

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH  
PREVENTION BUREAU  
ANTI-RACISM, INCLUSION, SOLIDARITY AND EMPOWERMENT (ARISE) DIVISION  
CULTURAL COMPETENCY UNIT

## DIVERSITY AND MULTICULTURAL CALENDAR BY MONTH

*(Some dates might vary each year)*

**Calendar Year 2025**

MONTH	MONTH-LONG OBSERVATION	CULTURAL EVENT
January	<ul style="list-style-type: none"> <li>• <i>Co-dependency Awareness Month (U.S.)</i></li> <li>• <i>National Braille Literacy Month</i></li> <li>• <i>National Mentoring Month</i></li> <li>• <i>Poverty in America Awareness Month</i></li> <li>• <i>National Slavery and Human Trafficking Prevention Month</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>January 1</b> – New Year's Day</li> <li>• <b>January 4</b> – World Braille Day (Human rights for blind and partially sighted people, United Nations)</li> <li>• <b>January 6</b> – Christmas (Armenian Orthodox Christians)</li> <li>• <b>January 6</b> – Feast of the Epiphany and Three Kings Day (Reyes Magos)</li> <li>• <b>January 7</b> – Christmas (Eastern Orthodox Christians)</li> <li>• <b>January 11</b> – National Human Trafficking Awareness Day</li> <li>• <b>January 13</b> – Korean American Day</li> <li>• <b>January 14 -February 26</b> – Magh Mela Prayagraj (Allahabad), Annual festival along with sacred bathing rituals (Hindu)</li> <li>• <b>January 14</b> – <b>Mahayana New Year (Buddhist)</b></li> <li>• <b>January 14</b> – Makar Sankranti, a major harvest festival (India)</li> <li>• <b>January 19</b> – World Religion Day</li> <li>• <b>January 20</b>– Martin Luther King, Jr. Day</li> <li>• <b>January 21</b> – National Day of Racial Healing</li> <li>• <b>January 24</b> – International Day of Education</li> <li>• <b>January 24</b> – World Day for African and Afrodescendant Culture</li> <li>• <b>January 26-27</b> – Lailat al Miraj (Celebration of the Prophet Muhammad's journey)</li> <li>• <b>January 27</b> – International Day of Commemoration in Memory of the Victims of the Holocaust (United Nations)</li> </ul>

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		<ul style="list-style-type: none"> <li>• <b>January 29</b> – Lunar New Year (China, Korea, Vietnam, Singapore, Malaysia, and Mongolia, etc.)</li> </ul>
<b>February</b>	<ul style="list-style-type: none"> <li>• <i>African American/Black History Month</i></li> <li>• <i>Ethnic Equality Month</i></li> <li>• <i>Jewish Disability Awareness &amp; Inclusion Month (U.S.)</i></li> <li>• <i>National Therapeutic Recreation Month</i></li> <li>• <i>Wise Health Care Consumer Month</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>February 1</b> – International Day of Black Women in the Arts</li> <li>• <b>February 1</b> – National Freedom Day (African American)</li> <li>• <b>February 3</b> – National Missing Persons Day</li> <li>• <b>February 4</b> – World Cancer Day (Global)</li> <li>• <b>February 7</b> – National Black HIV/AIDS Awareness Day (NBHAAD)</li> <li>• <b>February 9</b> – Autism Sunday (2<sup>nd</sup> Sunday of Feb.)</li> <li>• <b>February 11</b> – Anniversary of the Black Cat Tavern Protest on February 11, 1967 (LGBTQ+)</li> <li>• <b>February 11</b> – World Day of the Sick (Global)</li> <li>• <b>February 12</b> – Lantern Festival (China)</li> <li>• <b>February 14</b> – National Donor Day (U.S.)</li> <li>• <b>February 14</b> – Valentine’s Day (U.S.)</li> <li>• <b>February 15</b> – Maghi Purnima (Hindu)</li> <li>• <b>February 15</b> – Nirvana Day (Buddhist)</li> <li>• <b>February 15</b> – International Childhood Cancer Day (Global)</li> <li>• <b>February 17</b> – President’s Day (U.S.)</li> <li>• <b>February 20</b> – World Day of Social Justice</li> <li>• <b>February 21</b> – International Mother Language Day</li> <li>• <b>February 21</b> – National No One Eats Alone Day</li> </ul>

