

Service Area 1 Administration Present Take Action for Mental Health L.A. County Events in Antelope Valley

Saturdays, 11 AM – 4 PM

May 6, 2023 Poncitlán Square 38315 9th Street East Palmdale, CA 93550 May 20, 2023 Antelope Valley Partners for Health 44226 10th St. West Lancaster, CA 93534

Join us in celebrating May is Mental Health Awareness Month in Antelope Valley! We will be offering entertainment for the family, food, and resources including job recruiters, expungement and dental clinics. It will be filled with lots of fun, excitement, and tools you can use to cope with mental health stressors. Don't miss out on a chance to build resources and connections you can use for wellness tools.

For more information, please contact us at <u>dramirez@dmh.lacounty.gov</u>.



