Access For All – November 2023 Resources

- **BenefitsCal**
  https://benefitscal.com/
  A new, improved experience to apply for and manage your benefits.
  BenefitsCal is a one-stop-shop to apply for...

  Medi-Cal
  CalFresh
  CalWORKs
  CMSP (County Medical Services Program)
  Disaster CalFresh
  GA/GR (General Assistance and General Relief)

  You can log into your account to make sure Medi-Cal has your current:
  Address
  Phone number
  Email address

- **Los Angeles County Department of Public Social Services (DPSS)**
  https://dpss.lacounty.gov/en/senior-and-disabled.html
  This page includes information on Los Angeles County DPSS services tailored to support our senior population and persons with disabilities.

- **American Community Survey 2025 Content Changes Federal Register Notice – Bureau of the Census - Comments Due Date: Dec 19, 2023**
  https://www.regulations.gov/document/USBC-2023-0009-0001
  "The purpose of this notice is to allow for 60 days of public comment on the proposed revision of the American Community Survey and Puerto Rico Community Survey, prior to the submission of the information collection request (ICR) to OMB for approval…

  Disability—The series of six disability questions are being revised to capture information on functioning in a manner that reflects advances in the measurement of disability and is conceptually consistent with the World Health Organization's International Classification of Functioning, Disability, and Health (ICF) disability framework (World Health Organization, 2001). Changes include using graded response categories to reflect the continuum of functional abilities (the current questions use a dichotomous yes or no response), reordering the questions, and modifying question text. Additionally, a new question will ask about difficulties related to psychosocial and cognitive disability in addition to problems with speech."

- **Together for Wellness - Resources**
  https://www.togetherca.org/

Everyone needs some support sometimes. Together for Wellness is a collaborative effort to connect Californians to the best resources available for emotional health and wellness.
We've partnered to help put together digital resources (like apps, websites, articles, and videos) that can help people through stressors they are facing in their daily lives.

This site is always growing, so come back soon for updates!

- **Fact Sheet: President Biden Issues Executive Order on Safe, Secure, and Trustworthy Artificial Intelligence**
  https://www.whitehouse.gov/briefing-room/statements-releases/2023/10/30/fact-sheet-president-biden-issues-executive-order-on-safe-secure-and-trustworthy-artificial-intelligence/
  On 10/30/23, President Biden is issued an Executive Order to establish new standards for Artificial Intelligence safety and security, privacy, equity and civil rights.

- **Accessibility tools for Microsoft Teams**
  https://support.microsoft.com/en-us/office/accessibility-tools-for-microsoft-teams-2d4009e7-1300-4766-87e8-7a217496c3d5
  This page contains an overview of the accessibility tools and features available in Microsoft Teams.

- **Microsoft Accessibility Checker**
  https://support.microsoft.com/en-us/office/improve-accessibility-with-the-accessibility-checker-a16f6de0-2f39-4a2b-8bd8-5ad801426c7f
  This page contains an overview of how to use the Accessibility Checker for various types of documents

- **LACDMH Accessibility Resources Page**
  https://dmh.lacounty.gov/resources/accessibility-resources/
  LACDMH supports the well-being of our County residents and communities of all abilities. We have compiled a collection of resources, please feel free to explore and share them with your loved ones and communities.

Access For All – October 2023 Resources

- **NIH designates people with disabilities as a population with health disparities**
  https://www.nih.gov/news-events/news-releases/nih-designates-people-disabilities-population-health-disparities
  The designation is one of several steps NIH is taking to address health disparities faced by people with disabilities and ensure their representation in NIH research.

- **Web Content Accessibility Guidelines (WCAG) 2.2 Released**
  https://www.w3.org/TR/WCAG22/
  The Web Content Accessibility Guidelines (WCAG) 2.2 has been officially acknowledged as a W3C Recommendation
  WCAG 2.2 introduces 9 new requirements, referred to as success criteria, building upon the foundation laid by WCAG 2.1. These success criteria are designed to significantly enhance accessibility for individuals with disabilities.

- **U.S. Senator Tammy Duckworth and U.S. Representative John Sarbanes reintroduced the Websites and Software Applications Accessibility Act**
  https://www.duckworth.senate.gov/news/press-releases/duckworth-sarbanes-sessions-reintroduce-bicameral-bipartisan-legislation-to-help-make-websites-and-software-applications-accessible-for-americans-with-disabilities
  U.S. Senator Tammy Duckworth and U.S. Representative John Sarbanes reintroduced legislation to help break down the significant barriers that Americans with disabilities continue to face when accessing website and software applications, which all Americans rely on for employment, commerce, education, public services and all other aspects of society.

- **Disability Bias & New Frontiers in Artificial Intelligence - Land, Christopher W. – Journal on Technology & Persons with Disabilities**
  https://scholarworks.csun.edu/handle/10211.3/225163
  Bias in artificial intelligence (AI) systems can cause discrimination against marginalized groups, including people with disabilities. Like other challenges with digital accessibility, this discrimination is most often unintentional and due to a lack of training and awareness of how to build inclusive systems. This paper has two main objectives: 1) provide an overview of AI systems and machine learning, including disability bias, for accessibility professionals and related non-development roles; and 2) discuss methods for building accessible AI systems inclusively to mitigate bias.

- **Affordable Connectivity Program Information and Outreach Materials**
  https://broadbandforall.cdt.ca.gov/affordable-connectivity-program/
  The Affordable Connectivity Program will provide a discount of up to $30 per month towards broadband service for eligible households and up to $75 per month for households on qualifying Tribal lands. Eligible households can also receive a one-time discount of up to $100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than $10 and less than $50 toward the purchase price.

- **Microsoft Accessibility Support**
  Learn about accessibility features for vision, hearing, mobility, learning, neurodiversity, and mental health in Microsoft apps and services.
  https://www.microsoft.com/en-us/accessibility/

Microsoft Disability Answer Desk:
If you have a disability or questions related to accessibility, contact the Microsoft Disability Answer Desk for technical assistance. The Disability Answer Desk support team is trained in using many popular assistive technologies and can offer assistance in English, Spanish, French, and American Sign Language.
https://www.microsoft.com/en-us/accessibility/disability-answer-desk?activetab=contact-pivot:primaryr9

- **Google Accessibility Support**
  https://about.google/intl/ALL_us/belonging/disability-inclusion/product-accessibility/
  Find more information on the accessibility features of products like Android, Google Chrome, and YouTube

  Contact the Google Disability Support Team:
  The Google Disability Support team is available to support users from the disability community with Google products. Support includes accessibility features, functionalities, and assistive technology.
  Find support for products such as Android devices & Chromebooks.
  https://support.google.com/accessibility/answer/7641084?hl=en&ref_topic=6004807&visit_id=637298194518649668-1387026925&rd=1

- **Apple Accessibility Support**
  https://www.apple.com/accessibility/
  Apple recently launched iOS 17. Find more information on the updated accessibility features here

  Contact Apple Accessibility Support:
  https://support.apple.com/accessibility
  For users of Apple products such as iPhone, iPad, Apple Watch, or a Mac. This is a support line reserved for customers with vision, hearing, motor, and learning impairments. Senior AppleCare specialists are available to help you get your Accessibility Settings right, answer your questions, and resolve your technical issues.
  Or you can call (877) 204–3930 for direct access to Apple representatives who are trained in providing support for these services.
  You can also receive AppleCare service and support in American Sign Language (ASL). At https://www.signtime.apple/applecare/us-EN/asl

- **Digital Library – LA County**
  https://lacountylibrary.org/digital-library/
  With your LA County Library card, access FREE library resources on your computer or device. Download or stream eBooks, audiobooks, magazines, movies, and more! You can also get help with your homework, learn a language, or take an online class!

Access For All – September 2023 Resources

- **988 Suicide & Crisis Lifeline's addition of nationwide American Sign Language (ASL) services**
  https://988lifeline.org/help-yourself/for-deaf-hard-of-hearing/
  To connect directly to a trained 988 Lifeline counselor in ASL, callers who are Deaf, DeafBlind, DeafDisabled, Hard of Hearing, and Late-Deafened can click the "ASL Now" button on 988lifeline.org and follow the prompts. Direct dialing to 988 from a videophone will be available in the coming weeks, and in the meantime, ASL callers can call 1-800-273-TALK (8255) from their videophone to reach ASL services.

- **Fact Sheet: Nondiscrimination on the Basis of Disability Proposed Rule Section 504 of the Rehabilitation Act of 1973**
  https://www.hhs.gov/civil-rights/for-individuals/disability/section-504-rehabilitation-act-of-1973/fact-sheet/index.html
  On 9/7/23, the U.S. Department of Health & Human Services (HHS) through the HHS Office for Civil Rights announced a proposed rule, updating its regulation implementing Section 504 of the Rehabilitation Act of 1973, that prohibits discrimination on the basis of disability.

- **Fact Sheet: Notice of Proposed Rulemaking (NPRM) on Accessibility of Web Information and Services of State and Local Government Entities**
  https://www.ada.gov/notices/2023/07/20/web-nprm/
  The Department of Justice (Department) is publishing a Notice of Proposed Rulemaking (NPRM) explaining how they propose updating the regulations for Title II of the Americans with Disabilities Act (ADA) to add more specific requirements about web and mobile application (app) accessibility.

- **Governor Newsome Signs Executive Order to Prepare California for the Progress of Artificial Intelligence**
  https://www.gov.ca.gov/2023/09/06/governor-newsom-signs-executive-order-to-prepare-california-for-the-progress-of-artificial-intelligence/
  Governor Newsom issued an executive order laying out how California's measured approach will focus on shaping the future of ethical, transparent, and trustworthy AI.

- **LA County Public Health – A Toolkit for Parents and Guardians of Teens**
  http://publichealth.lacounty.gov/pie/Education/Welcome-MentalHealthToolkit.htm
  This mental health toolkit is designed for parents, guardians, and other adults with a significant role in the lives of middle and high school students.
  The purpose of this mental health toolkit is to equip parents with the knowledge and resources to support their teen's mental health and wellbeing.

- **Mental Health America – Back to School Toolkit**
  https://mhanational.org/back-to-school/toolkit-download
  Mental Health America has developed its 2023 Back-to-School Toolkit and campaign to help increase understanding of how online activity affects the mental health of children and teens. Mental Health America is providing materials on these topics for parents and caregivers, school personnel, other adults in a young person's life, and young people.

- **CalHOPE Schools Initiative**
  https://www.calhopeschools.org/
  In support of California schools, teachers, students, and families, CalHOPE continues to offer no-cost, evidence-based resources to provide healing, hope and inspiration to students and school personnel.