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		<ul style="list-style-type: none"> <li>• <b>February 24-March 2</b> – Eating Disorder Awareness Week (U.S.)</li> <li>• <b>February 25 - 26</b> – Maha Shivarati (Hindu festival in honor of the deity Shiva)</li> <li>• <b>February 28</b> – Peace Memorial Day (Taiwan, Republic of China)</li> <li>• <b>February 28-March 30</b> – Ramadan (Annual observance commemorating the revelation of the Qur'an in Muslim culture)</li> </ul>
<b>March</b>	<ul style="list-style-type: none"> <li>• <i>Bisexual Health Awareness Month</i></li> <li>• <i>Brain Injury Awareness Month</i></li> <li>• <i>Color Therapy Month (U.S.)</i></li> <li>• <i>Deaf History Month</i></li> <li>• <i>Developmental Disabilities Awareness Month (U.S.)</i></li> <li>• <i>Gender Equality Month</i></li> <li>• <i>Greek-American Heritage Month</i></li> <li>• <i>Irish-American Heritage Month</i></li> <li>• <i>National Nutrition Month</i></li> <li>• <i>National Women's History Month</i></li> <li>• <i>Red Cross Month (U.S.)</i></li> <li>• <i>Self-Injury Awareness Month</i></li> <li>• <i>Social Work Month</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>March 1</b> – Disability Day of Mourning (U.S.)</li> <li>• <b>March 1</b> – Independence Movement Day (Korean)</li> <li>• <b>March 1</b> – International Wheelchair Day (Global)</li> <li>• <b>March 1</b> – Self-Injury Awareness Day (Global)</li> <li>• <b>March 2-8</b> – Celebrate Your Name Week (First full week)</li> <li>• <b>March 2-8</b> – Words Matter Week (First full week)</li> <li>• <b>March 5</b> – Ash Wednesday (Christian)</li> <li>• <b>March 7</b> – Employee Appreciation Day</li> <li>• <b>March 8</b> – International Women's Day</li> <li>• <b>March 10</b> – National Women and Girls HIV/AIDS Awareness Day (U.S.)</li> <li>• <b>March 12</b> – Capitol Crawl Day (People with Disability)</li> <li>• <b>March 13-14</b> – Purim (Jewish holiday commemorating Jewish people's salvation from Haman)</li> <li>• <b>March 13-14</b> – Holi (Hindu festival celebrating the arrival of Spring)</li> <li>• <b>March 14</b> – Write Your Story Day</li> <li>• <b>March 17</b> – St. Patrick's Day (Irish)</li> <li>• <b>March 17</b> – National Wellderly Day (or Well-Elderly Day, 3<sup>rd</sup> Monday of March)</li> </ul>

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MONTH	MONTH-LONG OBSERVATION	CULTURAL EVENT
	<ul style="list-style-type: none"> <li>• <i>Transgender Month of Action for Healthcare Equality</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>March 17-21</b> – National LGBTQ+ Health Awareness Week</li> <li>• <b>March 19</b> – Client’s Day</li> <li>• <b>March 19</b> – National Certified Nurses Day</li> <li>• <b>March 20</b> – Naw-Ruz (Baha’I New Year)</li> <li>• <b>March 21</b> – International Day for the Elimination of Racial Discrimination (United Nations)</li> <li>• <b>March 21</b> – International Nowruz Day (Persian New Year, United Nations)</li> <li>• <b>March 23</b> – National Atheist Day</li> <li>• <b>March 25</b> – International Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade</li> <li>• <b>March 29</b> – Hindi New Year (Hindu)</li> <li>• <b>March 30</b> – Mothering Sunday (English Mothers’ Day, 4<sup>th</sup> Sunday in Lent)</li> <li>• <b>March 30</b> – World Bipolar Day</li> <li>• <b>March 30</b> – Eid al-Fitr (Muslim holiday marking the end of Ramadan)</li> <li>• <b>March 31</b> – International Transgender Day of Visibility (Global)</li> <li>• <b>March 31</b> – Cesar Chavez Day</li> </ul>
<b>April</b>	<ul style="list-style-type: none"> <li>• <i>Alcohol Awareness Month</i></li> <li>• <i>Arab-American Heritage Month</i></li> <li>• <i>Autism Awareness Month yes</i></li> <li>• <i>Celebrate Diversity Month</i></li> <li>• <i>Couple Appreciation Month</i></li> <li>• <i>Earth Month</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>April 2</b> – World Autism Awareness Day (United Nations)</li> <li>• <b>April 2</b> – Sizdah Bedar (Nature’s Day - Iranian festival)</li> <li>• <b>April 4</b> – Children’s Day (Taiwan, Republic of China)</li> <li>• <b>April 4</b> – Qingming Festival (Commemorating ancestors in Taiwan, Republic of China)</li> <li>• <b>April 6</b> – International Asexuality Day (LGBTQ+)</li> <li>• <b>April 6</b> – Rama Navami (Hindu spring festival that celebrates the birthday of Shree Rama)</li> <li>• <b>April 7</b> – World Health Day (Global)</li> </ul>

