# County of Los Angeles Department of Mental Health Student Professional Development Program 2017 2018 Academic Voor

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Complete this form for each discipline to be placed at this agency:  Service			
<b>▼</b> Psychology	□ Nursing Rrea 8		
		Marriage Family Therapist	
	Occupational Therapy		
✓ Internship		Other (specify):	
☐ Social Work			
☐ Specialization			
☐ Macro/Admi			
DMH Agency:	Long Beach Mental Health-	Adult Services	
DMH Agency Address:	2600 Redondo Ave., 3 <sup>rd</sup> flo	or	
Divili rigency radicess.	Long Beach, CA 90806		
DMH Agency Liaison:	Lee M. Gomberg, Ph.D.		
New or Returning:	□ New		
Liaison Email Address:	lgomberg@dmh.lacounty.gov; alt: lgomberg@yahoo.com		
Liaison Phone Number:	562-256-2935		
Liaison Fax Number:	562-290-0074		
Agency ADA accessible	✓ Yes □ No		
	If "No" identify:		
C4 J4 D	_		
Student Requirements How many positions will		2	
Beginning and ending da		Sept 11, 2017 to July 31, 2018	
beginning and ending dates:		Sept 11, 2017 to July 31, 2010	
<b>Student Schedule:</b> Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.			
Monday		8:30am-5pm <b>m</b> (8:30-12 – TR/HUCLA)	
Tuesday		8:30am-5pm <b>m</b> (2-3:30 – DBT Team Mtg.)	
Wednesday		8:30am-5pm	
Thursday		8:30am-5pm <b>m</b> (1:10-2:10 – PEI Team Mtg.	
Friday			
Total hours expected to be worked per week:		24	
Number of direct client hours per week anticipated:			
Expected average consumer caseload:		5-6	
What cultural groups typically received services at your site?		Caucasian, African American, Latino, Asian, English, Spanish	

## **County of Los Angeles Department of Mental Health**

### **Student Professional Development Program**

2017-2018 Academic Year

**Description of Site:** (Please describe the type of Agency setting and services offered)

Long Beach Mental Health is one of the largest and most innovative outpatient community mental health centers operated by Los Angeles County Department of Mental Health. Its mission is to provide a spectrum of mental health services to an adult population residing in the greater Long Beach area who present with mild to severe and disabling mental illnesses. Our population is quite racially, ethnically and culturally diverse, and most are socioeconomically disadvantaged. The most common diagnoses are depressive disorders, Bipolar I & II disorders, PTSD, Schizophrenia-spectrum disorders, anxiety disorders, Adjustment disorders, and cluster B personality disorders. Nearly half experience a comorbid substance-use disorder and many have health related problems. About 90% of the patients have had prior traumatic exposure. Services provided include clinical assessment, individual and group therapy, as well as crisis intervention and consultation and liaison with local community partners providing drug treatment or other ancillary services. The clinic provides a number of evidence-based practices under its Prevention and Early Intervention (PEI) Services Program for individuals early in the course of their disorder. In addition, the clinic has a formal Dialectical Behavior Therapy Treatment Program for consumers with borderline personality disorder

<b>Target population and types of services provided:</b> (please check all that apply)		
<b>✓</b> Individuals	☐ Psychoeducational groups (e.g. Parenting)	
<b>▼</b> Groups	Community Outreach	
☐ Families	<b>▼</b> Brief treatment	
☐ Chilren & Adolescents	☐ Evidence Based Practices	
✓ Adults	∇risis Intervention	
☐ Older Adults	▼ Screening and Assessment	
Court/Probation referred   ✓ Psychological Testing		
▼ Consultation/Liaison □ Other (specify):		
What are the most frequent diagnostic categories of your client population?		
Major Depressive Disorder, Anxiety Disorders, Anger Management Disorders, PTSD; Co-morbid		
current, recent or past substance use disorder(s); persisting psychotic disorders often related to prior substance misuse.		
prior substance misuse.		

What specific (perhaps unique) training opportunities do students have at your agency?

Weekly seminar at Harbor UCLA in Advances in Cognitive Therapy (Sept-June); Dialectical Behavior Therapy (3 day training); One day training in Acceptance & Commitment Therapy; One day training in Cognitive-Behavioral Analysis System of Psychotherapy (CBASP); working collaboratively with an Addiction Psychiatry Fellow in an integrative behavioral health model for co-occurring disorders (meeting offsite at a local chemical dependency treatment center within five minute drive); ability to attend continuing education workshops offered by DMH.

What evidence based practices or theoretical orientations will students be exposed to at this site? CBT, DBT, third-wave approaches (e.g., ACT, Mindfulness-Based Cognitive Therapy, Motivational Enhancement/Trans-theoretical Stages of Change)

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

Psychologists, Addiction Psychiatry Fellow, Staff Psychiatrists, Clinical Social Workers, Chemical Dependency Counselors, Medical Caseworkers, Service Extenders/peer specialists.

# **County of Los Angeles Department of Mental Health**

List locations where students will be providing services **other than agency**?

Students provide services at LBMH, but attend a weekly team meeting at BHS-Redgate Memorial Recovery Center (within 5 minute drive) to staff mutual patients.

Does your agency allow students to	videotape	e and/or audiotape clients for the purpose of presenting
cases in their academic classes?	✓ Yes	□ No

### **Student Professional Development Program**

2017-2018 Academic Year

#### **Supervision:**

What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1	Ph.D., Psychology
Group:	2.5	Ph.D., Psychology

	What is the minimum ratio	of supervision to client contact hours?	
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Does your agency require a particular range of previous experience or specific prerequisite coursework? If so please explain.

Prior clinical experience with adults is preferred; familiarity with, and strong interest in CBT approaches.

#### **Agency Application Process**

Mandatory requirements: Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.

<b>DMH Staff completing this form</b> : Lee Gomberg, Ph.D.	Title: Supervising Psych.	
Signature:	Date: <u>2/1/2017</u>	
Program Head: Emilia Ramos	Phone #: <u>562-256-2953</u>	
District Chief: Debbie Innes-Gomberg	Phone #: <u>213-738-2756</u>	
Electronic Signature:	_ Date:	