- **LA County Public Health – COVID-19 Resources**
  If you need further assistance or help with resources, please call 1-833-540-0473, open 7 days a week, 8:00 am – 8:30pm
  http://publichealth.lacounty.gov/media/Coronavirus/

- **EBT Online - Individuals and families now have the option to purchase groceries online using their EBT card**
  https://www.cdss.ca.gov/ebt-online
  California is actively working to expand the number of stores that accept EBT online in the future. Please check back for future updates to the list of participating stores. More information about EBT Online can be found in the following links:
  https://www.cdss.ca.gov/Portals/9/CalFresh/EBTOnline/EBT-Online-Flyer.pdf
  https://www.cdss.ca.gov/Portals/9/CalFresh/EBTOnline/EBT-Online-FAQ-Sheet.pdf

Access For All – August 2023 Resources

- **LA County Library – Digital Literacy Videos**
  A collection of curated resources to share digital literacy skills
  https://www.youtube.com/playlist?list=PLRsndPpfc7j_1mP1cjWO84hG1s4zJUHWJ

- **NASW-CA Chapter – Understanding Disability Pride**
  On June 30, the NASW Disabilities Council kicked off Disability Pride Month with a free educational webinar. Presented by writer, editor, and essayist Ben Mattlin, this webinar explored the history and meaning of "Disability Pride."
  https://www.youtube.com/watch?v=YXbCw2XwTFY

- **SAMHSA – 988 Suicide & Crisis Lifeline Adds Spanish Text and Chat Service Ahead of One-Year Anniversary - https://988lifeline.org/es/chat/**
  One year after the rollout of the 988 Suicide & Crisis Lifeline, the U.S. Department of

Health and Human Services (HHS) and its 988 Lifeline partners announced the addition of Spanish text and chat services.
https://www.samhsa.gov/newsroom/press-announcements/20230713/988-suicide-crisis-lifeline-adds-spanish-text-chat-service-ahead-one-year-anniversary

- **Fact Sheet: Notice of Proposed Rulemaking on Accessibility of Web Information and Services of State and Local Government Entities**
  The Department of Justice (Department) published a Notice of Proposed Rulemaking (NPRM) explaining how they propose updating the regulations for Title II of the Americans with Disabilities Act (ADA) to add more specific requirements about web and mobile application (app) accessibility.
  https://www.ada.gov/notices/2023/07/20/web-nprm/

- **Microsoft - Get accessible templates for Office**
  Templates that help you make your content accessible to everyone are now available on Templates.Office.com. You can find them by searching for "accessible templates" or you can use our query: Accessible Office templates.

  Alternatively, you can get to them straight from your Office application. Go to File > New and type "accessible templates" in the Search for online templates box.
  https://support.microsoft.com/en-us/office/get-accessible-templates-for-office-ca086caa-2bd2-4ac8-8c12-4cd495bd4d76

- **What's new in Google accessibility Video Series**
  The "What's new in Google accessibility" video series is highlighting the latest accessibility updates from Google! Check it out for everything from new features to improvements and more.
  https://www.youtube.com/playlist?list=PL590L5WQmH8ce6ZPBbh0v1XVptLJXmQ0K

- **Jed Foundation - Can the Metaverse Be Good for Youth Mental Health? Youth-Centered Strategies for Ensuring and Enhancing the Mental Health and Safety of Young People in the Metaverse**
  Grounded in a robust literature review and the deep engagement of an interdisciplinary Advisory Board of experts and a diverse cross-section of young people, the report provides actionable guidance for stakeholders in fostering a metaverse ecosystem that centers the rights and well-being of youth.
  https://jedfoundation.org/metaverse-and-youth-mental-health/

- **FACT SHEET: Biden-Harris Administration Secures Voluntary Commitments from Leading Artificial Intelligence Companies to Manage the Risks Posed by AI**
  https://www.whitehouse.gov/briefing-room/statements-releases/2023/07/21/fact-sheet-biden-harris-administration-secures-voluntary-commitments-from-leading-artificial-intelligence-companies-to-manage-the-risks-posed-by-ai/

Access For All – July 2023 Resources

- **BenefitsCal**
  https://benefitscal.com/
  A new, improved experience to apply for and manage your benefits.
  BenefitsCal is a one-stop-shop to apply for...

  CalFresh
  CalWORKs
  Medi-Cal
  CMSP (County Medical Services Program)
  Disaster CalFresh
  GA/GR (General Assistance and General Relief)

  You can log into your account to make sure Medi-Cal has your current:

  Address
  Phone number
  Email address
  https://benefitscal.com/

- **ReelAbilities Stream – Accessibility On Demand**
  ReelAbilities Stream is the first of its kind – an accessible streaming platform, featuring films celebrating the lives and stories of people with disabilities.
  https://reelabilitiesstream.org/

- **Job Accommodation Network – Index of Article Pages**
  JAN provides free, confidential technical assistance about job accommodations and the Americans with Disabilities Act (ADA). The link below offers A listing of all article pages
  https://askjan.org/articles/

- **M-Health Index & Navigation Database - The Division of Digital Psychiatry at Beth Israel Deaconess Medical Center**
  https://mindapps.org/Apps
  There are thousands mental health apps available today, offering a range of possibilities from connection with a clinician to symptom monitoring. Apps can be useful in care, but it's important to be cautious about choosing a suitable app.

  So how do you choose an app from the many options? The best way is to start by identifying your priorities: how do you want to engage with the app? What features are

you looking for? Is there a particular standard of privacy you are seeking? Recognizing that app choice is a personal decision based on many individual factors,

the goal of this database is to equip users with the information necessary to make a decision based on the app characteristics that matter most to them.

- **Accessible Social**
  Accessible Social is a free resource hub for digital marketers, communication professionals, content creators, everyday social media users, and anyone who wants to learn how to make their content inclusive and accessible for people with disabilities.
  https://www.accessible-social.com/

- **MIT Technology Review – The Accessibility Issue**
  https://www.technologyreview.com/magazines/the-accessibility-issue/#features

- **Insel, T. (2023, June 26). Generative AI and Mental Health. In: Eric Horvitz (ed.), AI Anthology.**
  https://unlocked.microsoft.com/ai-anthology/tom-insel/

Access For All – June 2023 Resources

- **RespectAbility – Pride Month Resources**
  The LGBTQ+ community and the disability community intersect in significant ways. Below, you can find articles, books, and other resources on the intersection of Disability and LGBTQ+ issues.
  https://www.respectability.org/resources/lgbtq/

- **U.S. Surgeon General – Social Media and Youth Mental Health**
  This Advisory describes the current evidence on the impacts of social media on the mental health of children and adolescents.
  https://www.hhs.gov/surgeongeneral/priorities/youth-mental-health/social-media/index.html

- **Mental Health Resources for Parents – Mental Health America**
  If you or a family member are struggling with mental health symptoms, Mental Health America and the Society for Adolescent Health and Medicine have resources to help parents, children, and teens navigate mental health challenges.
  https://mhanational.org/mental-health-resources-parents

- **LA County Public Health – COVID-19 Resources**

If you need further assistance or help with resources, please call 1-833-540-0473, open 7 days a week, 8:00 am – 8:30pm
http://publichealth.lacounty.gov/media/Coronavirus/

- **LA County Department of Mental Health – Developmental Disabilities / Mental Health Resources**
  A collection of curated resources
  https://dmh.lacounty.gov/our-services/developmental-disabilities/developmental-disabilities-mental-health-resources/

- **Find wheelchair accessible places with Google Maps**
  People can now turn on an "Accessible Places" feature to have wheelchair accessibility information more prominently displayed in Google Maps. When Accessible Places is switched on, a wheelchair icon will indicate an accessible entrance and you'll be able to see if a place has accessible seating, restrooms or parking.
  https://blog.google/products/maps/wheelchair-accessible-places-google-maps/

- **Apple previews new accessibility features**
  Apple introduces new features for cognitive accessibility, along with Live Speech, Personal Voice, and Point and Speak in Magnifier

  New software features for cognitive, speech, and vision accessibility are coming later this year
  https://www.apple.com/newsroom/2023/05/apple-previews-live-speech-personal-voice-and-more-new-accessibility-features/

Access For All – May 2023 Resources

- **Take Action for Mental Health LA County Resources:**
  The Take Action Initiative aims to bring LA communities together around mental health and empower you and those around you to find support.
  https://www.takeactionlac.com/resources

  LA County Department of Mental Health Resources:
  Special collections of resources are organized by topic below:
  https://dmh.lacounty.gov/resources/

  Los Angeles County Department of Mental Health Community Resources & Information
  https://dmh.lacounty.gov/our-services/ee/resources/

- **Global Accessibility Awareness Day - GAAD**
  Thursday, May 18, 2022, help us celebrate the 12th Global Accessibility Awareness Day (GAAD)! The purpose of GAAD is to get everyone talking, thinking and learning about digital access and inclusion, and the more than One Billion people with disabilities/impairments.
  https://accessibility.day/

- **Mental Health America - May is Mental Health Resources**
  For Mental Health Month this year, Mental Health America is encouraging individuals to look around and look within. From your neighborhood to genetics, many factors come into play when it comes to mental health conditions. We encourage everyone to consider how the world around them affects their mental health.
  https://mhanational.org/sites/default/files/MHM/Toolkit-2023/MHM-2023-Additional-Resources.pdf

- **Apple accessibility features - Quick Videos**
  This collection of short videos features tips and tricks on Apple accessibility including how to use Guided Access, Assistive Touch, Conversation Boost, Voice Control, and more.
  https://www.youtube.com/playlist?list=PLIl2EzNYri0cLtSlZowttih25VnSvWITu

- **TASK Resources**
  TASK's mission is to educate and empower people with disabilities and their families. TASK specializes in special education support for people with disabilities from birth to age 26 and their families.
  https://taskca.org/resources/

- **U.S. Surgeon General - Framework for a National Strategy to Advance Social Connection**
  Framework for a **National Strategy to Advance Social Connection** calls for action essential to our nation's health, safety, and prosperity. Individuals and organizations can use this framework to address the public health problem of social disconnection and strengthen social connection.
  https://www.hhs.gov/surgeongeneral/priorities/connection/resources/index.html

- **John Hopkins University – Disability Health Research Center**
  Using a disability data justice approach, focused on developing, expanding and improving methods to collect disability data. This work is grounded in perspectives of the disability community and prioritizes accessibility and equitable access to this data and information.
  https://disabilityhealth.jhu.edu/research/

- **The WebAIM Million - The 2023 report on the accessibility of the top 1,000,000 home pages**

https://webaim.org/projects/million/

Access For All – April 2023 Resources

- **UCLA Mindful App for iOS and Android**
  https://www.uclahealth.org/programs/marc/free-programming-resources/ucla-mindful-app
  With this easy-to-use app, you can practice mindfulness meditation anywhere, anytime with the guidance of the UCLA Mindful Awareness Research Center.
  This app offers:
  Basic Meditations for getting started, in 14 Different languages
  Wellness Meditations for people suffering from challenging health conditions
  Informative videos exploring how to get started, supportive meditation postures, and the science of mindfulness

- **Digital Navigator Resources**
  https://digitalus.org/digital-navigator-resources/
  Digital US is a national coalition working to ensure that all of US have technology skills and digital resilience to thrive in work and life

- **Veterans Administration App Store - Mental Health Apps**
  These apps equip you with tools and information to assist you in managing PTSD-related symptoms and stress, learning to practice mindfulness and strengthening parenting skills
  https://mobile.va.gov/appstore/mental-health

- **SMI Adviser**
  https://smiadviser.org/
  An American Psychiatric Association (APA) and Substance Abuse and Mental Health Services Administration (SAMHSA) Initiative. The mission is:
  To advance the use of a person-centered approach to care that ensures people who have SMI find the treatment and support they need.

  For clinicians, we offer access to education, data, and consultations so you can make evidence-based treatment decisions.

  For individuals, families, friends, people who have questions, or people who care for someone with SMI, we offer access to resources and answers from a national network of experts.

- **Disability Benefits 101**
  https://ca.db101.org/

Many people with disabilities fear that if they go to work, they'll lose needed health care and other disability benefits. Disability Benefits 101 (DB101) helps people with disabilities and service providers understand the connections between work and benefits. DB101 will help you make informed choices and show you how you can make work part of your plan.