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	<ul style="list-style-type: none"> <li>• <i>Emotional Overeating Awareness Month</i></li> <li>• <i>Genocide and Human Rights Awareness Month</i></li> <li>• <i>International Black Women's History Month</i></li> <li>• <i>Limb Loss Awareness Month (U.S.)</i></li> <li>• <i>National African American Women's Fitness Month</i></li> <li>• <i>National Child Abuse Prevention Month</i></li> <li>• <i>National Donate Life Month (U.S.)</i></li> <li>• <i>National Minority Health Month</i></li> <li>• <i>National Occupational Therapy Month</i></li> <li>• <i>National Sexual Assault Awareness &amp; Prevention Month</i></li> <li>• <i>National Volunteer Month</i></li> <li>• <i>Paralyzed Veterans Across America Month (U.S.)</i></li> <li>• <i>Tartan (Scottish-American) Heritage Month</i></li> <li>• <i>Testicular Cancer Awareness Month</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>April 8</b> – National Equal Pay Day</li> <li>• <b>April 10</b> – National Youth HIV and AIDS Awareness Day (U.S.)</li> <li>• <b>April 11</b> – Parkinson's Disease International Awareness Day (Global)</li> <li>• <b>April 11</b> – Day of Silence (LGBTQ+)</li> <li>• <b>April 13</b> – Palm Sunday (Christian)</li> <li>• <b>April 12-20</b> – Passover (Jewish)</li> <li>• <b>April 18</b> – Memorial of Jesus Christ's Death/ Good Friday (Christian)</li> <li>• <b>April 20</b> – Easter (Christian)</li> <li>• <b>April 22</b> – International Earth Day</li> <li>• <b>April 23-24</b> – Yom Hashoah (Jewish Holocaust Remembrance Day)</li> <li>• <b>April 23</b> – Administrative Professionals Day</li> <li>• <b>April 24</b> – Armenian Genocide Remembrance Day</li> <li>• <b>April 24-26</b> – Gathering of Nations (Native American)</li> <li>• <b>April 26</b> – National Lesbian Visibility Day</li> <li>• <b>April 26</b> – Show Your Mettle Day (Empowering persons with limb loss, U.S.)</li> <li>• <b>April 26</b> – World Healing Day</li> <li>• <b>April 29</b> – World Wish Day (Global)</li> <li>• <b>April 30</b> – Children's Day (Celebration of children in Mexico)</li> </ul>

