

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH SERVICE AREA 2 QUALITY IMPROVEMENT COUNCIL (QIC) MEETING

May 18, 2023 10 am-11:30 am

Type of Mtg:	Virtual Microsoft TEAM	s
Meeting Link:	-	neetup- UtNmU2Yy00M2RILTk3Y2ItNmQwODEzNDIINzhi@thread.v2/0?context=%7B%22Tid%22:%2207597248- %22,%22Oid%22:%22d58ce716-744e-43bb-bc24-43fa428e2ab1%22%7D
	Arlin Adwani	Tarzana Treatment Centers
	Armen Yekyazarian	LACDMH QA
	Cheryl Driscoll	Hillview MHC, Inc.
	Claudia Morales	Pacific Asian Counseling
	Dave Mendez	Rancho San Antonio
	Dora Escalante	Jewish Family Service
	Elidia Olmos	Santa Clarita Valley MHC
Members	Evelyn Ramos	The Help Group Child and Family Center
Present:		Pacifica Hospital of the Valley Behavioral Health Urgent
	Grace Florentin	Care Ctr
	Gwendolyn Thomas	Rancho San Antonio
	Heather Bowen	The Help Group
	Iliana Martinez	El Centro de Amistad
	James e. Walters	west valley mental health
	Jeanine Caro-Delvaille	Child & Family Center
	Karely Gutierrez	The Village Family Services

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Katy Ihrig	SCVMHC	_
Kaylee Devine	Tobinworld	
Kevin Crandall	Pacifica Hospital of the Valley	
Leslie A DiMascio	SFCMHC, Inc	
Lezly Zavala	Children's Bureau	
LyNetta Shonibare	Olive View MHC	_
Megan McDonald	TWGH/ACT Health and Wellness	
Michele Burton	The Help Group	
Michelle Rittel	DMH SA2 Administration	_
Myan Le	LACDMH Quality Improvement	
Priscilla Peraza	Penny Lane centers	
Sherry Winston, LMFT	Tarzana Treatment Center	
Stephanie Ochoa	Star View	
Tiffany Rabbani	Tarzana Treatment Centers	
Tyler London	Penny Lane Centers	

AGENDA ITEMS	DISCUSSIONS/RECOMMEN OR SCHEDULED	RESPONSIBLE UNIT/STAFF	
Welcome-	Welcome – Introductions - Announcements		All
Introductions &	Quality Improvement		
Agency Updates	 CPS 2023 Updates 	Myan Le	
 Review of 	 CANS/PSC Tips 	Jeanine Caro-Delvaille	
Agenda	Quality Assurance		
	QA Website Highlights and FYIsQA on the Air	Armen Yekyazarian, QA	
	> CalAIM		
	Survey Findings from last month		
	New Criteria to Access SMHS		
	No Wrong Door		
	Diagnosis Codes		

	> Documentation Redesign	
	➤ Peer Support Services	
	➤ Screening/Transition Tools	
	➤ Chart Review and Training	
	➤ Payment Reform	
	Training & Operations:	
	➤ LE Chart Reviews	
	➤ QA Website Updates	
	 Trainings in Development 	
	Policy & Technical Development:	
	➤ Changes to IHBS Pre-Authorization	
	Directly Operated QA Process/Chart Reviews	
	> Access to Care	
	Network Adequacy: NAPPA	
	Upcoming webinars	
Quality	Quality Improvement	Quality
Improvement		Improvement
UPDATES	CPS Updates	Daiya Cunnane,
		QI unit
		Provided by QI
		Staff (Provided by Kara
		Taguchi, Daiya Cunnane) – reported by Kimber
Quality	Quality Assurance	Quality
Assurance		Assurance
UPDATES	Certifications – nothing currently	Provided by QA
		Staff (Provided by Brad
	QA Website Highlights and FYIs Discussion led by Dr. Armen	Bryant, Jen Hallman, Nikki Collier) – reported
		by Kimber
QA ON AIR	The next QA on the Air will be held on Wed., May 24th from 9:00-10:00	
CalAIM	What have providers done to communicate changes/change the culture?	
	Trainings, viewing as a team	
	 Meetings – clinical, all staff, supervision, change management, case conferences 	

- Constant reminders and communication
- · Real time feedback as progress notes are submitted
- Trickle down starting with Leadership

What additional support is needed to realize the benefits of CalAIM?