- **Guidelines for Assessment and Intervention with Persons with Disabilities – American Psychological Association**
  https://www.apa.org/pi/disability/resources/assessment-disabilities
  The Guidelines for Assessment and Intervention with Persons with Disabilities were adopted by the APA Council of Representatives in February 2022 and replace the original Guidelines for Assessment of and Intervention with Persons with Disabilities from 2011.

- **Office of Disability Employment Policy**
  https://www.dol.gov/agencies/odep
  The Office of Disability Employment Policy (ODEP) is the only non-regulatory federal agency that promotes policies and coordinates with employers and all levels of government to increase workplace success for people with disabilities.

- **Microsoft's Annual Ability Summit -**
  https://abilitysummit.event.microsoft.com/?wt.mc_ID=MSAS2023_esc_corp_em_oo_EC_ATTE_KBTS
  Ability Summit may be over for this year but your accessibility journey doesn't need to stop—in case you missed a session, or any sessions we have them available on demand, along with resources for you to imagine the possibilities of building a more inclusive world for all.

- **2023 CSUN Assistive Technology Conference Recordings**
  https://www.youtube.com/playlist?list=PLB7reFpQdLPNMu1T0sltNocqwbWB3iR-6
  Come experience hosted fireside chats with industry leaders, innovators, and other prominent community members as they discuss important topics.

Access For All - March 2023 Resources

- **BenefitsCal**
  https://benefitscal.com/
  A new, improved experience to apply for and manage your benefits.
  BenefitsCal is a one-stop-shop to apply for...

  CalFresh
  CalWORKs

Medi-Cal
CMSP (County Medical Services Program)
Disaster CalFresh
GA/GR (General Assistance and General Relief)

You can log into your account to make sure Medi-Cal has your current:

Address
Phone number
Email address
https://benefitscal.com/

- **Annual Disability Statistics Compendium**
  https://disabilitycompendium.org/
  The Annual Disability Statistics Compendium, Annual Disability Statistics Supplement, and State Reports for County-level Data are web-based tools that pool disability statistics published by various federal agencies together in one place. When working on legislative and other matters relating to persons with disabilities, the Compendium, Supplement, and State Reports make finding and using disability statistics easier.

- **CSUN Assistive Technology Conference Livestream– CSUNATC TV**
  https://www.csun.edu/cod/conference/sessions/2023/index.php/public/website_pages/view/63
  CSUNATC TV is the hub for all livestream and digital content from the CSUN Assistive Technology Conference. CSUNATC TV content is free to all Conference attendees and the general public. Come experience hosted fireside chats with industry leaders, innovators, and other prominent community members as they discuss important topics.

- **Abilities Expo – March 10th 11am-5pm, March 11th 11am-5pm, March 12th 11-4pm**
  Los Angeles Convention Center
  https://www.abilities.com/losangeles/
  See the latest products and resources for the disability community. There's going to be information on the latest tech, adaptive sports, dance, informative workshops and more!

- Utility Bill Assistance Resources - Information on programs that can lower electricity and gas bills for qualified households. Please review the links below:

- **California Alternative Rates for Energy (CARE) and Family Electric Rate Assistance Program (FERA)**
  https://www.cpuc.ca.gov/lowincomerates/

- **SoCalGas Assistance Programs**
  https://www.socalgas.com/save-money-and-energy/assistance-programs

- **Southern California Edison**
  https://www.sce.com/apps/iqp

- **211LA – Utility Bill Assistance Resources**
  https://211la.org/resources/search?keyword=Utilities%20%26%20Community%20Services%20%3E%20Utility%20Bill%20Assistance%20%2897%29&landing=1&keyword_hidden=Utilities%20%26%20Community%20Services%20%3E%20Utility%20Bill%20Assistance%20%2897%29

- **Live Captioning for iPhone, Android, and Windows -** You can use Live Transcribe on your device to capture speech and sound and see them as text on your screen.

- **Live Transcribe for Android -**
  https://support.google.com/accessibility/android/answer/9158064?hl=en

- **Live Captions on iPhone -**
  https://support.apple.com/guide/iphone/live-captions-beta-iphe0990f7bb/ios

- **Live Captions on Microsoft Windows 11 -**
  https://support.microsoft.com/en-us/windows/use-live-captions-to-better-understand-audio-b52da59c-14b8-4031-aeeb-f6a47e6055df#bkmk_turnoncaptions

- **Use Sign Language View on Microsoft Teams -**
  https://support.microsoft.com/en-au/office/use-sign-language-view-in-microsoft-teams-c6c11f67-0747-4598-ac27-c90801b94434#:~:text=To%20enable%20Sign%20Language%20View,then%20turn%20on%20Sign%20Language.
  Sign Language View is a meeting experience in Microsoft Teams on Windows, Mac, and web that helps signers – people who are deaf or hard of hearing, sign language interpreters, and others who use sign language – keep one another prioritized in a consistent on-screen location throughout every meeting.

- **Crip Camp: A Disability Revolution Movie**
  https://www.youtube.com/watch?v=OFS8SpwioZ4

Access For All – February 2023 Resources

- **First Aid Kit For Your Mind - Listos**
  https://www.listoscalifornia.org/community-projects/mental-health/

Natural disasters can negatively impact mental health. To help Californians better understand what we each can do to strengthen ourselves, our loved ones and our communities, Listos California has created a First Aid Kit for Your Mind with five simple steps for protecting your mental well-being and helping others do the same, along with resources for when you need more support.

We know Californians from diverse backgrounds may experience different or disproportionate stressors, or encounter stigmatization when seeking mental health care. Find a list of resources geared specifically for your community.

- **Mental Health America - Black History Month**
  https://mhanational.org/black-history-month
  "We are highlighting Black and African American contributions to the mental health movement because they are oftentimes overlooked. Without recognizing the lack of representation of Black and African American people in the mental health movement, we do a disservice and continue to inflict harm.
  Learning about the history of systemic racism during Black History Month* - and all year - in the mental health system and movement and how it harms Black communities in the US and around the world is key for creating a mentally healthier world.
  This is a non-exhaustive list of Black and African American mental health resources."

- **Digital Library – LA County**
  https://lacountylibrary.org/digital-library/
  With your LA County Library card, access FREE library resources on your computer or device. Download or stream eBooks, audiobooks, magazines, movies, and more! You can also get help with your homework, learn a language, or take an online class!

- **988 – Resources for people who are Deaf, Hard of Hearing, or have Hearing Loss**
  https://988lifeline.org/help-yourself/for-deaf-hard-of-hearing/
  If you are hard of hearing, you can chat with a Lifeline counselor 24/7 by:

  For TTY Users: Use your preferred relay service or dial 711 then 988.
  Online chat

  If you are a Veteran or service member with hearing loss, or any person concerned about someone who is, there are several ways to contact the Veterans Crisis Line:

  Text with a Veterans Crisis Line responder – Send a text message to 838255
  Online chat with a Veterans Crisis Line responder

- **CalHHS Emergency Resource Guide**
  https://www.chhs.ca.gov/blog/2023/01/04/calhhs-emergency-resource-guide/
  Spanish - https://www.chhs.ca.gov/blog/2023/01/10/guia-de-recursos-de-emergencia-del-calhhs/

Resources curated by the California Health and Human Services Agency to support Californians in preparing for an Emergency

- **PBS SoCal– Tips & Resources**
  https://www.pbssocal.org/education/tips-resources
  PBS SoCal's educational content is developed specifically to build knowledge, critical thinking, imagination, and curiosity. We bring this content to the community — for free — through educational tools and workshops for families and teachers, as well as through partnerships and events in neighborhoods across the region.

- **KCET – Disability Media**
  https://www.kcet.org/search?q=disability
  Articles, Shows and Videos curated by KCET highlighting people with disabilities. For example, "**Students with disabilities innovate ways to navigate spaces":** https://www.kcet.org/shows/newshour/clip/students-with-disabilities-innovate-ways-to-navigate-spaces-1666825998

Access For All – January 2023 Resources

- **LA County Public Health – Public Health Call Center/Tele-Health Service**
  Call the free telehealth service at 1-833-540-0473, open 7 days a week, 8:00 am – 8:30pm
  Tele-health services provide easy access to COVID-19 testing, evaluation, and if you are eligible, oral COVID-19 treatment.
  http://publichealth.lacounty.gov/acd/ncorona2019/medication/

- **Youth Mental Health Resource Hub – California Health and Human Services**
  https://www.chhs.ca.gov/youth-mental-health-resources/
  Curated Mental Health resources for Youth
  Curated Mental Health resources for Parents, Family, and Friends
  Curated Mental Health resources for Schools & Teachers

- **Global report on health equity for persons with disabilities – World Health Organization**
  https://www.who.int/publications/i/item/9789240063600
  An estimated 1.3 billion people – or 16% of global population worldwide – experience a significant disability today. Persons with disabilities have the right to the highest attainable standard of health as those without disabilities. However, the WHO Global report on health equity for persons with disabilities demonstrates that while some progress has been made in recent years, the world is still far from realizing this right for many persons with disabilities

- **Introducing Project Leonardo for PlayStation 5, a highly customizable accessibility controller kit**
  https://blog.playstation.com/2023/01/04/introducing-project-leonardo-for-playstation-5-a-highly-customizable-accessibility-controller-kit/
  Project Leonardo for PlayStation 5. Developed with key contributions from accessibility experts, community members, and game developers, Project Leonardo is our codename for a new highly customizable controller kit that works "out of the box" to help many players with disabilities play games more easily, more comfortably, and for longer periods.

- **Use Sign Language View in Microsoft Teams**
  https://support.microsoft.com/en-us/office/use-sign-language-view-in-microsoft-teams-c6c11f67-0747-4598-ac27-c90801b94434#:~:text=To%20enable%20Sign%20Language%20View,then%20turn%20on%20Sign%20Language.
  Sign Language View is a meeting experience in Microsoft Teams on Windows, Mac, and web that helps signers – people who are deaf or hard of hearing, sign language interpreters, and others who use sign language – keep one another prioritized in a consistent on-screen location throughout every meeting.

- **Disabilities, Opportunities, Internetworking, and Technology (DO•IT) Center**
  www.washington.edu/doit/
  The DO•IT Center is dedicated to empowering people with disabilities through technology and education. It promotes awareness and accessibility—in both the classroom and the workplace to maximize the potential of individuals with disabilities and make our communities more vibrant, diverse, and inclusive. For more information please visit www.washington.edu/doit/.

- **U.S. Department of Education, Office of Civil Rights, Videos Series on Digital Accessibility in Education**
  https://adata.org/ocr-videos
  The U.S. Department of Education's Office for Civil Rights (OCR) released a 20-part video series covering a variety of topics on digital access in education, including how people with disabilities use technology, applicable federal regulations, and identifying and remediating barriers to access. OCR partnered with the ADA National Network to produce the videos for the purposes of providing basic information on and instructions to many different digital accessibility concepts, such as fundamental manual testing techniques, use of color, logical reading order, meaningful video captions, and others. The videos are designed for a wide range of audiences, including school webmasters, parents and students with disabilities, and educational app developers and other IT vendors. The videos are available on ADA National Network's *OCR Video Series page*. All videos are open-captioned. For questions or comments regarding the video series, or for more information please contact the Office of Civil Rights at OCR@ed.gov.

