Supplemental COD Assessment:
Instructions for Alcohol Screening Score in IBHIS

How to Calculate the Alcohol Screening Score:
1. Select client’s responses to alcohol screening questions.
2. Add up numbers next to the responses using the guide below.
3. Type total score into text box.
4. Compare total score to the risk chart below.

<table>
<thead>
<tr>
<th>Alcohol Screening Questions</th>
<th>How often do you have a drink containing alcohol?</th>
<th>How often do you have six or more drinks on one occasion?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>[ ] 0</td>
<td>[ ] 0</td>
</tr>
<tr>
<td>2-4 times a month</td>
<td>[ ] 2</td>
<td>[ ] 1</td>
</tr>
<tr>
<td>Monthly or less</td>
<td>[ ] 3</td>
<td>[ ] 1</td>
</tr>
<tr>
<td>5+ times a week</td>
<td>[ ] 4</td>
<td>[ ] 3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>How many drinks containing alcohol do you have on a typical day when you are drinking?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 or 2</td>
</tr>
<tr>
<td>3 or 4</td>
</tr>
<tr>
<td>5 or 6</td>
</tr>
<tr>
<td>7 to 9</td>
</tr>
<tr>
<td>10+</td>
</tr>
</tbody>
</table>

4. Compare total score to the risk chart below.

- **Total Score = 0-3**
  - Low Risk/Abstain: Give client positive reinforcement. Select “No” to brief intervention.

- **Men = 4-7**
  - Moderate/High Risk: Give client a brief intervention. Select “Yes” to brief intervention.

- **Women = 3-7**
  - Moderate/High Risk: Give client a brief intervention. Select “Yes” to brief intervention.

- **Total Score = 8+**
  - Severe Risk: Give client a brief intervention. Select “Yes” to brief intervention.

How to Conduct a Brief Intervention:
If client’s score is in the Moderate/High or Severe Risk level, then provide a brief intervention using the three steps of the F.L.O. ↓ (more details available at www.uclaisap.org/dmhcod )

**Feedback**
- Ask for permission
- Provide feedback on screener results and interpret
- Elicit client reaction

**Listen and Understand**
- Explore Pros and Cons ➔
  - Use Readiness/Importance/Confidence Ruler ➔
  - Use reflections and summarize

**Explore Options**
- Create a menu of options
- Elicit agreement on selected option
- Schedule follow-up

**Exploring Ambivalence**
- The good things about ______
- The not-so-good things about ______
- The good things about changing
- The not-so-good things about changing

- Summarize pros and cons
- Use open-ended questions