- Sample notes, assessments
- Examples of expected durations for services
- Live & recorded trainings from DMH
- Collaborative documentation trainings
- Reduce caseloads (too many clients/staff are still overwhelmed)
- Specific documentation training for community workers, peers
- Concise list of changes
- Educating clients/community on Specialty Mental Health Services
- · Guidance on writing a good progress note
- Infographics/graphics to help simplify the changes
- Examples of care plans specifics on requirements for the care plan
- Time

CalAIM Quiz

- Addresses basic understanding of key CalAIM initiatives
- https://forms.office.com/g/v5Ke2thegE
- Please encourage staff to complete the quiz!!

Reviewed previously released CalAim info:

- New Criteria to Access SMHS & Medical Necessity
- No Wrong Door
- Diagnosis Codes Information Notice
- Documentation Redesign
- Peer Support Services
- Screening and Transition Tools
- ➤ Manage Care Plan (MCP) Contact List updated 4-5-23 to create as a Clinical Form
- > (DO) Service Request Log in IBHIS updated 3-10-23
- Screeners embedded
- Updated dispositions (e.g., Appointment given, Screened & referred to MCP)
- Service Request Tracking System (SRTS): updates to be LIVE 4-17-23
- Screeners embedded / Updated & New dispositions

ACCESS agents – trained on the SRTS/Screeners this week Coordination of Care between MCPs & LACDMH Updates in SRTS – ETA 4-17-23 DISPOSITIONS Chart Parising and Training

Legal Entity Chart Reviews

Chart Review and Training

To achieve the improved access to care and streamlined administrative requirements goal of CalAIM, it is crucial that LACDMH and its network of providers fully embrace the new requirements under CalAIM. To achieve this, the following documents have been updated:

- Chart Review Tool,
- QA Requirements for Directly-Operated and LE's
- QA/QI Report for Legal Entities to account for the new requirements.

Non-compliance with documentation requirements will not have accompanying recoupment

 Shifted reasons for monetary disallowances to instances of fraud, waste and abuse as identified in the DHCS Medi-Cal Specialty Mental Health Services Reasons for Recoupment Fiscal Year 2022-2023

All new and existing providers and practitioners are strongly encouraged to view the videos prior to service delivery.

- · Standardized Screening Process
- Access to Care Timeframe Reminders
- · Criteria to Access SMHS and Medical Necessity
- Documentation Requirements
- Reimbursement & Claiming
- · Standardized Transition Process

QA Bulletin: https://file.lacounty.gov/SDSInter/dmh/1137613 QABulletin23-

02ChartReview TrainingUnderCalAIM.pdf

Chart Review Tool:

https://file.lacounty.gov/SDSInter/dmh/1137357 LACoMHP ChartReviewTool.pdf

Reasons for Recoupment: https://www.dhcs.ca.gov/Documents/BHIN-22-063-Enclosure-3-SMHS-

Reasons-for- Recoupment-FY-22-23.pdf

Training: https://dmh.lacounty.gov/qa/qa-training/

Upcoming Reviews

- · Working on summary reports and coordination of related meetings for recent reviews
- · In the process of coordinating additional reviews

Payment
Reform / CPT
Codes

Payment Reform / CPT Codes

- No longer bill by the minute: some codes will be in 15 min increments
- Will utilize "add-on" procedure codes
- Only bill for "direct patient care", documentation/travel time/review of records/etc. will be considered "admin"
- Increased use of modifiers
- Complex rules around which codes can be billed on the same day

Key Concepts Under Payment Reform

- 1. The most specific code to describe the service should be used whenever possible
 - CPT codes (codes beginning with a number) describe specific services and should be used whenever possible
 - Majority of CPT codes already in use by LACDMH but some will need to be modified in use to align with Federal definitions
 - Add-On codes will be utilized to further describe the service (e.g., additional time and/or complexity)
 - HCPCS codes (codes beginning with a letter) are more generic and may be used when a CPT code is not available
 - Some HCPCS already in use or will be replaced with new ones (e.g., H2017 instead of H2015)
 - Students of clinical disciplines (e.g., social workers) will only be allowed to use HCPCS
 - Modifiers (two characters added to a procedure code) will be used to further defined a CPT or HCPCS code
- 2. Claims shall be by Units of Service instead of by the exact minutes
 - Some CPT codes are determined by the minute range and the Unit will always be one
 (1)
 - Some codes (mostly HCPCS) are claimed based on 15-minute increments
- 3. Focus should be on direct patient care: only Direct Client Care is billable
 - For the client care codes (e.g., therapy or evaluation and management), direct client care means time spent with the client for the purpose of providing healthcare. Note: AMA allows code selection to include time with parent/caregiver. Will confirm with DHCS.

