



The L. A. Warmline

A confidential overnight telephone support service for anyone who is challenged by loneliness, confusion, substance use or other mental health concerns, or anyone who needs information about available mental health services.

A warm friendly voice is just a phone call away!

The L.A. Warmline is available 7 nights a week

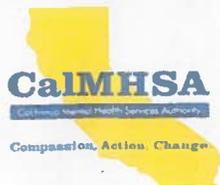
Services are available in English and Spanish

855-952-WARM

(855-952-9276)

10:00 pm to 6:00 am

The L.A. Warmline is operated by LA County Department of Mental Health in partnership with Didi Hirsch Mental Health Services. The Warmline is funded by the voter-approved Mental Health Services Act (Prop. 63). It is one of several Prevention and Early Intervention Initiatives implemented by the California Mental Health Services Authority (CalMHSA), an organization of county governments working to improve mental health outcomes for individuals, families and communities. CalMHSA operates services and education programs on a statewide, regional and local basis. For more information visit www.calmhsa.org.



WELLNESS · RECOVERY · RESILIENCE

