

SA 4 Peer Resource Center and Koreatown Mental Health Center Present

Let's Be H(AAPI)!

Healthy Asian American Pacific Islander

Tuesday, May 9, 2023 8:30 AM - 1:30 PM

Los Angeles County Department of Mental Health Headquarters

510 S. Vermont Ave., Terrace Conference Rooms A, B, (9th Floor), Los Angeles, CA 90020

Please join us in celebrating **May is Mental Health Awareness and AAPI Month** by uplifting wellness within our AAPI community through cultural art, music, and dance. Be inspired! Leave with your heart and belly full. Lunch and resources provided. **RSVP required through this link:** https://forms.office.com/g/fKSkkTnyDy.

Featuring

- Master of Ceremony: Jon Matsumoto, LCSW
- Keynote Speaker: Dr. Susan Chung, Prominent Mental Health Professional in the AAPI Community
- Korean Drumming and Dance Troupe
- Polynesian Cultural Demonstration
- Tai Chi Demonstration
- Sound bath, and more!

Can't join in person? Connect with us on <u>Microsoft Teams Meeting</u>, or call in: (323) 776-6996 (audio only), Conference ID: 940 304 956 #.

Vendor Registration: https://forms.office.com/g/kJ2GUQkNNJ.

If you have any questions about this event, please call us at (213) 351-1934.