- For a consultation code, direct client care means time spent with the consultant/members of the client's care team. Note: For a TCM code, the activity requires completing forms. Will confirm with DHCS.
- Direct patient care does not include travel time, administrative activities, chart review, documentation, utilization review and quality assurance activities or other activities a practitioner engages in either before or after a client visit. Should acknowledge that no longer have to pay attention to the exact minutes

4. Reimbursement will be by Provider Type (Discipline) at a Fixed Rate, no matter the service provided

- The set rate included documentation and travel time
- Was set by DHCS for Directly Operated; DMH set for Legal Entities

Payment Reform: Status Update

- Working on a draft version of the Guide to Procedure Codes that will be released in the next two weeks
- There are several outstanding issues we are still awaiting a response from DHCS:
 - Students
 - Collateral
- For Directly Operated, we will be utilizing this as an opportunity to simplify progress note documentation while also deriving the procedure code for the practitioner

Direct Care

For Directly-Operated, QA is working with management to identify changes in what is billable will have on productivity expectations

- Will be focused on how staff are spending their time and ensuring staff can focus on being with clients
- Working to design progress notes in the EHRS so staff do not need to know what is billable and what is not – goal to have drop down lists to derive the procedure code

Collateral

- The recently approved State Plan Amendment (SPA) removed "Collateral" as a Service Component
- Instead it is listed as a method of service contact
- Under Payment Reform, there will no longer be a specific code for "Collateral"
- Instead codes (services) will be identified in which the method of service contact may be a significant support person – e.g. H2017 T1017

	The Course in the self-provides Manual will be an elected to account for this and attached			
	The Organizational Providers Manual will be updated to account for this and other changes			
	under Payment Reform			
TRAINING &	LE Contract Provider Chart Reviews			
OPERATIONS	Recent Reviews:			
	> Optimist Youth Homes			
	> Tobinworld			
	Los Angeles LGBT Center			
	TRAININGS IN DEVELOPMENT			
	➤ Collaborative Documentation Training-QA Unit will be developing video training for			
	Collaborative Documentation instead of resuming live webinar trainings			
	> QA Knowledge Assessment Survey #6			
	 Consent in a Mental Health Setting Training Video Collaborative Documentation Training 			
	Video Interactive Progress Note Training Module			
	Video interactive i Togress Note Training Module			
POLICY &	OA Bulletin 22 02 Undated Medi. Cal Baneficiary Handbook & Notification to Baneficiaries discussed			
	QA Bulletin 23-03 Updated Medi- Cal Beneficiary Handbook & Notification to Beneficiaries discussed			
TECH	Observed to HIPO Day Anthonization of the Aire 7/4/00 with Decree at Defense			
DEVELOPMENT	, 3			
	Pre-authorization will be for one year			
	No longer 6 months/9,999 minutes			
	Must utilize the general P-Authorization on claims			
	No longer utilize a specific M-Authorization			
	Valid for any funding sources within a Legal Entity			
	No longer require a new pre-authorization when funding source changes			
	Initial pre-authorizations			
	Automatically filed when authorized for FSP, IFCCS or Wraparound			
	May also request via Provider Connect			
	Subsequent pre-authorizations			
	Must be requested via Provider Connect			
	Directly Operated QA Process			
	We have resumed our QA Process/Chart Reviews for Directly Operated			
	Edelman Adult will be reviewed in May			
	With CalAIM implementation still the priority, only one provider will be reviewed every 2 months			
	Reviews will utilize the updated Chart Review Tool			
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- Review will focus on clinical services in relation to administration requirements, including efficient utilization of services and timely access to care.
- The goal of the review is to support the Department's mission to provide high quality Medi-Cal Specialty Mental Health Services (SMHS) to the residents of the County.

ACCESS TO CARE MEMO

- CMMD will now confirm Access to Care data with QA prior to approving closure
- Based on review of current sites not accepting (General Outpatient Care Services & PEI), many do not meet the criteria identified in Policy 302.14
- Plans of correction will be required
- If a provider turns away a client due to capacity (i.e., indicates "at capacity" within SRTS and closes the referral or transfers to another provider) and has not been approved by CMMD, must serve the client and submit a POC

Network Adequacy: Program Selection in NAPPA

- QA is reviewing the set-up of providers within NAPPA
 - If you have a school-based services, you should select school-based in NAPPA. You do not need to also select PEI (referral only).
 - Other should be selected very rarely. QA is looking at all "other" selections and will be contacting providers. Prior to selecting "other", send an email to NetworkAdequacy@dmh.lacounty.gov
 - If you have General Outpatient Care Services (i.e. OCS) or PEI, the expectation is that you will accept any referral from the general public. The accessible by should be phone/walk-in or phone only. Prior to selection any other option, send an email to NetworkAdeguacy@dmh.lacounty.gov
 - QA is developing a "cheat sheet" on program selection to assist in identifying the correct programs.