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	<ul style="list-style-type: none"> <li><i>Women's Empowering Month</i></li> </ul>	
<b>May</b>	<ul style="list-style-type: none"> <li><i>Asian/Pacific Islander American Heritage Month</i></li> <li><i>Better Speech and Hearing Month (U.S.)</i></li> <li><i>Haitian Heritage Month</i></li> <li><i>Indian Heritage Month</i></li> <li><i>Jewish-American Heritage Month</i></li> <li><i>Mental Health Month (U.S.)</i></li> <li><i>Mobility Awareness Month (U.S.)</i></li> <li><i>National Nurses Month</i></li> <li><i>Older Americans Month (U.S.)</i></li> <li><i>South Asian-Pacific American Heritage Month</i></li> </ul>	<ul style="list-style-type: none"> <li><b>May 1</b> – National Day of Prayer (U.S.)</li> <li><b>May 5</b> – Cinco de Mayo (Mexican American)</li> <li><b>May 5</b> – Children's Day (Korean)</li> <li><b>May 6</b> – World Asthma Day (Global)</li> <li><b>May 6-10</b> – California's American Indian &amp; Indigenous Film Festival (CAIIFF)</li> <li><b>May 8</b> – World Red Cross &amp; Red Crescent Day (Global)</li> <li><b>May 8</b> – National Children's Mental Health Awareness Day (U.S.)</li> <li><b>May 11</b> – Mother's Day (U.S.)</li> <li><b>May 12</b> – Buddha Day (Buddhist)</li> <li><b>May 15</b>– Global Accessibility Awareness Day (GAAD, 3<sup>rd</sup> Thursday of May)</li> <li><b>May 15</b> - Mental Health Action Day</li> <li><b>May 16</b> – National LGBTQ+ Elders Day</li> <li><b>May 17</b> – International Day Against Homophobia, Transphobia and Biphobia (LGBTQ+)</li> <li><b>May 21</b> – World Day for Cultural Diversity for Dialogue and Development (Global)</li> <li><b>May 22</b> – Harvey Milk Day (LGBTQ+)</li> <li><b>May 23-24</b> – Declaration of the Báb (Baha'i festival to celebrate the Báb's announcement in 1844)</li> <li><b>May 24</b> – National Brothers Day</li> <li><b>May 29</b> – Ascension of Baha'u'llah (Baha'i)</li> <li><b>May 30</b> – Memorial Day (U.S.) (2025)</li> <li><b>May 31</b> – Dragon Boat Festival (Taiwan, Republic of China)</li> </ul>

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<b>June</b>	<ul style="list-style-type: none"> <li>• <i>Alzheimer's and Brain Awareness Month (Global)</i></li> <li>• <i>Black Music Month</i></li> <li>• <i>Elder Abuse Awareness Month</i></li> <li>• <i>Immigrant Heritage Month</i></li> <li>• <i>Men's Health Awareness Month</i></li> <li>• <i>National Caribbean American Heritage Month</i></li> <li>• <i>Pride Month (LGBTQ+)</i></li> <li>• <i>Post-Traumatic Stress Disorder (PTSD) Awareness Month</i></li> <li>• <i>Adopt a cat from a shelter awareness month</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>June 1</b> – National Cancer Survivors Day (first Sunday in June)</li> <li>• <b>June 1-3</b> -Shavuot (Jewish Holiday) (2025)</li> <li>• <b>June 2</b> – American Indian Citizenship Day (U.S.)</li> <li>• <b>June 5</b> – HIV Long-Term Survivors Awareness Day</li> <li>• <b>June 6-7</b> – Eid Al-Adha (Celebrating the Feast of Sacrifice in Muslim)</li> <li>• <b>June 8</b> – Race Unity Day</li> <li>• <b>June 8</b> – National Children's Day (U.S.)</li> <li>• <b>June 12</b> – Loving Day (Interracial relationship and families)</li> <li>• <b>June 12</b> – Remembrance Day of Pulse Nightclub Shooting (LGBTQ+)</li> <li>• <b>June 13</b> – International Albinism Awareness Day (United Nations)</li> <li>• <b>June 15</b> – National Elder Abuse Awareness Day</li> <li>• <b>June 18</b> – Autistic Pride Day (U.S.)</li> <li>• <b>June 19</b> – Juneteenth (African American)</li> <li>• <b>June 20</b> – World Refugee Day</li> <li>• <b>June 21</b> – Litha Summer Solstice (Pagan)</li> <li>• <b>June 22-June 28</b> – <b>Helen Keller Deaf Blind Awareness Week (U.S)</b></li> <li>• <b>June 26-27</b> – Hijri New Year (Muslim)</li> <li>• <b>June 27</b> – The Birthday of Andrew Foster, known as the father of Deaf Education in Africa (June 27, 1925)</li> <li>• <b>June 27</b> – National Post Traumatic Stress Disorder Day (U.S.)</li> <li>• <b>June 28</b> – Pride Day (it might vary by city and country, LGBTQ+)</li> <li>• <b>June 28</b>– Tirgan Festival (A mid-summer Iranian festival)</li> </ul>



