



# TAY System of Care Bureau Newsletter

## INDEPENDENT LIVING PROGRAMS (ILP)

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The Transitional Housing Programs (THP) also known as Independent Living Programs (ILP) established a Memorandum of Understanding (MOU) in 2008 between Los Angeles County Department of Mental Health (DMH), Department of Children and Family Services (DCFS), and Probation Department (Probation) outlining responsibilities with implementation of ILPs for transitional age youth (TAY) with Severe and Persistent Mental Illness (SPMI), ages 18-21, who had been in foster care in either the Dependency system or Juvenile Justice system that have emancipated and had Court jurisdiction terminated.



*Hillview ILP*

The current capacity for the ILP is 50 beds. The three ILP contracted agencies that have been servicing these emancipated TAY are: Step-Out (20 bed facility, located in Compton); Hillview (12 bed facility located in Granada Hills); and Athena (18 bed facility located in San Gabriel and Alhambra). Mental health services, funded by DMH, include: individual therapy; individual rehabilitation; psychiatry; and targeted case management. The non-mental health services, funded by ILP and the Los Angeles Housing Authority, include: money management; vocational and educational guidance; basic life skills; and social and recreational activities. ILPs have clinical staff to identify substance abuse issues but refer out for outpatient services and inpatient services when needed.

DCFS and Probation work with the ILPs to provide appropriate referrals. The ILPs receive referrals mainly from DCFS and Probation in congregate care, group homes, and/or probation camps. In addition, the ILP providers conduct outreach to DCFS and Probation offices, ILP coordinators, and residential placements in their service area or community. The ILP assist TAY with their self-sufficiency by transitioning them to more stable housing.

### During FY 2012-13, ILPs provided services for 115 TAY:

Agency	Number Served
Athena	39
Hillview	36
Step-Out	40
<b>Total</b>	<b>115</b>

*“It was a great blessing knowing that I was gonna be okay.”*

*- S.P.*

## Client Success Story

*(Adapted from a letter by SP)*

Before I came to Hillview I was a wild, rebellious teenager . . . well, basically I was a mess. So, because of all of my actions, I ended up getting into trouble and getting on probation. After I was placed on probation, I violated my probation. Not that long after, I got plenty of chances by my P.O. and judge, but then I finally got what I deserved and was sent to the halls. Eventually, my mom finally had enough of my crap and told me I wasn't gonna be coming home. I didn't know what I was gonna

do, but then I found ILP. It was a great blessing knowing that I was gonna be okay. Well, anyways . . . since I've been here, there's been a big change in me and my life: I graduated high school, I have a part time job, and stay away from negative people who do drugs. That was the old me, but now I'm a young woman! I'm so proud of myself!



*“They had accepted me with open arms, and granted me with so much knowledge in order to continue down the road towards a brighter future.”*

*- Y.K.*

## Client Success Story *(Adopted from a letter by YK)*

My life, before I transitioned into HMHC independent youth program, was an experience that took time and a lot of patience. I resided in a level 12 group home known as, Penny Lane. I lived there for about a year and a half before I had an interview with Dr. Jordan and Christina M. to be accepted and become a resident at their independent youth program. I had no idea what was waiting for me out in the real world, and I had my doubts about taking the next level towards independence. Thankfully, it wasn't as terrifying as I expected it to be. Everyone had always told me that I had to do things on my own once I emancipate from DCFS. The main question that danced around my mind was: how? That question became short lived once I met Nancy and

Brianne. They had accepted me with open arms, and granted me with so much knowledge in order to continue down the road towards a brighter future. Whenever I had gone through a low point in life, not only did the staff at HMHC lend a hand to pull me back up, they taught me how to stay up, how to stay positive, and most importantly, how to stand my ground and keep myself balanced. Thanks to everyone's constant love, support, and careful watch over me, I can say with confidence that I am walking the correct path towards a bright future. I am a health coach, distributor for Herbalife, and a hard worker at Walgreens!



## CONGRATULATIONS!

This is to acknowledge MC Harris (joined by his 8-year old son) in receiving an award in the Annual Profiles of Hope Awards Ceremony 2014.

*Profiles of Hope* is an in-depth portrait of individuals who have struggled with mental health issues and are now in recovery. Their stories - unfiltered, inspiring and deeply moving - are a testament to the power of hope and finding the path to wellness and recovery.





## TRANSITION AGE YOUTH SYSTEM OF CARE LEADERSHIP

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## Announcements

### Suicide Prevention

The Partners in Suicide Prevention (PSP) Team for Children, Transition Age Youth (TAY), Adults, and Older Adults is funded by the Mental Health Service Act (MHSA). This program is designed to increase public awareness of suicide and reduce stigma associated with seeking mental health and substance abuse services.

Trainings have been provided in an array of settings including: Los Angeles County departments, colleges, shelters, faith based communities, community mental health agencies and direct service providers. Our goal is to average 16 trainings per month.

For additional information or trainings, please contact Karon Austin, LCSW, TAY Division, at 213-351-7788 or William Barreto, MPA, TAY Division, at 213-351-7797.

### Anti-Stigma and Discrimination

The Countywide Anti-Stigma and Discrimination (ASD) Team is a Prevention and Early Intervention Program. Its mission is to increase public awareness, social acceptance, and inclusion of people with mental health challenges. ASD outreach activities include presentations, group sessions with dialogue, and activities to encourage access to mental health services.

### TAY Mobile Resource Library

The mobile library provides information regarding mental health, housing resources, health services, crisis counseling, alcohol and drug counseling, GED preparation, social skills training, job readiness and job placement services. The mobile library can be set up in directly operated and community agencies on a rotating basis.

For additional information on ASD trainings and the mobile library please contact Doralee Bridges, TAY Division, at 213-351-5225.

## Resources

Website: [www.dmh.lacounty.gov](http://www.dmh.lacounty.gov)

TAY Division Email Address  
[taydivision@dmh.lacounty.gov](mailto:taydivision@dmh.lacounty.gov)

DMH Access Hotline  
1-800-854-7771

National Suicide Prevention Hotline  
1-800-273-TALK (8255)