Access to Care

- Have reached over 80% timely access to care with latest data
- Need to continue to improve Access to Care
- All providers not currently accepting new clients are strongly encouraged to review workflow and see if they can begin accepting
 - Some sites have not been accepting for over a year!
- Will be looking at Urgent appointment timeliness as well as issuing NOABDs for untimely appointments

- Network Adequacy/Access to Care webinar on 4/3/23 focused on ways clinics have improved capacity and access to care
- https://lacountymediahost.granicus.com/MediaPlayer.php?clip_id=10578
- All providers are expected to assist in improving access to care
- · Please join our next webinar to continue the discussion

Network Adequacy: NAPPA

- Providers must continue to ensure NAPPA is updated on a regular basis and all practitioner's information is kept up to date
- DMH is currently working to submit NAPPA data to the State on a monthly basis

Access to Care – Big Picture Interventions

- Leverage the flexibility & efficiency that CalAIM provides
- Doc Redesign
- > First Point of Contact
- · Screening & Transition Tools
- Youth & Adult Screening Training:

https://lacountymediahost.granicus.com/MediaPlayer.php?clip_id=10551

Transition of Care Training:

https://lacountymediahost.granicus.com/MediaPlayer.php?clip_id=10617

- Monitor & Tracking
- Scheduling Calendars / Monitoring Reports
 - Workflows
- If client no shows, then what?

Access to Care - Recommended

- Create standardized intake slots
- Have supervisors' complete assessments in order to create more intake slots
- Double book appointments due to No Shows (create Stand-By lists, wait 15 min then assign different intake or walk-in)
- Create Assessment-only team
- Case management/rehab/ or nursing evaluation first when medically necessary
- Reduce intake slot duration to increase slots (implement Immediate/Same Day Assessment)
- Have clinicians take on additional assessments (increase # of intakes clinical staff are completing per week)
- Implement screening and transition tools
- Closely monitor intake slots: add slots when appointments going beyond 8 or 9 days out, supplement with supervisor intake slots

ACCESS TO CARE BEST PRACTICES SHARING

- Shared & discussed Antelope Valley Mental Health Center & Antelope Valley Wellness & Enrichment Center's CAL AIM- ACCESS TO CARE CLINIC REDESIGN
- Shared & discussed Augustus F Hawkins FMHC
- Shared & discussed Long Beach Child and Adolescent Program Effective Strategies for Improving Access to Care

Policy: 302.01 First Service Contact

- Published on March 6, 2023
- Replaced the Opening Episodes policy (312.02)
- Provides policy and procedures related to first service contacts (including Consent) and timely opening of service episodes
- https://secure2.compliancebridge.com/lacdmh/public/index.php?fuseaction=print.
 preview&docID=4004

Prior to delivering Specialty Mental Health Services (SMHS) to a client, staff shall:

- 1. Log the request for services in accordance with DMH Policy 302.14 Responding to Initial Requests for Service
- 2. Provide the client with the Notice of Privacy Practices in accordance with DMH Policy 502.01 Notice of Privacy Practices
- 3. Obtain Consent for Services and, if applicable, consent for telehealth and/or telephone services in accord with the procedures section of this Policy
 - 1. Consent for Services shall be obtained prior to opening an Episode.
 - 2. Notify the client they may request the DMH Provider Directory at any time;
- 3. Offer the client a copy of the Mental Health Plan Beneficiary Handbook and notify it is available upon request in accord with DMH Policy 201.01 Beneficiary Rights & Responsibilities;
- 4. For adults, provide information on Advanced Health Care Directives in accordance with DMH Policy 200.01;
- 5. Conduct Financial Screening and inform the client of the results in accord with the procedures section of this policy; and,
 - 6. Open an Episode in the DMH electronic health record (EHR) in accordance with the procedures section of this policy.

The first SMHS provided may be any appropriate service that best meets the needs of the client.

1. Best practice is for the first service to be in-person or via telehealth in accordance with DMH Policy 308.01 Telehealth & Telephone Services, with the exception of record review.

- 2. The first service may be via telephone in accordance with DMH Policy 308.01 if clinically appropriate and best meets the needs of the client.
- 3. The first service contact shall include informing the client of the assessment and service process.