- **Augmented Reality and Virtual Reality in Medical Devices – U.S Food and Drug Administration**
  https://www.fda.gov/medical-devices/digital-health-center-excellence/augmented-reality-and-virtual-reality-medical-devices?fbclid=IwAR09_lVsqmTfQ_bYmuvSRNIym4C1VlGQrMdvSjvLXhRlF_Vq6bPvqoy_KkY#resources
  The Food and Drug Administration has published an overview of augmented reality and virtual reality (AR/VR) medical devices.
  In the document, the FDA outlines how AR/VR is affecting medical devices, explaining how the technology can deliver certain clinical services, including some typically confined to hospitals and clinics, to patients in their homes.

- **I Didn't See You There – Film by Reid Davenport and Keith Wilson**
  https://www.pbs.org/pov/films/didntseeyouthere/
  When a circus tent goes up outside his Oakland apartment, a disabled filmmaker launches into a meditative journey exploring the history of freakdom, vision, and (in)visibility. Shot from the director's physical perspective — mounted to his wheelchair or handheld — I Didn't See You There serves as a clear rebuke to the norm of disabled people being seen and not heard. Winner, 2022 Sundance, U.S. Documentary Director and Grand Jury Prize nominee.

Access For All – December 2022 Resources

- **Job Accommodation Network – Searchable Online Accommodation Resource (SOAR) system**
  https://askjan.org/soar.cfm
  JAN's Searchable Online Accommodation Resource (SOAR) system is designed to let users explore various accommodation options for people with disabilities in work and educational settings. These accommodation ideas are not all inclusive.

  If you do not find answers to your questions, please contact JAN directly: https://askjan.org/contact-us.cfm The staff of experienced consultants is happy to discuss specific accommodation needs in a confidential manner.

- **EveryoneOn - Find low-cost internet service and computers**
  Affordable Connectivity Program Enrollment Assistance
  EveryoneOn's Enrollment Assistance Hotline connects you with a live person to walk you through the internet enrollment process.
  Call/text 877-789-9889 or email enroll1@everyoneon.org for enrollment assistance.
  https://www.everyoneon.org/find-offers

- **O*NET OnLine:**
  Detailed descriptions of the world-of-work for use by job seekers, workforce

development and HR professionals, students, developers, researchers, and more. Individuals can find, search, or browse across 900+ occupations based on their goals and needs. Comprehensive reports include occupation requirements, worker characteristics, and available training, education, and job opportunities.
https://www.onetonline.org/

- **Department of Rehabilitation - Find An Office:**
  Locate the DOR office nearest you using the search box in the page below:
  All offices are open Monday thru Friday except state holidays, 8 AM to 5 PM.
  https://www.dor.ca.gov/Home/FindAnOffice

- **Microsoft - Accessibility Help & Learning**
  Help and support content for accessibility features in Microsoft 365 apps and services. Learn about ease of use features for vision, hearing, mobility, learning, neurodiversity, and mental health.
  https://support.microsoft.com/en-us/accessibility

- **Microsoft - Make your content accessible to everyone**
  On this page, you'll find resources and tools to make your content accessible for all to support the disability community as allies.
  https://support.microsoft.com/en-us/office/make-your-content-accessible-to-everyone-ecab0fcf-d143-4fe8-a2ff-6cd596bddc6d?ui=en-us&rs=en-us&ad=us

- **Explore Apple's accessibility features**
  Apple recently launched iOS 16. Find more information on the updated accessibility features here:
   https://www.apple.com/accessibility/

  The Greatest Short Film - This short film shows people using accessibility technologies to live their lives.
  https://youtu.be/8sX9IEHWRJ8

- **LA County Department of Mental Health Resources:**
  Special collections of resources are organized by topic below:
  https://dmh.lacounty.gov/resources/

  Los Angeles County Department of Mental Health Community Resources & Information
  https://dmh.lacounty.gov/our-services/ee/resources/

Access For All – November 2022 Resources

- **CalHOPE: Together for Wellness – Mental Health and Wellness Tips for Today**

We are a collaborative group of stakeholders across the state representing mental health services, nonprofits, academic institutions, health agencies, foundations and consumers. We've come together to help bring together a set of digital resources (like apps, websites, articles, and videos) that can help people through these challenging times.

And as we get feedback, we will add other resources.
This site is an ongoing process! Please check back soon for more updates.
https://calhope.semel.ucla.edu/

- **Web Accessibility Initiative - How People with Disabilities Use the Web**
  This resource introduces how people with disabilities, including people with age-related impairments, use the Web. It describes tools and approaches that people with different kinds of disabilities use to browse the Web and the barriers they encounter due to poor design. It helps developers, designers, and others to understand the principles for creating accessible websites, web applications, browsers, and other web tools.
  https://www.w3.org/WAI/people-use-web/

- **New mix-and-match computer accessories give people with disabilities easier ways to work and create**
  Microsoft Adaptive Accessories, a highly adaptable ecosystem that lets users customize their mouse, keyboard inputs and shortcuts. The accessories include the Adaptive Mouse, Adaptive Hub and Adaptive Buttons. The Microsoft Adaptive Accessories are intended to remove the barriers that traditional mice and keyboards may present to people with limited mobility.
  https://www.microsoft.com/en-us/accessibility/resources?rtc=1&activetab=pivot_1%3aprimaryr5

- **Microsoft Accessibility Resources and Training**
  Deepen your accessibility knowledge with these helpful resources, videos and both live and pre-recorded training sessions.
  https://www.microsoft.com/en-us/accessibility/resources?rtc=1&activetab=pivot_1%3aprimaryr5

- **This researcher builds 'cool stuff for blind people.' He's also trying to help transform society - PBS Article**
  The world is studded with tools to navigate life, but those resources – from the schedule posted at your local bus stop to the cellphone in your pocket – aren't always accessible for people with disabilities. They may be forced to spend extra time, energy or money to access the same information or experiences as non-disabled people. Inventor Joshua Miele says it doesn't have to be that way..
  https://www.pbs.org/newshour/science/how-this-innovator-is-making-sure-the-tech-that-drives-daily-life-doesnt-leave-out-people-with-disabilities

- **LA County Department of Mental Health Resources:**
  Special collections of resources are organized by topic below:
  https://dmh.lacounty.gov/resources/

  Los Angeles County Department of Mental Health Community Resources & Information
  https://dmh.lacounty.gov/our-services/ee/resources/

Access For All – October 2022 Resources

- **Digital Inclusion Week – Los Angeles Public Library**
  Digital Inclusion Week is an annual campaign to bring attention to the need for digital equity in our communities. The library is committed to helping bridge the digital divide by providing resources and access to technology year-round. We provide internet access and computers for public use at all 73 library locations, lend a variety of technology items through our Tech2go program, and offer digital literacy classes for all age groups and skill levels.
  https://lapl.org/digital-inclusion

- **Microsoft Digital literacy courses**
  Learn how to gain digital literacy to use devices, software, and the Internet to collaborate with others and discover, use, and create information.
  https://www.microsoft.com/en-us/digital-literacy

- **Digital Learn**
  If you are new to computers, haven't used them for a while, are a little unsure and uncomfortable, or just need a bit of a refresher, we have the tools to help you tackle technology at your own pace and gain the confidence you need to succeed.
  https://www.digitallearn.org/

- **Cyber Seniors**
  This non-profit organization provides senior citizens with tech-training using an intergenerational, volunteer model. Young people are provided with lessons and learning activities to train them to act as digital mentors and senior citizens gain access to effective technology training and intergenerational communities that keep them socially connected and engaged.
  https://cyberseniors.org/

- **TechBoomers**
  Techboomers.com is a free educational website that teaches older adults and other inexperienced Internet users with basic computer skills about websites that can help improve their quality of life.
  https://techboomers.com/

- **U.S. Senator Tammy Duckworth and U.S. Representative John Sarbanes introduced the Websites and Software Applications Accessibility Act**
  U.S. Senator Tammy Duckworth and U.S. Representative John Sarbanes introduced legislation to help break down the significant barriers that Americans with disabilities continue to face when accessing website and software applications, which all Americans rely on for employment, commerce, education, public services and all other aspects of society.
  https://www.duckworth.senate.gov/news/press-releases/duckworth-sarbanes-introduce-bicameral-legislation-to-help-make-websites-and-software-applications-accessible-for-americans-with-disabilities

- **Blueprint For an AI Bill of Rights – The White House**
  The White House Office of Science and Technology Policy has identified five principles that should guide the design, use, and deployment of automated systems to protect the American public in the age of artificial intelligence.
  https://www.whitehouse.gov/ostp/ai-bill-of-rights/

- **Explore Amazon's accessibility features**
  Amazon recently updated its webpage on Accessibility. Find more information on the accessibility features of Amazon's products.
  https://www.amazon.com/b?ie=UTF8&node=15701038011

Access For All – September 2022 Resources

- **Free Online Tutoring Available to All Californians | BrainFuse HelpNow**
  Every Californian can now access free online tutoring available 24/7 through a new initiative offering homework help in every K-12 subject and skill-building resources for adult learners.
  Real-time homework assistance can now be accessed 24/7 here and on the websites of any of the 1,130 local public libraries around the state – click on the "HelpNow" link to reach a one-on-one tutor.
  https://main_castatehelpnow_ca.svc.brainfuse.com/authenticate.asp

- **Connected California Digital Navigators | Connect with kind and skilled digital technology help in English and Spanish.**

  Digital Navigators is a Free Program to Help You:
  Find low-cost internet service and devices for your home so you can get online.
  Learn foundational computer skills, such as how to navigate the internet.
  Find and use online resources to improve your life. We can help you find online courses to assist with career development, applying for a job and more!

How it Works:

Contact our Digital Navigators, and a Navigator will be assigned.

You can expect a response within 24 hours of reaching out Monday through Friday.

We'll work with you one-on-one by phone to discuss your needs and find out how we can help.

https://connectedca.org/

- **Introducing the One Mind PsyberGuide Teen App Guide**
  "Digital Tools and Solutions for Teen Mental Health." Also known as One Mind PsyberGuide (OMPG) Teen App Guide, this report is intended for parents and caregivers, families with teens, and mental health professionals and researchers who work with teens.

  Some points discussed in the report include:
  -Data on the current state of teen mental health, including interview excerpts from teens
  -Detailed product reviews of 19 digital tools and solutions for teen mental health
  -Interview excerpts from Mental Health Professionals and App Developers
  -Resources & FAQS for Families, Parents, Caregivers, and Teens
  -Resources for Mental Health Professionals, including a comprehensive guide on how to introduce mental health apps to teens
  https://onemindpsyberguide.org/resources/teen-app-guide/

- **Explore Apple's accessibility features**
  Apple recently launched iOS 16. Find more information on the updated accessibility features here:
   https://www.apple.com/accessibility/

- **Explore Google's accessibility features and products**
  Google recently launched a new accessible products site. Find more information on the accessibility features of products like Android, Google Chrome, and YouTube
  https://about.google/belonging/disability-inclusion/product-accessibility/

- **Microsoft Accessibility Resources:**
  Below you'll find accessibility resources for Word, PowerPoint, and Excel, and tools to make your content accessible for everyone.

