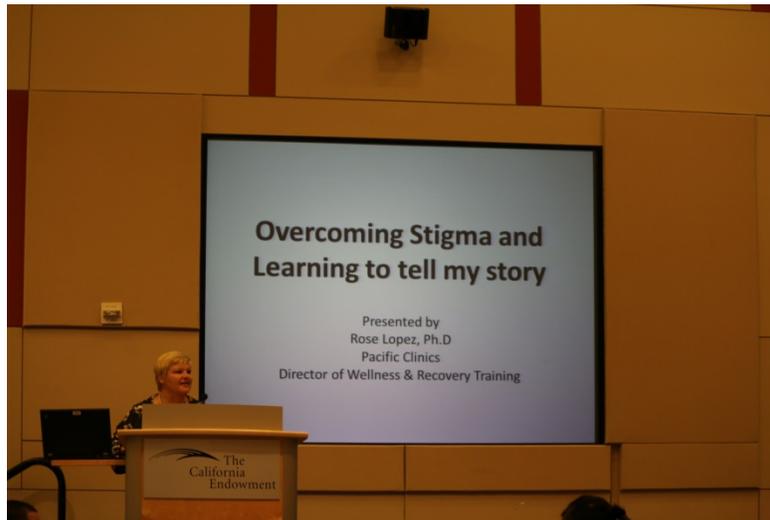


3RD ANNUAL INNOVATIONS IN RECOVERY CONFERENCE
By Kimberli Washington, Public Information Office



The Los Angeles County Client Coalition (LACCC) hosted its 3rd annual, “Innovations in Recovery Conference: A Client/Consumer Perspective” on Monday, June 23, 2014 at the California Endowment. Around 350 client/consumers attended the one day conference. The theme for this year was *Integrating Physical and Mental Health Recovery*.



This year’s conference strived to continue its efforts to enhance and promote innovative and creative recovery techniques for client/consumers. The morning began with an intuitive freestyle dance and singing piece performed by Emily Wu Truong, who showed the group how she uses both dance and music as therapy. Conference Chair, Betty Dandino, gave the welcome and was the event emcee.



The keynote speaker was Dr. Rose Lopez, Wellness and Recovery Director at Pacific Clinics, who spoke about *Overcoming Stigma and Learning to tell my story*. The conference had presentations on *The Dynamic Duo for Recovery: Peer Support and Web Conference Groups*, by Vince Caimano, Ph.d, as well as a *What Innovations Means to Me* segment by past LACCC Chair Phyllis Coto with a special dedication to Dennis O'Brien from LACCC Vice Chair, Rose Hugh.



Morning and afternoon workshops were offered for attendees to participate in. The morning workshop themes included *Stories of Hope and Recovery*, *Shine on You Crazy Diamond*; *Vet to Vet*, *Finding Meaningful Purpose While in Recovery and Dreams and Goals: The BACUP Way*. The afternoon workshop themes were *Photo Voice: The Power of Self-Expression*; *Surviving Disability towards a Meaningful Life*; *MentalEat-Eat it 2 Beat It*, *Advanced Education and Job Preparation* and *Winning in Daily Life through Buddhist Practice*.



An art display, music, exercise and entertainment sessions were incorporated throughout the day. The event concluded with a raffle by LACCC Chair Pam Inaba and closing remarks from emcee, Betty Dandio, Conference Chair.