

**Los Angeles County Department of Mental Health  
LGBTQIA2-S UsCC Subcommittee Meeting Minutes  
Thursday, April 6, 2023, 2-4 pm**

**Welcome/Introductions**

**Present:** Ana Bernal, Bill Sive, Merry Meyers, Nicole Kristal, Addison Rose Vincent, Hector Ramirez, Rex Wilde, Eden Luna, Sonia Guinansaca, riKu Matsuda, Maria Garcia, Benjamin Carlton, Vanessa ?, Luis Quinones, Isabella Rodriguez, Tina Wilson, Claire Haider, Gia Dacayanan, Princess Murray, Marquisha Henderson, Shawn Griffin, Sharon Chapman, Andrea Aoun, Rebecca Gitlin, Vicky Xu

**DMH Admin:** Kelly Wilkerson

**Getting To Know You** – Pamela Inaba shared about herself.

**March 2023 Meeting Minutes** – Meeting minutes approved (first-Hector Ramirez, second-Nicole Kristal).

**DMH Updates**

- Kelly shared the flyer for the upcoming Women’s Herstory Event, taking place on 4/25, from 8:30am-12:30pm at DMH Headquarters.
- A panelist is needed for this event – Kelly to send out an email to the subcommittee.
- Darlesh Horn introduced herself to the subcommittee and shared regarding her role within MHS Administration and stakeholder engagement. Darlesh to provide a MHS 101 overview at the May meeting.
  - For more information, contact [mhsadmin@dmh.lacounty.gov](mailto:mhsadmin@dmh.lacounty.gov) or [dhorn@dmh.lacounty.gov](mailto:dhorn@dmh.lacounty.gov).

**Disability Rights California – Presentation (Claire Haider)**

- Claire Haider, Peer Self Advocacy Trainer, presented regarding Disability Rights California.
- DRC provides free self-advocacy skills and resources for individuals while they are navigating the mental health system.
- Resources available at <https://www.disabilityrightsca.org/>. For more information: [robyn.gantsweg@disabilityrightsca.org](mailto:robyn.gantsweg@disabilityrightsca.org)

**Alzheimer’s Association – Presentation (Tina Wilson)**

- Tina Wilson, Program and Education Specialist, presented regarding the Alzheimer’s Association.
- Alzheimer’s Association provides free support including a 24/7 phone line, support groups in Spanish and English, information/referrals, and online tools.
- Resources available at <https://www.alz.org/>. For more information: [tewilson@alz.org](mailto:tewilson@alz.org)

### **Rainbow Labs – Presentation (Maria Garcia)**

- Maria Garcia, Program Manager, presented regarding Rainbow Labs.
- Rainbow Labs provides mentorship programming, linkage, and resource navigation.
- Resources available at <https://www.rainbowlabs.org/>. For more information: [mgarcia@rainbowlabs.org](mailto:mgarcia@rainbowlabs.org), [adeluna@rainbowlabs.org](mailto:adeluna@rainbowlabs.org), Instagram @rainbow\_labs

### **The Laurel Foundation – Presentation (Elias Naranjo)**

- Elias Naranjo, Family Relations and Outreach Coordinator, presented regarding The Laurel Foundation.
- The Laurel Foundation offers free programming and summer camps for Transgender/gender diverse youth and youth impacted by HIV/AIDS.
- Resources available at <https://laurel-foundation.org/>. For more information: [enaranjo@laurel-foundation.org](mailto:enaranjo@laurel-foundation.org)

### **Current and Future Capacity Building Projects – Update**

- Updates on capacity building projects currently being implemented and status of the upcoming projects.
  - Vendor provided updates regarding the What We Think Project – currently in Phase 3, final cohort meetings being conducted, as well as Townhalls.
    - Resource website will be ready for review next week, feedback is welcome, Kelly to send out.
  - The Griot Project – Project completed, vendor to present at June meeting (TBD).
  - The Panthera Project – vendor is currently in the process of recruiting members, email [KeWilkerson@dmh.lacounty.gov](mailto:KeWilkerson@dmh.lacounty.gov) for referrals of Black transmasculine community members who may be interested in participating.
  - Black LGBTQ+ Community Outreach & Engagement Project – currently in final phase, will be completed by June 30<sup>th</sup>.
  - Bi+ Affirming Mentorship and Storytelling Lab – solicitation will occur in July.
  - Transforming Community Care: API LGBTQ+ Mental Health and Wellness Project – solicitation will occur in July.
  - Proyecto Mariposa Monarca – solicitation will occur in July.
  - Two-Spirit Storytelling Project – solicitation will occur in July.
  - Co-designed project – brainstorming will begin at May/June meetings.

### **General Announcements/Resources**

- Send any resources to Kelly via email ([KeWilkerson@dmh.lacounty.gov](mailto:KeWilkerson@dmh.lacounty.gov)) to be sent out to the listserv.

**Upcoming Meetings (first Thursday of the month, 2-4pm):** 5/4/23, 6/1/23, 7/6/23, 8/3/23, 9/7/23, 10/5/23, 11/2/23

[Join Microsoft Teams Meeting](#); 323-776-6996, Conference ID: 542 042 921#

Meeting minutes can be found at <https://dmh.lacounty.gov/about/mhsa/uscc/lgbtqia2-s-uscc/lgbtqia2-s-uscc-meeting-minutes/>