COUNTYWIDE
FITNESS CHALLENGE 2016

A DAY AT THE FARMERS' MARKET

STOP & SMELL THE FLOWERS!

Join us at the Farmers' Market for healthy foods, softball tournament, and power walks.

CERTIFIED NUTRITIONIST

5K RUN

FITNESS POWER WALKS

SCAVENGER HUNT

FREE GIVEAWAYS
DRAWING PRIZES

SOFTBALL TOURNAMENT*
*August 6 – Tournament
September 10 – Championship playoff
at Alondra Community Regional Park

Wilson Park Certified Farmers' Market

2200 Crenshaw Boulevard
Torrance, CA 90501
4th Supervisorial District

Saturday, August 6, 2016

8:00 a.m. – Noon

EVENT SPONSOR

KAISER PERMANENTE®

RSVP to secure your giveaways at
http://employee.hr.lacounty.gov/countywide-fitness-challenge-2/

KAISER PERMANENTE® UnitedHealthcare Cigna Anthem BlueCross

STOP AND SMELL THE FLOWERS!

August 6, 2016, 8:00 a.m. – 12:00 noon

Torrance Certified Farmers Market at Wilson Park
2200 Crenshaw Boulevard, Torrance CA 90501

DIRECTIONS: FROM THE 405 FWY NORTH OR SOUTH BOUND
Exit Western Ave., head South, Turn Right on W. 190th St., Bear LEFT on Crenshaw Blvd.
Wilson Park is on the corner of Crenshaw Boulevard and Jefferson Street

The County booths are located in the East corner of the Farmer's Market next to the Dee Hardison Sports Center