  Accessibility tools for learning
  https://support.microsoft.com/en-us/topic/accessibility-tools-for-learning-a610cc7f-6cd1-49ff-a543-214cdf9a0710

  Accessibility tools for Mental Health
  https://support.microsoft.com/en-us/topic/accessibility-tools-for-mental-health-76629671-3fc3-4f06-bf65-7ee02d03f540

Accessibility tools for vision
https://support.microsoft.com/en-us/topic/accessibility-tools-for-vision-b3c57606-e0af-46d2-97b4-fa6b5fba4fa1

Accessibility tools for hearing
https://support.microsoft.com/en-us/topic/accessibility-tools-for-hearing-111d7360-cd47-4104-aef1-2a33297909ad

Accessibility tools for mobility
https://support.microsoft.com/en-us/topic/accessibility-tools-for-mobility-19ff5a45-2d68-4306-9602-05c0aa967c9f

Accessibility tools for neurodiversity
https://support.microsoft.com/en-us/topic/accessibility-tools-for-neurodiversity-6dbd8065-b543-4cf8-bdfb-7c84d9e8f74a

Accessibility tools for Microsoft Teams
https://support.microsoft.com/en-us/office/accessibility-tools-for-microsoft-teams-2d4009e7-1300-4766-87e8-7a217496c3d5

Accessibility tools for Office
https://support.microsoft.com/en-us/office/accessibility-tools-for-office-b5087b20-1387-4686-a0a5-8e11c5f46cdf

Accessibility tools for PowerPoint
https://support.microsoft.com/en-us/office/accessibility-tools-for-powerpoint-2b7a387c-bc02-408f-8c49-59534665850f

- **Headspace – Free Headspace Plus Subscription for LA County residents**
  Headspace and the LA County Department of Mental Health have partnered to provide support and resources during this challenging time.
  Sign up to access meditations, as well as sleep and movement exercises, designed to help you care for your mind — all free.
  https://www.headspace.com/lacounty

- **US Department of Justice - Nondiscrimination on the Basis of Disability: Accessibility of Web Information and Services of State and Local Government**
  DOJ announced its intent to begin the rulemaking process to enact website accessibility regulations applicable to state and local governments under Title II.
  https://www.reginfo.gov/public/do/eAgendaViewRule?RIN=1190-AA79&pubId=202204&utm_medium=email&utm_source=govdelivery

Access For All – August 2022 Resources

- **988 Suicide & Crisis Lifeline Information and toolkit**
  988 Suicide & Crisis Lifeline currently serves TTY users either through their preferred relay service or by dialing 711 then 1-800-273-8255. Lifeline also offers services through chat and text. Lifeline is in the process of expanding to video phone service to better serve deaf or hard of hearing individuals seeking help through the Lifeline/988.
  https://dmh.lacounty.gov/988-information/

- **Explore Google's accessibility features and products**
  Google recently launched a new accessible products site. Find more information on the accessibility features of products like Android, Google Chrome, and YouTube
  https://about.google/belonging/disability-inclusion/product-accessibility/

- **Social Media Platforms Accessibility Settings**
  Find more information on the accessibility features of some of the top social media platforms below

  Twitter Accessibility Features
  https://help.twitter.com/en/using-twitter/accessibility-features

  Twitter Guide to Writing Image Descriptions
  https://help.twitter.com/en/using-twitter/write-image-descriptions

  Instagram Accessibility Features
  https://help.instagram.com/308605337351503

  Facebook Accessibility Features
  https://www.facebook.com/help/273947702950567

  Microsoft Edge Web Browser Accessibility Features
  https://support.microsoft.com/en-us/microsoft-edge/accessibility-features-in-microsoft-edge-4c696192-338e-9465-b2cd-bd9b698ad19a

- **Guidance on "Long COVID" as a Disability Under the ADA, Section 504, and Section 1557**
  In light of the rise of long COVID as a persistent and significant health issue, the Office for Civil Rights of the Department of Health and Human Services and the Civil Rights Division of the Department of Justice have joined together to provide this guidance. This guidance explains that long COVID can be a disability under Titles II (state and local government) and III (public accommodations) of the Americans with Disabilities Act (ADA), Section 504 of the Rehabilitation Act of 1973 (Section 504), and Section 1557 of the Patient Protection and Affordable Care Act (Section 1557).

This guidance also provides resources for additional information and best practices. This document focuses solely on long COVID, and does not address when COVID-19 may meet the legal definition of disability. https://www.hhs.gov/civil-rights/for-providers/civil-rights-covid19/guidance-long-covid-disability/index.html#footnote10_0ac8mdc

- **LA County Aging and Disabilities Department Launches**
  The new website for the Aging and Disabilities Department is https://www.lacountyad.org/. AD is available on Facebook, Twitter, and Instagram at @lacountyad.

  AD houses two LA County commissions, the Los Angeles County Commission for Older Adults (LACCOA) and the Commission on Disabilities. AD also manages LA County's 14 Community and Senior Centers, which provide a wide range of in-person supportive services, including congregate meals, emergency food programs, computer access, adult and youth programming, educational resources, and much more. Other significant programs include:

  Information & Assistance Referral Line for Older Adults: this "one stop shop" service line provides a range of referrals to older adults ages 60 and older, including food resources, caregiver services, legal assistance, supportive services, and much more. Please call 1-800-510-2020, Monday through Friday from 8am to 5pm.

  LA FOUND: in addition to providing resources for community support services, this lifesaving service offers a free tracking bracelet for families and caregivers of individuals living with Alzheimer's, Dementia, Autism, and other cognitive impairments that increase chances of wandering. LA FOUND has distributed nearly 1,000 bracelets and has supported the safe return of 26 people. Please call 1-833-569-7651, Monday through Friday from 8am to 5pm.

  Adult Protective Services' Elder and Dependent Abuse Hotline: Adult Protective Services investigates elder and dependent adult abuse and neglect referrals. Please call 1-877-477-3645, 24 hours a day, 7 days a week; reporting abuse may be anonymous.

As part of its official kickoff, AD announced the launch of the following programs:

  Volunteer Driver Mileage Reimbursement: launching today, this program provides mileage reimbursements to volunteer drivers, including family members, when no other transportation services exist or when the client is too frail, ill, or unable to use public transportation. Please call 1-888-863-7411, Monday through Friday from 8am to 5pm.

  Dignity at Home Fall Prevention Services: launching today, this program aims to assist eligible older adults and people with disabilities who are at risk of falling or institutionalization by providing information, education, referrals, in-home

environmental assessments, and injury prevention equipment and installation. Income limits may apply. Please call 1-800-510-2020, Monday through Friday from 8am to 5pm.

Adult Protective Services Home Safe 2.0: launching today, this program provides older and dependent adults who are at risk of experiencing homelessness with a wide range of services necessary to maintain their current housing or find new housing. Clients can receive assistance on security or utility deposits, rental assistance, past due bills, legal fees, reunification services, and more. Please call 213-610-1589, Monday through Friday from 8am to 5pm.

Disability Information and Access Line: launching today, this program assists adults with disabilities in getting vaccinated and tested for COVID-19. This hotline helps disabled adults order free at-home tests, make vaccination appointments, and connects callers to other local services such as accessible transportation to overcome barriers to vaccination and testing. Callers can also receive information and referrals to services that promote independent living and address fundamental needs, such as food, housing, and transportation. Please call 888-677-1199, Monday through Friday from 6am through 5pm. Deaf and hard-of-hearing callers using relay services may dial 888-677-1199. (Callers who use TTY relay may first dial 7-1-1, and then relay the 888-677-1199 number.)
https://www.lacountyad.org/

Access For All – July 2022 Resources

- **BenefitsCal**
  A new, improved experience to apply for and manage your benefits.
  BenefitsCal is a one-stop-shop to apply for...

  CalFresh
  CalWORKs
  Medi-Cal
  CMSP (County Medical Services Program)
  Disaster CalFresh
  GA/GR (General Assistance and General Relief)
  https://benefitscal.com/

- **California Department of Motor Vehicles – Online services**
  DMV offers a variety of Online Services that make your DMV business easy and efficient
  https://www.dmv.ca.gov/portal/dmv-online/

- **Social Security – *my* Social Security Account**
  my Social Security account provides personalized tools for everyone, whether you receive benefits or not. You can use your account to request a replacement Social

Security card, check the status of an application, estimate future benefits, or manage the benefits you already receive.
https://www.ssa.gov/myaccount/

- **Dr. Tina Childress Resources for the Deaf/deaf/Hard of Hearing/Hearing community**
  The purpose of this site is to act as a clearinghouse of information on topics relating to technology as well as support for the Deaf/deaf/Hard of Hearing/Hearing community.
  http://bit.ly/TinaChildressResources

- **Microsoft Accessible Events Guide**
  This guide provides Microsoft's recommendation and best practices for planning and executing an inclusive event. These recommendations are not hard and fast rules, but in our experience have been proven to create a delightful, welcoming, and inclusive experience for people with and without disabilities.
  https://sway.office.com/Uk6btnkIIONW6ZmI

- **Google Accessible Marketing playbook**
  The Google Accessible Marketing playbook may be used as a starting point to help create marketing that positively and authentically represents people with disabilities
  https://all-in.withgoogle.com/audiences/disabled-people/

- **Microsoft Inclusive Design Resources**
  Practice new skills, develop new concepts, or create a prototype—the toolkit is made to be retrofitted to your design team's goals.
  Inclusive Design is a methodology, born out of digital environments, that enables and draws on the full range of human diversity. Most importantly, this means including and learning from people with a range of perspectives.
  https://www.microsoft.com/design/inclusive/

- **World Health Organization - Global standard for accessibility of telehealth services**
  During the Covid-19 pandemic, the use of telehealth services has increased substantially in many countries, becoming a basic need for the general population. While telehealth provides the means for an equitable health service provision, in reality many persons with disabilities experience difficulties and challenges accessing and using telehealth services. To address this, the World Health Organization and the International Telecommunication Union developed jointly a global standard for accessibility of telehealth services.
  https://www.who.int/publications/i/item/9789240050464

Access For All – June 2022 Resources

- **Veterans Administration App Store - Mental Health Apps**
  These apps equip you with tools and information to assist you in managing PTSD-related

symptoms and stress, learning to practice mindfulness and strengthening parenting skills
https://mobile.va.gov/appstore/mental-health

- **California Housing Finance Agency - Downpayment Assistance Program: Forgivable Equity Builder Loan**
  Home equity has proven to be one of the strongest ways for families to build and pass on intergenerational wealth and CalHFA is committed to improving equitable access to homeownership for all Californians. The Forgivable Equity Builder Loan gives first-time homebuyers a head start on this with immediate equity in their homes via a loan of up to 10% of the purchase price of the home.
  The loan is forgivable if the borrower continuously occupies the home as their primary residence for five years
  https://www.calhfa.ca.gov/homebuyer/programs/forgivable.htm

- **Apple previews innovative accessibility features**
  Software features coming later this year offer users with disabilities new tools for navigation, health, communication, and more
  https://www.apple.com/newsroom/2022/05/apple-previews-innovative-accessibility-features/

- **Headspace – Free Headspace Plus Subscription for LA County residents**
  Headspace and the LA County Department of Mental Health have partnered to provide support and resources during this challenging time.
  Sign up to access meditations, as well as sleep and movement exercises, designed to help you care for your mind — all free.
  https://www.headspace.com/lacounty

- **UCLA DMH Public Mental Health Partnership – Resources and Training Videos**
  In partnership with the Los Angeles County Department of Mental Health, the Public Mental Health Partnership at UCLA aims to realize a vision for excellence in care for vulnerable populations that incorporates typically marginalized perspectives and builds capacity to foster health equity.
  COVID-19 Resources – https://pmhp.ucla.edu/covid19resources/
  Training Videos/Webinars – https://pmhp.ucla.edu/media/

