FREE COMMUNITY HEALTH FAIR*

SUNDAY
MARCH 22
2015

10:00 A.M. - 4:00 P.M. ⋆ EVERYONE WELCOME!

FREE SCREENINGS

diabetes
cholesterol
BMI
blood pressure
vision
hearing
mammograms

healthy cooking
free posture assessment
free 10-minute physical therapy
get information from the
-American Heart Association
-American Cancer Society
-Alzheimers Association

*Participants must be 18 years and older.

SOUTH BAY ADVENTIST CHURCH
401 S. PROSPECT AVENUE
REDONDO BEACH, CA 90277
WWW.SOUTHBAYCHURCH.NET ⋆ 310-214-3123

FREE HEALTHY FOOD

DR. CYNTHIA JOHNSON, DIRECTOR ⋆ (323) 528-9708 ⋆ CYBERJOHNSON2000@YAHOO.COM