If you are interested in learning more about FCCS, you may contact the program in your area listed on the inside of this brochure, or for the program nearest you, please call the LACDMH Access Center at 1-800-854-7771.

For any other questions, please contact:

Carol Sagusti 213-351-5253 csagusti@dmh.lacounty.gov

Lydia Nochez Vera Inochezvera@dmh.lacounty.gov

Ann M. Ruiz amruiz@dmh.lacounty.gov







#### Los Angeles County Board of Supervisors

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Los Angeles County
Department of Mental Health
550 South Vermont, 12th Floor
Los Angeles, CA 90020

Phone: 213-738-4601 Fax: 213-386-1297

# FIELD CAPABLE CLINICAL SERVICES FOR OLDER ADULTS



http://dmh.lacounty.gov

If You Are in Crisis and
Need Help Right Away,
Call Toll-Free, 24/7 Access Helpline:

1-800-854-7771



A program funded by the Mental Health Services Act

## FIELD CAPABLE CLINICAL SERVICES FOR OLDER ADULTS

Field Capable Clinical Services, also known as FCCS, are specialized services designed to meet the unique needs of older adults, ages 60 and above.

FCCS offers an alternative to traditional mental health services for older adults who may be unable to access services due to impaired mobility, frailty or other limitations. For individuals who may be uncomfortable seeking services in a traditional clinic, FCCS may be a welcome alternative. Services and support are provided inhome and in the community in settings such as senior centers or health care provider offices.





#### WHO ARE ELIGIBLE TO RECEIVE THESE SERVICES?

Many times emotional problems, like sadness or anxiety, get in the way of enjoying life or being able to handle regular activities. Older adults whose lives are greatly affected by emotional problems may be eligible for FCCS.

#### **TYPES OF SERVICES AVAILABLE:**

- · Individual and family counseling
- Field-Based Services
- Culturally and Linguistically Appropriate Services
- Medication Services
- Linkage to Health Care Services
- Education and Support
- Help to Obtain Other Needed Services

### LACDMH OLDER ADULTS FCCS PROGRAMS:

**Arcadia MHC** 626-821-5858

**Augustus F. Hawkins Family MHC** 310-668-4271

Edmund D. Edelman Westside MHC 310-966-6500

**Long Beach MHC** 562-599-9280

Northeast MHC 323-478-8200

Palmdale/Antelope Valley MHC 661-575-1800

**Rio Hondo MHC** 562-402-0688

**San Pedro MHC** 310-519-6100

West Central Family MHC 323-298-3680

**West Valley MHC** 818-598-6900

**Countywide GENESIS Program** 213-351-7284