### **GET THE HELP YOU NEED NOW**

Los Angeles County Department of Mental Health provides a range of programs and services designed for Transition Age Youth (TAY) (16-25) who reside in Los Angeles County. Mental Health services are available through directly operated and contract agencies throughout the County.

### FULL SERVICE PARTNERSHIPS FOR TRANSITION AGE YOUTH (TAY)

The Los Angeles County Department of Mental Health offers a Full Service Partnership Program (FSP) for Transition Age Youth (TAY) ages 16-25, who would benefit from and are interested in participating in a program designed to address physical, emotional and living situation needs. FSP Programs for Transition Age Youth are capable of providing an array of services beyond the scope of traditional mental health outpatient services. Those participating in an FSP Program have services available to them 24 hours a day, 7 days a week.







#### Los Angeles County Board of Supervisors

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Los Angeles County
Department of Mental Health
550 South Vermont, 12th Floor
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# TRANSITION AGE YOUTH (16-25)



http://dmh.lacounty.gov

If You Are in Crisis and
Need Help Right Away,
Call Toll-Free, 24/7 Access Helpline:

1-800-854-7771



A program funded by the Mental Health Services Act

# FSPs PROVIDE COMPREHENSIVE, INTENSIVE MENTAL HEALTH SERVICES FOR YOUTH AND THEIR FAMILIES IN THEIR HOMES AND COMMUNITIES

FSP programs have several defining characteristics, including providing a wide array of services and supports, guided by a commitment by providers to do "whatever it takes" within the resources available to help individuals within defined populations make progress on their particular paths to recovery and wellness.

Youth and young adults will find the following are potential examples of mental health services and supports clients may receive if participating in FSPs:

- Counseling and Psychotherapy
- Assistance in obtaining transportation relating to the mental health treatment goal
- Help obtaining needed medication
- · Help receiving physical health care
- Assistance in finding a safe and affordable place to live, or assistance remaining in a present home
- Help with educational opportunities
- Help securing financial and health benefits to which you are eligible for
- Treatment for addictions, such as alcoholism, drugs, and other substances
- Help finding employment, vocational training, and/or volunteer opportunities
- Dedicated professionals committed to your success in accomplishing goals that are important to your health, well-being, safety and stability
- Support available 24/7

## KEY COMPONENTS OF TAY FSP PROGRAMS

TAY FSP Program providers may deliver services in your residence as well as in your community. TAY FSP services are available 24 hours a day (for crisis intervention). Each client enrolled in a TAY FSP program will participate in the creation of a plan focused on individualized goals with the assistance of clinicians and case managers.

Services provided by the TAY FSP program vary from person to person. Clients enrolled in TAY FSP will receive mental health services that are individually tailored and consistent with your individual needs and goals.

## WHO IS ELIGIBLE TO RECEIVE TAY FSP SERVICES?

The TAY Division of the Department of Mental Health emphasizes outreach and engaging TAY ages 16-25 who are currently un-served and under-served, including the following:

TAY struggling with substance abuse disorders

- TAY who are homeless or at-risk of homelessness
- TAY aging out of the children's mental health, child welfare, or juvenile justice system
- · TAY leaving long-term institutional care
- TAY experiencing their first episode of major mental illness

FSP is an enrollment-based program and clients must be referred to the program. There are two (2) ways a Transition Age Youth client can be referred to FSP:

- FSP agencies identify through outreach individuals who may be eligible and submit Full Service Partnership Referral and Authorization Forms to the Impact Unit.
- Individuals may be referred to the Impact Unit by a non-FSP entity, (e.g., mental health services providers, social service agencies, and the community).

#### **INTERESTED IN FSP SERVICES?**

To be considered for a Transition- Age Youth FSP program, a referral must be submitted to a department of Mental Health Impact Unit on your behalf. The referral will be screened for eligibility by a group of representatives from the Department of Mental Health, FSP programs and other human services professionals, as appropriate. If you are accepted into the FSP program, you will be contacted by the FSP services provider assigned and service will begin immediately. If you are not accepted into the FSP program, the team of professionals will help link you to other services and supports that may be helpful to you.

If you have questions regarding the referral process or how the FSP program works, please contact:

Los Angeles County Department of Mental Health
Transition Age Youth (TAY) Division
Telephone (213) 351-7737
TAYdivision@dmh.lacounty.gov

Or contact the Impact Unit in your area:

Antelope Valley	(661) 223-3800
San Fernando Valley	(213) 923-6459
San Gabriel Valley	(626) 455-4622
Metro Los Angeles	(213) 922-8132
West Los Angeles	(310) 482-6610
South Central Los Angeles	(323) 290-5822
Southeast Los Angeles	(213) 738-2900
Long Beach/South Bay	(562) 435-3106

