

## CONDUCTING GRIEF AND LOSS SUPPORT GROUPS

**DATE & TIME:** September 29, 2015

**9:00 AM - 4:30 PM**

*All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training start time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.*

**PLACE:** East Los Angeles Public Library  
Gloria Molina Community Meeting Room  
4837 E. 3rd Street  
Los Angeles, CA 90022

**PARKING:** Free Parking is available in the parking tower across from the East Los Angeles Public Library building.

This course will address issues related to grief in older adults, and process for developing and conducting grief and loss support groups. An overview of loss, grief, and grieving, including research related to what has been referred to as “stages of grief” will be provided. Other discussion topics will address: loss pertaining to the experience of an older adult, ways people respond to loss and normal grieving” vs identification of complicated or unresolved grief. Lastly, grief rituals relevant to different religions and cultures will be addressed. .

**TARGET AUDIENCE:** Older Adult DMH and county contracted Licensed Mental Health Clinicians & Psychologists

**OBJECTIVES:** As a result of attending this training, participants should be able to:

1. Describe at least 4 common reactions to loss.
2. Summarize research evidence regarding the validity of the “Stages of Grief” hypothesis.
3. List at least 3 differences between “normal” grief and complicated or unresolved grief.
4. Identify at least 3 tools which can be used when conducting grief therapy.
5. Describe at least 4 grieving rituals specific to different cultures and religions.
6. Describe at least 2 tools to be used when conducting a community support group for older adults.
7. List the activities/tasks needed to start a Grief and Loss support group.

**CONDUCTED BY:** Janet Yang Ph.D., ABPP

**COORDINATED BY:** Chandler Norton, M.A. MFTI Training Coordinator -  
[cnorton@dmh.lacounty.gov](mailto:cnorton@dmh.lacounty.gov)

**DEADLINE:** When capacity is reached

**CONTINUING EDUCATION:** 5.5 CEU hours for BBS, BRN, CAADAC  
5.5 CE hours for Psychologist

**COST:** None

DMH Employees register at:  
<http://learningnet.lacounty.gov>

Contract Providers complete  
attached training application

Cultural Competency  Pre-licensure  Law and Ethics  Clinical Supervision  General



County of Los Angeles – Department of Mental Health

CONDUCTING GRIEF AND LOSS SUPPORT GROUPS

APPLICATION FORM FOR CONTRACT PROVIDERS

Please print or type

Instructions

Each applicant must also provide the last four digits of their Social Security Number to be used as a secondary form of identification. If the correct information is not provided, the Workforce Education and Training Division will not be responsible for record keeping, and no certificate of attendance will be issued.

This form is to be used for CONDUCTING GRIEF AND LOSS SUPPORT GROUPS

Training Title: CONDUCTING GRIEF AND LOSS SUPPORT GROUPS Date: September 29, 2015

Date:

Name: Last 4 digits of SSN:

Job Title:

Legal Entity (LE) Name: LE Number:

Provider Name: Provider Number:

Email Address:

Work Address:

City: Zip Code:

Telephone: Fax:

License or Credential Number(s):

LCSW	MFT	RN	Psychologist	MD
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Print Supervisor's Name

Supervisor's Signature

Supervisor's Approval Required (Applications will not be processed if not signed by supervisor)

MAIL or FAX Application to:  
**County of Los Angeles-Department of Mental Health**  
**Older Adult Administration**  
**Chandler Norton, Training Coordinator**  
**550 S. Vermont Avenue, 6<sup>th</sup> Floor**  
**Los Angeles, CA 90020**  
**Phone: (213) 738-2126**  
**Fax: (213) 351-2015**  
*(When faxing, there is no need to use a cover sheet)*