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<b>July</b>	<ul style="list-style-type: none"> <li>• <i>Disability Pride Month (N.Y., U.S.)</i></li> <li>• <i>French American Heritage Month</i></li> <li>• <i>Muslim American Heritage Month (LA County)</i></li> <li>• <i>National Minority Mental Health Awareness Month</i></li> <li>• <i>Social Wellness Month</i></li> <li>• <i>Bebe Moore Campbell National Minority Mental Health Awareness Month</i></li> <li>• <i>BIPOC (Black, Indigenous, and People of Color) Mental Health Month</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>July 4</b> – Independence Day (U.S.)</li> <li>• <b>July 5-6</b> – <b>Ashura (Islamic Holiday that occurs on the tenth day of Muharram)</b></li> <li>• <b>July 7</b> – World Forgiveness Day</li> <li>• <b>July 18</b> – International Nelson Mandela Day (United Nations)</li> <li>• <b>July 24</b> – International Self-Care Day</li> <li>• <b>July 24</b> – National Seasonal Affective Disorder Day (U.S.)</li> <li>• <b>July 24</b> – Pioneer Day (Mormon)</li> <li>• <b>July 26</b> – National Disability Independence Day/ Americans with Disabilities Act (ADA) Anniversary (U.S.)</li> <li>• <b>July 27</b>– The Korean War Remembrance Day (Korean)</li> <li>• <b>July 27<sup>th</sup></b> – National Black Women’s Equal Pay Day (U.S.)</li> <li>• <b>August 3</b> – International Day of Friendship</li> </ul>
<b>August</b>	<ul style="list-style-type: none"> <li>• <i>Don’t be a Bully Month (U.S.)</i></li> <li>• <i>National Black Gay Men's Wellness Month</i></li> <li>• <i>National Civility Month</i></li> <li>• <i>National Wellness Month</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>August 6</b> – National Salvadoran Day</li> <li>• <b>August 9</b> – International Day of the World’s Indigenous People (United Nations)</li> <li>• <b>August 9</b> – Raksha Bandhan (Hindu Holiday)</li> <li>• <b>August 12</b> – International Youth Day (United Nations)</li> <li>• <b>August 15</b> – National Liberation Day (Korea)</li> <li>• <b>August 16</b> – Krishna Janmashtami (Hindu)</li> <li>• <b>August 17</b> – Marcus Garvey Day (Jamaican African)</li> <li>• <b>August 19</b> – World Humanitarian Day</li> <li>• <b>August 21</b> – National Senior Citizens Day (U.S.)</li> </ul>



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<b>September</b>	<ul style="list-style-type: none"> <li>• <i>Childhood Cancer Awareness Month (U.S.)</i></li> <li>• <i>Deaf Awareness Month</i></li> <li>• <i>Healthy Aging Month</i></li> <li>• <i>Hispanic/Latino Heritage Month</i></li> <li>• <i>National Guide Dog Month (U.S.)</i></li> <li>• <i>National Preparedness Month</i></li> <li>• <i>National Prostate Cancer Awareness Month</i></li> <li>• <i>National Recovery Month</i></li> <li>• <i>National Suicide Prevention Awareness Month (U.S.)</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>September 1</b>– Labor Day (U.S.)</li> <li>• <b>September 4</b> – The Lanterman Act Commemoration</li> <li>• <b>September 4-5</b> – Eid Milad ul-Nabi (Muslim holiday celebrating the birthday of the Islamic prophet Muhammad)</li> <li>• <b>September 6</b> – <b>Hungry Ghost Festival (Chinese Holiday)</b></li> <li>• <b>September 7- 13</b> – National Suicide Prevention Week</li> <li>• <b>September 10</b> – World Suicide Prevention Day</li> <li>• <b>September 11</b> – Patriot Day (U.S.)</li> <li>• <b>September 11</b> – Ethiopian New Year (Ethiopian)</li> <li>• <b>September 15</b> – International Day of Democracy (United Nations)</li> <li>• <b>September 15-19</b> – U.S. Senate’s Malnutrition Awareness Week (usually 3<sup>rd</sup> week of September)</li> <li>• <b>September 16</b> – Mexican Independence Day</li> <li>• <b>September 18</b> – International Equal Pay Day</li> </ul>