- **US Department of Justice - Algorithms, Artificial Intelligence, and Disability Discrimination in Hiring**
  This guidance explains how algorithms and artificial intelligence can lead to disability discrimination in hiring.
  https://beta.ada.gov/ai-guidance/

- **Los Angeles Unified School District – Division of Special Education:**
  Mission - Provide leadership, guidance, and support to the school community in order

to maximize learning for all students within an inclusive environment so that each student will contribute to and benefit from our diverse society.
Services/Programs - https://achieve.lausd.net/Page/16735
Deaf/Hard of Hearing Programs - https://achieve.lausd.net/Page/17248

- **California Broadband for All**
  Home internet service is critical for all individuals. The cost of internet remains a barrier for many people.
  We've partnered with EveryoneOn* and the California Emerging Technology Fund to help you find programs in your area:
  The Affordable Connectivity Program
  Low-cost internet service
  Computer offers
  Digital skills training (like computer and internet basics)
  https://broadbandforall.cdt.ca.gov/affordable-service-programs/

LA County Library Resources

- **LA County Library – Digital Library Card Application**
  Receive immediate, unlimited, and free access to LA County Library's online resources, including eBooks and audiobooks, movie and TV streaming, and music downloads. Your Digital Library Card also gives you the ability to place holds and check out 3 physical items from the library at a time
  https://catalog.lacountylibrary.org/custom/web/registration/index.html

- **LA County Library – Digital Library Resources:**

  - **Hoopla**
    Your public library at your fingertips.
    Borrow and enjoy audiobooks, eBooks, comics, movies, TV, magazines, or music everywhere you have a screen-your computer, your phone, your car, even your TV. All you need is a library card.
    https://www.hoopladigital.com/

  - **Kanopy**
    Find movies, documentaries, foreign films, classic cinema, independent films and educational videos that inspire, enrich and entertain. We partner with public libraries to bring you an ad-free experience that can be enjoyed on your TV, mobile phones, tablets and online.
    https://www.kanopy.com/en/lacounty/

  - **Freegal**
    Freegal® is a free music service from your library. All you need is your

library card number and possibly a PIN if your library utilizes them. Freegal offers access to about 15 million songs, including Sony Music's catalog of legendary artists, and over 40,000 music videos. In total the collection is comprised of music from over 40,000 labels with music that originates in over 100 countries.
https://lacountylibrary.freegalmusic.com/home

- **OverDrive**
OverDrive is a company that provides digital content (like ebooks and audiobooks) for free to public library patrons and students. OverDrive offers a number of apps for different audiences: **Libby** for libraries, Sora for schools, and Kanopy to watch streaming videos.
All you need to get started is a library card or student ID.
https://lacountylibrary.overdrive.com/

- **PressReader**
Subscribers get access to more than 7,000 of the world's top publications as soon as they're available on shelves
https://www.pressreader.com/

- **Brainfuse**
Get help on demand, anytime, anywhere. Brainfuse is eLearning for all ages and all levels offering skill-building in a variety of subjects and features like live tutoring, job coaching, and a 24-hour writing lab
http://main.lacounty.ca.brainfuse.com/authenticate.asp

- **Online Learning**
Did you know the Library offers free online classes? From new skills to new languages, diplomas to tutors, we have something for you! The Library can help you find the best tools for learning whatever you want!
https://lacountylibrary.org/learn/

- **Virtual Programming**
Collection of Live Events and YouTube Playlists
https://lacountylibrary.org/virtual-programming/

Access For All – May 2022 Resources

Menta Health Resources

- **Why We Rise Resources:**
Access resources related to mental health and community wellbeing. In addition to

helplines and general resources that connect LA County residents to mental health support, the list highlights community organizations that are partnering with WE RISE 2022 to strengthen health and healing across the county, as well as other local organizations that serve the diverse communities of our region and break down cultural stigma associated with mental health.
https://whywerise.la/resources/

- **NAMI Urban LA Resources:**
  Collections of resources are organized by topic:
  https://www.namiurbanla.org/resources

- **ONE MIND PsyberGuide – Mental Health Resources**
  These resources aim to help you learn more about common mental health problems. There are many supports out there for mental health, and just some of them involve technology. Learn more about what mental health technologies are, and how they may be able to help. Learn more about treatments, supports, and resources to help you manage your mental health.
  https://onemindpsyberguide.org/resources/

- **The Jed Foundation – Mental Health Resource Center**
  The Jed Foundation's Mental Health Resource Center provides essential information about common emotional health issues and shows teens and young adults how they can support one another, overcome challenges, and make a successful transition to adulthood.
  https://jedfoundation.org/mental-health-resource-center/

- **Mental Health America:- May is Mental Health Resources**
  This year, the theme of MHA's 2022 Mental Health Month Toolkit is "Back to Basics." After the last two years of pandemic living, many people are realizing that stress, isolation, and uncertainty have taken a toll on their well-being. Our goal is to provide foundational knowledge about mental health & mental health conditions and information about what people can do if their mental health is a cause for concern.
  https://mhanational.org/mental-health-month

  Mental Health America:- May is Mental Health Toolkit
  https://mhanational.org/mental-health-month-2022-toolkit-download

- **LA County Department of Mental Health Resources:**
  Special collections of resources are organized by topic below:
  https://dmh.lacounty.gov/resources/

  Los Angeles County Department of Mental Health Community Resources & Information
  https://dmh.lacounty.gov/our-services/ee/resources/

- **CalHOPE**
  CalHOPE Connect
  https://www.calhopeconnect.org/

  CalHOPE Warm Line: (833) 317-HOPE (4673)

  CalHOPE Resources
  https://www.calhope.org/pages/resources.aspx

  CalHOPE Connect offers safe, secure, and culturally sensitive emotional support for all Californian's who may need support relating to COVID-19.
  CalHOPE partnered with California Mental Health Services Association which has a statewide experienced workforce comprised of peers, community mental health workers, and other non-licensed personnel. Individuals in need of emotional and/or crisis support can receive "visits" by phone, videoconference, smart device, or computer chat. Depending upon needs and situation, family and/or group support sessions are also available. Individuals also may be connected to county-based services. CalHOPE connect offers culturally sensitive emotional support session for: All Californians, African American/Black, Asian and Pacific Islanders, Latino/Latinx, LGBTQ+ Community, Parents/Caregivers, Veterans, Young Adult

Assistive Technology Resources

- **Microsoft Ability Summit Recorded Sessions**
  Microsoft Ability Summit is a free, community event that brings together people with disabilities, allies, and industry professionals to Imagine, Build, and Include the future of disability inclusion and accessibility. Here you will find all recorded sessions from the Microsoft Ability Summit, hosted virtually on May 10, 2022. To learn more about accessibility at Microsoft, visit microsoft.com/accessibility
  https://www.youtube.com/playlist?list=PLtSVUgxIo6Ko_SB8H9JUaCZMsxiCNu-am

  Microsoft Accessibility Blog - Increasing our Focus on Inclusive Technology
  The new Microsoft adaptive accessories provide a highly adaptable, easy-to-use system. Each piece is designed in partnership with the disability community to empower people who may have difficulty using a traditional mouse and keyboard to create their ideal setup, increase productivity, and use their favorite apps more effectively.
  https://blogs.microsoft.com/accessibility/increasing-our-focus-on-inclusive-technology/

- **California Broadband for All**
  Home internet service is critical for all individuals. The cost of internet remains a barrier for many people.

We've partnered with EveryoneOn* and the California Emerging Technology Fund to help you find programs in your area:
The Affordable Connectivity Program
Low-cost internet service
Computer offers
Digital skills training (like computer and internet basics)
https://broadbandforall.cdt.ca.gov/affordable-service-programs/

- **FACT SHEET: President Biden and Vice President Harris Reduce High-Speed Internet Costs for Millions of Americans**
  Biden-Harris Administration Secures Commitments from 20 Internet Providers to Cut Prices and Increase Speeds
  https://www.whitehouse.gov/briefing-room/statements-releases/2022/05/09/fact-sheet-president-biden-and-vice-president-harris-reduce-high-speed-internet-costs-for-millions-of-americans/

- **Global Accessibility Awareness Day - GAAD**
  Thursday, May 19, 2022, help us celebrate the 11th Global Accessibility Awareness Day (GAAD)! The purpose of GAAD is to get everyone talking, thinking and learning about digital access and inclusion, and the more than One Billion people with disabilities/impairments.
  https://accessibility.day/

- **Metro Micro**
  Book trips with the Metro Micro mobile app (Apple App Store or Google Play), on the web booking site, or by calling 323.GO.METRO (323.466.3876).
  https://micro.metro.net/
  Book online at book.metro-micro.net
  Call to book: **323.GO.METRO**

Access For All – April 2022 Resources

- **Common Sense Media – Parenting, Media, and Everything in Between**
  FOSTER HEALTHY & SAFE INTERNET USE
  Learn tips to ensure your child is safe online and discover apps and other online games that are educational.
  https://www.commonsensemedia.org/articles

- **EveryoneOn Internet Service Enrollment Assistance - Affordable Connectivity Program Enrollment Assistance**
  https://www.everyoneon.org/find-offers

For more information, call (301) 539-9192 or email us at internet@everyoneon.org
Need help choosing the best internet service at the lowest price in your area? We can help you apply!

- **Microsoft Office Accessibility Center –** On this page, find resources for people with disabilities and find out how to make your content accessible for all.
  https://support.microsoft.com/en-us/office/office-accessibility-center-resources-for-people-with-disabilities-ecab0fcf-d143-4fe8-a2ff-6cd596bddc6d?ui=en-us&rs=en-us&ad=us

- **Department of Justice - Guidance on Web Accessibility and the ADA:**
  https://beta.ada.gov/web-guidance/

- **U.S Equal Employment Opportunity Commission - Initiative on AI and Algorithmic Fairness: Disability-Focused Listening Session**
  https://www.youtube.com/watch?app=desktop&v=LlqZCxKB05s

- **University of Fraser Valley - Curated collection of resources on Ableism**
  https://libguides.ufv.ca/c.php?g=705905&p=5022575

- **SoCal Grantmakers Full Library of Disability & Inclusion Resources**
  https://socalgrantmakers.org/search?search_api_fulltext=disability&type=All&field_funding_area=All&field_geo_location_taxonomy=All&field_topics=All

- **The WebAIM Million - The 2022 report on the accessibility of the top 1,000,000 home pages**
  https://webaim.org/projects/million/

- **LA County Department of Mental Health Resources:**
  Special collections of resources are organized by topic below:
  https://dmh.lacounty.gov/resources/

  Los Angeles County Department of Mental Health Community Resources & Information
  https://dmh.lacounty.gov/our-services/ee/resources/

Assistive Technology Resources 2.0

- **Microsoft Disability Answer Desk:**
  If you have a disability or questions related to accessibility, contact the Microsoft Disability Answer Desk for technical assistance. The Disability Answer Desk support team is trained in using many popular assistive technologies and can offer assistance in English, Spanish, French, and American Sign Language.

https://www.microsoft.com/en-us/accessibility/disability-answer-desk?activetab=contact-pivot:primaryr9

- **Apple Accessibility Support:**
  https://support.apple.com/accessibility
  For users of Apple products such as iPhone, iPad, Apple Watch, or a Mac. This is a support line reserved for customers with vision, hearing, motor, and learning impairments. Senior AppleCare specialists are available to help you get your Accessibility Settings right, answer your questions, and resolve your technical issues.