302.01: Obtaining Consent for Outpatient Mental Health Services

- 1. The <u>Consent for Services</u> form shall be used to obtain informed consent for outpatient mental health services.
- 1. Verbal consent or electronic signature may be obtained and documented on the Consent for Services form. In the case of verbal consent or electronic signature, information on the Consent for Services form must be made available (e.g., the blank form provided) to the client so the client is aware of what they are consenting to.
 - 2. In most cases, the following individuals <u>can</u> consent for outpatient mental health services:
 - 1. Adult Clients, 18 years of age and older
 - 2. Parents/Legal Guardians of clients who are minors
 - 3. Conservators of clients as designated by the court
 - 4. Minor Clients, 12 through 17 years of age, who meet State legal criteria as applicable (e.g., Family Code 6924, Health & Safety Code 124260, Family Code 7002, Family Code 7120)
 - i. The legal criteria for minor consent are identified in the Consent for Services form, and staff must attest to the criteria being met
 - ii. If the minor qualifies under both Family Code 6924 and Health & Safety

Code 124260, consent should be obtained under the Family Code.

- 3. "Qualified Relatives" of the minor using the Caregiver Authorization Affidavit when appropriate (i.e., spouse, parent, stepparent, brother, sister, stepbrother, stepsister, half-brother, half-sister, uncle, aunt, niece, nephew, first cousin, or any person denoted by the prefix "grand" or "great," or the spouse of any of the persons specified in this definition, even after the marriage has been terminated by death or dissolution.)
 - 4. In most cases, the following individuals cannot consent for outpatient mental health services:
 - 1. Foster Parents
 - 2. Attorneys
 - 3. Caregivers not meeting criteria in #2
 - 4. Social Workers

- 5. A Court Order, Minute Order, or DCFS 179MH may be obtained in lieu of the Consent for Services form. The information within the Consent for Services form and the Frequently Asked Questions shall be provided to the client.
- 6. For emergency psychiatric conditions, completing the Consent for Services form is not required. Consent for Services shall be obtained at the next contact that occurs when the emergency condition has been resolved.
- 1. In situations where the client appears to be unable to provide written or verbal consent in the standard manner, client engagement in the assessment process may be considered implicit consent. It shall be documented that the potential client was informed that the client's information will be entered into the DMH electronic health information system.
 - 1. The Consent for Services form covers all directly operated providers from which the client receives services. When the client leaves treatment and returns, a new Consent for Services form is required to be signed.
 - 2. If the individual who is eligible to consent for services changes (e.g., legal guardianship changes), a new Consent for Services form shall be obtained.
 - **3.** If, at any point, the client/legal representative wishes to revoke consent for any item on the Consent for Services form, a new form shall be completed.

302.01: Financial Screening & Opening Episodes

Financial Screening

- 1. Providers must complete financial screening in order to provide the client with a preliminary assessment of whether there will be a fee related to the services in accordance with DMH Policy 807.01.
- 2. For emergency psychiatric conditions, financial screening is not required prior to services. Upon resolution of the emergency psychiatric condition, the financial screening shall be completed if the client is to continue with services.

Opening Episodes

- 1. For episodes created by DMH and Legal Entity providers, the episode shall be opened at the legal entity level. If an outpatient episode is already open at the legal entity level, another episode is not required to be opened when the client returns for treatment. The episode shall remain open until the death of the client unless otherwise directed by the QA Unit.
- 2. In most cases, the episode admission date should be the date Consent for Services is obtained. In all cases, the episode admission date shall be no later than the date of the first claimed service.

302.01: Service Contacts

- 1. If the first contact is with a practitioner for whom diagnosing is not within the scope of practice, the following apply:
 - 1. In order to submit claims, a Z55-Z65 Social Determinants of Health ICD code shall be utilized based upon the initial observations of the non-diagnosing practitioner until a diagnosing practitioner can determine the presence/absence of an additional ICD 10 code(s).
 - 2. Non-diagnosing practitioners shall minimally document in the progress note information that supports that the service provided was medically necessary.
- 2. An assessment shall be done with a practitioner who can diagnose as soon as possible and in accordance with clinically accepted practice.
 - 1. As a best practice, an assessment by a diagnosing practitioner should be started within five (5) service contacts and/or thirty (30) days of treatment unless there is a clear clinical rationale as to why this did not occur.
 - **2.** Once the assessment is completed, the diagnosis shall be updated with the most appropriate diagnosis by the assessing/diagnosing practitioner.

Electronically Signed & Respectfully Submitted by:

Kimber Salvaggio SA 2 Adult QIC Chair

NEXT MEETING: JULY 20, 2023, 10 am