar Disorder: Assessment, Treatment, and Cultural Considerations

This one day training conference offers mental health professionals, students/trainees, consumers, and family members an opportunity to acquire knowledge and skills in assessing and treating bipolar disorder in different settings. As a result of this training, participants will gain a better understanding of bipolar disorder and apply culturally appropriate approaches to treat Asian American consumers with bipolar disorder. Specifically this conference will provide participants with the following therapeutic skills to enable them to:

1) Recognize and distinguish diagnostic criteria for bipolar I & II disorders, cyclothymic disorder, attention deficit/hyperactivity disorder, and disruptive mood dysregulation disorder in adult and in youth
2) Identify major factors that contribute to the misdiagnosis of bipolar disorder from other related disorders
3) Increase understanding of the controversies regarding the prescription of antidepressants to treat bipolar disorder
4) Apply components of family-focused therapy, particularly in relation to early-onset consumers
5) Utilize culturally competent therapeutic skills in working with Asian American consumers

Almansor Court Conference Center
700 S. Almansor Street
Alhambra, California 91801
(626) 570-4600
http://www.almansorcourt.com/

From the 10 Freeway, going EAST:
Merge onto SOUTH GARFIELD AVENUE via Exit 23B toward Alhambra (1.2 miles).
Turn RIGHT onto EAST LOS HIGOS STREET (0.3 miles).
Turn LEFT onto SOUTH ALMANSOR STREET (0.2 miles).

From the 10 Freeway, going WEST:
Take the GARFIELD AVENUE exit - EXIT 23B - toward ALHAMBRA (0.1 miles).
Merge onto SOUTH GARFIELD AVENUE via EXIT 24 toward ALHAMBRA (0.9 miles).
Turn RIGHT onto EAST LOS HIGOS STREET (0.3 miles).
Turn LEFT onto SOUTH ALMANSOR STREET (0.2 miles).

Thursday, October 27, 2016
Almansor Court
700 S. Almansor Street
Alhambra, CA 91801

County of Los Angeles Department of Mental Health
Department of Psychiatry at Harbor-UCLA Medical Center
Conference Agenda

Plenary Sessions

8:45 - 10:15 am

Bipolar Disorder: An Overview of Diagnosis and Treatment

Michael Gitlin, MD
Professor of Clinical Psychiatry
David Geffen School of Medicine at UCLA

Cheung, PsyD
Professor, Department of Graduate Psychology
Azusa Pacific University (APU)

Stephen Cheung, PsyD
Professor, Department of Graduate Psychology
Azusa Pacific University (APU)

Cheung, PhD
Director, Department of Graduate Psychology
Azusa Pacific University (APU)

Workshops

A. Cultural Considerations in Diagnosis of Bipolar Disorder

Presenter: Descartes Li, MD
University of California, San Francisco

B. Bipolar Disorder, DMDD, and ADHD: Diagnostic Controversies in Children

Presenter: Brett Sevilla, MD
Specialized Services for Groups
Asian Pacific Counseling and Treatment Centers

C. Family-Focused Therapy for Persons with Bipolar Disorder

Presenter: Eunice Kim, PhD
University of California, San Diego

Conference Planning Committee

Freda K. Cheung, PhD
LA Biomedical Consultant

Scott Hanada, LCSW
Azusa Pacific University

Freda Cheung, PhD
Asian Pacific Counseling and Treatment Centers

Lisa Song
University of California, San Diego

FOR QUESTIONS, CONTACT:

Lisa Song (lsong@dnh.lacounty.gov) or Jee Won Kim (jwkim@dnh.lacounty.gov)

Freda Cheung (261) 458-7700

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October 27, 2016

Registration Information

PLEASE MAKE CHECKS PAYABLE TO LA BioMed.

LAC-DMH employees must use DMH Registration form

Mail form and check to:

Catherine Busmanante
Department of Psychiatry
Harbor-UCLA Medical Center, Box 8
1000 W. Carson Street
Torrance, CA 90509

Registration confirmation will be emailed on or before October 15th. Refund: Full refund less $15 administrative fee before 10/15/16. Requests must be made in writing. No refund after 10/15/16.

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