  Or you can call (877) 204–3930 for direct access to Apple representatives who are trained in providing support for these services.

  You can also receive AppleCare service and support in American Sign Language (ASL). At https://www.signtime.apple/applecare/us-EN/asl

- **Contact the Google Disability Support Team:**
  The Google Disability Support team is available to support users from the disability community with Google products. Support includes accessibility features, functionalities, and assistive technology.
  Find support for products such as Android devices & Chromebooks.
  https://support.google.com/accessibility/answer/7641084?hl=en&ref_topic=6004807&visit_id=637298194518649668-1387026925&rd=1

- **Amazon Devices and Digital Services Accessibility Help Content:**
  https://www.amazon.com/gp/help/customer/display.html/ref=hp_bc_nav?ie=UTF8&nodeId=GPQWJJBKL5MLCAR5
  Find support for Amazon devices including Kindle & Fire Tablet.

- **Job Accommodation Network – Searchable Online Accommodation Resource (SOAR) system**
  https://askjan.org/soar.cfm
  JAN's Searchable Online Accommodation Resource (SOAR) system is designed to let users explore various accommodation options for people with disabilities in work and educational settings. These accommodation ideas are not all inclusive.

  If you do not find answers to your questions, please contact JAN directly: https://askjan.org/contact-us.cfm The staff of experienced consultants is happy to discuss specific accommodation needs in a confidential manner.

- **M-Health Index & Navigation Database - The Division of Digital Psychiatry at Beth Israel Deaconess Medical Center**
  https://mindapps.org/Apps
  There are thousands mental health apps available today, offering a range of possibilities from connection with a clinician to symptom monitoring. Apps can be useful in care, but it's important to be cautious about choosing a suitable app.

  So how do you choose an app from the many options? The best way is to start by identifying your priorities: how do you want to engage with the app? What features are you looking for? Is there a particular standard of privacy you are seeking? Recognizing that app choice is a personal decision based on many individual factors,

  the goal of this database is to equip users with the information necessary to make a decision based on the app characteristics that matter most to them.

Access For All – March 2022 Resources

- **Long COVID and the Americans with Disabilities Act (askjan.org)**
  The Job Accommodation Network (JAN) provides free, expert, and confidential guidance on job accommodations and disability employment issues.
  https://askjan.org/blogs/jan/2021/03/Long-COVID-and-the-Americans-with-Disabilities-Act.cfm

  COVIDtests.gov - Free at-home COVID-19 tests
  Get free at-home COVID-19 tests
  Every home in the U.S. is eligible to order 4 free at-home COVID-19 tests. If you haven't already, order yours today.
  Starting this week, every home in the U.S. will be able to order an additional set of 4 tests for a total of 8 free at-home COVID-19 tests.
  https://www.covidtests.gov/

  Microsoft 365 Accessibility Features - Making it easier to create content that everyone can use—what's new in Microsoft 365 accessibility features for Winter 2022
  https://blogs.microsoft.com/accessibility/m365-winter-accessibility-updates/

- **Transit - LA County Metro's Official App -** Whether you're a first-time rider or if you use Metro frequently and need to plan your trip, use Transit to find the fastest way around Los Angeles.
  https://www.metro.net/riding/transitapp/

- **Five Digital Literacy Resources You Need to Know About - National Digital Inclusion Alliance**

The National Digital Inclusion Alliance is a unified voice for home broadband access, public broadband access, personal devices, and local technology training and support programs.
https://www.digitalinclusion.org/blog/2022/02/11/five-digital-literacy-resources-you-need-to-know-about/

- **Mental Health America's County and State Data Map** is a dashboard that geographically visualizes data from over 2.6 million mental health screens taken at MHAScreening.org in 2020 and 2021. The interactive maps are able to identify the current need for mental health resources at a pace and scale that was not possible before.
https://mhanational.org/mha-state-county-data

   Resources - The A11Y Project
- Accessibility is incredibly important, yet often overlooked in traditional digital design and development education. Because of this, The A11Y Project strives to be a living example of how to create beautiful, accessible, and inclusive digital experiences.
https://www.a11yproject.com/resources/#additional-resources

- **WebAIM: Articles**
WebAIM's mission is to expand the potential of the web for people with disabilities. We empower individuals and organizations to create accessible content by providing knowledge, technical skills, tools, organizational leadership strategies, and vision.
https://webaim.org/articles/

- **VR Is Here to Stay. It's Time to Make It Accessible | WIRED**
The platform is relatively new—which means now is the opportunity to advocate for all players.
https://www.wired.com/story/virtual-reality-accessibility-disabilities/

   Digital 2022: The United States of America — DataReportal – Global Digital Insights
This page contains the data, insights, and trends you need to help you understand how people in the United States of America use connected devices and services in 2022.
https://datareportal.com/reports/digital-2022-united-states-of-america

Access For All – February 2022 Resources

- **Delete the Divide -** An initiative led by the County of Los Angeles to empower youth, young adults, and small businesses in underserved communities who are adversely impacted by the digital divide.
https://www.deletethedivide.org/

- **Mental Health America - I Am Not Alone -** MHA's I Am Not Alone site focuses on building meaningful relationships. We are an online digital community, created to help people build genuine connections and combat feelings of loneliness.
  https://iamnotalone.mhanational.org/

- **PARTNERSHIP ON EMPLOYMENT & ACCESSIBLE TECHNOLOGY (PEAT) -** PEAT's mission is to foster collaborations that make emerging technologies accessible. To support workplaces in using inclusive technologies that engage the skills of employees with disabilities. To build a future that works.
  https://www.peatworks.org/

- **Hearing Loss Association of America - Technology Resources -** The mission of HLAA is to open the world of communication to people with hearing loss by providing information, education, support and advocacy.
  https://www.hearingloss.org/hearing-help/technology/

- **World Institute on Disability - Conference Accessibility and Social Media Accessibility Resources -** WID's global mission is to continually advance the rights and opportunities of over one billion people with disabilities.
  https://wid.org/conference-access-resources/
  https://wid.org/2022/01/28/a-guide-to-social-media-accessibility/

- **FWD-Doc Resources -** There are many organizations doing excellent work to make cinema, film and TV accessible to D/deaf and disabled audiences, and we aim to help filmmakers and film institutions navigate these by providing a list of recommended practices, guides and resources.
  https://www.fwd-doc.org/resources

- **United States Core Data for Interoperability (USCDI) -** The United States Core Data for Interoperability (USCDI) is a standardized set of health data classes and constituent data elements for nationwide, interoperable health information exchange. The USCDI establishes a baseline set of data that can be commonly exchanged across care settings for a wide range of uses.
  https://www.healthit.gov/isa/united-states-core-data-interoperability-uscdi#draft-uscdi-v3

- **Emerging Tech Lab at Rancho Los Amigos National Rehabilitation Center - Technology Resources -** was established in 2014 to evaluate, modify, and implement emerging and experimental technologies in their use with individuals with disabilities, specifically for patients at the facility. The ETL has become the hub at Rancho for new ideas related to assistive tech, as well as a creative outlet for clinical staff and engineers to think outside the box in what can be created for patients.
  https://www.ranchoemergingtechlab.org/

- **InclusionHub -** InclusionHub is a crowd-sourced database powered by users and specialists dedicated to helping businesses understand and improve digital inclusion.
  https://www.inclusionhub.com/digital-accessibility

- **Digital Connectivity During the Pandemic - A national survey of low- and lower-middle income households**
  https://www.everyoneon.org/2021-national-study

- **American Association of People with Disabilities (AAPD) Disability Download** - The Disability Download is a compilation of disability-related news, special announcements, events, and updates from the American Association of People with Disabilities (AAPD).
  https://mailchi.mp/aapd/disability-download-january-2022?e=99ccf6de32

- **Cybernauts | Los Angeles Public Library (lapl.org)** - https://www.lapl.org/cybernauts
  What are Cybernauts? Cybernauts are trained computer aides that offer technology assistance, computer support, and mobile device support.

Connect with a Cybernaut to:

- Learn how to use and borrow LAPL's e-media
- Set up an email account
- Operate your tablet, desktop, or phone
- Use social media
- Find online information
- Learn about online safety
- Learn basic computer skills

- **Affordable Connectivity Program -** The Affordable Connectivity Program will provide a discount of up to $30 per month towards broadband service for eligible households and up to $75 per month for households on qualifying Tribal lands. Eligible households can also receive a one-time discount of up to $100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than $10 and less than $50 toward the purchase price.
  https://acpbenefit.org

Access For All – January 2022 Resources

- **Affordable Connectivity Program - The Affordable Connectivity Program will provide a discount of up to $30 per month towards broadband service for eligible households and up to $75 per month for households on qualifying Tribal lands. Eligible households can also receive a one-time discount of up to $100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than $10 and less than $50 toward the purchase price.**
  https://acpbenefit.org

- **Mental Health America of Los Angeles - A New User's Guide to Technology -** Accessibility Features and Assistive Technology starts on Page 48
  http://file.lacounty.gov/SDSInter/dmh/1115570_MHALA-ANewUsersGuidetoTechnologyRevisedFinal.pdf

- **Braille Institute - Technology Workshops**
  https://brailleinstitute.org/technology-workshops

- **The tech industry's accessibility report card for 2021 - engadget**
  https://www.engadget.com/accessibility-in-tech-2021-report-card-apple-google-microsoft-amazon-facebook-meta-twitter-210034415.html

- **Microsoft Surface Adaptive Kit**
  https://support.microsoft.com/en-us/surface/surface-adaptive-kit-guide-cfd6dd86-ea74-4eed-b5b7-3c6baecbc828

- **American Association of People With Disabilities - Centering Disability in Technology Policy**
  https://www.aapd.com/wp-content/uploads/2021/12/centering-disability-120821-1326-final.pdf

- **Microsoft - Make your Outlook email accessible to People with Disabilities**
  https://support.microsoft.com/en-us/office/make-your-outlook-email-accessible-to-people-with-disabilities-71ce71f4-7b15-4b7a-a2e3-cf91721bbacb#:~:text=%20Request%20an%20accessible%20email%20%201%20To,to%20send%20content%20that%E2%80%99s%20accessible%20checkbox.%20More%20

- **Deaf Services Tips and Resources for Providers - Alabama Department of Mental Health**
  https://mh.alabama.gov/tips-and-resources-for-providers/

Access For All – December 2021 Resources

- **LA Metro Transit – Low-Income Fare is Easy (LIFE Program)**
  https://www.metro.net/riding/life/

- **Access Paratransit Eligibility Information**
  https://accessla.org/riding_access/gaining_eligibility.html

- **Crip Camp: A Disability Revolution Movie**
  https://www.youtube.com/watch?v=OFS8SpwioZ4
  Crip Camp Curriculum
  https://cripcamp.com/curriculum/

· **UCLA - STAND for All - STAND for All is an online program offered with remote coaching support designed to teach you skills and strategies to address common issues like low mood, worry, poor sleep, panic and discomfort around others. Courses are self-paced and can be taken anonymously.** https://www.stand.ucla.edu/Stand-all

- **NAMI – People With Disabilities**
  https://www.nami.org/Your-Journey/Identity-and-Cultural-Dimensions/People-with-Disabilities