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<b>MONTH</b>	<b>MONTH-LONG OBSERVATION</b>	<b>CULTURAL EVENT</b>
	<ul style="list-style-type: none"> <li>• <i>Malnutrition Awareness Month</i></li> <li>• <i>Pain Awareness Month (U.S.)</i></li> <li>• <i>World Alzheimer's Disease Awareness Month (Global)</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>September 18</b> – National HIV/AIDS and Aging Awareness Day (U.S.)</li> <li>• <b>September 20-26</b> – International Week of the Deaf (Global)</li> <li>• <b>September 21</b> – International Day of Peace (United Nations)</li> <li>• <b>September 21</b> – World Alzheimer's Awareness Day (Global)</li> <li>• <b>September 22-24</b> – Rosh Hashanah (Jewish New Year)</li> <li>• <b>September 22-October 1</b> – Navratri (Hindu Festival)</li> <li>• <b>September 23</b> – Bisexual Visibility Day</li> <li>• <b>September 23</b> – International Day of Sign Language (Global)</li> <li>• <b>September 26</b> – National Native American Day (the fourth Friday of September)</li> <li>• <b>September 26</b> – European Day of Languages</li> <li>• <b>September 26</b> – Anniversary of Rehabilitation Act</li> <li>• <b>September 27</b> – National Gay Men's HIV-AIDS Awareness Day</li> <li>• <b>September 28</b> – World Day of Migrants and Refugees (WDMR)</li> <li>• <b>October 1-2</b> – Yom Kippur (Jewish Day of Atonement)</li> </ul>
<b>October</b>	<ul style="list-style-type: none"> <li>• <i>ADHD Awareness Month (U.S.)</i></li> <li>• <i>Bullying Prevention Month</i></li> <li>• <i>Depression Education and Awareness Month (U.S.)</i></li> <li>• <i>Domestic Violence Awareness Month</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>October 1</b> – International Day of Older Persons (United Nations)</li> <li>• <b>October 2</b> – International Day of Non-violence</li> <li>• <b>October 2</b> – Mehregan Festival (Persian)</li> <li>• <b>October 5</b> – American Veterans Disabled for Life Awareness Day (U.S.)</li> <li>• <b>October 5-11</b> – National Mental Illness Awareness Week</li> <li>• <b>October 6</b> – Chuseok (Korean Thanksgiving)</li> </ul>

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MONTH	MONTH-LONG OBSERVATION	CULTURAL EVENT
	<ul style="list-style-type: none"> <li>• <i>Down Syndrome Awareness Month (U.S.)</i></li> <li>• <i>Family History Month</i></li> <li>• <i>Filipino-American History Month</i></li> <li>• <i>German-American Heritage Month</i></li> <li>• <i>Global Diversity Awareness Month</i></li> <li>• <i>Islamic History Month</i></li> <li>• <i>Italian-American Heritage Month</i></li> <li>• <i>Learning Disability Awareness Month (U.S.)</i> <ul style="list-style-type: none"> <li>○ People with Specific Learning Disabilities</li> </ul> </li> <li>• <i>LGBTQ History Month</i></li> <li>• <i>National Disability Employment Awareness Month (U.S.)</i></li> <li>• <i>National Work and Family Month</i></li> <li>• <i>Polish-American Heritage Month</i></li> <li>• <i>Selective Mutism Awareness Month (U.S.)</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>October 6</b> – Mid-Autumn Festival (Taiwan, Republic of China)</li> <li>• <b>October 6 -13</b> – Sukkot (Jewish Festival for the Fall Harvest)</li> <li>• <b>October 8</b> – National Day of Bullying Prevention (U.S.)</li> <li>• <b>October 9</b> – National Depression Screening Day</li> <li>• <b>October 9</b> – Hangul Day (Celebration of Korean Alphabet, Hangul)</li> <li>• <b>October 9</b> – World Blind Day/ World Sight Day (Global)</li> <li>• <b>October 10</b> – National Day (Taiwan, Republic of China)</li> <li>• <b>October 10</b> – World Mental Health Day (Global)</li> <li>• <b>October 11</b> – National Coming Out Day (LGBTQ+)</li> <li>• <b>October 13</b> – Canadian Thanksgiving (2<sup>nd</sup> Monday of October)</li> <li>• <b>October 13</b> – National Indigenous Peoples Day (2<sup>nd</sup> Monday of October, U.S.)</li> <li>• <b>October 15</b> – Blind Americans Equality Day (U.S.)</li> <li>• <b>October 15</b> – White Cane Safety Day (For Persons with Vision Loss Awareness)</li> <li>• <b>October 15</b> – International Pronouns Day</li> <li>• <b>October 15</b>– Disability Mentoring Days</li> <li>• <b>October 19</b> – Spirit Day (LGBTQ+ and anti-bullying)</li> <li>• <b>October 20- 26</b>– Ace Week (formerly Asexual Awareness Week, LGBTQ+)</li> <li>• <b>October 21</b> – Diwali (Hindu)</li> <li>• <b>October 22</b> – International Stuttering Awareness Day</li> <li>• <b>October 22</b> – Birth of the Bab (Baha'i Holiday)</li> <li>• <b>October 26</b> – Intersex Awareness Day (LGBTQ+)</li> </ul>