- **Inclusive Disaster Preparedness Resources – American Red Cross**
  https://www.redcross.org/get-help/how-to-prepare-for-emergencies/inclusive-preparedness-resources.html

- **Headspace For Los Angeles County**
  https://www.headspace.com/lacounty
  Headspace For Teens - Headspace is now free for all teens in the US. If you're between the ages of 13–18 years old in the US
  https://www.headspace.com/teens

<u>Access For All – November 2021 Resources</u>

- **LACDMH Community Resources & Information**
  https://dmh.lacounty.gov/our-services/ee/resources/

- **EBT Online Purchasing Pilot Program Questions and Answers (Grocery Delivery)** https://dpss.lacounty.gov/en/news/2020/12/ebt-online-purchasing-pilot-program--questions-and-answers.html

- **LA County staff: Access For All Microsoft Teams Channel**
  https://teams.microsoft.com/l/channel/19%3A2184e107fc58405ba46d67f59d1f64ca%40thread.skype/tab%3A%3Afe2ee6b6-9344-40c4-98ec-14995245a1c5?groupId=cfd6c954-e51d-473c-adaa-dfa9f833776d&tenantId=07597248-ea38-451b-8abe-a638eddbac81

<u>Adaptive Sports</u>

- **PlayLA – Adaptive Sports Program**
  https://www.laparks.org/play-la?_sm_au_=iVVSqNsQqTP47WZTj7CLjKsvMjNf2

- **Angel City Games 2021 Dec. 18th and 19th - Adaptive Sports Program**
  https://angelcitygames.org/?_sm_au_=iVVSqNsQqTP47WZTj7CLjKsvMjNf2

<u>Assistive Technology</u>

- **FCC Emergency Broadband Benefit**
  https://www.fcc.gov/broadbandbenefit

- **Digital Skills Education Hub – Harvard**
  https://www.digitalskillshub.org/

- **Assistive Technology Resources from Independent Living Research Utilization (ILRU)**
  https://www.ilru.org/sites/default/files/Assistive_Technology_Resources_for_CILs_and_SILCs_Final.pdf?_sm_au_=iVVSqNsQqTP47WZTj7CLjKsvMjNf2

- **Adult Learning and Technology: Best Practices and Resources**
  https://www.viddler.com/v/d26b3c50

- **Microsoft Surface Adaptive Kit Guide**
  https://support.microsoft.com/en-us/surface/surface-adaptive-kit-guide-cfd6dd86-ea74-4eed-b5b7-3c6baecbc828

Virtual Reality

- **Mesh For Microsoft Teams**
  https://news.microsoft.com/innovation-stories/mesh-for-microsoft-teams/

- **Accessibility of Virtual Reality**
  https://www.w3.org/WAI/APA/task-forces/research-questions/wiki/Accessibility_of_Virtual_Reality?_sm_au_=iVVSqNsQqTP47WZTj7CLjKsvMjNf2

- **Virtual Reality Training – Western State Hospital**
  https://www.dshs.wa.gov/bha/division-state-hospitals/virtual-reality-training?_sm_au_=iVVSqNsQqTP47WZTj7CLjKsvMjNf2

Disability Research

- **Persons with a Disability: Labor Force Characteristics Summary**
  https://www.bls.gov/news.release/disabl.nr0.htm?_sm_au_=iVVSqNsQqTP47WZTj7CLjKsvMjNf2

- **Accessibility and Digital Mental Health: Considerations for More Accessible and Equitable Mental Health Apps**
  https://www.frontiersin.org/articles/10.3389/fdgth.2021.742196/full?_sm_au_=iVVSqNsQqTP47WZTj7CLjKsvMjNf2

- **Americans with disabilities less likely than those without to own some digital devices**
  https://www.pewresearch.org/fact-tank/2021/09/10/americans-with-disabilities-less-likely-than-those-without-to-own-some-digital-devices/?_sm_au_=iVVSqNsQqTP47WZTj7CLjKsvMjNf2

Access For All – September 2021 Resources

- **VetsPrevail**
  https://lacounty.vetsprevail.org/

  CalABLE
- https://www.calable.ca.gov/

- **Job Accommodation Network – Searchable Online Accommodation Resource (SOAR) system**
  https://askjan.org/soar.cfm

- **LA County Library – Online Learning**
  https://lacountylibrary.org/learn/

  Accessibility at work - Digital Accessibility for the Modern Workplace Video Tutorial | LinkedIn Learning
- https://www.linkedin.com/learning/digital-accessibility-for-the-modern-workplace/accessibility-at-work

  Journal on Technology & Persons with Disabilities (csun.edu)
- https://scholarworks.csun.edu/handle/10211.3/125007

  CSUN Assistive Technology Conference
- https://www.csun.edu/cod/conference/sessions/

  DISABILITY AMONG ADULTS IN LOS ANGELES COUNTY (Los Angeles County Public Health)
- http://publichealth.lacounty.gov/ha/docs/2015LACHS/LA_Health_Briefs_2019/LA_HEALTH_DISABILITY_FINAL_PRINTED_19.pdf

  Angel City Sports
- http://angelcitysports.org/

  Abilities Expo
- https://www.abilities.com/losangeles/

  Amputee Coalition Resource Center
- https://www.amputee-coalition.org/limb-loss-resource-center/resources-filtered/

  Crip Camp Curriculum
- https://cripcamp.com/curriculum/

  An Action Plan to Address the Mental Health Impact of COVID-19 on Communities: Five Effective Strategies
- https://doi.apa.org/fulltext/2021-69215-001.html

  Mental Health 101 & Access to Care
- https://learn.wellbeing4la.org/detail?id=17168

  I am attaching a presentation from the DMH + UCLA Wellbeing 4 LA Learning Center. The "Mental Health 101 & Access to Care" slide deck provides information and a step-by-step tutorial on accessing services through the Los Angeles County Department of Mental Health. Information on accessing DMH services is a common request I am hearing from the community and thought this slide deck may be helpful to the Speakers Bureau.

- Here is a link to the video that goes with it: Mental Health 101 & Access to Care (wellbeing4la.org)

Access For All – August 2021 Resources

LACDMH Mental Health Resources
https://dmh.lacounty.gov/resources/

LACDMH Community Resources & Information
https://dmh.lacounty.gov/our-services/ee/resources/

Assistive Technology for Online Learning - Stanford
https://oae.stanford.edu/students/learning-and-coping-during-covid-19/assistive-technology-online-learning

Vaccine Information:
http://publichealth.lacounty.gov/acd/ncorona2019/vaccine/hcwsignup/

DPH Vaccine Call Center
Need Help? Call the DPH Vaccine Call Center at **833-540-0473** if:
• You don't have a computer or need help making an appointment
• You need transportation to a vaccination site
• You are homebound and need to get vaccinated at home (availability may be delayed due to high demand). You can also request an in-home vaccination.
The Call Center is open daily 8am to 8:30pm.

FCC Emergency Broadband Benefit
https://getemergencybroadband.org/

VSEE Telehealth Tips
https://vsee.com/customers/lac-patients

Microsoft Disability Answer Desk
https://www.microsoft.com/en-us/accessibility/disability-answer-desk?activetab=contact-pivot:primaryr9

Contact the Google Disability Support Team:
https://support.google.com/accessibility/answer/7641084?hl=en&ref_topic=6004807&visit_id=637298194518649668-1387026925&rd=1

Apple Accessibility Support:
https://support.apple.com/en-us/HT209585

State of Accessibility Report
https://app.hubspot.com/documents/5626219/view/240497000?accessId=06397d

Access For All – July 2021 Resources

iPrevail
https://lacounty.iprevail.com/

Resources - Department of Mental Health (lacounty.gov)
https://dmh.lacounty.gov/resources/

What's coming in Windows 11 Accessibility:
https://blogs.windows.com/windowsexperience/2021/07/01/whats-coming-in-windows-11-accessibility/

Toolkit for People with Disabilities | CDC:
https://www.cdc.gov/coronavirus/2019-ncov/communication/toolkits/people-with-disabilities.html

Making government services accessible | Ontario.ca:
https://www.ontario.ca/page/making-government-services-accessible

Inclusive design toolkit | Ontario.ca:
https://www.ontario.ca/page/inclusive-design-toolkit

AI for Accessibility - Microsoft AI
https://www.microsoft.com/en-us/ai/ai-for-accessibility

Ability Tools
https://abilitytools.org/

Access For All – June 2021 Resources

Apple Previews powerful software updates designed for people with disabilities
https://www.apple.com/newsroom/2021/05/apple-previews-powerful-software-updates-designed-for-people-with-disabilities/

FCC Emergency Broadband Benefit
https://getemergencybroadband.org/

Ability Tools
https://abilitytools.org/

Vaccine Information:
http://publichealth.lacounty.gov/acd/ncorona2019/vaccine/hcwsignup/

DPH Vaccine Call Center
833-540-0473
Open 8:00am-8:30 P.M.

Need Help? Call the DPH Vaccine Call Center at **833-540-0473** if:

• You don't have a computer or need help making an appointment
• You need transportation to a vaccination site
• You are homebound and need to get vaccinated at home (availability may be delayed due to high demand). You can also request an in-home vaccination.
The Call Center is open daily 8am to 8:30pm.

AI for Disability Inclusion
https://www.accenture.com/_acnmedia/PDF-155/Accenture-AI-For-Disablility-Inclusion.pdf#zoom=40

Why getting more people with disabilities developing technology is good for everyone
https://theconversation.com/why-getting-more-people-with-disabilities-developing-technology-is-good-for-everyone-159619

Access For All – May 2021 Resources

Vaccine Information:
http://publichealth.lacounty.gov/acd/ncorona2019/vaccine/hcwsignup/

Need Help? Call the DPH Vaccine Call Center at **833-540-0473** if:
• You don't have a computer or need help making an appointment
• You need transportation to a vaccination site
• You are homebound and need to get vaccinated at home (availability may be delayed due to high demand). You can also request an in-home vaccination.
The Call Center is open daily 8am to 8:30pm.

Emergency Broadband Benefit
https://getemergencybroadband.org/how-to-apply/

Global Accessibility Awareness Day
https://globalaccessibilityawarenessday.org/

Disability Studies Quarterly
https://dsq-sds.org/index

UCLA Disabilities and Computing Program - Resources
https://dcp.ucla.edu/helpful-document-accessibility-resources

Microsoft - Accessibility Commitment
https://news.microsoft.com/accessibility-commitment/

LACDMH Resources
https://dmh.lacounty.gov/resources/

Access For All – April 2021 Resources

- **COVID 19 – Vaccination Appointments**
  Need Help? Residents with disabilities or without computer access can call 833-540-0473 between 8:00 am and 8:30 pm, 7 days a week for help with appointments.
  https://myturn.ca.gov/
  http://publichealth.lacounty.gov/acd/ncorona2019/vaccine/hcwsignup/

- **JAN - Searchable Online Accommodation Resource -** JAN's Searchable Online Accommodation Resource (SOAR) system is designed to let users explore various accommodation options for people with disabilities in work and educational settings.
  https://askjan.org/soar.cfm

- **Assistive Technology for Online Learning – Stanford University**
  https://oae.stanford.edu/students/learning-and-coping-during-covid-19/assistive-technology-online-learning

- **WeCapable: Text to Sign Language (ASL) Converter**
  https://wecapable.com/tools/text-to-sign-language-converter/

- **PsyberGuide**
  https://onemindpsyberguide.org/
  www.psyber.guide/dropins