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<b>MONTH</b>	<b>MONTH-LONG OBSERVATION</b>	<b>CULTURAL EVENT</b>
		<ul style="list-style-type: none"> <li>• <b>October 29</b> – Cyrus the Great Day (Iranian)</li> <li>• <b>October 29</b> – World Stroke Awareness Day</li> <li>• <b>October 31</b> – Halloween</li> </ul>
<b>November</b>	<ul style="list-style-type: none"> <li>• <i>Alzheimer's Awareness Month (U.S.)</i></li> <li>• <i>National Family Caregivers Month</i></li> <li>• <i>National Native American Heritage Month</i></li> <li>• <i>Transgender Awareness Month</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>November 1</b> – All Saints' Day (Christian)</li> <li>• <b>November 1-2</b> – Day of the Dead (Mexican)</li> <li>• <b>November 5</b> – International Stress Awareness Day</li> <li>• <b>November 11</b> – Veterans Day (U.S.)</li> <li>• <b>November 15</b> – Roc Your Mocs Day (Native American &amp; Indigenous Peoples)</li> <li>• <b>November 15</b> – White House Tribal Nations Summit (AI/AN)</li> <li>• <b>November 16</b> – Dutch American Heritage Day (U.S.)</li> <li>• <b>November 16</b> – International Day for Tolerance (United Nations)</li> <li>• <b>November 19</b> – International Men's Day</li> <li>• <b>November 20</b> – Transgender Day of Remembrance</li> <li>• <b>November 25</b> – International Day for the Elimination of Violence Against Women (United Nations)</li> <li>• <b>November 27</b> – Thanksgiving Day (U.S.)</li> <li>• <b>November 27</b> – Anniversary of the Assassination of Harvey Milk (LGBTQ+)</li> <li>• <b>November 28</b> – Native American Heritage Day</li> <li>• <b>November 29</b> – Individuals with Disabilities Education Act (IDEA)</li> <li>• <b>November 29</b> – Sand Creek Massacre Commemoration (AI/AN)</li> </ul>
<b>December</b>	<ul style="list-style-type: none"> <li>• <i>HIV/AIDS Awareness Month</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>December 1</b> – World AIDS Day</li> </ul>

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MONTH	MONTH-LONG OBSERVATION	CULTURAL EVENT
	<ul style="list-style-type: none"> <li>• <i>National Giving Month</i></li> <li>• <i>National Impaired Driving Prevention Month</i></li> <li>• <i>Universal Human Rights Month</i></li> </ul>	<ul style="list-style-type: none"> <li>• <b>December 3</b> – International Day of Persons with Disabilities (United Nations)</li> <li>• <b>December 3</b> – Individuals with Disabilities Education Act (IDEA) Reauthorization</li> <li>• <b>December 5</b> – International Volunteer Day</li> <li>• <b>December 10</b> – International Human Rights Day (United Nations)</li> <li>• <b>December 14- 22</b> – Hanukkah (Jewish)</li> <li>• <b>December 16-24</b> – Las Posadas (Various Latin American countries)</li> <li>• <b>December 21</b> – Yule Winter Solstice (Pagan)</li> <li>• <b>December 21</b> – National Homeless Persons' Remembrance Day</li> <li>• <b>December 25</b> – Christmas (Christian)</li> <li>• <b>December 26</b> – Dakota 38 (AI/AN- Honor the lives of the Dakota people who were executed on December 26, 1862)</li> <li>• <b>December 26-January 1</b> – Kwanzaa (Celebration of African American heritage and culture)</li> <li>• <b>December 31</b> – New Year's Eve</li> </ul>

## REFERENCES

<https://www.brownielocks.com/month2.html>

<https://disabilityin.org/resource/2022-calendar-of-disability-related-dates/>

<https://seramount.com/wp-content/uploads/2021/12/Seramount-Holiday-Calendar-2022.pdf>

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Feedback from LACDMH Cultural Competency Committee and Underserved Cultural Communities Subcommittees